

Falmouth Half Marathon - All results - Gun start time to Chip Finish time

Place	Bib	Name	AG	Club	Time
1	522	Colin SNOOK	Male 40-44	Cornwall AC	1:14:28
2	367	Jordan MORANT	Male 17-34	Hayle Runners	1:18:05
3	453	Ken WALKER	Male 40-44	Newquay Road Runners	1:18:51
4	258	Dan GOODWAY	Male 17-34	Truro Running Club	1:19:00
5	308	David TREGONNING	Male 17-34	St Austell Running Club	1:19:22
6	504	Paul WHEAR	Male 50-54	Cornwall AC	1:19:31
7	168	Graham BALE	Male 50-54	Plymstock Road Runners	1:19:43
8	617	Tom CARTHEY	Male 35-39	Falmouth Road Runners	1:20:03
9	388	Alex DANIELS	Male 45-49	Newquay Road Runners	1:20:30
10	53	James Kirton	Male 17-34	Truro Running Club	1:21:25
11	471	Jamie MASTERS	Male 17-34	St Austell Running Club	1:22:20
12	444	James ATTWOOD	Male 45-49	Cornwall AC	1:23:22
13	611	Nigel SWIFT	Male 40-44	Newquay Road Runners	1:24:07
14	515	Andrew PAROISSIEN	Male 35-39	Hayle Runners	1:24:26
15	385	Ben AUSTIN	Male 17-34		1:24:31
16	287	Naeem STEVENS	Male 17-34	Cornwall AC	1:24:37
17	666	Wayne SARA	Male 35-39	Truro Running Club	1:24:46
18	636	Kieran MURRANT	Male 17-34	Falmouth Road Runners	1:25:12
19	376	Graham DITTY	Male 35-39	Mile High	1:25:37
20	638	Matt LAWLESS	Male 40-44		1:25:51
21	590	Simon KNOWLES	Male 40-44	Hayle Runners	1:26:12
22	521	James BARNET	Male 17-34	Falmouth Road Runners	1:26:20
23	474	Tom MORTON	Male 17-34		1:26:57
24	685	Steven STRACHAN	Male 40-44	Mile High	1:27:19
25	182	Tim ADAMS	Male 45-49	St Austell Running Club	1:27:22
26	637	David CAPPS	Male 35-39	Falmouth Road Runners	1:27:37
27	386	Callum WRIGHT	Male 17-34	Cornwall AC	1:27:44
28	430	Richard KEEFE	Male 45-49	Falmouth Road Runners	1:27:49
29	166	Mark DEACON	Male 17-34	Looe Pioneers	1:28:11
30	483	Chris ANNEAR	Male 17-34	Vegan Runners	1:28:17
31	615	Rob STANDING	Male 45-49	Truro Running Club	1:28:42
32	204	Rachel BUNTING	Female 40-44		1:28:48
33	671	Daniel STROUD	Male 17-34		1:28:54
34	565	Dan JOHNS	Male 17-34		1:29:19
35	482	Christopher OSBORNE	Male 17-34		1:29:31
36	7	Theodore FLEMING	Male 17-34		1:30:17
37	684	James MELLOR	Male 40-44	Fareham Crusaders	1:31:05
38	614	Mark LITTLEJOHNS	Male 45-49	Falmouth Road Runners	1:31:17
39	160	Harvey BENTHAM	Male 17-34		1:31:40
40	491	Nick GILES	Male 35-39		1:31:55
41	372	David WILLS	Male 35-39	Falmouth Road Runners	1:32:03
42	465	Glynn DAVIS	Male 50-54	Carn Runners	1:32:05
43	394	Mike GREER	Male 35-39	St Austell Running Club	1:32:10
44	129	Will CHARNLEY	Male 17-34		1:32:20
45	348	Gareth CHURCHER	Male 35-39		1:32:24
46	583	Charles SKEET	Male 17-34		1:32:35
47	346	Stuart FELTON	Male 17-34	Falmouth Road Runners	1:32:42
48	651	Simon CLARK	Male 17-34		1:32:43
49	667	Rob CHIRGWIN	Male 17-34	Truro Running Club	1:32:46

50	27	Elizabeth SMITH	Female 50-54	Westbury Harriers	1:32:47
51	562	Ross PORTASS	Male 40-44		1:32:57
52	314	Scott ABRAHAM	Male 45-49	Hayle Runners	1:33:14
53	455	Mark MACLEOD	Male 45-49		1:33:15
54	75	Tim TWIGGS	Male 50-54	Mounts Bay Harriers	1:33:52
55	10	Mark SWEENEY	Male 55-59	St Austell Running Club	1:34:04
56	391	Simon WILLIAMS	Male 45-49	St Austell Running Club	1:34:28
57	654	Samuel WHITE	Male 35-39		1:34:34
58	653	Jake TIMMS	Male 17-34	Falmouth Road Runners	1:34:36
59	616	Paul JOHNSON	Male 17-34	St Austell Running Club	1:34:47
60	652	Matthew HEAD	Male 17-34	Cornwall AC	1:34:59
61	69	Alan WHERRY	Male 50-54	St Austell Running Club	1:35:01
62	271	Finn HALSALL	Male 17-34		1:35:05
63	187	Olly HARPER	Male 17-34		1:35:19
64	57	Lee TAMBLING	Male 35-39	St Austell Running Club	1:35:20
65	274	Thomas SOPP	Male 45-49	Falmouth Road Runners	1:35:20
66	370	Barrie CARDEW	Male 60-64	Carn Runners	1:35:26
67	586	Jason VINNICOMBE	Male 40-44	Carn Runners	1:35:27
68	543	Steve RENDLE	Male 50-54	Newquay Road Runners	1:35:31
69	398	Mark KNIGHT	Male 45-49	St Austell Running Club	1:35:39
70	422	Luke CADDEL	Male 17-34		1:36:02
71	227	Moira CONNOR	Female 17-34		1:36:06
72	392	James FINDLAY	Male 17-34	Carn Runners	1:36:22
73	362	Robin WATSON	Male 55-59	Falmouth Road Runners	1:36:25
74	549	Glyn TALLING	Male 45-49	Newquay Road Runners	1:36:33
75	418	Richard CHYNOWETH	Male 35-39	Truro Running Club	1:36:49
76	693	Steve CARTER	Male 45-49	Truro Running Club	1:36:53
77	341	Patrick TALEN	Male 40-44	St Austell Running Club	1:36:55
78	462	Alex JONES	Male 17-34		1:36:59
79	179	Bill WOOD	Male 55-59	Falmouth Road Runners	1:36:59
80	514	Matthew BOYNTON	Male 17-34	St Austell Running Club	1:37:18
81	511	Chris COX	Male 45-49	Cornwall AC	1:37:24
82	509	Chris FIELDSSEND	Male 35-39		1:38:14
83	334	Lee DOUGLAS	Male 40-44		1:38:35
84	202	Mandy GIBSON	Female 40-44	Looe Pioneers	1:38:45
85	85	Laurie MAGOWAN	Male 40-44		1:38:59
86	90	Marc ALLEN	Male 35-39		1:39:07
87	39	Mathew HENDERSON	Male 17-34	St Austell Running Club	1:39:19
88	98	Simon WEBBER	Male 60-64	East Cornwall Harriers	1:40:03
89	420	Andrew SMITH	Male 40-44	St Austell Running Club	1:40:05
90	404	Gordon SEABRIGHT	Male 50-54		1:40:22
91	620	Peter MAZURENKO	Male 17-34		1:40:33
92	305	Stacie MARKS	Female 17-34	St Austell Running Club	1:40:44
93	663	Emma MOSSOP	Female 45-49	Falmouth Road Runners	1:40:46
94	190	Alan GILES	Male 35-39	St Austell Running Club	1:40:52
95	106	Timothy COOPER	Male 40-44		1:40:52
96	51	Malcolm ROBERTS	Male 65-69	St Austell Running Club	1:40:55
97	253	Ian RHODES	Male 40-44		1:40:59
98	6	Isaac HAYES	Male 17-34		1:41:16
99	552	Katie SKEA	Female 40-44	Bodmin Road Runners	1:41:20
100	157	Gemma LANGFORD	Female 40-44		1:41:21
101	606	Holly DORAN	Female 17-34		1:41:26

