

Cornish Marathon2018

Sunday 4 November 2018. 10:00 am
Results for All Competitors in finish order.

<u>Place</u>	<u>Time</u>	<u>Name</u>	<u>Team</u>	<u>Category</u>
1	2:35:29	NASH, Dan	Cardiff AAC	Male Under 35
2	2:44:59	ALSOP, Daniel	St Austell Running Club	Male Vet 35-39
3	2:48:41	NICHOLAS, Stuart	St Austell Running Club	Male Under 35
4	2:52:35	SMERDON, Marc	East Cornwall Harriers	Male Under 35
5	2:58:02	WILLIAMS, Simon S	St Austell Running Club	Male Vet 45-49
6	3:07:22	MASTERS, Jamie	St Austell Running Club	Male Under 35
7	3:09:03	STONE, Dave	Exeter Harriers	Male Vet 45-49
8	3:11:55	BIRD, Jamie	100 Marathon Club	Male Vet 50-54
9	3:12:42	BABBS, Steve	Newquay Road Runners	Male Vet 50-54
10	3:14:06	ROBINSON, Hugh	Okehampton Running Club	Male Vet 40-44
11	3:15:31	FOX, Danny	Truro Running Club	Male Vet 40-44
12	3:15:44	FULLER, Stephen	Hayle Runners	Male Vet 50-54
13	3:17:18	WISNER, John	St Austell Running Club	Male Vet 45-49
14	3:17:21	CARR, James		Male Vet 35-39
15	3:19:19	CARTER, Paul	Okehampton Running Club	Male Vet 50-54
16	3:19:36	DEACON, Mark	Looe Pioneers	Male Under 35
17	3:19:58	BARNET, James	Falmouth Road Runners	Male Under 35
18	3:20:35	ADAMS, Tim	St Austell Running Club	Male Vet 45-49
19	3:22:40	SHEPHERD, David	Plymouth Musketeers RC	Male Vet 35-39
20	3:22:43	TAYLOR, Allen	Teinbridge Trotters	Male Vet 45-49
21	3:24:30	VOADEN, Roger	Okehampton Running Club	Male Vet 50-54
22	3:24:50	TEDDER, Dale	Looe Pioneers	Male Vet 35-39
23	3:25:10	WILLIAMS, Gary	Looe Pioneers	Male Vet 35-39
24	3:26:41	MASON, Lance	Teinbridge Trotters	Male Vet 55-59
25	3:26:52	JEFFERY, Alan		Male Vet 45-49
26	3:26:58	WATSON, Robin	Falmouth Road Runners	Male Vet 50-54
27	3:27:10	BOUMPHREY, Steve		Male Vet 45-49
28	3:27:44	HAM, Richard	Team H	Male Under 35
29	3:27:47	LAKE, Emma	Erme Valley Harriers	Female Vet 40-44
30	3:29:28	HIRONS, Sarah	Erme Valley Harriers	Female Vet 35-39
31	3:30:03	MUSSON, Stuart	Truro Running Club	Male Vet 35-39
32	3:30:25	POWELL, Simon	Mud Crew	Male Vet 35-39
33	3:30:31	NICHOLLS, Daniel	St Austell Running Club	Male Under 35
34	3:33:11	JACKSON, Matthew		Male Under 35
35	3:33:43	MONTGOMERY-SMITH, Phil	St Austell Running Club	Male Vet 45-49
36	3:34:04	CLARKE, Peter	Tamar Trotters	Male Vet 40-44
37	3:34:10	BAYLY, Marc	Newquay Road Runners	Male Vet 40-44
38	3:35:08	BLEE, Matt	Running Forever Running Club	Male Under 35
39	3:35:11	ROBERTS, Adam	Exeter Harriers	Male Under 35
40	3:35:13	HAYWOOD, Nigel	Purbeck Runners	Male Vet 60-64
41	3:35:14	LI, Jordan	Team H	Male Under 35
42	3:35:26	WHARTON, Samantha	Running Forever Taunton	Female Vet 40-44
43	3:35:40	BROWN, Steve	Falmouth Road Runners	Male Vet 50-54
44	3:35:50	BUSCOMBE, Jessica	St Austell Running Club	Female Under 35
45	3:36:04	ROY, Diane	East Cornwall Harriers	Female Vet 55-59
46	3:36:18	ROBINSON, Joanne	Looe Pioneers	Female Vet 40-44
47	3:36:48	WILLIAMS, Alan	Tamar Trotters	Male Vet 35-39
48	3:36:50	BRYANT, Graham	Okehampton Running Club	Male Under 35
49	3:36:55	COSTELLO, Daniel	Hayle Runners	Male Under 35
50	3:38:42	BRADLEY, Matt	Team H	Male Vet 45-49
51	3:39:18	GAULD, Matthew	South West Road Runners	Male Vet 40-44
52	3:39:45	WEBB, Martin	Running Forever Running Club	Male Vet 40-44

