

East Cornwall Harriers**CORNISH MARATHON**

Sunday 3 November 2019. 10:00 am

Results for All Competitors in finish order.

Position	Time	Name	Team	Category	Pace	No.
1	2:47:26	NICHOLAS, Stuart	St Austell Running Club	Male under 35	06:23.3	237
2	2:47:51	JONES, Oliver	East Cornwall Harriers	Male Vet 45-49	06:24.3	88
3	2:47:57	HARRIS, Dean	Chineham Park Running Club	Male under 35	06:24.5	350
4	3:02:12	STEVENS, Paul	St Austell Running Club	Male Vet 40-44	06:57.1	25
5	3:02:33	FITZE, Simon	Erme Valley Harriers	Male Vet 40-44	06:57.9	472
6	3:04:02	JEFFERY, Alan		Male Vet 45-49	07:01.3	394
7	3:06:02	KELLY, Robert	Okehampton RC	Male Vet 35-39	07:05.9	462
8	3:06:18	FULLER, Stephen	Hayle Runners	Male Vet 50-54	07:06.5	130
9	3:07:43	HAM, Richard	Team H RC Plymouth	Male under 35	07:09.7	279
10	3:08:29	ADAMS, Tim	St Austell Running Club	Male Vet 45-49	07:11.5	315
11	3:08:51	STACEY, Doug	East Cornwall Harriers	Male Vet 40-44	07:12.3	437
12	3:10:12	COLLIER, Robert	Axe Valley Runners	Male Vet 45-49	07:15.4	333
13	3:10:47	PEYTON-JONES, Alex	Plymouth Harriers	Male Vet 35-39	07:16.8	14
14	3:12:23	TWIGGS, Tim	Mounts Bay Harriers	Male Vet 50-54	07:20.4	68
15	3:14:29	TREGONNING, David	St Austell Running Club	Male under 35	07:25.2	328
16	3:15:49	BIRD, Jamie	100 Marathon Club	Male Vet 50-54	07:28.3	63
17	3:16:00	CARR, James		Male Vet 35-39	07:28.7	266
18	3:16:02	HARVEY, Darren	East Cornwall Harriers	Male Vet 40-44	07:28.8	351
19	3:18:23	PHILP, David	East Cornwall Harriers	Male Vet 55-59	07:34.2	193
20	3:18:50	ROBINSON, Joanne	Looe Pioneers	Female Vet 40-44	07:35.2	388
21	3:18:50	CLEMENTS, Ed	Minster Milers	Male Vet 40-44	07:35.2	334
22	3:19:00	PRYER, Ollie		Male under 35	07:35.6	294
23	3:19:24	STANDING, Rob	Truro Running Club	Male Vet 45-49	07:36.5	181
24	3:21:07	MURRIN, Tommy		Male Vet 35-39	07:40.4	461
25	3:21:29	WARD, Matt		Male Vet 45-49	07:41.3	231
26	3:21:39	MUNN, Patrick	East Cornwall Harriers	Male Vet 55-59	07:41.6	161
27	3:22:46	BOUMPHREY, Stephen		Male Vet 45-49	07:44.2	360
28	3:25:26	CLARKE, Peter	Tamar Trotters	Male Vet 40-44	07:50.3	284
29	3:26:36	MATTHEWS, Ross		Male Vet 40-44	07:53.0	323
30	3:27:25	KEY, Andrew	Carn Runners	Male under 35	07:54.9	242
31	3:29:46	VOADEN, Roger	Okehampton RC	Male Vet 50-54	08:00.2	301
32	3:29:46	HARRIS, Josh	Lonely Goats RC	Male Vet 45-49	08:00.2	378
33	3:30:02	JACKSON, Matthew		Male under 35	08:00.8	434
34	3:30:17	BRADLEY, Matthew	Team H RC Plymouth	Male Vet 45-49	08:01.4	327
35	3:30:48	PRICE, Gareth	Lonely Goats RC	Male Vet 45-49	08:02.6	344
36	3:30:59	WHERRY, Alan	St Austell Running Club	Male Vet 50-54	08:03.0	305
37	3:31:05	WILLIAMS, Gary	Looe Pioneers	Male Vet 35-39	08:03.2	240
38	3:31:20	PEDRICK, Richard	South West Road Runner	Male under 35	08:03.8	70
39	3:31:30	BRETTLE, Kevin	Yeovil Town RRC	Male Vet 45-49	08:04.2	423
40	3:31:30	PIKE, Mark	Yeovil Town RRC	Male Vet 45-49	08:04.2	121
41	3:31:57	HERBERT, Lee	Plymouth Musketeers	Male Vet 40-44	08:05.2	59
42	3:32:17	WATSON, Robin	Falmouth Road Runners	Male Vet 55-59	08:06.0	224
43	3:32:46	MANCER, Jez	St Austell Running Club	Male Vet 45-49	08:07.1	74
44	3:32:57	CARDEW, Barrie	Carn Runners	Male Vet 60-64	08:07.5	243
45	3:33:13	NICHOLLS, Dan	St Austell Running Club	Male under 35	08:08.1	267
46	3:33:49	KINGSLEY, George	Kippax Harriers	Male under 35	08:09.5	244
47	3:34:03	KENDALL, Carly	St Austell Running Club	Female under 35	08:10.0	280
48	3:34:11	GREER, Mike	St Austell Running Club	Male Vet 35-39	08:10.3	306