102	548	David KNIGHT	Male 35-39		1:41:31
103	78	Joe KEARNS	Male 55-59	East Cornwall Harriers	1:41:37
104	485	Joe WILLIAMS	Male 17-34		1:41:41
105	387	River OWLSLEY-BROWN	Male 17-34		1:41:41
106	596	Rebecca TOSSELL	Female 35-39	Hayle Runners	1:41:43
107	167	Anna BALE	Female 17-34		1:42:10
108	384	Kristan MARTIN	Male 17-34		1:42:20
109	209	Scott MCCORMACK	Male 50-54		1:42:27
110	626	Debbie HARRISON-WEBB	Female 45-49	Hayle Runners	1:42:36
111	89	David FOY	Male 45-49	Falmouth Road Runners	1:42:36
112	664	Amy BLACKBURN	Female 17-34	Mile High	1:42:38
113	517	Ryan HUGHES	Male 17-34		1:42:48
114	132	Andrew ELLIS	Male 45-49	Hayle Runners	1:42:52
115	172	Andrew LAURIE	Male 55-59	Falmouth Road Runners	1:42:56
116	497	Philip BACHE	Male 17-34	Tri Logic Cornwall	1:43:06
117	658	Gary ALLEN	Male 17-34		1:43:09
118	516	Sam LITTLE	Male 17-34	Hayle Runners	1:43:13
119	421	Chris HUGHES	Male 40-44		1:43:21
120	269	Mike FOSKER	Male 40-44		1:43:34
121	647	Helen ORME	Female 40-44	Tavistock AC	1:43:44
122	234	Peter ALLEN	Male 60-64	Newquay Road Runners	1:43:49
123	417	Jonathan CRESSWELL	Male 17-34		1:43:52
124	222	Hannah TIPPETTS	Female 17-34	Falmouth Road Runners	1:43:53
125	289	Andy MILLWARD	Male 55-59	Carn Runners	1:43:54
126	240	Rosie BRADBURY	Female 17-34	Falmouth Road Runners	1:43:55
127	76	Richard FOSTER	Male 45-49	Launceston Road Runners	1:44:02
128	71	Phillip JOHNS	Male 17-34	Hayle Runners	1:44:04
129	210	Richard TOSIC	Male 50-54	Falmouth Road Runners	1:44:07
130	598	Mark GRASSAM	Male 45-49	Looe Pioneers	1:44:09
131	670	Peter BAZLEY	Male 60-64	Tavistock AC	1:44:21
132	436	Sam DAVIES	Male 17-34		1:44:23
133	323	Alex ARTHUR	Male 35-39		1:44:23
134	499	Daniel KNIGHTON	Male 17-34		1:44:24
135	148	Darren HOARE	Male 40-44		1:44:25
136	101	Matt HOCKING	Male 45-49	St Austell Running Club	1:44:27
137	447	Stephen JONES	Male 35-39	Truro Running Club	1:44:31
138	304	Laurie THRIFT	Male 65-69	East Cornwall Harriers	1:44:45
139	672	Robert RICHARDS	Male 65-69	Hayle Runners	1:44:45
140	507	Gary DUXBURY	Male 60-64	Falmouth Road Runners	1:44:46
141	40	Ross LAWRY	Male 40-44	St Austell Running Club	1:44:50
142	256	James SKEPLORN	Male 35-39	Truro Running Club	1:45:01
143	47	Laurie FRIPP	Male 17-34		1:45:10
144	126	Matt JOHNS	Male 40-44	JP Fitness Cornwall	1:45:11
145	11	James BUNCE	Male 35-39		1:45:13
146	401	Daniel BRAY	Male 35-39	St Austell Running Club	1:45:15
147	674	Russell KERR	Male 35-39	Bodmin Road Runners	1:45:23
148	503	Kaye PATTERSON	Female 17-34	East Cornwall Harriers	1:45:24
149	424	Paul GWYNNE	Male 50-54	Mud Crew Trail Runners	1:45:31
150	456	Bill HILL	Male 45-49	St Austell Running Club	1:45:42
151	584	Joseph STANFORD	Male 40-44	Bodmin Road Runners	1:45:45
152	177	Jennifer DAVIES	Female 17-34	Truro Running Club	1:45:53
153	649	Douglas GEDGE	Male 17-34		1:46:04

154	93	Stephen PENPRAZE	Male 45-49	Stragglers	1:46:06
155	173	Benjamin SELLAR	Male 17-34		1:46:12
156	648	Harry SHANAHAN-JONES	Male 17-34		1:46:12
157	303	Martin HYNES	Male 65-69	Launceston Road Runners	1:46:14
158	315	Janet HAYNES	Female 50-54	Mounts Bay Harriers	1:46:37
159	144	Tony MORRIS	Male 55-59	St Austell Running Club	1:46:42
160	247	William PHILLIPS	Male 17-34		1:46:53
161	641	Jack SPENCER	Male 17-34		1:46:59
162	695	Nicholas SEARLE	Male 45-49		1:47:00
163	463	Paul CARR	Male 35-39		1:47:02
164	81	Joanna COLLINS	Female 17-34	St Austell Running Club	1:47:04
165	544	Rowland BOOTH	Male 35-39		1:47:14
166	550	Lisa TALLING	Female 50-54	Newquay Road Runners	1:47:20
167	205	Andy CHASE	Male 17-34	St Austell Running Club	1:47:51
168	136	Neeltje BOOGERT	Male 35-39		1:48:01
169	588	Nathan JENKIN	Male 35-39		1:48:15
170	206	Anna CARTER	Female 17-34	Newquay Road Runners	1:48:27
171	381	Robert ROCHOWIAK	Male 55-59	Carn Runners	1:48:32
172	379	Amanda HEWITT	Female 45-49	Cornwall AC	1:48:40
173	661	William PILGRIM	Male 17-34		1:48:46
174	70	Andrew WHERRY	Male 17-34	St Austell Running Club	1:48:47
175	496	Brian WILES	Male 70-74	Launceston Road Runners	1:48:51
176	443	Paul SYRETT	Male 45-49	Falmouth Road Runners	1:48:51
177	114	Michael LEATHERBARROW	Male 45-49		1:48:53
178	297	Rachel WALLIS	Female 40-44	JP Fitness Cornwall	1:48:53
179	441	Kelly GDANITZ	Female 40-44		1:49:00
180	656	Nick LAWSON	Male 40-44		1:49:02
181	280	Eleanor WALSH	Female 17-34		1:49:07
182	402	Ollie HAYDEN	Male 40-44		1:49:14
183	460	Trevor SPINKS	Male 45-49		1:49:17
184	34	Neil DARK	Male 35-39		1:49:19
185	156	Philip SUTTON	Male 50-54		1:49:22
186	353	Charles KNIGHT	Male 17-34		1:49:26
187	197	Robert BROWN	Male 17-34		1:49:28
188	109	Julian SPENCER	Male 50-54	Truro Running Club	1:49:30
189	277	Zach AMOS	Male 17-34		1:49:30
190	185	Andrew FERGUSON	Male 50-54	Truro Running Club	1:49:36
191	574	James ALLEN	Male 35-39	Holcombe Harriers	1:49:37
192	604	Mike CADDY	Male 17-34		1:49:38
193	635	Katherine ROBERTS	Female 17-34		1:49:38
194	378	Jakub SOLARZ	Male 35-39		1:49:58
195	603	Mark PICKEN	Male 40-44		1:50:03
196	366	Hugh GALLOWAY	Male 17-34		1:50:19
197	551	Sophie TALLING	Female 17-34	Newquay Road Runners	1:50:21
198	446	Wietske HANSEN	Female 50-54	Carn Runners	1:50:25
199	632	Kerrie HUTCHINSON	Female 17-34	Cornwall AC	1:50:28
200	220	Vicky FLEET	Female 40-44	Falmouth Road Runners	1:50:31
201	545	Matthew WILSON	Male 40-44	Cornwall AC	1:50:35
202	259	Julian CHAPMAN	Male 55-59		1:50:36
203	282	Luke BENNETT	Male 55-59		1:50:40
204	231	Oscar WATTS	Male 17-34		1:50:44
205	55	Daniel TRAFFORD	Male 17-34		1:50:51