53	3:40:07	TREBILCOCK, Mark	Cornwall AC	Male Vet 55-59
54	3:40:42	SCHUMANN, Lyal		Male Vet 40-44
55	3:40:59	PERCY-HUGHES, Eddie		Male Vet 35-39
56	3:41:42	HARVEY, Darren	East Cornwall Harriers	Male Vet 40-44
57	3:41:42	LITTLEWOOD, Ian	East Cornwall Harriers	Male Vet 40-44
58	3:42:25	WHERRY, Alan	St Austell Running Club	Male Vet 50-54
59	3:42:41	MATHEWS, Ross		Male Vet 40-44
60	3:43:28	HATELEY, Katie	Stilton Striders	Female Vet 40-44
61	3:44:12	ROWE, Tim		Male Vet 40-44
62	3:44:38	BATHE, Colin	Truro Running Club	Male Vet 45-49
63	3:45:38	BALDWIN, Katie	Plymouth Musketeers RC	Female Under 35
64	3:45:48	BREMNER, Jane	Tamar Trotters	Female Vet 60-64
65	3:45:52	TOURELL-HARRIS, Jon	East Cornwall Harriers	Male Vet 45-49
66	3:45:57	LANGSTAFF, Emma	Looe Pioneers	Female Vet 40-44
67	3:48:03	JEWETT, Melanie	100 Marathon Club	Female Vet 45-49
68	3:48:29	SPENCER, Julian	Truro Running Club	Male Vet 50-54
69	3:49:11	FOSTER, Richard	Launceston Road Runners	Male Vet 45-49
70	3:49:24	BRADBURY, Rosie	Falmouth Road Runners	Female Under 35
71	3:49:24	SOPP, Tom	Falmouth Road Runners	Male Vet 40-44
72	3:49:24	HARGREAVES, Pez	Falmouth Road Runners	Male Vet 50-54
73	3:49:34	PROUSE, Martyn		Male Vet 40-44
74	3:49:51	SPEAKE, David	St Austell Running Club	Male Vet 45-49
75	3:50:13	BEARD, Robert	Bodmin Road Runners	Male Vet 50-54
76	3:50:18	JARRAM, Benjamin	Launceston Road Runners	Male Under 35
77	3:51:10	BROWN, Steven	UK Run Chat	Male Vet 35-39
78	3:51:25	KEY, Bethany		Female Under 35
79	3:51:31	KINGSCOTT, Thomas		Male Under 35
80	3:51:43	JONES, Stephen	Truro Running Club	Male Vet 35-39
81	3:51:51	MORGAN, Martin	Bodmin Road Runners	Male Vet 60-64
82	3:52:39	ANGILLEY, Jayne	Cornwall AC	Female Vet 55-59
83	3:52:40	SPIVEY, Gary	Looe Pioneers	Male Vet 40-44
84	3:53:00	BLACKBURN, Amy	Mile High Running Club	Female Under 35
85	3:53:54	BURMAN, Debbie		Female Vet 35-39
86	3:54:07	KELLY, Nicola		Female Vet 35-39
87	3:55:00	BURGESS, Andrew	Running Forever Running Club	Male Vet 45-49
88	3:55:34	PICK, Robert	East Cornwall Harriers	Male Vet 60-64
89	3:56:05	CRANE, Jon	Running for Time	Male Vet 50-54
90	3:57:09	QUEEN, Stuart	Plymouth Musketeers RC	Male Vet 45-49
91	3:57:43	HICKEY, James		Male Under 35
92	3:57:46	ARROWSMITH, Paul	East Cornwall Harriers	Male Vet 40-44
93	3:57:48	GIBSON, Amanda	Looe Pioneers	Female Vet 40-44
94	3:57:55	DENSON, Simon	Running Forever Running Club	Male Vet 45-49
95	3:58:15	MACAULEY, Alan	Tamar Trotters	Male Vet 50-54
96	3:58:18	WALDRON, Ally	Vegan Runners UK	Female Vet 45-49
97	3:58:20	RICKSON, Leanne		Female Vet 40-44
98	3:58:32	TALLING, Glyn	Newquay Road Runners	Male Vet 45-49
99	3:58:52	STEPHENS, Emma	Bodmin Road Runners	Female Under 35
100	3:58:53	FRENCH, Martin	Plymouth Musketeers RC	Male Vet 40-44
101	3:59:00	MARKS, Stacie	St Austell Running Club	Female Under 35
102	3:59:07	SHAPLAND, Harry	Storm	Male Under 35
103	4:00:55	HOSKEN, Richard		Male Vet 40-44
104	4:02:07	KNOWLES, Helen	Hayle Runners	Female Vet 40-44
105	4:02:38	WALLBANK, Rob		Male Vet 35-39
106	4:03:00	MCDIARMID, James		Male Vet 50-54
107	4:03:09	CULLERTON, Mark	Plymouth Musketeers RC	Male Vet 45-49
108	4:03:39	BANFIELD, Andrew		Male Vet 35-39
109	4:03:42	LESTER, David		Male Vet 50-54
110	4:04:05	SHARPLES, Paul	Teinbridge Trotters	Male Vet 60-64
111	4:04:09	CRABB, Sally	Looe Pioneers	Female Vet 40-44

