

NEWQUAY 10K – 4TH FEBRUARY 2018

POSITION	TIME	NAME	TEAM	CATEGORY	PACE	NO
1	0:33:35	BREWER, Tony	Mile High	Male Vet 35-39	05:24.2	92
2	0:33:59	BENNEY, Aaron	Mile High	Male Vet 35-39	05:28.0	314
3	0:34:29	SNOOK, Colin	Cornwall AC	Male Vet 40-44	05:32.9	228
4	0:34:43	WRIGHT, Tony	Cornwall AC	Male Vet 50-54	05:35.1	239
5	0:34:45	STEPHENSON, Jamie	Mile High	Male under 35	05:35.4	65
6	0:34:55	MORANT, Jordan	Hayle Runners	Male under 35	05:37.0	293
7	0:35:05	GOODCHILD, Sam	Cornwall AC	Male under 20	05:38.6	216
8	0:35:09	MARTIN, Andrew	Mile High	Male Vet 35-39	05:39.3	362
9	0:35:15	WHEAR, Paul	Cornwall AC	Male Vet 50-54	05:40.3	238
10	0:35:17	SELLORS, Tristan	Mounts Bay Harriers	Male under 35	05:40.6	117
11	0:35:43	COOPER, John	Plymouth Harriers	Male Vet 35-39	05:44.8	795
12	0:35:47	DANIELS, Alex	Newquay Road Runners	Male Vet 45-49	05:45.4	82
13	0:35:48	WILLIAMS, Simon S	St Austell Running Club	Male Vet 40-44	05:45.6	527
14	0:35:59	YATES, Matt	Cornwall AC	Male under 35	05:47.3	240
15	0:36:21	CUTLAN, James	St Austell Running Club	Male under 35	05:50.9	459
16	0:36:26	ALSOP, Dan	St Austell Running Club	Male Vet 35-39	05:51.7	457
17	0:36:27	STEPTO, Emma	Cornwall AC	Female Vet 45-49	05:51.8	202
18	0:36:30	MASTERS, Jamie	St Austell Running Club	Male under 35	05:52.3	490
19	0:36:31	COLACO, Jonny	Newquay Road Runners	Male Vet 45-49	05:52.5	19
20	0:36:45	WEBSTER, Craig	Newquay Road Runners	Male Vet 40-44	05:54.7	67
21	0:37:07	MARPLES, Alex	Truro Running Club	Male Vet 35-39	05:58.3	640
22	0:37:09	O'DWYER, Shaun	Truro Running Club	Male Vet 40-44	05:58.6	655
23	0:37:12	WHERRY, Steve	Hayle Runners	Male Vet 50-54	05:59.1	320
24	0:37:13	GREEVES, Gareth	Newquay Road Runners	Male under 35	05:59.2	68
25	0:37:19	SOLE, Paul	Cornwall AC	Male Vet 35-39	06:00.2	230
26	0:37:23	MURRANT, Kieran	Falmouth Road Runners	Male under 35	06:00.9	418
27	0:37:25	FULLER, Stephen	Hayle Runners	Male Vet 50-54	06:01.2	265
28	0:37:27	ROSENFELD, Thomas	Hayle Runners	Male Vet 35-39	06:01.5	305
29	0:37:28	WEBSTER, Mark	Cornwall AC	Male under 35	06:01.7	237
30	0:37:36	RAMSDEN, Clive	Bodmin Road Runners	Male Vet 40-44	06:02.9	584
31	0:37:37	ABRAHAM, Scott	Hayle Runners	Male Vet 45-49	06:03.1	241
32	0:37:38	DITTY, Graham	Mile High	Male Vet 35-39	06:03.3	579
33	0:37:44	ADAMS, Tim	St Austell Running Club	Male Vet 45-49	06:04.2	445
34	0:37:49	COOKSON, Neill	Hayle Runners	Male Vet 50-54	06:05.0	256
35	0:38:09	KNOWLES, Simon	Hayle Runners	Male Vet 40-44	06:08.3	279
36	0:38:14	SLEE, Ollie	Looe Pioneers	Male under 35	06:09.1	348
37	0:38:20	BRYDON, James	Bodmin Road Runners	Male under 35	06:10.0	585