206	316	Clare HUGHES	Female 40-44	Hayle Runners	1:51:03
207	608	Steven THOMAS	Male 40-44	Carn Runners	1:51:03
208	369	Corinne GERRARD	Female 45-49	Hayle Runners	1:51:21
209	124	Nicolas HUDSON	Male 45-49		1:51:23
210	690	Tom MARTIN	Male 17-34		1:51:26
211	87	Will BUTTERS	Male 17-34		1:51:28
212	300	Andy MOORE	Male 60-64	Hayle Runners	1:51:29
213	91	Paul TRUDGEON	Male 35-39	St Austell Running Club	1:51:30
214	79	Mike ORCHARD	Male 60-64	Hayle Runners	1:51:32
215	26	Michael HOPKINS	Male 50-54	Westbury Harriers	1:51:39
216	99	Mark TREGENZA	Male 45-49	St Austell Running Club	1:51:41
217	2	Emma BARRACLOUGH	Female 17-34		1:51:41
218	118	Paul STEVENSON	Male 50-54		1:51:47
219	502	Edmund DICKENS	Male 17-34		1:51:57
220	72	Joshua MILLS	Male 17-34		1:52:31
221	675	Tara KERLEY	Female 17-34	St Austell Running Club	1:52:34
222	431	Kirsty FISHER	Female 45-49		1:52:36
223	395	Ash GATES	Male 17-34		1:52:44
224	232	Christian BOYCE	Male 45-49	Looe Pioneers	1:52:47
225	143	Ross CLEGG	Male 40-44		1:52:54
226	573	Caleb MUNDAY	Male 40-44	Mounts Bay Harriers	1:52:56
227	601	Christian DOWN	Male 45-49		1:52:58
228	513	Katie SPENCER	Female 45-49	Truro Running Club	1:53:02
229	512	Jo COX	Female 40-44	Cornwall AC	1:53:03
230	33	Edward FLOOD	Male 40-44		1:53:09
231	137	Thomas QUIRKE	Male 35-39		1:53:11
232	678	Gemma THOMAS	Female 35-39		1:53:13
233	123	Karen BARNICOAT	Female 35-39	Mud Crew Trail Runners	1:53:23
234	32	James BURCH	Male 17-34		1:53:27
235	44	Alan HICKS	Male 50-54		1:53:41
236	589	Helen KNOWLES	Female 40-44	Hayle Runners	1:53:43
237	30	Andrew SEWELL	Male 55-59	Plymouth Striders	1:53:51
238	375	Angus GALLOWAY	Male 17-34		1:53:51
239	662	Jon FLETCHER	Male 35-39		1:53:52
240	429	Simon BLACKBURN	Male 55-59	Mounts Bay Harriers	1:54:03
241	506	Arlo TINSON	Male 35-39		1:54:04
242	9	Chloe REDFERN	Female 35-39		1:54:08
243	326	Debbie MITCHELL	Female 40-44	Hayle Runners	1:54:08
244	683	Dale BRUTON	Male 40-44		1:54:13
245	295	Mark MAIDWELL-SMITH	Male 60-64	Truro Running Club	1:54:23
246	633	Barnaby FRYER	Male 17-34		1:54:24
247	121	Alex ST LEDGER-RENFREE	Male 17-34		1:54:24
248	445	Nicola GEARING	Female 35-39	Tri Logic Cornwall	1:54:34
249	599	Gareth CASEY	Male 40-44		1:54:37
250	481	Luke REED	Male 35-39	Newquay Road Runners	1:54:37
251	215	Amy GREGORY	Female 17-34	Newquay Road Runners	1:54:39
252	131	Stephen WOODARD	Male 60-64	Bodmin Road Runners	1:54:55
253	461	Christopher ROWE	Male 50-54	Carn Runners	1:54:55
254	321	Trish MERRETT	Female 50-54	Hayle Runners	1:55:00
255	623	Edwin LODDER	Male 17-34		1:55:06
256	579	Zoe LOCK	Female 35-39	Hayle Runners	1:55:08
257	359	Chris RAMSEY	Male 17-34	Truro Running Club	1:55:09

258	13	Mark ZINN	Male 17-34		1:55:21
259	12	Robert TILSLEY	Male 17-34		1:55:21
260	338	Martin SNELL	Male 40-44		1:55:23
261	62	Emily ELLEN	Female 35-39	Hayle Runners	1:55:26
262	659	James STINSON	Male 35-39		1:55:34
263	691	Thomas BURNS	Male 17-34		1:55:35
264	500	Ruth BISH	Female 40-44		1:55:37
265	495	Lisa PLAYER	Female 55-59	Newquay Road Runners	1:55:44
266	688	Gareth ROWETT	Male 17-34	St Austell Running Club	1:55:46
267	419	Derek SMITH	Male 55-59	Hayle Runners	1:56:03
268	575	Jonathan WINNAN	Male 50-54		1:56:11
269	568	Richard COLLETT	Male 35-39	Hayle Runners	1:56:12
270	113	Jane STEDMAN	Female 55-59	100 Marathon Club	1:56:26
271	140	Nigel CARR	Male 50-54		1:56:30
272	524	Les GRAVES	Male 60-64	Newquay Road Runners	1:56:35
273	229	Alison STEDEFORD	Female 40-44		1:56:45
274	490	Callum DUNSTAN	Male 17-34		1:56:59
275	612	Michael WILSON	Male 40-44	Truro Running Club	1:57:04
276	278	Diane WARREN	Female 60-64	Hayle Runners	1:57:29
277	18	John BOSUSTOW	Male 40-44	JP Fitness Cornwall	1:57:45
278	434	Sue MANSFIELD	Female 55-59	Truro Running Club	1:57:52
279	625	Catherine SWEET	Female 17-34		1:57:57
280	629	Adrian SWEET	Male 55-59		1:57:57
281	296	Keith GALE	Male 45-49	Mounts Bay Harriers	1:58:14
282	593	Simon JONES	Male 45-49	Mounts Bay Harriers	1:58:14
283	77	Gareth REES	Male 35-39		1:58:21
284	484	Steven JENKIN	Male 45-49	Cornwall AC	1:58:28
285	355	Andrew JAY	Male 40-44	St Austell Running Club	1:58:30
286	325	Graham GLEW	Male 17-34		1:58:33
287	188	Charlotte HOLLEY	Female 35-39		1:58:36
288	251	Craig BROWN	Male 45-49		1:58:37
289	19	Martin TRETHERWEY	Male 50-54	St Austell Running Club	1:58:46
290	207	Richard MORTON	Male 65-69	Tamar Trotters	1:58:56
291	152	Tamsin MULCAHY	Female 17-34		1:59:01
292	68	Clive GIBBS	Male 50-54	St Austell Running Club	1:59:04
293	211	Malcolm WARD	Male 60-64	Falmouth Road Runners	1:59:14
294	219	Tom POWELL	Male 17-34	Falmouth Road Runners	1:59:22
295	142	Helen DOBBS	Female 17-34		1:59:29
296	22	Claire BARLOW	Female 40-44	Bodmin Road Runners	1:59:30
297	439	William CRANE	Male 35-39		1:59:30
298	183	Glenn WOOD	Male 55-59	East Cornwall Harriers	1:59:34
299	558	Paul LUDLAM	Male 55-59		1:59:45
300	622	Alexander WARD	Male 35-39		1:59:45
301	301	Gerelyn BLACKSTONE-KARAPANOS	Female 35-39		1:59:56
302	42	Andrew GEACH	Male 17-34	St Austell Running Club	2:00:07
303	438	Tamzin DAVEY	Female 45-49	Cornwall AC	2:00:13
304	328	Louise JARRETT	Female 35-39		2:00:19
305	3	Ian RINGER	Male 70-74	Bodmin Road Runners	2:00:21
306	154	Dan REEVES	Male 17-34		2:00:23
307	475	Kerry EASTMOND	Female 17-34		2:00:30
308	267	Janet WATSON	Female 65-69	Falmouth Road Runners	2:00:31
309	541	Laura CADDIS	Female 17-34		2:00:48