112	4:04:16	HITCHENS, Wietske	Carn Runners	Female Vet 50-54
113	4:04:31	HARTILL, Gail	Bodmin Road Runners	Female Vet 40-44
114	4:04:37	ZINN, Simon		Male Vet 35-39
115	4:04:58	BUNTING, Colin	Tamar Trotters	Male Vet 50-54
116	4:05:14	STAYNER, Neal		Male Vet 50-54
117	4:05:42	TURNER, Kerry		Female Vet 40-44
118	4:05:44	COLLINS, Joanna	St Austell Running Club	Female Under 35
119	4:06:11	MARTIN, John	Running Forever Taunton	Male Vet 40-44
120	4:06:22	WHITTAKER, Nicholas	Newquay Road Runners	Male Vet 50-54
121	4:07:14	BROWN, Bob	East Cornwall Harriers	Male Vet 45-49
122	4:07:29	HEWITT, Chris		Male Under 35
123	4:07:34	OSBORNE, Barry	PB Running	Male Vet 45-49
124	4:08:12	JEFFREY-JONES, Monique	Bodmin Women's RC	Female Vet 45-49
125	4:08:19	ALLEN, Peter	Newquay Road Runners	Male Vet 60-64
126	4:09:24	CIANO, Phillip	Newquay Road Runners	Male Vet 50-54
127	4:09:37	SPENCER, Christopher		Male Vet 55-59
128	4:09:43	BULLOCK, Katie	Newquay Road Runners	Female Under 35
129	4:10:04	SPURRELL, Adrain		Male Vet 55-59
130	4:10:09	JAMESON, David		Male Vet 60-64
131	4:11:35	THOMAS, Mark	Truro Running Club	Male Vet 45-49
132	4:11:45	PULLEN, Marsh		Male Vet 35-39
133	4:12:34	GERRARD, Corrine	Hayle Runners	Female Vet 45-49
134	4:12:34	BARRETT, Chris	Hayle Runners	Male Vet 45-49
135	4:12:38	HYNES, Jane	Launceston Road Runners	Female Vet 50-54
136	4:13:01	DOBSON, Mark		Male Vet 35-39
137	4:14:04	PANAGIOTIS, Mystridis		Male Under 35
138	4:14:26	HILL, Jeremy	St Austell Running Club	Male Vet 35-39
139	4:14:56	BAKER, Sean	Looe Pioneers	Male Vet 40-44
140	4:14:58	WILLIAMS, Guy	Yeovil Town Road Running Club	Male Vet 50-54
141	4:15:08	WATTS, Shaun	North Devon Road Runners	Male Vet 45-49
142	4:15:20	HEAD, Martin	Beer Alston Trekkers	Male Vet 50-54
143	4:15:30	IRWIN, Mike		Male Vet 50-54
144	4:15:58	GUNN, Chris	Running Forever Running Club	Male Vet 45-49
145	4:16:07	MCAUGHEY, Peter	Launceston Road Runners	Male Vet 45-49
146	4:16:20	HARRISON, Nick	Launceston Road Runners	Male Vet 40-44
147	4:16:21	YEOMAN, James		Male Vet 40-44
148	4:16:37	HUMPHRIES, Andy		Male Vet 50-54
149	4:16:57	POLLARD, Tim		Male Vet 50-54
150	4:17:02	SMILES, Sam	Tamar Trotters	Male Under 35
151	4:17:04	DAW, Sharon	East Cornwall Harriers	Female Vet 50-54
152	4:17:19	MILLS, Jenny	Launceston Road Runners	Female Vet 65-69
153	4:17:30	JAY, Andrew	St Austell Running Club	Male Vet 40-44
154	4:17:47	PECK, Crispin	Tamar Trotters	Male Vet 50-54
155	4:18:14	STEPHENS, Jane	Bodmin Road Runners	Female Vet 50-54
156	4:18:22	GREER, Michael	St Austell Running Club	Male Vet 35-39
157	4:18:24	MCLEAN, Luke	Mounts Bay Harriers	Male Vet 35-39
158	4:18:27	COLLINS, Beverley	Running Forever Running Club	Female Vet 55-59
159	4:18:28	CATNACH, Alison	Looe Pioneers	Female Vet 40-44
160	4:18:49	JEFFERY, Jason	Launceston Road Runners	Male Vet 45-49
161	4:18:59	MOORE, Jane	St Austell Running Club	Female Vet 55-59
162	4:19:07	MILLWARD, Laura	Carn Runners	Female Vet 55-59
163	4:19:44	ALSOP, Doug	St Austell Running Club	Male Vet 70+
164	4:19:55	HOUGHTON, John	Stilton Striders	Male Vet 50-54
165	4:20:57	EVENDEN, Paul	Tamar Trail Runners	Male Vet 50-54
166	4:21:17	TALLING, Lisa	Newquay Road Runners	Female Vet 50-54
167	4:21:21	WHITLEY, Helen	Tamar Trotters	Female Vet 40-44
168	4:21:21	JONES, Mike	Tamar Trotters	Male Vet 45-49
169	4:21:22	YOUNG, Stephen	100 Marathon Club	Male Vet 45-49
170	4:21:24	GARAGHON, Jordan		Male Under 35