49	3:34:14	KNIGHT, Mark	PB Running Club	Male Vet 45-49	08:10.5	158
50	3:34:53	BRAY, Daniel	St Austell Running Club	Male Vet 35-39	08:11.9	246
51	3:35:27	ULLMAN, Chris	East Cornwall Harriers	Male Vet 45-49	08:13.2	424
52	3:35:37	MARTIN, Stuart		Male Vet 45-49	08:13.6	296
53	3:35:45	PATTERSON, Kaye	East Cornwall Harriers	Female under 35	08:13.9	2
54	3:36:01	TUCKER, Steve	Mud Crew Trail Runners	Male Vet 35-39	08:14.5	182
55	3:36:16	BREMNER, Jane	Tamar Trotters	Female Vet 60-64	08:15.1	451
56	3:37:06	TAMBLING, Lee	St Austell Running Club	Male Vet 35-39	08:17.0	220
57	3:37:18	EVANS, Julian	Falmouth Road Runners	Male Vet 45-49	08:17.5	111
58	3:37:57	SPENCER, Julian	Truro Running Club	Male Vet 50-54	08:19.0	302
59	3:38:00	RICHARDS, Stuart	Cornwall AC	Male Vet 40-44	08:19.1	326
60	3:38:07	BLIGHT, James	Tamar Trotters	Male Vet 35-39	08:19.3	47
61	3:39:04	WHITE, Lisa		Female Vet 35-39	08:21.5	310

<u>Position</u>	<u>Time</u>	<u>Name</u>	<u>Team</u>	<u>Category</u>	<u>Pace</u>	<u>No.</u>
62	3:39:10	CORY, Dave	Wells City Harriers	Male Vet 50-54	08:21.8	218
63	3:39:39	SCHUMANN, Lyal		Male Vet 40-44	08:22.9	470
64	3:39:43	MCDIARMID, James	Elements Tri Club	Male Vet 50-54	08:23.0	120
65	3:40:20	WILSON, Tristan		Male Vet 35-39	08:24.4	155
66	3:40:39	WALDRON, Alison		Female Vet 45-49	08:25.2	391
67	3:41:09	MEYERS, Tom		Male under 35	08:26.3	321
68	3:41:28	BRASSINGTON, Arun		Male under 35	08:27.0	139
69	3:41:41	ELDON, Jon	Carn Runners	Male Vet 55-59	08:27.5	401
70	3:43:15	ROY, Diane	East Cornwall Harriers	Female Vet 55-59	08:31.1	297
71	3:43:41	MILES, Carl	100 Marathon Club	Male Vet 40-44	08:32.1	363
72	3:44:15	MARSHALL, Andrew	Plymouth Harriers	Male Vet 55-59	08:33.4	364
73	3:44:22	JONES, Stephen	Truro Running Club	Male Vet 35-39	08:33.7	216
74	3:44:24	KIRK, Ian	Ivanhoe Runners	Male Vet 45-49	08:33.7	436
75	3:44:27	FAITHFULL, Marie	Exeter Triathlon Club	Female under 35	08:33.9	431
76	3:45:21	HOSKEN, Richard	St Austell Athletes RC	Male Vet 40-44	08:35.9	125
77	3:45:51	BAYES, Julyan	Torbay Tri	Male Vet 50-54	08:37.1	398
78	3:46:20	DOBSON, Mark		Male Vet 35-39	08:38.2	335
79	3:46:39	SHUTE, Clive	East Cornwall Harriers	Male Vet 40-44	08:38.9	1
80	3:47:12	JOHNS, Matt	JP Fitness Cornwall	Male Vet 40-44	08:40.1	101
81	3:47:37	KEARNS, Joe	East Cornwall Harriers	Male Vet 55-59	08:41.1	173
82	3:47:55	FINDLAY, James	Carn Runners	Male under 35	08:41.8	292
83	3:49:02	TUPHOLME, Steve	Holmes Pierrepoint RC	Male Vet 45-49	08:44.3	28
84	3:49:27	TIPPETTS, Hannah	Falmouth Road Runners	Female under 35	08:45.3	32
85	3:49:27	FOY, David	Falmouth Road Runners	Male Vet 45-49	08:45.3	49
86	3:50:27	HARTILL, Gail	Bodmin Road Runners	Female Vet 40-44	08:47.6	131
87	3:50:44	HENDERSON, Mathew	St Austell Running Club	Male under 35	08:48.2	52
88	3:50:44	COLLINS, Joanna	St Austell Running Club	Female under 35	08:48.2	408
89	3:51:00	ALLBUTT, Gary	Plymouth Musketeers	Male Vet 50-54	08:48.8	420
90	3:51:08	LANGSTAFF, Emma	Looe Pioneers	Female Vet 40-44	08:49.2	385
91	3:51:57	ANGOVE, Paul	Mounts Bay Harriers	Male Vet 50-54	08:51.0	271
92	3:52:10	ZINN, Simon		Male Vet 35-39	08:51.5	215
93	3:52:52	JOHNSON, Paul	St Austell Running Club	Male under 35	08:53.1	319
94	3:53:39	BATHE, Colin	Truro Running Club	Male Vet 45-49	08:54.9	348
95	3:53:54	MARKS, Stacie	St Austell Running Club	Female under 35	08:55.5	309
96	3:54:04	WHITTAKER, Nicholas	Newquay Road Runners	Male Vet 50-54	08:55.9	400
97	3:54:37	FIELDER, Gary	Bere Alston Trekkers	Male Vet 35-39	08:57.1	330