310	405	Lynsey WHITE	Female 17-34	Newquay Road Runners	2:01:00
311	580	Jack WHITSON-FAY	Male 17-34		2:01:34
312	679	Paul KENNELLY	Male 50-54		2:01:36
313	345	Rachael KESSELL	Female 40-44		2:01:39
314	218	Virginija STEPONKUTE	Female 17-34		2:01:41
315	170	Hugh ROSE	Male 17-34		2:01:41
316	681	Marty BARNFIELD	Male 45-49		2:01:42
317	266	Sophie BENNETT	Female 17-34		2:01:46
318	350	Gennara BRAY	Female 17-34	St Austell Running Club	2:01:50
319	60	Sonya CLARK	Male 40-44		2:01:59
320	61	Mark BRICKNELL	Male 55-59		2:01:59
321	523	Amanda GREENWOOD	Female 45-49		2:02:00
322	95	Stewart TOWNEND	Male 75-79	Hayle Runners	2:02:11
323	319	Taryn MONTGOMERY-SMITH	Female 40-44	St Austell Running Club	2:02:17
324	244	Claire WINFIELD	Female 50-54	Launceston Road Runners	2:02:31
325	245	Sarah ARTHUR	Female 45-49	JP Fitness Cornwall	2:02:40
326	63	Georgina SPEAKE	Female 40-44	St Austell Running Club	2:02:41
327	261	Jackie COPE	Female 60-64	Falmouth Road Runners	2:02:45
328	520	Shannon ELDING	Male 17-34		2:02:53
329	150	Nicola GUEST	Female 45-49		2:02:54
330	147	Andy GREEN	Male 17-34		2:02:58
331	437	Mary ROSSETTI	Female 40-44		2:03:00
332	108	Paul HOOPER	Male 55-59	Mounts Bay Harriers	2:03:13
333	473	Helen MORRIS	Female 50-54		2:03:16
334	686	Callum GERLACH	Male 17-34		2:03:20
335	587	Rowan MATHEWS	Male 17-34		2:03:23
336	644	Peter MARQUIS	Male 60-64		2:03:41
337	54	Michelle DYER	Female 45-49	Mounts Bay Harriers	2:03:53
338	412	Tom HUSTLER	Male 35-39		2:03:59
339	347	Holly BERWICK	Female 35-39		2:04:07
340	120	Gillian AHEARNE	Female 50-54		2:04:10
341	464	Janine HARVEY	Female 35-39		2:04:13
342	639	Rebecca ROWE	Female 17-34		2:04:21
343	377	Nick BARKER	Male 35-39		2:04:28
344	390	Claire TULLETT	Female 17-34	Truro Running Club	2:04:30
345	100	Paul PICKERING	Male 35-39		2:04:31
346	116	Paul DENMEAD	Male 55-59		2:04:34
347	322	Joanna SKYBA	Female 35-39	St Austell Running Club	2:04:35
348	20	Charlie TRETHERWEY	Female 40-44	St Austell Running Club	2:04:36
349	290	Laura MILLWARD	Female 55-59	Carn Runners	2:04:49
350	56	Brendan CAREY	Male 35-39		2:04:52
351	553	Alistair IVERSON	Male 35-39	JP Fitness Cornwall	2:04:54
352	192	Shaun PERFECT	Male 45-49		2:04:55
353	92	Lucy OLDHAM	Female 40-44	East Cornwall Harriers	2:05:02
354	50	Clyde CONNELLAN	Male 35-39		2:05:03
355	415	Rebecca ALLEN	Female 17-34	Carn Runners	2:05:04
356	489	Nicole HATHERALL	Male 17-34		2:05:15
357	48	Paul MADGE	Male 55-59	South West Road Runner	2:05:18
358	505	Kim CSECHI	Female 35-39	St Austell Running Club	2:05:21
359	356	David WILTON	Male 60-64	Falmouth Road Runners	2:05:24
360	479	Toby DREWETT	Male 40-44	Hayle Runners	2:05:28
361	291	Jane PETT	Female 40-44	JP Fitness Cornwall	2:05:31

362	41	Sharon KINSELLA	Female 40-44	JP Fitness Cornwall	2:05:32
363	235	Alfie RHOADES	Male 17-34		2:06:03
364	224	Mads TRETOWAN	Female 45-49		2:06:04
365	233	Tamara DRIVER-JONES	Female 17-34		2:06:05
366	433	Arlene POWELL	Female 35-39		2:06:06
367	255	Trevor SMITH	Male 40-44		2:06:07
368	607	Matthew DUGARD	Male 17-34		2:06:22
369	655	Kayleigh REEKS	Female 17-34	PB Running Club	2:06:27
370	423	Pachrujee HOMHAUL	Female 35-39		2:06:32
371	363	Trevor LEE	Male 55-59	Truro Running Club	2:06:37
372	139	Ruth HOLDING	Female 55-59	Mile High	2:06:43
373	339	Steve ZANNI	Male 55-59		2:06:46
374	324	Dean EVANS	Male 70-74		2:06:58
375	510	Jo MINERS	Female 40-44	JP Fitness Cornwall	2:07:16
376	561	Joanne BARRY	Female 40-44	JP Fitness Cornwall	2:07:16
377	17	Tom HOBBS	Male 40-44		2:07:27
378	409	Rowan TOLFTS	Male 17-34		2:07:35
379	624	Wyn GODDING	Male 17-34		2:07:36
380	410	Antonia VAN MARIS	Female 17-34		2:07:37
381	526	Michelle HAWLEY	Female 17-34		2:07:38
382	186	Jennifer FORBES	Female 17-34	Carn Runners	2:07:44
383	333	Ian ROSS	Male 60-64	Tamar Trotters	2:08:08
384	630	Patrick MURRAY	Male 45-49		2:08:17
385	155	Joshua DICKINSON	Male 17-34		2:08:23
386	263	Keith MARSHALL	Male 70-74	Falmouth Road Runners	2:08:28
387	351	Gary JANE	Male 50-54	St Austell Running Club	2:08:32
388	306	Paula VIEIRA	Female 40-44	St Austell Running Club	2:08:46
389	428	Sarah EUSTACE	Female 35-39		2:08:52
390	330	Antony PENHAUL	Male 70-74	Mounts Bay Harriers	2:09:02
391	399	Alison LIPTROTT	Female 45-49		2:09:10
392	591	Andy BROGAN	Male 17-34		2:09:18
393	112	Michelle BROWN	Female 40-44		2:09:26
394	472	Chris POVEY	Male 17-34		2:09:40
395	677	Mikiko KIMURA	Female 50-54		2:09:47
396	627	Becky HALL	Female 35-39	Newquay Road Runners	2:09:48
397	680	Dylan BEAN	Male 40-44		2:09:49
398	252	Katie THURSTON	Female 40-44	JP Fitness Cornwall	2:09:53
399	650	Ed CULSHAW	Male 45-49	Tri Preston	2:09:58
400	249	Ashton PHILIPS	Male 45-49		2:10:00
401	119	Lee MAUNDER	Male 35-39		2:10:37
402	317	Ruth PHILLIPS	Female 40-44	Hayle Runners	2:10:53
403	327	Mandy WATTS	Female 50-54		2:11:01
404	237	Alice EMSDEN	Female 17-34		2:11:16
405	360	Andy LLOYD	Female 17-34		2:11:51
406	411	David MATHESON	Male 17-34		2:11:53
407	619	Aiden VINCENT	Male 17-34		2:12:00
408	217	Ben FENNELL	Male 17-34		2:12:10
409	283	Roseanna BERESFORD	Female 17-34		2:12:15
410	294	John BARNES	Male 55-59	Launceston Road Runners	2:12:22
411	331	Charlotte CHAPMAN	Female 35-39		2:12:25
412	189	Jon JONES	Male 45-49	Looe Pioneers	2:12:28
413	564	Ian GUNDRY	Male 45-49	East Cornwall Harriers	2:12:29