171	4:21:24	BARBER, Simon		Male Vet 40-44
172	4:21:56	HALL, Peter	Running Forever Running Club	Male Vet 60-64
173	4:22:15	FLEVAS, Costas	100 Marathon Club	Male Vet 35-39
174	4:22:16	NICHOLLS, Meeta	East Cornwall Harriers	Female Vet 40-44
175	4:22:23	PEDRICK, Richard	South West Road Runners	Male Under 35
176	4:22:38	HENDERSON, Matthew	St Austell Running Club	Male Under 35
177	4:22:45	PATEMAN, Scott	St Austell Running Club	Male Vet 45-49
178	4:23:20	CHALLIS, Emma	Cats Protection	Female Vet 45-49
179	4:23:21	ROBINSON, Sarah	Plymouth Musketeers RC	Female Vet 40-44
180	4:23:21	HOATSON, Chloe	Plymouth Musketeers RC	Female Vet 35-39
181	4:23:46	GILES, Alan	St Austell Running Club	Male Under 35
182	4:23:49	WARNER, Mandy		Female Vet 45-49
183	4:24:09	BEARD, Sharon	Bodmin Road Runners	Female Vet 45-49
184	4:24:12	ARGUE, Tanya	Beer Alston Trekkers	Female Vet 45-49
185	4:24:12	BIRCH, Lisa	Beer Alston Trekkers	Female Vet 50-54
186	4:24:31	GOY, Lucy	JP Fitness Cornwall	Female Vet 40-44
187	4:24:32	WALLIS, Rachel	JP Fitness Cornwall	Female Vet 40-44
188	4:24:45	SPEAKE, Adam	Tamar Trotters	Male Vet 50-54
189	4:25:09	BUTLER, Damon	Running Forever Running Club	Male Vet 50-54
190	4:25:13	BICKLE, Andrew	Tamar Trail Runners	Male Vet 60-64
191	4:25:43	LOCKYER, James	East Cornwall Harriers	Male Vet 60-64
192	4:26:06	MORAN, Tim	Carn Runners	Male Vet 35-39
193	4:26:06	MOORE, Jake		Male Under 35
194	4:26:06	MALONEY, Matt	Carn Runners	Male Under 35
195	4:26:06	JOHNSON, Paul	St Austell Running Club	Male Under 35
196	4:26:11	LOCKETT, Patrick	Newquay Road Runners	Male Vet 70+
197	4:26:12	MILES, Carl		Male Vet 40-44
198	4:26:46	HUGHES, Alan	Bodmin Road Runners	Male Under 35
199	4:27:19	HIGHAM, Andy	Running Forever Running Club	Male Vet 50-54
200	4:27:23	HUNT, John	Running Forever Running Club	Male Vet 55-59
201	4:27:38	RENNELLS, Keith		Male Vet 55-59
202	4:28:06	CLARKE, Ben		Male Under 35
203	4:28:31	PROWSE, Kirsty	DSFRS Running Club	Female Under 35
204	4:28:31	TAPP, Sara	Team H	Female Vet 45-49
205	4:28:33	BARRIBALL, Julie	Launceston Road Runners	Female Vet 50-54
206	4:28:35	SHIPTON, Jason	Launceston Road Runners	Male Vet 45-49
207	4:28:39	BUDGE, Claire	St Austell Running Club	Female Vet 40-44
208	4:29:01	JONES, Stephen	Carn Runners	Male Vet 45-49
209	4:29:15	LEACH, Ben		Male Vet 40-44
210	4:29:30	REAH, Christopher	Running Forever Running Club	Male Vet 40-44
211	4:29:56	WEBB, Jane		Female Vet 50-54
212	4:29:58	ROWETT, Gareth	St Austell Running Club	Male Under 35
213	4:30:02	WALKER, Karl	St Austell Running Club	Male Vet 55-59
214	4:30:16	BAWLER, Ian	Running Forever Running Club	Male Vet 40-44
215	4:30:33	CROCK, Amy	Newquay Road Runners	Female Under 35
216	4:30:33	CROCK, Andy	Dawlish Coasters	Male Vet 60-64
217	4:30:57	YOUNG, Rachael	East Cornwall Harriers	Female Vet 45-49
218	4:31:03	GIBSON, Philip	Looe Pioneers	Male Vet 40-44
219	4:31:17	MARTIN, Samantha	Plymouth Musketeers RC	Female Vet 45-49
220	4:32:01	BOWERS, Karina	St Austell Running Club	Female Vet 35-39
221	4:32:45	JONES, Joshua		Male Under 35
222	4:32:51	GEARING, Nicola	Tri Logic Cornwall	Female Vet 35-39
223	4:32:58	LAWRY, Ross	St Austell Running Club	Male Vet 40-44
224	4:33:23	LOCK, Zoe	Hayle Runners	Female Vet 35-39
225	4:33:31	LAWES, Helen	Looe Pioneers	Female Vet 45-49
226	4:33:56	POULTNEY, Melissa	Mud Crew	Female Vet 35-39
227	4:33:56	SULLIVAN, Sharon	Carn Runners	Female Vet 45-49
228	4:34:15	TUER, Sally	Running Forever Running Club	Female Vet 60-64
229	4:34:20	DURSLEY, Paul	Lliswerfy Runners	Male Vet 65-69