98	3:55:02	JEFFREY-JONES, Monique	Bodmin Womens RC	Female Vet 45-49	08:58.1	112
99	3:55:43	HICKEY, Jim		Male under 35	08:59.6	299
100	3:56:06	CHASE, Andy	St Austell Running Club	Male under 35	09:00.5	73
101	3:56:13	GENGE, Bernard	Chard Road Runners	Male Vet 55-59	09:00.8	311
102	3:56:14	BALDWIN, Katie	Plymouth Musketeers	Female under 35	09:00.8	214
103	3:56:31	LAWRY, Ross	St Austell Running Club	Male Vet 40-44	09:01.5	42
104	3:56:32	WHITE, Samuel	Tamar Trail Runners	Male Vet 35-39	09:01.5	403
105	3:56:44	HUTT, James	Yeovil Town RRC	Male Vet 35-39	09:02.0	304
106	3:56:50	FRITH, Julie	East Cornwall Harriers	Female Vet 40-44	09:02.2	390
107	3:57:03	ELLIS, Andrew	Hayle Runners	Male Vet 45-49	09:02.7	66
108	3:57:39	ELVIDGE, Colin		Male Vet 45-49	09:04.1	285
109	3:57:41	HEWITT, Amanda	Cornwall AC	Female Vet 45-49	09:04.1	146
110	3:57:43	WINFIELD, Claire	Launceston Road Runners	Female Vet 50-54	09:04.2	260
111	3:58:25	HELSON, Neil		Male Vet 45-49	09:05.8	123
112	3:58:34	SPENCER, Chris		Male Vet 55-59	09:06.2	367
113	3:58:35	WALLIS, Rachel	JP Fitness Cornwall	Female Vet 40-44	09:06.2	100
114	3:58:40	POULTNEY, Melissa	Hayle Runners	Female Vet 35-39	09:06.4	61
115	3:58:40	MITCHELL, Debbie	Hayle Runners	Female Vet 40-44	09:06.4	10
116	3:59:12	HOLCOMBE, Kate		Female Vet 45-49	09:07.6	222
117	3:59:12	MAHOOD, Rachel		Female Vet 35-39	09:07.6	107
118	3:59:23	MATTHEWS, Leila	Plymouth Musketeers	Female Vet 40-44	09:08.0	339
119	3:59:36	LEE, Jodie		Female Vet 35-39	09:08.5	448
120	4:00:09	WOODHALL, Lucy		Female Vet 35-39	09:09.8	165
121	4:00:09	HOULTON, Adam		Male Vet 40-44	09:09.8	24
122	4:00:12	TURNER, Murray	Bere Alston Trekkers	Male Vet 45-49	09:09.9	189
123	4:00:55	LANGTHORNE, Tackashmah		Female under 35	09:11.6	208
124	4:01:02	BUSCOMBE, Ross	St Austell Running Club	Male under 35	09:11.8	307
125	4:01:32	TREBILCOCK, Liz	Truro Running Club	Female Vet 50-54	09:13.0	99
126	4:01:32	TREBILCOCK, Mark	Cornwall AC	Male Vet 55-59	09:13.0	143
127	4:02:09	ALSOP, Doug	St Austell Running Club	Male Vet 70-74	09:14.4	226
128	4:02:20	WILLIAMS, Amy	East Cornwall Harriers	Female Vet 35-39	09:14.8	187
129	4:02:25	BEES, Andy	Plymouth Musketeers	Male Vet 35-39	09:15.0	58

<u>Position</u>	<u>Time</u>	<u>Name</u>	<u>Team</u>	<u>Category</u>	<u>Pace</u>	<u>No.</u>
130	4:02:43	SHARPLES, Paul	Teignbridge Trotters	Male Vet 60-64	09:15.7	338
131	4:03:04	WALPOLE, Jan	Plymouth Tri Club	Female Vet 45-49	09:16.5	274
132	4:03:25	DAVIES, Helen	Bys Vyken Race Team	Female Vet 40-44	09:17.3	365
133	4:03:34	DAW, Sharon	East Cornwall Harriers	Female Vet 50-54	09:17.6	134
134	4:03:44	BENNETT, Paul	Plymouth Musketeers	Male Vet 50-54	09:18.0	56
135	4:04:00	BURMAN, Debbie	100 Marathon Club	Female Vet 35-39	09:18.6	445
136	4:04:31	PEARCE, Hannah		Female Vet 40-44	09:19.8	160
137	4:04:35	BULLOCK, Katie	Newquay Road Runners	Female under 35	09:19.9	94
138	4:04:51	MACLAREN, Steve	Hayle Runners	Male Vet 50-54	09:20.6	453
139	4:06:43	MEDHURST, Jim	Bere Alston Trekkers	Male Vet 40-44	09:24.8	118
140	4:07:17	HEWITT, Samantha	Lonely Goats RC	Female Vet 40-44	09:26.1	293
141	4:07:42	ALLEN, Peter	Newquay Road Runners	Male Vet 60-64	09:27.1	346
142	4:09:03	GERRARD, Corinne	Hayle Runners	Female Vet 45-49	09:30.2	287
143	4:09:03	BURNS, Julia	Hayle Runners	Female Vet 50-54	09:30.2	239
144	4:09:06	ARGUE, Tanya	Bere Alston Trekkers	Female Vet 45-49	09:30.3	336
145	4:09:37	RAYNER, Helen		Female under 35	09:31.5	471
146	4:09:55	BUNTING, Colin	Tamar Trotters	Male Vet 50-54	09:32.2	248