38	0:38:25	FORMISANO, Giuliano	Cornwall AC	Male under 35	06:10.8	217
39	0:38:32	TREGENZA, Heidi	Cornwall AC	Female under 35	06:12.0	207
40	0:38:33	HARVEY, Darren	East Cornwall Harriers	Male Vet 40-44	06:12.1	721
41	0:38:42	WARMINGTON, Paul	Hayle Runners	Male Vet 35-39	06:13.6	319
42	0:38:45	STANDING, Rob	Truro Running Club	Male Vet 45-49	06:14.0	645
43	0:38:54	COULSON, Lee	Falmouth Road Runners	Male Vet 50-54	06:15.5	401
44	0:38:59	STEVENS, Paul	St Austell Running Club	Male Vet 40-44	06:16.3	510
45	0:39:04	KNUCKEY, Craig	Cornwall AC	Male Vet 45-49	06:17.1	221
46	0:39:06	ANDREWARTHA, David	Mounts Bay Harriers	Male under 35	06:17.4	142
47	0:39:15	BARRETT, Chris	Hayle Runners	Male Vet 45-49	06:18.9	246
48	0:39:18	JEPSON, Aidan	Truro Running Club	Male Vet 35-39	06:19.4	662
49	0:39:20	SAVAGE, Rich	Hayle Runners	Male Vet 50-54	06:19.7	308
50	0:39:21	MUTSAERS, Adrian	Mile High	Male Vet 45-49	06:19.8	225
51	0:39:24	KEY, Andrew	Carn Runners	Male under 35	06:20.3	780
52	0:39:25	BARNET, James	Falmouth Road Runners	Male under 35	06:20.5	396
53	0:39:31	SOLE, John	Cornwall AC	Male Vet 35-39	06:21.4	229
54	0:39:35	MEDLOCK, Bradley	Hayle Runners	Male Vet 35-39	06:22.1	289
55	0:39:38	ORCHARD, Ruby	Cornwall AC	Female Vet 35-39	06:22.6	196
56	0:39:39	TREMBATH, Robert	Hayle Runners	Male Vet 40-44	06:22.7	268
57	0:39:44	JACKSON, Brett	St Austell Running Club	Male under 35	06:23.5	475

58	0:39:45	PRESCOTT, Alex	Looe Pioneers	Male under 35	06:23.7	361
59	0:39:49	PAULL, Emma	Hayle Runners	Female under 35	06:24.3	276
60	0:39:57	ATTWOOD, James	Cornwall AC	Male Vet 45-49	06:25.6	184
61	0:40:10	BALL, Adrian	Cornwall AC	Male Vet 50-54	06:27.7	212
62	0:40:14	HALL, Lee	Newquay Road Runners	Male Vet 40-44	06:28.4	81
63	0:40:22	GILES, Alan	St Austell Running Club	Male under 35	06:29.7	467
64	0:40:26	SOLE, Amy	Cornwall AC	Female under 35	06:30.3	200
65	0:40:36	TAYLOR, James	Cornwall AC	Male under 35	06:31.9	227
66	0:40:37	CROWLE, Ben	Bodmin Road Runners	Male Vet 40-44	06:32.1	574
67	0:40:38	MANNING, James	Hayle Runners	Male Vet 35-39	06:32.2	285
68	0:40:43	BROWN, Steven	Falmouth Road Runners	Male Vet 50-54	06:33.0	735
69	0:40:50	KARPINSKI, Joshua		Male under 35	06:34.2	747
70	0:41:03	DAVIS, Martin	Newquay Road Runners	Male Vet 55-59	06:36.3	60
71	0:41:05	BERRY, Adrian	Tamar Trotters	Male Vet 40-44	06:36.6	556
72	0:41:08	SHIRLEY, Rich	St Austell Running Club	Male under 35	06:37.1	507
73	0:41:11	COX, Daniel	Bodmin Road Runners	Male under 35	06:37.5	566
74	0:41:15	BUSCOMBE, Jessica	St Austell Running Club	Female under 35	06:38.2	453
