



Membership 2022

CLUB - £35 PER ANNUM

Club Membership benefits include:

- Wednesday Club Nights** - lots of choices of runs, 'away' nights in the summer months
- Tuesday - Walk / Run** - organised group - one run/ leader
- Monday - Social Run** - organised group - one run/ leader
- Specialist Coaching Sessions**
- Club Socials**
- Club Specialist Forums** with invited speakers
- Use of the Rugby Club Facilities**

Club Vest* when joining
New Member nights every 2 months - after club night - a chance to meet the Management team, ask questions, meet other new members etc....

Members enjoy **10% off** clothing, shoes, etc.. at PB running stores in Hayle, Newquay and Roche.

*to encourage runners of all levels to take part in organised events/runs we are offering a free TRC run vest to all new members. This is optional and some new members may choose not to have the vest.

ENGLAND ATHLETICS (EA) - £51

Club Membership and benefits plus:

- £2 off EA and UKA races (UKA is the overall body for GB and NI and covers races in Wales, Scotland, England and Northern Ireland)
- £2 off all ARC (Association of Running Clubs) licensed races (ARC gives discounts to EA members but the EA doesn't give discounts to ARC members)
- Discounts with EA national partner retailers
- Entry to county / national track events and national off road events.
- Listing on <https://www.thepowerof10.info/> and <https://www.runbritainrankings.com/>
- EA membership year is April 1st to March 31st

JOIN NOW

Name:

Address:

Postcode:

email:

Mobile:

Date of Birth:

Emergency Contact & Number:

Tick Membership Category you want:

Club £35

EA £51

Select your Payment Method

BACS to 30-98-76 01057693

include in the Ref your name + TRC mem

Cheque payable to Truro Running Club

Cash

I confirm I have read the club Privacy Notice (on the TRC website)

I agree to receiving club emails

Signed:

Date:

Please give your form to Lorraine Brown or Adrian Tyas along with cheque or cash if that is your payment method.