414	59	Kevin FINCH	Male 55-59		2:12:44
415	299	Wesley WELLS	Male 35-39	Tamar Trotters	2:12:48
416	518	Mat SPENCER	Male 45-49		2:13:00
417	557	Miranda GREER	Female 35-39	St Austell Running Club	2:13:01
418	689	Andy HEATH	Male 17-34		2:13:20
419	5	Samantha HOBBS	Female 17-34		2:13:20
420	65	Jacqueline MOORE	Female 55-59	BRJ Run and Tri	2:13:21
421	660	Hollie HALLIBONE	Female 17-34	JP Fitness Cornwall	2:13:21
422	175	Emily KELL	Female 45-49		2:13:27
423	582	Lisa SKEET	Female 17-34		2:13:28
424	242	Alice KIRBY	Female 35-39	JP Fitness Cornwall	2:13:31
425	371	Shaun GROSE	Male 17-34		2:13:39
426	35	Sarah TAYLOR	Male 17-34		2:13:43
427	37	Oliver GILL	Male 17-34		2:13:43
428	161	Rachael HAYDON	Female 17-34	Okehampton RC	2:13:43
429	585	Caroline VINNICOMBE	Female 45-49	Cornwall AC	2:13:44
430	80	Danny KONIK	Male 40-44		2:13:45
431	180	Duncan HARLE	Male 17-34		2:14:07
432	469	Joshua HASTINGS	Male 17-34		2:14:15
433	642	Emma WATSON	Female 17-34		2:14:17
434	320	Cas LEO	Male 55-59	Hayle Runners	2:14:25
435	427	Georgia MURPHY	Female 17-34		2:14:53
436	687	Dave FORREST	Male 45-49		2:14:55
437	312	Karina BOWERS	Female 35-39	St Austell Running Club	2:15:03
438	374	Bryony HALLIDAY	Female 17-34	Cornwall AC	2:15:05
439	492	Maisie BRETT	Male 17-34		2:15:07
440	554	Tania ELLIOTT	Female 45-49	Looe Pioneers	2:15:16
441	337	Vicky HARVEY	Female 40-44		2:15:43
442	594	Linda CUFF	Female 50-54	Looe Pioneers	2:16:03
443	559	Michelle THOMAS	Female 45-49		2:16:11
444	133	Alison TALEN	Female 40-44	St Austell Running Club	2:16:12
445	618	Richard MAY	Male 55-59		2:16:13
446	449	Natalie ELDRIDGE	Female 35-39		2:16:24
447	555	Andrew ELLIOTT	Male 50-54	Looe Pioneers	2:16:33
448	216	Josie KENYON	Female 17-34		2:16:40
449	52	Elanor WATTS	Female 17-34		2:16:46
450	335	Lisa DOUGLAS	Female 35-39		2:17:01
451	246	Jolene TURNER	Female 40-44	Falmouth Road Runners	2:17:34
452	8	Gill HUGILL	Female 40-44		2:17:51
453	292	Alice RAE	Female 17-34		2:17:54
454	223	Lauren CHENOWETH	Female 17-34		2:17:54
455	621	Fiona GAMBLE	Female 17-34	Hayle Runners	2:18:01
456	135	Maggie WILLIAMS	Female 50-54		2:18:07
457	134	Tony WILLIAMS	Male 55-59		2:18:08
458	494	Sarah CLEMENTS	Female 17-34		2:18:21
459	94	Margaret WADE	Female 65-69	Carn Runners	2:18:37
460	668	Jenna WAKE	Female 17-34		2:18:44
461	578	Vanessa BUA-ROBERTS	Female 17-34	JP Fitness Cornwall	2:18:45
462	276	Zoe BUSE	Female 45-49	Bodmin Road Runners	2:18:48
463	466	Marie JONES	Female 70-74	Dartmouth ACC	2:18:57
464	318	Hannah DUTCHAK	Female 17-34	JP Fitness Cornwall	2:19:36
465	164	Mike MACK	Male 70-74	Carn Runners	2:19:38

466	595	Mick TORRES	Male 55-59	Looe Pioneers	2:19:46
467	613	Lisa BUSCOMBE	Female 45-49	Truro Running Club	2:20:42
468	682	Matthew GOODE	Male 45-49		2:20:48
469	97	Kathryn MARSH	Female 40-44	Carn Runners	2:21:07
470	268	Catriona CHODKIEWICZ	Female 35-39		2:21:14
471	631	Kate DUDMAN	Female 40-44	Bodmin Womens RC	2:21:16
472	646	Sarah HOLLAND	Female 40-44	Tavistock AC	2:21:34
473	361	Samantha ANTOLIC	Female 45-49		2:21:34
474	181	Hannah ADAMS	Female 40-44	St Austell Running Club	2:21:36
475	389	Geno Crawford	Male 17-34		2:21:45
476	602	Ryan MITCHELL	Male 17-34		2:21:58
477	566	Andrew HETHERINGTON	Male 40-44		2:22:00
478	570	Sarah STEED	Female 45-49	East Cornwall Harriers	2:22:10
479	270	Jane GARSIDE	Female 50-54	Newquay Road Runners	2:22:23
480	563	Jeannette TURPIN	Female 40-44	East Cornwall Harriers	2:22:28
481	28	Karen CORNELIUS	Female 35-39		2:22:29
482	610	Jenna FUGGLES	Female 40-44		2:22:38
483	127	Nick DOWLING	Male 40-44	Lonely Goats RC	2:22:48
484	307	Sarah WEBB	Female 45-49	Falmouth Road Runners	2:22:48
485	416	Rosie BURT	Female 17-34		2:23:01
486	313	Isla MURPHY	Female 17-34	Harvel Hash House Harriers	2:23:11
487	272	Minnie HARROP	Female 17-34		2:23:19
488	67	Hannah WATTS	Female 17-34	St Austell Running Club	2:23:33
489	66	Debbie GIBBS	Female 50-54	St Austell Running Club	2:23:33
490	151	Jonathan HARGREAVES	Male 17-34		2:23:50
491	228	Heather WALKER	Female 17-34		2:24:14
492	285	Bryan KING	Male 65-69	Plymouth Musketeers	2:24:26
493	284	Louise KING	Female 50-54	Plymouth Musketeers	2:24:26
494	547	Emma KERSWELL	Female 40-44		2:24:31
495	130	Nicola VENN	Female 17-34		2:24:35
496	213	Tanya HANCOX	Female 17-34		2:24:38
497	212	Emma WESTGARTH	Female 35-39		2:24:38
498	451	Rachael PRIDEAUX	Female 40-44	Bodmin Womens RC	2:24:45
499	493	Sharon WEBSTER	Female 40-44		2:24:45
500	380	Tony BERRY	Male 80+	Truro Running Club	2:25:13
501	146	Lizzy COOK	Female 17-34		2:25:15
502	254	Rob THOMPSON	Male 45-49		2:25:21
503	110	Suzanne WILLCOX	Female 40-44		2:25:57
504	628	Lizzie HASELL	Female 35-39	Truro Running Club	2:26:26
505	138	Deborah CARR	Female 45-49		2:26:35
506	597	Jason BALL	Male 45-49		2:26:50
507	673	Mariana FIGUEROA	Female 17-34		2:26:58
508	250	Sarah EDDY	Female 17-34		2:27:06
509	336	Jenny MCFARLAND	Female 17-34		2:27:32
510	279	Bob WILLCOCKS	Male 60-64	Falmouth Road Runners	2:27:53
511	21	Rebecca LEIVERS	Female 45-49	Newquay Road Runners	2:28:00
512	199	Christina LAKE	Female 60-64	Falmouth Road Runners	2:29:13
513	275	Cat WALLMAN	Female 45-49	Waverley Harriers	2:29:53
514	676	Alex PUTNA	Female 45-49		2:29:56
515	609	Cher DUGARD	Female 17-34		2:30:04
516	117	Debra CLARKE	Female 50-54	Falmouth Road Runners	2:30:15
517	198	Amy TREVARTHA-ANDREOU	Female 35-39		2:30:25