75	0:41:17	HERBERT, Lee	Plymouth Musketeers	Male Vet 40-44	06:38.5	168
76	0:41:22	BERRYMAN, Tom	Mounts Bay Harriers	Male under 35	06:39.3	107
77	0:41:29	STAFF, Dale	Looe Pioneers	Male Vet 40-44	06:40.4	382
78	0:41:33	PROSSER, Thomas	Mounts Bay Harriers	Male under 20	06:41.1	130
79	0:41:35	CHANNON, Lee	Cornwall AC	Male Vet 40-44	06:41.4	186
80	0:41:44	DAVIS, Glynn	Carn Runners	Male Vet 50-54	06:42.8	622
81	0:41:49	SAVAGE, Christian	Truro Goats Tri	Male Vet 35-39	06:43.7	822
82	0:41:49	GREER, Mike	St Austell Running Club	Male under 35	06:43.7	468
83	0:41:51	LOWE, Toby	Newquay Road Runners	Male Vet 45-49	06:44.0	6
84	0:41:51	WALKER, Chris N	Newquay Road Runners	Male Vet 45-49	06:44.0	31
85	0:41:54	EASTERBROOK, Joe	Mounts Bay Harriers	Male under 35	06:44.5	131
86	0:41:55	MURRAY, James	Newquay Road Runners	Male Vet 45-49	06:44.6	91
87	0:41:56	REID, Steve	St Austell Running Club	Male Vet 40-44	06:44.8	499
88	0:41:58	ROBINSON, Joanne	Looe Pioneers	Female Vet 40-44	06:45.1	334
89	0:42:01	MORRALL, Zelah	Cornwall AC	Female Vet 45-49	06:45.6	193
90	0:42:03	ULLMAN, Chris	East Cornwall Harriers	Male Vet 45-49	06:45.9	714
91	0:42:11	TWIGGS, Tim	Hayle Runners	Male Vet 50-54	06:47.2	316
92	0:42:18	WOODLEY, Kevin		Male Vet 40-44	06:48.3	243
93	0:42:22	KING, Melissa	Newquay Road Runners	Female under 35	06:49.0	29
94	0:42:26	WILLIAMS, Gary	Looe Pioneers	Male under 35	06:49.6	357
95	0:42:30	MASTERS, Nick	Hayle Runners	Male Vet 50-54	06:50.3	287
96	0:42:32	WILDING, David	Hayle Runners	Male Vet 40-44	06:50.6	321
97	0:42:36	SOPP, Thomas	Falmouth Road Runners	Male Vet 40-44	06:51.2	427
98	0:42:39	WEBBER, Simon	East Cornwall Harriers	Male Vet 60-64	06:51.7	717
99	0:42:40	HEWITT, David		Male Vet 45-49	06:51.9	438
100	0:42:44	DAVIS, Megan	Newquay Road Runners	Female under 35	06:52.5	58
101	0:42:45	POOLEY, Robert	Carn Runners	Male Vet 35-39	06:52.7	630
102	0:42:47	HARDING, Ben	East Cornwall Harriers	Male Vet 35-39	06:53.0	731
103	0:42:49	JOSE, Amy	Hayle Runners	Female under 35	06:53.3	273
104	0:42:53	BATHE, Colin	Truro Running Club	Male Vet 45-49	06:54.0	746
105	0:43:01	JOHNSON, Paul	St Austell Running Club	Male under 35	06:55.2	479
106	0:43:07	KNIGHT, David		Male under 35	06:56.2	304
107	0:43:08	RAGGETT, Donna	Cornwall AC	Female Vet 45-49	06:56.4	198
108	0:43:08	BEARD, Robert	Bodmin Road Runners	Male Vet 50-54	06:56.4	567
109	0:43:09	WALLBANK, Rob	St Austell Running Club	Male Vet 35-39	06:56.5	524
110	0:43:11	MOORE, David	Cornwall AC	Male Vet 45-49	06:56.8	224
111	0:43:12	RIDLER, Sam	Newquay Road Runners	Male under 35	06:57.0	1