230	4:34:24	BANDYSZEWSKI, Brian	Running Forever Running Club	Male Vet 55-59
231	4:35:19	BRAYBROOK, Holly		Female Vet 35-39
232	4:35:20	QUELCH, Jonathan	East Cornwall Harriers	Male Vet 45-49
233	4:35:23	JONES, Richard	100 Marathon Club	Male Vet 45-49
234	4:35:25	MARSHALL, Dave	Running Forever Running Club	Male Vet 35-39
235	4:36:43	MARSHALL, Debbie	St Austell Running Club	Female Vet 40-44
236	4:37:24	TOLLADAY, Claire		Female Vet 40-44
237	4:37:25	MARTIN, Gary	Plymouth Musketeers RC	Male Vet 45-49
238	4:37:25	LAMERTON, Maggie	Plymouth Musketeers RC	Female Vet 45-49
239	4:38:00	STEDMAN, Jane	100 Marathon Club	Female Vet 55-59
240	4:38:40	BAZELEY, Sarah	St Austell Running Club	Female Vet 50-54
241	4:38:50	MORGADO, Chole	Cornwall AC	Female Vet 40-44
242	4:38:51	BALL, Lisa		Female Under 35
243	4:39:30	TREMLETT, Sue	Teinbridge Trotters	Female Vet 55-59
244	4:39:55	MONTGOMERY-SMITH, Taryn	St Austell Running Club	Female Vet 40-44
245	4:40:38	EVANS, Mark	Tamar Trotters	Male Vet 55-59
246	4:40:38	MORRIS, Sean	Storm	Male Vet 45-49
247	4:41:05	KNELL, Stephen	Egdon Heath	Male Vet 40-44
248	4:41:52	TRUSCOTT, Neil	St Austell Running Club	Male Vet 40-44
249	4:43:23	HASKINS, Jackie		Female Vet 40-44
250	4:43:26	KELLY, Joanne	Canicross Cornwall	Female Vet 40-44
251	4:43:58	GROSE, Amy		Female Under 35
252	4:44:04	CAREY, Nicholas	Bodmin Road Runners	Male Vet 40-44
253	4:44:33	BISHOP, Gary	Plymouth Harriers	Male Vet 45-49
254	4:44:46	CHASE, Andy	St Austell Running Club	Male Under 35
255	4:45:00	FORSTER, Emma	Plymouth Musketeers RC	Female Vet 45-49
256	4:45:00	WHIPP, Chris	Plymouth Musketeers RC	Male Vet 50-54
257	4:45:40	SUDELL, John	East Cornwall Harriers	Male Vet 60-64
258	4:45:56	VARE, Gemma	Bodmin Road Runners	Female Under 35
259	4:46:08	GILBERT, Cara		Female Vet 40-44
260	4:46:56	KINVER, Karenza	Looe Pioneers	Female Under 35
261	4:46:56	KINVER, Tamsyn	Looe Pioneers	Female Under 35
262	4:47:15	PATEMAN, Gemma	St Austell Running Club	Female Vet 40-44
263	4:47:43	HARTILL, Taylor	Bodmin Road Runners	Male Under 35
264	4:47:44	HICKS, Derek	Beer Alston Trekkers	Male Vet 65-69
265	4:48:22	CULLERTON, Tracey	Plymouth Musketeers RC	Female Vet 45-49
266	4:48:45	DALES, Emma	East Cornwall Harriers	Female Vet 55-59
267	4:49:25	GIBBONS, Rebekah		Female Under 35
268	4:49:55	LOWE, Wendy	St Austell Running Club	Female Vet 60-64
269	4:49:55	EVANS, Lucy		Female Vet 40-44
270	4:50:18	ROWE, Melissa	St Austell Running Club	Female Vet 45-49
271	4:50:33	BENNETT, David	Plymouth Musketeers RC	Male Vet 45-49
272	4:50:33	POWELL, Cherry	Plymouth Musketeers RC	Female Vet 50-54
273	4:50:41	GOODRIGHT, Ray	East Cornwall Harriers	Male Vet 70+
274	4:50:54	WILLIAMS, Sandra	Running Forever Running Club	Female Vet 45-49
275	4:51:21	ARDEN, Graham	East Cornwall Harriers	Male Vet 50-54
276	4:51:42	JELLINGS, Clara		Male Vet 40-44
277	4:51:42	GOUGH, Anna		Female Vet 40-44
278	4:51:58	MURR, Rob	Running Forever Running Club	Male Vet 60-64
279	4:52:00	BATEMAN, Rebecca	Bodmin Road Runners	Female Vet 40-44
280	4:52:11	RINGER, Ian	Bodmin Road Runners	Male Vet 70+
281	4:52:45	CARTER, Anna	Newquay Road Runners	Female Under 35
282	4:52:49	MASKELL, Melanie	St Austell Running Club	Female Vet 50-54
283	4:53:55	SALTER, TJ	Storm	Female Vet 35-39
284	4:53:55	VAISEY, Simon		Male Under 35
285	4:54:07	MAYWOOD, Bryan	Looe Pioneers	Male Vet 50-54
286	4:54:13	WATSON, Janet	Falmouth Road Runners	Female Vet 65-69
287	4:54:21	CLIFFORD, Sam	Tamar Trail Runners	Female Vet 45-49
288	4:54:25	SAUNDERS, Lyndsey	East Cornwall Harriers	Female Vet 35-39

