

Truro Running Club

CLUB RULES AND CONSTITUTION

21st February 2018

1 Title

The name of the club shall be Truro Running Club.

2 Object

The object of the club shall be the promotion of amateur athletics.

3 Membership

(a) The club shall consist of amateurs according to the England Athletics' definition of an amateur.

(b) Application for membership must be made in writing to the club secretary and approved by a majority of the Management Committee.

(c) Each member shall pay a subscription decided at the Annual General Meeting or at a properly constituted Extraordinary General Meeting.

(d) Subscriptions must be paid for the current year before the member can compete for the club.

(e) To resign, a member must inform the Club Secretary or Membership Secretary in writing.

(f) Any member guilty of misconduct (i.e. behaviour contrary to the constitution or detrimental to the Club) may be cautioned once or expelled from the club by a majority decision of the Disciplinary Sub-Committee. Any person expelled will have the right to appeal to the Management Committee meeting called at his / her request not later than two weeks from the date of expulsion.

(g) The committee shall have power to expel any member whose subscription is two months in arrears provided a fortnights' notice in writing shall have been sent to such member by letter addressed to his / her last known address or email and informing him / her of the Committee's proposed action.

(h) The name and address of any person so expelled shall be sent to the Membership Services Administrator of England Athletics who shall enter the name in a book (to be called "The Suspension Book") kept for that purpose. The suspended person may not compete under England Athletics' Rules until the liability has been discharged.



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4 Management

- (a) The Management Committee shall consist of Chairman, Vice-Chairman, Secretary, Treasurer, and Membership Secretary (plus other elected officers) and such other members who will be elected at the Annual General Meeting.
- (b) The Management Committee has the power to co-opt extra members up to a limit of three, to create trustees and to form a sub-committee as and when considered necessary. In addition the Club coach or coaches together with Race Directors shall be ex-officio members of the Management Committee.
- (c) A President may also be chosen at the A.G.M.
- (d) The Management Committee shall meet at least six times a year.
- (e) The Management Committee shall from time to time as required appoint a Disciplinary Sub-Committee, which shall consist of the Chairman, Secretary and Head Coach plus two ordinary members selected by ballot from the Committee (but such appointments always subject to the avoidance of any conflict of interest).
- (f) A quorum for the Management Committee shall be a minimum of four officers /members attending.
- (g) All decisions will be by a majority vote, the Chairman having a casting vote in the event of a tie.
- (h) An auditor who must not be a committee member must be elected at the A.G.M.

5 Annual General Meeting

- (a) The A.G.M. will be held during February each year and the following business undertaken:
 - (i) Annual reports will be read and discussed.
 - (ii) The audited accounts will be presented.
 - (iii) The officers will be elected.
 - (iv) Any other matter specified on the agenda.
- (b) Motions to be put to the A.G.M. must be submitted in writing to the Club Secretary at least two weeks before the meeting.
- (c) The club rules / constitution may be changed only by a two thirds majority decision (but see also rule 7 below).
- (d) All other decisions will be by a majority vote, the Chairman having a casting vote in the event of a tie.
- (e) One quarter of all paid up members will constitute a quorum.

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(f) Only members of sixteen years and over will be eligible to vote.

6 Club Colours

(a) The colours of the club shall be a Royal vest with an Amber band.

(b) Club colours must be worn by all competitors representing the club at every competitive meeting / race.

7 Amendments to Rules & Constitution

(a) The management committee by a two thirds majority at a quorum meeting may propose amendment to the Rules & Constitution. The changes may be made only at the A.G.M. or at an extra-ordinary general meeting called for that purpose. Four week's notice must be given for any such E.G.M, the necessary quorum being one half of all paid up voting members. If the motion is passed at the A.G.M. or E.G.M. by a two thirds majority the amendment to the Rules & Constitution will be immediately adopted.

(b) Alternatively, ten ordinary paid up voting members may petition the club secretary in writing to call an E.G.M. whereupon the conditions in rule 7 (a) above will apply re: calling such meeting and voting at it.

(c) The above provisions (as set out in para.7(a) & para 7(b)) notwithstanding, the Management Committee may from time to time both propose and approve a rule or rules for the proper management and administration of the Club and/or may propose and approve terms and conditions for the proper conduct of events (including races, social and training runs, such rules, terms and/or conditions to come into immediate effect provided, firstly, that once approved by the Committee (by a two thirds majority as above) members are informed of such rules, terms and conditions within seven days by the Club Secretary using electronic mail and by means of a notice posted on the Club's Notice Board; and secondly, that any such rule or rules, terms and / or conditions which are intended to have effect beyond the end of the then current calendar year, are subsequently approved by simple majority of the next following AGM. In the event that such rules, terms and / or conditions fail to gain approval they shall be declared null and void. For the avoidance of doubt this provision (as set out in para. 7(c)) shall not apply to proposals for altering the rates of the annual subscriptions, nor to proposals for the dissolution of the Club as set out in para. 8 below.

(d) Any rule or rules, or terms and conditions intended to have effect beyond the date of the next following AGM shall be added to these Rules & Constitution by suitably worded and dated appendix.

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8 Dissolution

(a) The management committee by a two thirds majority at a quorum meeting may decide to dissolve the club. They must then call an E.G.M. giving four week's notice to all club members. If the motion is passed by a two thirds majority the club is then dissolved.

(b) Alternatively, ten ordinary paid up voting members may petition the secretary in writing to call an E.G.M. whereupon the conditions in rule 8(a) above will apply re calling such meeting and voting at it.

(c) Upon dissolution any funds remaining after meeting all debts will be donated to Cornwall Road Running and Racing Group to be used in the furtherance of amateur athletics in the county.