112	0:43:15	CROWLE, Revis	East Cornwall Harriers	Female Vet 55-59	06:57.5	713
113	0:43:17	TALLING, Glyn	Newquay Road Runners	Male Vet 45-49	06:57.8	10
114	0:43:19	SNOWDEN, Jack	Falmouth Road Runners	Male under 20	06:58.1	416
115	0:43:20	JONES, Stephen	Truro Running Club	Male Vet 35-39	06:58.3	637
116	0:43:20	WILLIAMS, Ryan	Falmouth Road Runners	Male under 35	06:58.3	180
117	0:43:25	WILSON, Chris		Male Vet 50-54	06:59.1	748
118	0:43:28	MITCHELL, Scott	Newquay Road Runners	Male Vet 40-44	06:59.6	42

119	0:43:33	RAPSON, Nigel	St Austell Running Club	Male Vet 55-59	07:00.4	501
120	0:43:38	HOULDING, Harry	St Austell Running Club	Male under 35	07:01.2	473
121	0:43:40	CAVES, Matt	Tamar Trotters	Male under 35	07:01.5	557
122	0:43:42	CARDEW, Barrie	Carn Runners	Male Vet 55-59	07:01.8	594
123	0:43:47	HUGHES, Alan	Bodmin Road Runners	Male under 35	07:02.6	589
124	0:43:49	DAVIES, Andy	Newquay Road Runners	Male Vet 40-44	07:03.0	539
125	0:43:50	SAVAGE, Faye	Hayle Runners	Female Vet 40-44	07:03.1	307
126	0:43:53	HARRISON, Nick	Launceston Road Runners	Male Vet 40-44	07:03.6	707
127	0:43:55	TIMMS, Jake	Falmouth Road Runners	Male under 35	07:03.9	429
128	0:44:02	GOTEL, Xavier	Newquay Road Runners	Male Vet 45-49	07:05.1	75
129	0:44:10	SIMS, Nigel	Mounts Bay Harriers	Male Vet 55-59	07:06.3	104
130	0:44:10	HERD, Joanna	Newquay Road Runners	Female Vet 40-44	07:06.3	52
131	0:44:13	KEARNS, Joe	East Cornwall Harriers	Male Vet 55-59	07:06.8	723
132	0:44:17	FERGUSON, Andrew	Mud Crew Trail Runners	Male Vet 50-54	07:07.5	650
133	0:44:24	WEBSTER, Andrew		Male Vet 35-39	07:08.6	745
134	0:44:27	POLGLASE, Tom	Carn Runners	Male Vet 65-69	07:09.1	600
135	0:44:28	BENNETT, Charlotte	Hayle Runners	Female Vet 40-44	07:09.2	248
136	0:44:31	MOSSOP, Emma	Falmouth Road Runners	Female Vet 40-44	07:09.7	417
137	0:44:32	CLEMENTS, Colette	Newquay Road Runners	Female Vet 35-39	07:09.9	20
138	0:44:35	CHASE, Andy	St Austell Running Club	Male under 35	07:10.4	455
139	0:44:37	TOY, Scott	Falmouth Road Runners	Male Vet 35-39	07:10.7	430
140	0:44:37	MUNDAY, Caleb	Mounts Bay Harriers	Male Vet 35-39	07:10.7	122
141	0:44:38	WALKER, Iain	St Austell Running Club	Male Vet 60-64	07:10.8	461
142	0:44:41	ANGOVE, Paul	Mounts Bay Harriers	Male Vet 50-54	07:11.3	140
143	0:44:42	SWEET, Kerry	St Austell Running Club	Female under 35	07:11.5	512
144	0:44:44	PASCOE (HARRISON), Karen	Cornwall AC	Female Vet 50-54	07:11.8	189
145	0:44:44	MILLWARD, Andy	Carn Runners	Male Vet 55-59	07:11.8	598
146	0:44:45	MORAN, Tim	Carn Runners	Male Vet 35-39	07:12.0	604