147	4:09:56	CROCKER, Charlotte		Female Vet 50-54	09:32.2	273
148	4:10:21	PULLEN, Marsh		Male Vet 35-39	09:33.2	26
149	4:10:42	SLEEP, Sally		Female Vet 35-39	09:34.0	12
150	4:10:42	MAHOOD, George		Male Vet 35-39	09:34.0	109
151	4:11:11	WATTS, Shaun	Fremington Trailblazers	Male Vet 45-49	09:35.1	355
152	4:11:39	CASEY, Gareth		Male Vet 40-44	09:36.1	192
153	4:12:15	TAYLOR, Ruth	Bideford AAC	Female Vet 45-49	09:37.5	475
154	4:12:15	MURRAY, James	Bideford AAC	Male Vet 45-49	09:37.5	402
155	4:12:31	MILLS, Jenny	Launceston Road Runners	Female Vet 65-69	09:38.1	428
156	4:12:42	CATNACH, Alison	Looe Pioneers	Female Vet 40-44	09:38.5	383
157	4:12:51	COLE, Andy		Male Vet 70-74	09:38.9	122
158	4:13:06	HARP, Chantal		Female Vet 35-39	09:39.4	217
159	4:13:13	MCFADZEAN, Jeanette		Female Vet 45-49	09:39.7	450
160	4:13:31	WILSHER, Rachael	Bodmin Road Runners	Female Vet 55-59	09:40.4	153
161	4:13:41	BIGNELL, Daniel	Team H RC Plymouth	Male under 35	09:40.8	199
162	4:13:54	PALMER, Brendan	Storm Running Plymouth	Male Vet 40-44	09:41.3	389
163	4:14:00	KELLETT, Stanley	Plymouth Musketeers	Male Vet 45-49	09:41.5	421
164	4:14:26	GREEN, A M S	Poole Harriers	Male under 35	09:42.5	441
165	4:14:35	TREGENZA, Mark	St Austell Running Club	Male Vet 45-49	09:42.8	142
166	4:14:46	MOORE, Andy	Hayle Runners	Male Vet 60-64	09:43.3	300
167	4:15:05	BOYT, Claire		Female Vet 40-44	09:44.0	184
168	4:15:06	MATTHEWS, Nick		Male under 35	09:44.0	320
169	4:15:22	WOODWARD, Kieran	Plymouth Musketeers	Male under 35	09:44.6	124
170	4:15:45	SHARPLES, Sharon	Teignbridge Trotters	Female Vet 50-54	09:45.5	177
171	4:16:23	FROWEN, Adrian	Sandy Lane Runners	Male Vet 50-54	09:47.0	87
172	4:16:43	LEACH, Ben		Male Vet 40-44	09:47.7	221
173	4:16:47	WARNE, Hannah		Female under 35	09:47.9	17
174	4:16:56	POPE, Gary	Plymouth Musketeers	Male Vet 45-49	09:48.2	366
175	4:17:11	KNOWLES, Helen	Hayle Runners	Female Vet 40-44	09:48.8	241
176	4:17:22	HILL, Matthew		Male Vet 45-49	09:49.2	30
177	4:17:48	GUY, James	LDWA	Male Vet 75-79	09:50.2	295
178	4:17:49	BOWERS, Karina	St Austell Running Club	Female Vet 35-39	09:50.2	57
179	4:17:53	TAPSELL, Jo	Bodmin Womens RC	Female Vet 45-49	09:50.4	322
180	4:18:13	TOMLINSON, Matthew	Poole AC	Male Vet 45-49	09:51.2	172
181	4:19:03	SMITH, Leanne	St Austell Running Club	Female Vet 35-39	09:53.1	314
182	4:19:05	MASTERS, Paul	Chard Road Runners	Male Vet 55-59	09:53.1	35
183	4:19:58	SMITH, Andrew	St Austell Running Club	Male Vet 40-44	09:55.2	313
184	4:20:00	FINNIMORE, Clive	Looe Pioneers	Male Vet 40-44	09:55.2	86
185	4:20:06	JOHNS, Philip	Hayle Runners	Male under 35	09:55.5	16
186	4:20:07	MARSLAND, Louise	Tamar Trotters	Female Vet 35-39	09:55.5	36
187	4:20:17	GRAVES, Les	Newquay Road Runners	Male Vet 60-64	09:55.9	233
188	4:20:32	IRWIN, Mike		Male Vet 50-54	09:56.5	48
189	4:20:37	WILLIAMS, Suzanne	JP Fitness Cornwall	Female under 35	09:56.7	230
190	4:21:08	ARTHUR, Nigel	Egdon Heath Harriers	Male Vet 65-69	09:57.8	156
191	4:22:04	CHALLIS, Emma	Cats Protection	Female Vet 45-49	10:00.0	27
192	4:22:07	KING, Kevin	Hayle Runners	Male Vet 55-59	10:00.1	191
193	4:22:16	WARNER, Mandy		Female Vet 45-49	10:00.4	449
194	4:22:58	GILBERT, Cara		Female Vet 40-44	10:02.0	136
195	4:23:50	TAPP, Sara		Female Vet 45-49	10:04.0	435
196	4:23:50	PROWSE, Kirsty	Devon & Somerset Fire & Rescue Service	Female under 35	10:04.0	228

<u>Position</u>	<u>Time</u>	<u>Name</u>	<u>Team</u>	<u>Category</u>	<u>Pace</u>	<u>No.</u>
197	4:23:52	JAMESON, David		Male Vet 60-64	10:04.1	72