518	592	Emma WILLIAMS	Female 17-34	2:30:25
519	605	Emily WISEMAN	Female 17-34	2:30:35
520	194	Jessica SWANN	Female 17-34	2:30:35
521	196	Jasmine LIPTROTT	Female 17-34	2:31:03
522	542	Michelle ROSKILLY	Female 45-49 Hayle Runners	2:31:14
523	407	Joe CRUXON	Male 17-34	2:31:22
524	406	Robyn COLLINS	Female 17-34	2:31:23
525	425	Abigail CLARKE	Female 17-34	2:31:35
526	31	Kim FELL	Female 17-34 St Austell Running Club	2:31:53
527	478	Mathew TREVAIL	Male 40-44	2:33:12
528	226	Katie HAWKEN	Female 35-39	2:33:22
529	349	Emily TREVARTHEN	Female 35-39 Bodmin Womens RC	2:33:33
530	141	Katy DUCKER	Female 17-34	2:33:47
531	73	Benjamin ANGOVE	Male 35-39	2:33:47
532	657	Liz GREEN	Female 35-39	2:33:55
533	571	Liam MARSH	Male 17-34 Cornwall AC	2:33:56
534	265	David RALLS	Male 65-69 St Austell Running Club	2:34:09
535	262	Terry MARSHALL	Female 70-74 Falmouth Road Runners	2:34:18
536	293	Tracey GREY	Female 35-39	2:34:56
537	311	Hugh SAVAGE	Male 35-39	2:34:57
538	264	Patsy RALLS	Female 50-54 St Austell Running Club	2:37:03
539	342	Jodie ROYCROFT	Female 17-34 St Austell Running Club	2:37:52
540	600	Andrew HOCKING	Male 17-34	2:38:31
541	383	Annie RICHARDS	Female 35-39	2:39:07
542	382	Jenny LEE	Female 17-34	2:39:07
543	344	Pauline RICHARDS-THOMAS	Female 45-49	2:39:16
544	560	Heather WELLS	Female 50-54	2:39:16
545	669	Jason CRABTREE	Male 35-39 Carn Runners	2:40:50
546	365	Louise MOREY	Female 35-39	2:41:10
547	364	Nina BOND	Female 17-34 Looe Pioneers	2:41:10
548	208	Diana RAIKER	Female 17-34 Falmouth Road Runners	2:42:27
549	201	Melanie BOXALL	Female 55-59 Falmouth Road Runners	2:42:35
550	238	Rebecca HEARN	Female 35-39 Bodmin Womens RC	2:42:53
551	302	Nigel ROBERTS	Male 35-39 Falmouth Road Runners	2:44:06
552	176	Sarah CHOAK	Female 50-54 Falmouth Road Runners	2:44:06
553	243	Daryll WARE	Male 50-54 PB Running Club	2:44:32
554	14	Sandra LIDIARD	Female 17-34 Bodmin Womens RC	2:44:32
555	102	Julie BOLITHO	Female 50-54 Mounts Bay Harriers	2:50:30
556	393	Sharon WEBBER	Female 45-49 St Austell Running Club	2:51:26
557	498	Lynne OVERD	Female 55-59 Looe Pioneers	2:51:39
558	158	Adam SHERMAN	Male 17-34	2:53:17
559	36	Jo LAY	Female 50-54 Hayle Runners	2:53:32
560	567	Sally TURNER	Female 45-49 St Austell Running Club	2:54:34
561	357	Alan THOMAS	Male 60-64	2:59:12
562	257	Jayne WILLIAMS	Female 45-49 St Austell Running Club	3:05:58
563	546	Andrew TILLYARD	Male 45-49	3:07:03
564	696	Norbert SZEGEDI	Male 17-34	3:07:07
565	519	Anna SOBOL	Female 17-34 Looe Pioneers	3:10:09
566	24	Theresa MORRIS	Female 40-44	3:10:10
567	298	Shannon MORRIS	Female 17-34	3:10:10
568	577	Samie SANDS	Female 17-34 Looe Pioneers	3:10:10

Overall Prize Winners _ Male

Place	Bib	Name	AG	Club	Time
1	522	Colin SNOOK	Male 40-44	Cornwall AC	1:14:28
2	367	Jordan MORANT	Male 17-34	Hayle Runners	1:18:05
3	453	Ken WALKER	Male 40-44	Newquay Road Runners	1:18:51

Overall Prize Winners _ Female

Place	Bib	Name	AG	Club	Time
1	204	Rachel BUNTING	Female 40-44		1:28:48
2	27	Elizabeth SMITH	Female 50-54	Westbury Harriers	1:32:47
3	227	Moira CONNOR	Female 17-34		1:36:06

Age Group Prizes - Male

Place	Bib	Name	Club	Time
Male 17-34				
1.	367	Jordan MORANT	Hayle Runners	1:18:05
2.	258	Dan GOODWAY	Truro Running Club	1:19:00
3.	308	David TREGONNING	St Austell Running Club	1:19:22
Male 35-39				
1.	617	Tom CARTHEY	Falmouth Road Runners	1:20:03
2.	515	Andrew PAROISSIEN	Hayle Runners	1:24:26
3.	666	Wayne SARA	Truro Running Club	1:24:46
Male 40-44				
1.	522	Colin SNOOK	Cornwall AC	1:14:28
2.	453	Ken WALKER	Newquay Road Runners	1:18:51
3.	611	Nigel SWIFT	Newquay Road Runners	1:24:07
Male 45-49				
1.	388	Alex DANIELS	Newquay Road Runners	1:20:30
2.	444	James ATTWOOD	Cornwall AC	1:23:22
3.	182	Tim ADAMS	St Austell Running Club	1:27:22
Male 50-54				
1.	504	Paul WHEAR	Cornwall AC	1:19:31
2.	168	Graham BALE	Plymstock Road Runners	1:19:43
3.	465	Glynn DAVIS	Carn Runners	1:32:05
Male 55-59				
1.	10	Mark SWEENEY	St Austell Running Club	1:34:04
2.	362	Robin WATSON	Falmouth Road Runners	1:36:25
3.	179	Bill WOOD	Falmouth Road Runners	1:36:59
Male 60-64				
1.	370	Barrie CARDEW	Carn Runners	1:35:26
2.	98	Simon WEBBER	East Cornwall Harriers	1:40:03
3.	234	Peter ALLEN	Newquay Road Runners	1:43:49
Male 65-69				
1.	51	Malcolm ROBERTS	St Austell Running Club	1:40:55
2.	304	Laurie THRIFT	East Cornwall Harriers	1:44:45
3.	672	Robert RICHARDS	Hayle Runners	1:44:45
Male 70-74				
1.	496	Brian WILES	Launceston Road Runners	1:48:51
2.	3	Ian RINGER	Bodmin Road Runners	2:00:21
3.	324	Dean EVANS		2:06:58
Male 75-79				
1.	95	Stewart TOWNEND	Hayle Runners	2:02:11
Male 80-85				
1.	380	Tony BERRY	Truro Running Club	2:25:13

Age Group Prizes - Female

Place	Bib	Name	Club	Time
Female 17-34				
1.	227	Moira CONNOR		1:36:06
2.	305	Stacie MARKS	St Austell Running Club	1:40:44
3.	606	Holly DORAN		1:41:26
Female 35-39				
1.	596	Rebecca TOSSELL	Hayle Runners	1:41:43
2.	678	Gemma THOMAS		1:53:13
3.	123	Karen BARNICOAT	Mud Crew Trail Runners	1:53:23
Female 40-44				
1.	204	Rachel BUNTING		1:28:48
2.	202	Mandy GIBSON	Looe Pioneers	1:38:45
3.	552	Katie SKEA	Bodmin Road Runners	1:41:20
Female 45-49				
1.	663	Emma MOSSOP	Falmouth Road Runners	1:40:46
2.	626	Debbie HARRISON-WEBB	Hayle Runners	1:42:36
3.	379	Amanda HEWITT	Cornwall AC	1:48:40
Female 50-54				
1.	27	Elizabeth SMITH	Westbury Harriers	1:32:47
2.	315	Janet HAYNES	Mounts Bay Harriers	1:46:37
3.	550	Lisa TALLING	Newquay Road Runners	1:47:20
Female 55-59				
1.	495	Lisa PLAYER	Newquay Road Runners	1:55:44
2.	113	Jane STEDMAN	100 Marathon Club	1:56:26
3.	434	Sue MANSFIELD	Truro Running Club	1:57:52
Female 60-64				
1.	278	Diane WARREN	Hayle Runners	1:57:29
2.	261	Jackie COPE	Falmouth Road Runners	2:02:45
3.	199	Christina LAKE	Falmouth Road Runners	2:29:13
Female 65-69				
1.	267	Janet WATSON	Falmouth Road Runners	2:00:31
2.	94	Margaret WADE	Carn Runners	2:18:37
Female 70-74				
1.	466	Marie JONES	Dartmouth ACC	2:18:57
2.	262	Terry MARSHALL	Falmouth Road Runners	2:34:18