147	0:44:46	FINDLAY, James	Carn Runners	Male under 35	07:12.1	617
148	0:44:46	VINNICOMBE, Jason	Carn Runners	Male Vet 40-44	07:12.1	788
149	0:44:51	NEWCOSBE, Giles	Hayle Runners	Male Vet 60-64	07:12.9	294
150	0:44:54	LOWE, Stacey	Carn Runners	Female Vet 35-39	07:13.4	627
151	0:44:55	TREVENA, Nigel	Cornwall AC	Male Vet 50-54	07:13.6	236
152	0:44:57	KNIGHT, Mark	St Austell Running Club	Male Vet 45-49	07:13.9	482
153	0:45:00	ATKINSON-BEAUMONT, Ross	Mounts Bay Harriers	Male Vet 35-39	07:14.4	129
154	0:45:04	BATTY, Grant	Falmouth Road Runners	Male under 35	07:15.0	389
155	0:45:13	MACKELLAR, Billy	Bodmin Road Runners	Male Vet 50-54	07:16.5	591
156	0:45:15	BECKETT, Robert	Cornwall AC	Male Vet 55-59	07:16.8	214
157	0:45:15	WILES, Brian	Launceston Road Runners	Male Vet 70-74	07:16.8	694
158	0:45:19	MEDLOCK, Kirsty	Hayle Runners	Female Vet 35-39	07:17.4	290
159	0:45:20	ALLEN, Peter	Newquay Road Runners	Male Vet 60-64	07:17.6	46
160	0:45:21	GRASSAM, Mark	Looe Pioneers	Male Vet 45-49	07:17.8	363
161	0:45:25	MAGUIRE, Natalie	Cornwall AC	Female Vet 40-44	07:18.4	192
162	0:45:27	ATKINSON-BEAUMONT, David	Mounts Bay Harriers	Male Vet 35-39	07:18.7	155
163	0:45:29	GIBSON, Amanda	Looe Pioneers	Female Vet 40-44	07:19.1	378
164	0:45:30	STEPHENS, Sarah	Metropolitan Police	Female Vet 35-39	07:19.2	812
165	0:45:33	PULLEY, Sean	Hayle Runners	Male Vet 55-59	07:19.7	303
166	0:45:40	ASPDEN, Gail	Hayle Runners	Female Vet 45-49	07:20.8	244
167	0:45:44	STOBART, Rebeca	Cornwall AC	Female under 35	07:21.5	203
168	0:45:45	PEARCE, Julia	Cornwall AC	Female Vet 40-44	07:21.6	197
169	0:45:45	BAKER, Sean	Looe Pioneers	Male Vet 40-44	07:21.6	356
170	0:45:46	STEPHENS, Emma	Bodmin Road Runners	Female under 35	07:21.8	573
171	0:45:48	ANGILLEY, Jayne	Cornwall AC	Female Vet 55-59	07:22.1	182
172	0:45:50	DAVIS, Lydia	Newquay Road Runners	Female under 35	07:22.4	59
173	0:45:56	BLIZZARD, Andrew	Truro Running Club	Male under 35	07:23.4	794
174	0:45:59	STANFORD, Joseph	Bodmin Road Runners	Male Vet 40-44	07:23.9	592
175	0:46:02	WILCOCK, Paul	Hayle Runners	Male Vet 45-49	07:24.4	252
176	0:46:02	PATTERSON, Kaye	East Cornwall Harriers	Female under 35	07:24.4	720
177	0:46:03	SOLOMON, Pam	Bodmin Road Runners	Female Vet 55-59	07:24.5	570
178	0:46:04	DIXON, Eleanor	Newquay Road Runners	Female Vet 40-44	07:24.7	36
179	0:46:04	KING, Kevin	Hayle Runners	Male Vet 55-59	07:24.7	275

180	0:46:07	INCH, Kris		Male under 35	07:25.2	784
181	0:46:08	MORRIS, Tony	St Austell Running Club	Male Vet 50-54	07:25.3	443
182	0:46:10	TALLING, Lisa	Newquay Road Runners	Female Vet 45-49	07:25.6	8