198	4:24:07	CROCK, Andy	Dawlish Coasters	Male Vet 60-64	10:04.7	356
199	4:24:11	WHIPP, Chris	Plymouth Musketeers	Male Vet 50-54	10:04.8	347
200	4:24:17	LOCKYER, James	East Cornwall Harriers	Male Vet 60-64	10:05.1	415
201	4:24:27	PLUMBLEY, Joanne	Thornbury Running Club	Female Vet 40-44	10:05.4	358
202	4:24:40	ROWLAND, Rosina	Thornbury Running Club	Female Vet 55-59	10:05.9	359
203	4:25:00	WILLIAMS, Lee	St Austell Athletes RC	Male Vet 40-44	10:06.7	212
204	4:25:00	BICKLE, Andrew	100 Marathon Club	Male Vet 60-64	10:06.7	211
205	4:25:17	HAWCROFT, Gareth	Plymouth Harriers	Male Vet 40-44	10:07.3	405
206	4:25:21	BRANDWOOD, Sarah	Mile High	Female Vet 40-44	10:07.5	7
207	4:25:50	WIDDICOMBE, Graydon	Teignbridge Trotters	Male Vet 40-44	10:08.6	45
208	4:26:05	VAUGHNLEY, Craig	East Cornwall Harriers	Male Vet 45-49	10:09.2	5
209	4:27:07	PHILLIPS, Matt	St Austell Running Club	Male Vet 50-54	10:11.5	399
210	4:27:37	WATSON, Janet	Falmouth Road Runners	Female Vet 65-69	10:12.7	259
211	4:29:02	BRIGGS, Jamie	Hyde Village Striders	Male under 35	10:15.9	286
212	4:29:25	HALL, Peter	Running Forever RC	Male Vet 60-64	10:16.8	440
213	4:30:00	GREGORY, Amy	Newquay Road Runners	Female under 35	10:18.1	232
214	4:30:15	LUSCOMBE, Steve		Male Vet 45-49	10:18.7	337
215	4:31:03	VARE, Gemma	Bodmin Road Runners	Female under 35	10:20.5	92
216	4:31:03	STEDMAN, Jane	100 Marathon Club	Female Vet 55-59	10:20.5	69
217	4:31:32	LOCK, Zoe	Hayle Runners	Female Vet 35-39	10:21.7	349
218	4:31:41	CASAVIEILLE-LACAZE, Sarah		Female Vet 40-44	10:22.0	276
219	4:31:48	BATEMAN, Rebecca	Bodmin Road Runners	Female Vet 40-44	10:22.3	82
220	4:31:48	REED, Michael	Bodmin Road Runners	Male Vet 50-54	10:22.3	392
221	4:31:48	COX, Sarah	Bodmin Womens RC	Female Vet 35-39	10:22.3	102
222	4:31:55	KINSELLA, Sharon	JP Fitness Cornwall	Female Vet 40-44	10:22.5	76
223	4:31:56	GOY, Lucy	JP Fitness Cornwall	Female Vet 40-44	10:22.6	429
224	4:32:07	BURROWS, Ben		Male under 35	10:23.0	404
225	4:32:33	GOODRIGHT, Ray	East Cornwall Harriers	Male Vet 70-74	10:24.0	50
226	4:33:57	YEOMAN, James		Male Vet 40-44	10:27.2	255
227	4:34:31	EMBURY, Andrew		Male Vet 50-54	10:28.5	377
228	4:34:33	QUEEN, Stuart	Plymouth Musketeers	Male Vet 45-49	10:28.6	368
229	4:34:42	APPLETON, Jane	St Austell Running Club	Female Vet 35-39	10:28.9	329
230	4:34:42	STEPHENS, Jane	PB Running Club	Female Vet 50-54	10:28.9	60
231	4:35:23	KERR, Angela	Axe Valley Runners	Female Vet 60-64	10:30.5	372
232	4:36:48	RENDLE, Keira		Female Vet 35-39	10:33.7	39
233	4:37:23	BOSUSTOW, John	JP Fitness Cornwall	Male Vet 40-44	10:35.0	38
234	4:37:24	BILLS, Kelly	Carn Runners	Female Vet 40-44	10:35.1	145
235	4:38:11	MOORE, Daniel		Male under 35	10:36.9	97
236	4:38:40	BARRIBALL, Julie	Launceston Road Runners	Female Vet 50-54	10:38.0	446
237	4:39:13	BRAY, Gennara	St Austell Running Club	Female under 35	10:39.2	169
238	4:39:14	HILL, Charlie		Male Vet 35-39	10:39.3	308
239	4:39:55	BONNEY, Adam		Male under 35	10:40.8	414
240	4:40:00	SAUNTER, Jenny	Bodmin Womens RC	Female Vet 50-54	10:41.0	171
241	4:40:20	PAYNE, Holly	St Austell Running Club	Female under 35	10:41.8	374
242	4:40:20	HARPER, Kevan		Male Vet 35-39	10:41.8	375
243	4:40:20	HILL, Nick		Male Vet 35-39	10:41.8	298
244	4:40:52	STANLEY, Karen		Female Vet 40-44	10:43.0	167
245	4:42:44	STEVENSON, Helen	Bodmin Road Runners	Female Vet 35-39	10:47.3	84
246	4:43:05	ROWE, Kerri	Bodmin Road Runners	Female Vet 35-39	10:48.1	116
247	4:43:05	VOSPER, Nicola	Bodmin Road Runners	Female Vet 55-59	10:48.1	115