Team Results - Male

1st	120pts	Cornwall AC 1			
	Bib	Name	MF Pos	Time	AG
	522	Colin SNOOK	1.	1:14:28	Male 40-44
	504	Paul WHEAR	6.	1:19:31	Male 50-54
	444	James ATTWOOD	12.	1:23:22	Male 45-49
	287	Naeem STEVENS	16.	1:24:37	Male 17-34
	386	Callum WRIGHT	27.	1:27:44	Male 17-34
	652	Matthew HEAD	58.	1:34:59	Male 17-34
2nd	139pts	Falmouth Road Runners 1			
	Bib	Name	MF Pos	Time	AG
	617	Tom CARTHEY	8.	1:20:03	Male 35-39
	636	Kieran MURRANT	18.	1:25:12	Male 17-34
	521	James BARNET	22.	1:26:20	Male 17-34
	637	David CAPPS	26.	1:27:37	Male 35-39
	430	Richard KEEFE	28.	1:27:49	Male 45-49
	614	Mark LITTLEJOHNS	37.	1:31:17	Male 45-49
3rd	182pts	Truro Running Club 1			
	Bib	Name	MF Pos	Time	AG
	258	Dan GOODWAY	4.	1:19:00	Male 17-34
	53	James Kirton	10.	1:21:25	Male 17-34
	666	Wayne SARA	17.	1:24:46	Male 35-39
	615	Rob STANDING	31.	1:28:42	Male 45-49
	667	Rob CHIRGWIN	48.	1:32:46	Male 17-34
	418	Richard CHYNOWETH	72.	1:36:49	Male 35-39
4th	190pts	St Austell Running Club 1			
	Bib	Name	MF Pos	Time	AG
	308	David TREGONNING	5.	1:19:22	Male 17-34
	471	Jamie MASTERS	11.	1:22:20	Male 17-34
	182	Tim ADAMS	25.	1:27:22	Male 45-49
	394	Mike GREER	42.	1:32:10	Male 35-39
	10	Mark SWEENEY	53.	1:34:04	Male 55-59
	391	Simon WILLIAMS	54.	1:34:28	Male 45-49
5th	270pts	Newquay Road Runners 1			
	Bib	Name	MF Pos	Time	AG
	453	Ken WALKER	3.	1:18:51	Male 40-44
	388	Alex DANIELS	9.	1:20:30	Male 45-49
	611	Nigel SWIFT	13.	1:24:07	Male 40-44
	543	Steve RENDLE	66.	1:35:31	Male 50-54
	549	Glyn TALLING	71.	1:36:33	Male 45-49
	234	Peter ALLEN	108.	1:43:49	Male 60-64
6th	293pts	Hayle Runners 1			
	Bib	Name	MF Pos	Time	AG
	367	Jordan MORANT	2.	1:18:05	Male 17-34

515	Andrew PAROISSIEN	14.	1:24:26	Male 35-39
590	Simon KNOWLES	21.	1:26:12	Male 40-44
314	Scott ABRAHAM	50.	1:33:14	Male 45-49
132	Andrew ELLIS	101.	1:42:52	Male 45-49
516	Sam LITTLE	105.	1:43:13	Male 17-34

7th 351pts Falmouth Road Runners 2

Bib	Name	MF Pos	Time	AG
372	David WILLS	40.	1:32:03	Male 35-39
346	Stuart FELTON	46.	1:32:42	Male 17-34
653	Jake TIMMS	56.	1:34:36	Male 17-34
274	Thomas SOPP	63.	1:35:20	Male 45-49
362	Robin WATSON	70.	1:36:25	Male 55-59
179	Bill WOOD	76.	1:36:59	Male 55-59

8th 396pts St Austell Running Club 2

Bib	Name	MF Pos	Time	AG
616	Paul JOHNSON	57.	1:34:47	Male 17-34
69	Alan WHERRY	59.	1:35:01	Male 50-54
57	Lee TAMBLING	62.	1:35:20	Male 35-39
398	Mark KNIGHT	67.	1:35:39	Male 45-49
341	Patrick TALEN	74.	1:36:55	Male 40-44
514	Matthew BOYNTON	77.	1:37:18	Male 17-34

9th 498pts Carn Runners 1

Bib	Name	MF Pos	Time	AG
465	Glynn DAVIS	41.	1:32:05	Male 50-54
370	Barrie CARDEW	64.	1:35:26	Male 60-64
586	Jason VINNICOMBE	65.	1:35:27	Male 40-44
392	James FINDLAY	69.	1:36:22	Male 17-34
289	Andy MILLWARD	110.	1:43:54	Male 55-59
381	Robert ROCHOWIAK	149.	1:48:32	Male 55-59

10th 591pts St Austell Running Club 3

Bib	Name	MF Pos	Time	AG
39	Mathew HENDERSON	83.	1:39:19	Male 17-34
420	Andrew SMITH	85.	1:40:05	Male 40-44
190	Alan GILES	88.	1:40:52	Male 35-39
51	Malcolm ROBERTS	90.	1:40:55	Male 65-69
101	Matt HOCKING	120.	1:44:27	Male 45-49
40	Ross LAWRY	125.	1:44:50	Male 40-44

11th 827pts Falmouth Road Runners 3

Bib	Name	MF Pos	Time	AG
89	David FOY	99.	1:42:36	Male 45-49
172	Andrew LAURIE	102.	1:42:56	Male 55-59
210	Richard TOSIC	113.	1:44:07	Male 50-54
507	Gary DUXBURY	124.	1:44:46	Male 60-64
443	Paul SYRETT	153.	1:48:51	Male 45-49
211	Malcolm WARD	236.	1:59:14	Male 60-64

12th	848pts	Truro Running Club 2			
	Bib	Name	MF Pos	Time	AG
	693	Steve CARTER	73.	1:36:53	Male 45-49
	447	Stephen JONES	121.	1:44:31	Male 35-39
	256	James SKEPLORN	126.	1:45:01	Male 35-39
	109	Julian SPENCER	162.	1:49:30	Male 50-54
	185	Andrew FERGUSON	164.	1:49:36	Male 50-54
	295	Mark MAIDWELL-SMITH	202.	1:54:23	Male 60-64

13th	880pts	St Austell Running Club 4			
	Bib	Name	MF Pos	Time	AG
	401	Daniel BRAY	130.	1:45:15	Male 35-39
	456	Bill HILL	133.	1:45:42	Male 45-49
	144	Tony MORRIS	140.	1:46:42	Male 55-59
	205	Andy CHASE	146.	1:47:51	Male 17-34
	70	Andrew WHERRY	151.	1:48:47	Male 17-34
	91	Paul TRUDGEON	180.	1:51:30	Male 35-39

14th	1031pts	Hayle Runners 2			
	Bib	Name	MF Pos	Time	AG
	71	Phillip JOHNS	112.	1:44:04	Male 17-34
	672	Robert RICHARDS	123.	1:44:45	Male 65-69
	300	Andy MOORE	179.	1:51:29	Male 60-64
	79	Mike ORCHARD	181.	1:51:32	Male 60-64
	419	Derek SMITH	217.	1:56:03	Male 55-59
	568	Richard COLLETT	219.	1:56:12	Male 35-39