289	4:54:32	TIPPETT, Sarah	Mud Crew	Female Vet 45-49
290	4:54:52	HAWCROFT, Garath	Plymouth Musketeers RC	Male Vet 40-44
291	4:56:32	BRADY, John		Male Vet 55-59
292	4:56:37	ENGLAND, Emma	Bodmin Women's RC	Female Vet 50-54
293	4:56:51	PARSONS, Alison	Bodmin Women's RC	Female Vet 45-49
294	4:57:08	SPEAKE, Georgina	St Austell Running Club	Female Vet 40-44
295	4:57:27	DUTCHAK, Hannah	JP Fitness Cornwall	Female Under 35
296	4:57:27	PETT, Jane	JP Fitness Cornwall	Female Vet 40-44
297	4:58:13	GREEN, Mell	Tamar Trail Runners	Female Vet 45-49
298	4:58:13	POWELL, Andy	Tamar Trail Runners	Male Vet 45-49
299	4:58:15	OSWALD, Gary	Looe Pioneers	Male Vet 65-69
300	4:59:20	TRETHEWEY, Martin	St Austell Running Club	Male Vet 50-54
301	4:59:28	ASHTON, Debbie	Beer Alston Trekkers	Female Vet 45-49
302	4:59:28	ASHTON, Paul	Beer Alston Trekkers	Male Vet 50-54
303	5:00:02	WILCOX, David	Truro Running Club	Male Vet 40-44
304	5:00:23	BULLOCK, Rachel	Tamar Trotters	Female Vet 40-44
305	5:00:23	POWELL, Arlene		Female Under 35
306	5:00:23	MARSLAND, Louise	Plymouth Musketeers RC	Female Vet 35-39
307	5:01:16	CARTER, Nikki	Carn Runners	Female Vet 45-49
308	5:01:26	JONES, Oliver	East Cornwall Harriers	Male Vet 45-49
309	5:01:26	VAUGHNLEY, Craig	East Cornwall Harriers	Male Vet 45-49
310	5:01:27	SAUNDERS, Nick		Male Vet 35-39
311	5:02:05	MULVIHILL, Lorna	Plymouth Striders	Female Under 35
312	5:02:24	TRETHEWEY, Charlie	St Austell Running Club	Female Vet 40-44
313	5:03:02	BARLOW, Claire	Bodmin Road Runners	Female Vet 40-44
314	5:03:12	WALKER, Daniela	St Austell Running Club	Female Vet 45-49
315	5:03:18	LEWY, Lisa	Tamar Trotters	Female Vet 45-49
316	5:05:59	GOATMAN, Charlotte	Bodmin Women's RC	Female Under 35
317	5:07:28	BROWN, Adrian	Launceston Road Runners	Male Vet 40-44
318	5:07:30	NORRIS, Chris	Launceston Road Runners	Male Vet 40-44
319	5:08:10	MACKLIN, Lee	Running Forever Running Club	Male Vet 35-39
320	5:08:55	DAVIS, Steven	Beer Alston Trekkers	Male Vet 60-64
321	5:09:01	DE SILVA, Selina	Maverick Runners	Female Vet 60-64
322	5:09:12	YOUNG, Scott		Male Vet 50-54
323	5:09:58	PICKARD, Linda	Launceston Road Runners	Female Vet 55-59
324	5:10:06	WARDLE, Carly		Female Under 35
325	5:10:06	PAWLEY, Lisa		Female Vet 35-39
326	5:10:06	SAUNDERS, Mike	Plymouth Musketeers RC	Male Under 35
327	5:11:05	PIPER, Katharine		Female Vet 35-39
328	5:11:10	ROBERTS, Mary	Launceston Road Runners	Female Vet 45-49
329	5:11:12	NEWBERRY, Suzy		Female Vet 40-44
330	5:11:12	NEWBERRY, Graham		Male Vet 40-44
331	5:13:51	GAY, Jackie	Launceston Road Runners	Female Vet 50-54
332	5:14:06	BEARE, Alison		Female Vet 55-59
333	5:15:40	FOOTE, Terry		Male Vet 40-44
334	5:17:15	COPE, Jackie	Falmouth Road Runners	Female Vet 60-64
335	5:17:16	WILLCOCKS, Robert	Falmouth Road Runners	Male Vet 55-59
336	5:18:49	MILLS, Suzie	Teinbridge Trotters	Female Vet 35-39
337	5:19:29	GREAVES, Melanie	Beer Alston Trekkers	Female Vet 45-49
338	5:19:29	HARTE-LATREMOUILLE, Samantha	Beer Alston Trekkers	Female Vet 40-44
339	5:20:13	ROWLANDS, Kate	Falmouth Road Runners	Female Vet 35-39
340	5:20:53	BAXTER, Helen	Chard Road Runners	Male Vet 50-54
341	5:21:45	ALSWORTH, Michael	100 Marathon Club	Male Vet 65-69
342	5:22:31	HIRST, Rachel	Bungay Black Dog Running Club	Female Vet 50-54
343	5:23:08	ROBERTSON, Jen	Bodmin Road Runners	Female Vet 40-44
344	5:25:09	BIGNELL, Daniel	Storm	Male Under 35
345	5:29:53	SMITH, Katy	St Austell Running Club	Male Under 35
346	5:29:54	HOPE, Daniel	St Austell Running Club	Male Vet 35-39
347	5:30:55	BOYCE, Christian	Looe Pioneers	Male Vet 45-49