248	4:43:09	YOUNG, Rachael	East Cornwall Harriers	Female Vet 45-49	10:48.2	361
249	4:43:35	BUNDAY, Simon	Dawlish Coasters	Male Vet 55-59	10:49.2	37
250	4:44:06	WILCOX, David	Truro Running Club	Male Vet 40-44	10:50.4	23
251	4:44:17	LEA, Alex	Plymouth Musketeers	Male under 35	10:50.8	90
252	4:44:17	ROBSON, Amy	Bad Boy Running	Female under 35	10:50.8	229
253	4:44:23	TAYLOR, Sue	Carn Runners	Female Vet 65-69	10:51.1	250
254	4:44:27	STRANG, Clare	Beckingham RC	Female Vet 50-54	10:51.2	103
255	4:44:29	BUSE, Zoe	Bodmin Road Runners	Female Vet 45-49	10:51.3	179
256	4:45:07	BROWN, Adrian	Launceston Road Runners	Male Vet 40-44	10:52.8	144
257	4:45:07	ROBERTS, Mary	Launceston Road Runners	Female Vet 45-49	10:52.8	332
258	4:45:12	FORSTER, Emma	Plymouth Musketeers	Female Vet 45-49	10:52.9	15
259	4:45:12	JEFFORD, Peter	Plymouth Musketeers	Male Vet 45-49	10:52.9	126
260	4:45:17	YOUNGMAN, Paul	Plymouth Musketeers	Male Vet 55-59	10:53.1	117
261	4:46:03	BARLOW, Claire	Bodmin Road Runners	Female Vet 40-44	10:54.9	96
262	4:47:06	WISNER, Kath	St Austell Running Club	Female Vet 45-49	10:57.3	432
263	4:47:06	WISNER, John	St Austell Running Club	Male Vet 45-49	10:57.3	433
264	4:47:10	TREMLETT, Sue	Teignbridge Trotters	Female Vet 55-59	10:57.4	22

<u>Position</u>	<u>Time</u>	<u>Name</u>	<u>Team</u>	<u>Category</u>	<u>Pace</u>	<u>No.</u>
265	4:48:05	POWELL, Arlene	Tamar Trotters	Female Vet 35-39	10:59.5	468
266	4:48:20	WILSON, Tim	JP Fitness Cornwall	Male Vet 35-39	11:00.1	256
267	4:48:38	MCALLISTER, Steven	Dunstable RR	Male Vet 35-39	11:00.8	137
268	4:50:15	BAXTER, Helen	Chard Road Runners	Female Vet 50-54	11:04.5	135
269	4:50:35	GREEN, Allan	100 Marathon Club	Male Vet 65-69	11:05.3	282
270	4:50:42	BIRD, David	100 Marathon Club	Male Vet 60-64	11:05.5	152
271	4:51:26	MARTIN, Samantha	Plymouth Musketeers	Female Vet 45-49	11:07.2	20
272	4:51:26	MARTIN, Gary	Plymouth Musketeers	Male Vet 45-49	11:07.2	18
273	4:51:44	IVERSON, Alistair	JP Fitness Cornwall	Male Vet 35-39	11:07.9	89
274	4:52:34	MAY, Greg	Carn Runners	Male Vet 35-39	11:09.8	430
275	4:52:41	COLLINS, Martin	Exmouth Harriers	Male Vet 50-54	11:10.1	150
276	4:52:44	JACKSON, Steven	100 Marathon Club	Male Vet 55-59	11:10.2	77
277	4:52:49	PENDLETON, Sue	Callington Running Group	Female Vet 35-39	11:10.4	46
278	4:53:15	WALSH, Steve	East Cornwall Harriers	Male Vet 50-54	11:11.4	289
279	4:53:27	HARRIS, Sarah	Lonely Goats RC	Female Vet 35-39	11:11.8	474
280	4:53:56	CARTER, Anna	Newquay Road Runners	Female under 35	11:12.9	269
281	4:54:07	NORTON, Michael	Langport Runners	Male Vet 45-49	11:13.4	98
282	4:54:20	HELLER, Steve		Male Vet 35-39	11:13.9	31
283	4:54:22	OLDHAM, Lucy	East Cornwall Harriers	Female Vet 40-44	11:13.9	194
284	4:54:23	GIBSONS, Rebekah		Female under 35	11:14.0	318
285	4:54:36	OSWALD, Gary	Looe Pioneers	Male Vet 65-69	11:14.5	207
286	4:55:08	HAM, Neil	Cornwall AC	Male Vet 50-54	11:15.7	325
287	4:55:17	NICKEL, Lisa	Tamar Trail Runners	Female Vet 40-44	11:16.0	324
288	4:56:20	GAY, Jackie	Launceston Road Runners	Female Vet 50-54	11:18.4	106
289	4:56:20	SHIPTON, Jason	Launceston Road Runners	Male Vet 45-49	11:18.4	91
290	4:56:26	MARTIN, Paul	Bere Alston Trekkers	Male Vet 55-59	11:18.7	249
291	4:56:28	MURR, Rob	Running Forever RC	Male Vet 60-64	11:18.7	386
292	4:57:23	ASHTON, Debbie	Bere Alston Trekkers	Female Vet 45-49	11:20.8	261
293	4:57:23	GEARING, Nicola	Tri Logic Cornwall	Female Vet 35-39	11:20.8	291