15th	1148pts	Mounts Bay Harriers 1			
	Bib	Name	MF Pos	Time	AG
	75	Tim TWIGGS	52.	1:33:52	Male 50-54
	573	Caleb MUNDAY	190.	1:52:56	Male 40-44
	429	Simon BLACKBURN	199.	1:54:03	Male 55-59
	296	Keith GALE	226.	1:58:14	Male 45-49
	593	Simon JONES	227.	1:58:14	Male 45-49
	108	Paul HOOPER	254.	2:03:13	Male 55-59

16th	1251pts	Looe Pioneers 1			
	Bib	Name	MF Pos	Time	AG
	166	Mark DEACON	29.	1:28:11	Male 17-34
	598	Mark GRASSAM	114.	1:44:09	Male 45-49
	232	Christian BOYCE	188.	1:52:47	Male 45-49
	189	Jon JONES	295.	2:12:28	Male 45-49
	555	Andrew ELLIOTT	311.	2:16:33	Male 50-54
	595	Mick TORRES	314.	2:19:46	Male 55-59

17th	1339pts	St Austell Running Club 5			
	Bib	Name	MF Pos	Time	AG
	99	Mark TREGENZA	183.	1:51:41	Male 45-49
	688	Gareth ROWETT	216.	1:55:46	Male 17-34

355	Andrew JAY	230.	1:58:30	Male 40-44
19	Martin TRETHERWEY	233.	1:58:46	Male 50-54
68	Clive GIBBS	235.	1:59:04	Male 50-54
42	Andrew GEACH	242.	2:00:07	Male 17-34

Team Results - Female

1st	171pts	Hayle Runners 1			
	Bib	Name	MF Pos	Time	AG
	596	Rebecca TOSSELL	10.	1:41:43	Female 35-39
	626	Debbie HARRISON-WEBB	12.	1:42:36	Female 45-49
	316	Clare HUGHES	32.	1:51:03	Female 40-44
	369	Corinne GERRARD	33.	1:51:21	Female 45-49
	589	Helen KNOWLES	41.	1:53:43	Female 40-44
	326	Debbie MITCHELL	43.	1:54:08	Female 40-44
2nd	208pts	Falmouth Road Runners 1			
	Bib	Name	MF Pos	Time	AG
	663	Emma MOSSOP	6.	1:40:46	Female 45-49
	222	Hannah TIPPETTS	15.	1:43:53	Female 17-34
	240	Rosie BRADBURY	16.	1:43:55	Female 17-34
	220	Vicky FLEET	31.	1:50:31	Female 40-44
	267	Janet WATSON	64.	2:00:31	Female 65-69
	261	Jackie COPE	76.	2:02:45	Female 60-64
3rd	232pts	Newquay Road Runners 1			
	Bib	Name	MF Pos	Time	AG
	550	Lisa TALLING	21.	1:47:20	Female 50-54
	206	Anna CARTER	22.	1:48:27	Female 17-34
	551	Sophie TALLING	28.	1:50:21	Female 17-34
	215	Amy GREGORY	45.	1:54:39	Female 17-34
	495	Lisa PLAYER	50.	1:55:44	Female 55-59
	405	Lynsey WHITE	66.	2:01:00	Female 17-34
4th	277pts	St Austell Running Club 1			
	Bib	Name	MF Pos	Time	AG
	305	Stacie MARKS	5.	1:40:44	Female 17-34
	81	Joanna COLLINS	20.	1:47:04	Female 17-34
	675	Tara KERLEY	35.	1:52:34	Female 17-34
	350	Gennara BRAY	70.	2:01:50	Female 17-34
	319	Taryn MONTGOMERY-SMITH	72.	2:02:17	Female 40-44
	63	Georgina SPEAKE	75.	2:02:41	Female 40-44
5th	408pts	Cornwall AC 1			
	Bib	Name	MF Pos	Time	AG
	379	Amanda HEWITT	23.	1:48:40	Female 45-49
	632	Kerrie HUTCHINSON	30.	1:50:28	Female 17-34
	512	Jo COX	38.	1:53:03	Female 40-44
	438	Tamzin DAVEY	61.	2:00:13	Female 45-49
	585	Caroline VINNICOMBE	126.	2:13:44	Female 45-49
	374	Bryony HALLIDAY	130.	2:15:05	Female 17-34
6th	450pts	Hayle Runners 2			
	Bib	Name	MF Pos	Time	AG
	321	Trish MERRETT	46.	1:55:00	Female 50-54

579	Zoe LOCK	47.	1:55:08	Female 35-39
62	Emily ELLEN	48.	1:55:26	Female 35-39
278	Diane WARREN	53.	1:57:29	Female 60-64
317	Ruth PHILLIPS	112.	2:10:53	Female 40-44
621	Fiona GAMBLE	144.	2:18:01	Female 17-34

7th 484pts JP Fitness Cornwall 1

Bib	Name	MF Pos	Time	AG
297	Rachel WALLIS	24.	1:48:53	Female 40-44
245	Sarah ARTHUR	74.	2:02:40	Female 45-49
291	Jane PETT	92.	2:05:31	Female 40-44
41	Sharon KINSELLA	93.	2:05:32	Female 40-44
510	Jo MINERS	100.	2:07:16	Female 40-44
561	Joanne BARRY	101.	2:07:16	Female 40-44

8th 528pts Truro Running Club 1

Bib	Name	MF Pos	Time	AG
177	Jennifer DAVIES	18.	1:45:53	Female 17-34
513	Katie SPENCER	37.	1:53:02	Female 45-49
434	Sue MANSFIELD	54.	1:57:52	Female 55-59
390	Claire TULLETT	85.	2:04:30	Female 17-34
613	Lisa BUSCOMBE	153.	2:20:42	Female 45-49
628	Lizzie HASELL	181.	2:26:26	Female 35-39

9th 612pts Carn Runners 1

Bib	Name	MF Pos	Time	AG
446	Wietske HANSEN	29.	1:50:25	Female 50-54
290	Laura MILLWARD	88.	2:04:49	Female 55-59
415	Rebecca ALLEN	90.	2:05:04	Female 17-34
186	Jennifer FORBES	104.	2:07:44	Female 17-34
94	Margaret WADE	147.	2:18:37	Female 65-69
97	Kathryn MARSH	154.	2:21:07	Female 40-44

10th 616pts St Austell Running Club 2

Bib	Name	MF Pos	Time	AG
322	Joanna SKYBA	86.	2:04:35	Female 35-39
20	Charlie TRETHERWEY	87.	2:04:36	Female 40-44
505	Kim CSECHI	91.	2:05:21	Female 35-39
306	Paula VIEIRA	105.	2:08:46	Female 40-44
557	Miranda GREER	118.	2:13:01	Female 35-39
312	Karina BOWERS	129.	2:15:03	Female 35-39

11th 930pts Looe Pioneers 1

Bib	Name	MF Pos	Time	AG
202	Mandy GIBSON	4.	1:38:45	Female 40-44
554	Tania ELLIOTT	131.	2:15:16	Female 45-49
594	Linda CUFF	133.	2:16:03	Female 50-54
364	Nina BOND	214.	2:41:10	Female 17-34
498	Lynne OVERD	222.	2:51:39	Female 55-59
519	Anna SOBOL	226.	3:10:09	Female 17-34

12th 1040pts St Austell Running Club 3

Bib	Name	MF Pos	Time	AG
133	Alison TALEN	135.	2:16:12	Female 40-44
181	Hannah ADAMS	159.	2:21:36	Female 40-44
67	Hannah WATTS	169.	2:23:33	Female 17-34
66	Debbie GIBBS	170.	2:23:33	Female 50-54
31	Kim FELL	200.	2:31:53	Female 17-34
264	Patsy RALLS	207.	2:37:03	Female 50-54

13th 1103pts Falmouth Road Runners 2

Bib	Name	MF Pos	Time	AG
246	Jolene TURNER	140.	2:17:34	Female 40-44
307	Sarah WEBB	165.	2:22:48	Female 45-49
199	Christina LAKE	187.	2:29:13	Female 60-64
117	Debra CLARKE	191.	2:30:15	Female 50-54
262	Terry MARSHALL	205.	2:34:18	Female 70-74
208	Diana RAIKER	215.	2:42:27	Female 17-34