348	5:33:45	JACKSON, Steven	100 Marathon Club	Male Vet 55-59
349	5:33:45	DRAPER, Martin	Quantock Harriers	Male Vet 60-64
350	5:34:22	JONES, Jon	Looe Pioneers	Male Vet 45-49
351	5:38:17	SANFORD, Angela	Trent Park Trotters	Female Vet 55-59
352	5:40:15	HINGSTON, Natasha	Beer Alston Trekkers	Female Vet 45-49
353	5:40:16	HINGSTON, Shaun	Beer Alston Trekkers	Male Vet 40-44
354	5:40:44	CUTLAND, Jean	St Austell Running Club	Female Vet 50-54
355	5:40:44	JARVIS, Jodie	St Austell Running Club	Female Vet 40-44
356	5:40:51	MARTIN, Hayley Marie	Carn Runners	Male Vet 35-39
357	5:41:12	HICKS, Sabrina	Bodmin Road Runners	Female Vet 40-44
358	5:41:12	TAPHOUSE, Lesley	Bodmin Road Runners	Female Vet 55-59
359	5:41:14	PRITCHARD, Nikki		Female Vet 35-39
360	5:44:35	KITNEY-BAKER, Michelle-Sarah	Newquay Road Runners	Female Vet 45-49
361	5:44:38	WARREN, Raylisha	Plymouth Musketeers RC	Female Vet 35-39
362	5:44:38	REEVE, Paul	Carn Runners	Male Vet 50-54
363	5:44:47	LYNN, Rachel	Plymouth Musketeers RC	Female Under 35
364	5:44:47	YOUNGMAN, Paul	Plymouth Musketeers RC	Male Vet 55-59
365	5:45:53	DENNIS, Pauline	Bodmin Women's RC	Female Vet 55-59
366	5:45:55	PLAYER, Shirley	Bodmin Women's RC	Female Vet 45-49
367	5:45:57	BATH, Ann	26.2 Road Runners Club	Female Vet 70+
368	5:47:46	JELLEY, Mark	South West Road Runners	Male Vet 50-54
369	5:50:30	TREWEEK, Paul	Truro Running Club	Male Vet 55-59
370	5:51:16	BRUMHEAD, Kelly	Plymouth Musketeers RC	Female Vet 40-44
371	5:51:16	KING, Louise	Plymouth Musketeers RC	Female Vet 50-54
372	5:51:32	KING, Bryan	Plymouth Musketeers RC	Male Vet 65-69
373	5:51:35	DUNN, Vicki	Plymouth Musketeers RC	Female Vet 35-39
374	5:52:05	SHADDICK, Michelle	Plymouth Musketeers RC	Female Vet 45-49
375	5:52:05	KINGDOM-ANDREWS, Melanie	Plymouth Musketeers RC	Female Vet 40-44
376	5:53:43	EWART, Samantha	St Austell Running Club	Female Vet 40-44
377	5:53:43	HADFIELD, Dawn	St Austell Running Club	Female Vet 50-54
378	6:00:29	IVINS, Jane	Tamar Trotters	Female Vet 45-49
379	6:00:29	MEDDELTON, Melissa	Tamar Trotters	Female Vet 40-44
380	6:00:29	DEMOSTHENO, Nikki	Tamar Trotters	Female Vet 45-49
381	6:00:29	MCKINLEY, Hilda	Tamar Trotters	Female Vet 60-64
382	6:01:06	HAMBLEY, Sharon	Bodmin Women's RC	Female Vet 50-54
383	6:02:12	HEMENS, Claire	Falmouth Road Runners	Female Vet 55-59
384	6:02:54	DUDLEY, Michelle	St Austell Running Club	Female Vet 50-54
385	6:04:48	LIZUT, Bianca	Storm	Female Vet 35-39
386	6:04:52	HOWARD, Sarah	Bodmin Road Runners	Female Vet 45-49
387	6:06:15	OVERD, Lynne	Looe Pioneers	Female Vet 55-59
388	6:12:37	BOLITHO, Julie	Mounts Bay Harriers	Female Vet 50-54
389	6:12:48	BOXALL, Melanie	Falmouth Road Runners	Female Vet 55-59
390	6:15:58	POWELL, Jennifer	Vegan Runners	Female Vet 35-39
391	6:18:12	ANDREWS, Emma	Bodmin Women's RC	Female Under 35
392	6:18:12	LATHAM, Donna	Bodmin Women's RC	Female Vet 45-49
393	6:18:47	HEAD, Hilary	Beer Alston Trekkers	Female Vet 55-59
394	6:20:11	WYATT, Elizabeth	St Austell Running Club	Female Vet 50-54

<u>Pace</u>	<u>No</u>
05:55.9	354
06:17.7	307
06:26.2	432
06:35.1	442
06:47.6	127
07:08.9	301
07:12.8	447
07:19.4	133
07:21.2	449
07:24.4	217
07:27.6	72
07:28.1	422
07:31.7	94
07:31.8	228
07:36.3	188
07:37.0	75
07:37.8	303
07:39.2	205
07:44.0	375
07:44.1	86
07:48.2	233
07:48.9	289
07:49.7	270
07:53.2	147
07:53.6	413
07:53.8	298
07:54.3	258
07:55.6	276
07:55.7	55
07:59.5	378
08:00.9	285
08:01.7	282
08:01.9	119
08:08.1	77
08:09.3	112
08:10.1	229
08:10.3	251
08:12.5	411
08:12.6	265
08:12.7	118
08:12.7	53
08:13.2	396
08:13.7	144
08:14.1	69
08:14.7	437
08:15.2	277
08:16.3	367
08:16.4	336
08:16.6	95
08:20.7	174
08:22.1	296
08:23.1	403

08:23.9	308
08:25.3	347
08:25.9	89
08:27.6	440
08:27.6	22
08:29.2	180
08:29.8	30
08:31.6	166
08:33.3	269
08:34.3	220
08:36.6	381
08:36.9	319
08:37.1	405
08:37.3	96
08:42.1	191
08:43.1	379
08:44.7	254
08:45.2	318
08:45.2	101
08:45.2	268
08:45.6	158
08:46.2	206
08:47.1	32
08:47.2	48
08:49.2	78
08:49.8	148
08:50.0	99
08:50.5	363
08:50.8	361
08:52.6	423
08:52.7	50
08:53.4	297
08:55.5	444
08:56.0	31
08:58.0	402
08:59.3	1
09:00.5	152
09:02.9	142
09:04.2	29
09:04.3	433
09:04.4	237
09:04.7	399
09:05.4	115
09:05.6	164
09:05.6	132
09:06.1	346
09:06.9	360
09:06.9	159
09:07.2	261
09:07.4	426
09:11.6	167
09:14.3	317
09:15.5	111
09:16.3	292
09:16.7	177
09:17.8	117
09:17.9	255
09:18.8	190
09:19.0	66