294	4:57:23	VIGGERS, Vickie	PB Running Club	Female Vet 40-44	11:20.8	223
295	4:57:23	ASHTON, Paul	Bere Alston Trekkers	Male Vet 50-54	11:20.8	262
296	4:57:31	SAUNDERS, Nicholas		Male Vet 35-39	11:21.1	288
297	4:57:44	GEDGE, Karen	Bungay Black Dog AC	Female Vet 50-54	11:21.6	281
298	4:58:28	LONG, Fran	Hayle Runners	Female Vet 55-59	11:23.3	34
299	4:58:34	THOMPSON, Paul	Lonely Goats RC	Male Vet 35-39	11:23.5	104
300	4:58:35	GARSDIE, Jane	Newquay Road Runners	Female Vet 50-54	11:23.6	235
301	4:58:48	FRYER, Rebecca		Female Vet 50-54	11:24.1	466
302	5:00:55	DAW, Gavin	St Austell Athletes RC	Male Vet 40-44	11:28.9	162
303	5:01:16	MORSELETTTO, Peiro		Male Vet 45-49	11:29.7	438
304	5:01:16	ARICO, Salvatore		Male Vet 50-54	11:29.7	439
305	5:01:23	RUNNER, Summer	Storm Running Plymouth	Female Vet 35-39	11:30.0	140
306	5:01:32	JONES, Michelle	Storm Running Plymouth	Female Vet 45-49	11:30.3	458
307	5:02:23	VOSPER, Mathew	Plymouth Musketeers	Male Vet 45-49	11:32.3	411
308	5:02:27	NEWMAN, James		Male under 35	11:32.4	219
309	5:02:29	HOATSON, Chloe	Plymouth Musketeers	Female Vet 35-39	11:32.5	138
310	5:02:29	SAUNDERS, Mike	Plymouth Musketeers	Male under 35	11:32.5	65
311	5:03:48	HIRST, Rachel	Bungay Black Dog AC	Female Vet 50-54	11:35.5	54
312	5:04:29	FREEGARD, Nel		Female under 35	11:37.1	464
313	5:04:42	SAUNDERS, Lyndsey	East Cornwall Harriers	Female Vet 35-39	11:37.6	6
314	5:05:04	DAVIES, Sarah	Newquay Road Runners	Female Vet 40-44	11:38.4	197
315	5:05:12	GREGORY, Michael		Male Vet 40-44	11:38.7	185
316	5:05:28	BARRY, Joanne	JP Fitness Cornwall	Female Vet 40-44	11:39.3	79
317	5:05:28	MINERS, Jo	JP Fitness Cornwall	Female Vet 40-44	11:39.3	80
318	5:05:38	COPE, Jackie	Falmouth Road Runners	Female Vet 60-64	11:39.7	263
319	5:05:45	STEED, Sarah	East Cornwall Harriers	Female Vet 45-49	11:40.0	11
320	5:05:47	KELSEY, Paul	East Cornwall Harriers	Male Vet 40-44	11:40.1	157
321	5:06:42	MOORE, Marie	JP Fitness Cornwall	Female Vet 45-49	11:42.2	447
322	5:07:22	LIDIARD, Sandra	Bodmin Womens RC	Female Vet 45-49	11:43.7	128
323	5:07:22	KENT, Carly	Falmouth Road Runners	Female Vet 35-39	11:43.7	129
324	5:08:44	FRANCIS, Charlotte		Female under 35	11:46.8	245
325	5:08:44	ROWLANDS, Kate	Falmouth Road Runners	Female Vet 35-39	11:46.8	4
326	5:09:08	BAKER, Donna	Tamar Trail Runners	Female Vet 35-39	11:47.7	168
327	5:09:17	DA SILVA, Selina	Marverick Runners	Female Vet 60-64	11:48.1	83
328	5:09:34	HALL, Simon	Chard Road Runners	Male Vet 55-59	11:48.7	264
329	5:10:07	PRITCHARD, Nikki	East Cornwall Harriers	Female Vet 35-39	11:50.0	40
330	5:10:12	BENNETT, Shirley	Bodmin Womens RC	Female Vet 40-44	11:50.2	198
331	5:10:44	WISE, Becky		Female Vet 35-39	11:51.4	278
332	5:10:57	HOLT, Victoria	Launceston Road Runners	Female Vet 35-39	11:51.9	186

<u>Position</u>	<u>Time</u>	<u>Name</u>	<u>Team</u>	<u>Category</u>	<u>Pace</u>	<u>No.</u>
333	5:11:11	RILEY, Stuart	Plymouth Musketeers	Male Vet 45-49	11:52.4	419
334	5:11:30	FULLER, Allan	Carn Runners	Male Vet 60-64	11:53.2	395
335	5:11:41	ELLIOTT, Tania	Looe Pioneers	Female Vet 45-49	11:53.6	147
336	5:11:56	LEWY, Lisa	Tamar Trotters	Female Vet 45-49	11:54.2	43
337	5:12:00	ASHE, Robin	Bungay Black Dog AC	Male Vet 65-69	11:54.3	379
338	5:12:14	SINCLAIR, Sarah	Plymouth Musketeers	Female Vet 45-49	11:54.8	303
339	5:12:54	LOWE, Wendy	Bodmin Womens RC	Female Vet 60-64	11:56.4	371
340	5:14:27	ALSWORTH, Michael	100 Marathon Club	Male Vet 65-69	11:59.9	127
341	5:16:26	CHEETHAM, Louise	Tamar Trail Runners	Female under 35	12:04.5	170
