



# SUMMER TURKEY TROT



(Under UK Athletic Rules)  
(2019 – 37854)

## **SUPPORTED BY TRICKYS REDRUTH**

Tolgus Mount, Redruth, Cornwall, TR15 3TA  
ROUND 9 OF THE CORNWALL GRAND PRIX SERIES  
SPONSORED BY CORNWALL GLASS

### **Wednesday 3 July 2019**

Race starts at 7.30pm

Race Distance 4 miles

Registration at TRICKYS from 5.30pm

Entry Fees PRE ENTRIES **£13.00 (Unattached £15.00)**

### **RACE LIMIT 500**

### **NO ENTRIES ON THE DAY**

(Minimum Age Male 15 Female 15)

Changing Facilities, Showers and Parking

BAR and BARBECUE

## **THE USE OF PERSONAL AUDIO DEVICES WILL NOT BE PERMITTED**

[www.cornwallac.org.uk](http://www.cornwallac.org.uk) [www.gould.co.uk](http://www.gould.co.uk)  
[www.at-your-pace.co.uk](http://www.at-your-pace.co.uk) [www.trickyscornwall.co.uk](http://www.trickyscornwall.co.uk)

### **PRIZE LIST**

First Male and Female Brooks Shoe Voucher **from At Your Pace:**

Second Male and Female **£25 At Your Pace voucher:**

Third Male and Female **£15 At Your Pace voucher**

1st 3 Male Under 20, Under 35, V35, V40, V45, V50, V55, V60, V65, V70, V75, V80

1st 3 Female Under 20, Under 35, V35, V40, V45, V50, V55, V60, V65, V70, V75

First 6 teams - Male 6 to count, Female 6 to count

## RACE ENTRY FORM SUMMER TURKEY TROT 2019 (Block capitals please)

### PLEASE NOTE – NO ENTRIES ON THE DAY

Surname	Christian Name	
Date of Birth	Age on race day	Male/Female
Email Address		
Tel	Affiliated club (state if unattached)	
UK Competition No ( <b>Essential for Club Runners</b> )		

I enclose my race entry fee of **£13.00** (**£15.00** for Unattached runners)

### MEMENTO FOR ALL FINISHERS Sponsored by Gould Electronics

#### DATA PROTECTION

*"You agree that we may publish your Personal Information as part of the results of the Event and may pass such information to the governing body or any affiliated organisation for the purpose of insurance, licences or for publishing results either for the event alone or combined with or compared to other events. Results may include (but not be limited to) name, any club affiliation, race times, and age category.*

*You also agree that the information provided by you on the Entry Form could also be used for Health and Safety reasons, including medical emergencies"*

#### DECLARATION

Please enter me for the Summer Turkey Trot. I declare I am medically fit to run and I understand the organisers will not be held responsible for any injury, illness, damage or loss to me or caused by me, however caused.

Signature

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Please send your completed entry form and correct fee to:-

Rachael Thomas, 36 Treworder Road, Truro, TR1 2JY. Tel: 07921 764447  
Email: [rachaelcthomas@btinternet.com](mailto:rachaelcthomas@btinternet.com)

**Cheques made payable to: Cornwall Athletic Club**  
**Bank Transfers available. Please email the Race Secretary**

**Closing date for INDIVIDUAL AND CLUB entries:**

**SATURDAY 22 JUNE 2019**  
**OR**  
**WHEN RACE LIMIT IS REACHED, IF EARLIER**