09:19.2	293
09:19.8	121
09:20.0	353
09:20.8	280
09:21.4	218
09:22.5	227
09:22.6	208
09:23.6	401
09:24.0	201
09:26.0	448
09:26.6	421
09:26.8	356
09:28.2	414
09:28.5	266
09:31.0	185
09:31.5	259
09:31.7	23
09:32.5	214
09:32.7	138
09:36.0	283
09:36.4	445
09:38.2	135
09:38.2	136
09:38.4	13
09:39.3	102
09:41.7	17
09:42.5	369
09:43.6	373
09:43.7	193
09:44.1	162
09:44.6	243
09:44.9	271
09:46.0	410
09:46.4	6
09:46.8	103
09:46.9	4
09:47.5	249
09:48.3	15
09:48.5	351
09:48.5	100
09:49.1	323
09:49.5	334
09:50.2	350
09:51.2	328
09:51.5	338
09:51.6	257
09:51.7	391
09:51.7	241
09:52.5	163
09:52.9	122
09:53.2	210
09:54.6	253
09:55.1	165
09:57.4	245
09:58.2	412
09:58.3	326
09:58.3	263
09:58.4	90
09:58.5	267

09:58.5	371
09:59.7	387
10:00.4	203
10:00.4	439
10:00.7	114
10:01.3	284
10:01.5	215
10:02.9	186
10:02.9	407
10:02.9	420
10:03.9	40
10:04.0	316
10:04.7	33
10:04.9	236
10:04.9	244
10:05.6	409
10:05.6	97
10:06.1	230
10:07.0	393
10:07.2	108
10:08.3	441
10:09.2	344
10:09.2	345
10:09.2	310
10:09.2	343
10:09.4	357
10:09.4	76
10:10.7	306
10:12.0	418
10:12.1	398
10:12.7	129
10:13.8	70
10:14.7	240
10:14.7	146
10:14.8	302
10:14.9	337
10:15.0	105
10:15.9	104
10:16.4	332
10:17.0	406
10:18.0	434
10:18.1	246
10:18.2	47
10:18.8	394
10:19.4	60
10:19.4	67
10:20.3	12
10:20.5	238
10:21.1	169
10:22.8	36
10:24.4	71
10:24.7	368
10:24.9	38
10:25.9	273
10:26.2	279
10:27.1	380
10:27.1	288
10:27.9	395
10:28.1	194

10:28.2	428
10:30.3	82
10:30.4	355
10:30.5	286
10:30.5	416
10:33.5	79
10:35.1	187
10:35.1	168
10:35.1	173
10:36.5	80
10:38.0	43
10:38.4	384
10:38.4	125
10:39.9	359
10:40.8	113
10:42.5	377
10:42.5	424
10:43.5	124
10:45.3	340
10:48.8	358
10:48.9	333
10:50.1	341
10:50.3	212
10:51.5	382
10:52.0	61
10:52.5	374
10:52.5	161
10:54.0	189
10:54.6	204
10:55.1	5
10:56.9	198
10:56.9	202
10:57.6	213
10:58.7	430
10:58.7	312
11:00.2	176
11:01.1	281
11:02.6	137
11:03.7	19
11:03.7	25
11:04.6	62
11:05.2	417
11:05.2	376
11:05.5	274
11:06.0	392
11:07.0	331
11:07.8	49
11:07.8	39
11:08.4	390
11:08.5	299
11:08.9	207
11:10.2	309
11:10.4	126
11:12.9	145
11:12.9	446
11:13.4	239
11:13.6	226
11:13.9	252
11:14.0	195

11:14.3	109
11:15.1	400
11:18.9	427
11:19.1	335
11:19.6	386
11:20.3	141
11:21.0	120
11:21.0	10
11:22.7	232
11:22.7	231
11:22.8	321
11:25.3	56
11:25.6	149
11:25.6	150
11:26.9	41
11:27.7	322
11:27.7	431
11:27.7	35
11:29.7	87
11:30.1	110
11:30.1	2
11:30.1	408
11:31.6	221
11:32.3	151
11:33.8	184
11:34.2	45
11:34.4	20
11:40.5	325
11:43.9	9
11:44.0	128
11:45.5	388
11:47.2	330
11:47.5	116
11:47.9	153
11:49.6	155
11:50.0	389
11:50.0	52
11:50.0	130
11:52.2	364
11:52.4	73
11:52.5	42
11:52.5	134
11:58.5	3
11:59.1	372
12:02.7	156
12:06.3	140
12:06.4	46
12:09.9	8
12:11.4	315
12:11.4	235
12:13.1	27
12:14.6	196
12:16.6	262
12:18.4	314
12:19.8	342
12:24.4	216
12:35.2	83
12:35.3	84
12:37.6	64

12:44.1	91
12:44.1	85
12:45.5	65
12:54.5	81
12:59.0	305
12:59.0	304
13:00.1	311
13:00.1	425
13:00.4	88
13:01.2	300
13:01.2	18
13:01.2	92
13:08.9	278
13:09.0	383
13:09.0	327
13:09.4	175
13:09.4	21
13:11.9	26
13:12.0	24
13:12.0	264
13:16.2	171
13:22.5	98
13:24.2	182
13:24.2	247
13:24.8	248
13:24.9	179
13:26.1	438
13:26.1	14
13:29.8	170
13:29.8	197
13:45.3	224
13:45.3	223
13:45.3	225
13:45.3	222
13:46.7	74
13:49.2	339
13:50.8	160
13:55.2	234
13:55.3	131
13:58.5	183
14:13.1	290
14:13.5	28
14:20.8	365
14:25.9	44
14:25.9	34
14:27.2	242
14:30.4	37