342	5:16:49	WAKE, Jenna	JP Fitness Cornwall	Female under 35	12:05.3	81
343	5:16:49	STUTELEY, Rebecca	JP Fitness Cornwall	Female Vet 35-39	12:05.3	397
344	5:16:49	BUA-ROBERTS, Vanessa	JP Fitness Cornwall	Female under 35	12:05.3	406
345	5:17:33	DICKINSON, Laura		Female Vet 35-39	12:07.0	175
346	5:18:45	STEED, Rebecca		Female Vet 35-39	12:09.8	67
347	5:20:15	RICHARDS, Karen	JP Fitness Cornwall	Female Vet 45-49	12:13.2	425
348	5:21:12	BOLITHO, Julie	Mounds Bay Harriers	Female Vet 50-54	12:15.4	265
349	5:21:32	TORRES, Mick	Looe Pioneers	Male Vet 55-59	12:16.1	272
350	5:21:45	RAIKER, Diana	Falmouth Road Runners	Female under 35	12:16.6	163
351	5:23:32	BRUMHEAD, Kelly	Plymouth Musketeers	Female Vet 40-44	12:20.7	113
352	5:23:33	O'CONNELL, Heather	Plymouth Musketeers	Female Vet 35-39	12:20.7	110
353	5:23:34	REAN, Andy	Plymouth Musketeers	Male Vet 45-49	12:20.8	114
354	5:23:38	DUNN, Vicki	Plymouth Musketeers	Female Vet 35-39	12:20.9	119
355	5:23:49	KING, Louise	Plymouth Musketeers	Female Vet 50-54	12:21.4	3
356	5:23:55	THOMAS, Owain	Plymouth Musketeers	Male Vet 40-44	12:21.6	159
357	5:23:59	KING, Bryan	Plymouth Musketeers	Male Vet 65-69	12:21.7	9
358	5:25:06	GAMBLE, Fiona	Hayle Runners	Female under 35	12:24.3	270
359	5:27:25	BARNES, John	Liton Road Runners	Male Vet 55-59	12:29.6	53
360	5:27:31	ROBERTS, Nigel	Falmouth Road Runners	Male Vet 35-39	12:29.8	206
361	5:27:41	FOSTER, Alistair		Male Vet 45-49	12:30.2	190
362	5:30:00	PUTNA, Alex	East Cornwall Harriers	Female Vet 45-49	12:35.5	290
363	5:33:33	TAPHOUSE, Lesley	Bodmin Road Runners	Female Vet 55-59	12:43.6	8
364	5:33:36	HICKS, Sabrina	Bodmin Road Runners	Female Vet 40-44	12:43.8	382
365	5:33:55	READ, Nick		Male Vet 35-39	12:44.5	151
366	5:33:55	TIPPETT, Sarah	Tamar Trotters	Female Vet 45-49	12:44.5	357
367	5:33:55	MULVIHILL, Lorna	Plymouth Striders	Female under 35	12:44.5	238
368	5:39:17	MURRAY, Patrick		Male Vet 45-49	12:56.8	268
369	5:40:25	RALLS, David	St Austell Running Club	Male Vet 65-69	12:59.4	384
370	5:42:53	WESTBROOK, Kate		Female Vet 35-39	13:05.0	141
371	5:44:17	WILLCOCKS, Bob	Falmouth Road Runners	Male Vet 60-64	13:08.2	236
372	5:45:57	MAYCOX, Zoe	Lowenek Runners	Female Vet 50-54	13:12.0	343
373	5:46:32	HAMBLEY, Sharon	Bodmin Womens RC	Female Vet 50-54	13:13.4	19
374	5:47:08	STERRY, Martin	Greenbow RC	Male Vet 40-44	13:14.7	183
375	5:49:20	MILSOM, Paul		Male Vet 35-39	13:19.8	29
376	5:49:20	TWIGGE, Gareth		Male under 35	13:19.8	253
377	5:54:25	LAURIER, Phillip	Lowestoft Road Runners	Male Vet 65-69	13:31.4	21
378	5:58:32	LIMA, Thiago		Male Vet 35-39	13:40.8	456
379	5:59:00	RYAN, Karen	Tamar Trotters	Female Vet 40-44	13:41.9	376
380	6:02:32	SYKES, Sue	JP Fitness Cornwall	Female Vet 55-59	13:50.0	416
381	6:02:32	ORCHARD, Stacey	JP Fitness Cornwall	Female under 35	13:50.0	417
382	6:02:32	WILLIAMS, Emma	JP Fitness Cornwall	Female Vet 35-39	13:50.0	407
383	6:02:32	PETT, Jane	JP Fitness Cornwall	Female Vet 40-44	13:50.0	64
384	6:02:32	WILLIAMS, Wendy	JP Fitness Cornwall	Female Vet 55-59	13:50.0	418
385	6:02:32	DUTCHAK, Hannah	JP Fitness Cornwall	Female under 35	13:50.0	78
386	6:02:32	MCKINLEY, Glennie	JP Fitness Cornwall	Female Vet 50-54	13:50.0	422
387	6:09:38	HARTE-LATREMOILLE, Samantha	Bere Alston Trekkers	Female Vet 40-44	14:06.3	85
388	6:09:52	HIRST, Tim	Bungay Black Dog AC	Male Vet 75-79	14:06.8	55
389	6:09:52	ELLIOTT, Andrew	Looe Pioneers	Male Vet 50-54	14:06.8	149
390	6:37:15	SEABROOK, Patricia	Finch Coasters	Female Vet 75+	15:09.5	277