183	0:46:11	BUCKINGHAM, Edward	Tamar Trotters	Male Vet 45-49	07:25.8	536
184	0:46:15	KING, Russell	Falmouth Road Runners	Male Vet 35-39	07:26.5	412
185	0:46:19	BREMNER, Jane	Tamar Trotters	Female Vet 60-64	07:27.1	541
186	0:46:20	EDWARDS, Glynn	Truro Running Club	Male under 35	07:27.3	658
187	0:46:22	CARTER, Lee	Newquay Road Runners	Male under 35	07:27.6	17
188	0:46:30	GARDINER, Steven	St Austell Running Club	Male under 35	07:28.9	466
189	0:46:32	GLOVER, Ruth	Mounts Bay Harriers	Female under 35	07:29.2	123
190	0:46:32	HARGREAVES, Pez	Falmouth Road Runners	Male Vet 45-49	07:29.2	408
191	0:46:33	VICARY, Darren	St Austell Running Club	Male Vet 35-39	07:29.3	520
192	0:46:33	LACKEY, Michael	Newquay Road Runners	Male Vet 45-49	07:29.3	25
193	0:46:35	BRADBURY, Rosie	Falmouth Road Runners	Female under 35	07:29.7	398
194	0:46:41	SMITHERAM, Mark	Carn Runners	Male Vet 40-44	07:30.6	608
195	0:46:44	JONES, Stephen CR	Carn Runners	Male Vet 45-49	07:31.1	613
196	0:46:45	FRANTZ, Derrick	Cornwall AC	Male Vet 50-54	07:31.3	215
197	0:46:52	ELLIS, Andrew	Hayle Runners	Male Vet 45-49	07:32.4	263
198	0:46:54	RICHARDS, Robert	Hayle Runners	Male Vet 65-69	07:32.7	315
199	0:46:59	BURNS, Julia	Hayle Runners	Female Vet 50-54	07:33.5	254
200	0:47:01	ROBINS, Sara	Newquay Road Runners	Female under 35	07:33.9	14
201	0:47:01	HEWITT, Wayne	Truro Running Club	Male Vet 45-49	07:33.9	641
202	0:47:02	WALE, Mathew	Newquay Road Runners	Male under 35	07:34.0	47
203	0:47:02	SPENCER, Leigh	Newquay Road Runners	Female under 20	07:34.0	41
204	0:47:03	CHESTERFIELD, Caroline	Hayle Runners	Female Vet 50-54	07:34.2	255
205	0:47:04	HARTILL, Gail	Bodmin Road Runners	Female Vet 40-44	07:34.3	575
206	0:47:04	GREGG, Louise	Tamar Trotters	Female Vet 45-49	07:34.3	384
207	0:47:04	JEFFREY-JONES, Monique	Bodmin Womens RC	Female Vet 45-49	07:34.3	769
208	0:47:05	ROWE, Christopher	Carn Runners	Male Vet 50-54	07:34.5	410
209	0:47:08	GEARING, Nicola	Tri Logic Cornwall	Female Vet 35-39	07:35.0	170
210	0:47:19	MITCHELL, Jon	Cornwall AC	Male Vet 45-49	07:36.8	222
211	0:47:20	BRAY, Daniel	St Austell Running Club	Male under 35	07:36.9	449
212	0:47:21	GIBSON, Philip	Looe Pioneers	Male Vet 40-44	07:37.1	379
213	0:47:23	DALE, Steve	Newquay Road Runners	Male Vet 40-44	07:37.4	11
214	0:47:24	STEVENS, Matt	Torpoint Blazers	Male Vet 35-39	07:37.6	776
215	0:47:25	ARKLEY, Laura	Looe Pioneers	Female Vet 40-44	07:37.7	368
216	0:47:26	BARTLETT, Terry	Plymouth Harriers	Male Vet 55-59	07:37.9	843
217	0:47:27	HILL, Nancy	Cornwall AC	Female Vet 50-54	07:38.0	190
218	0:47:27	RENDLE, Shaun	Torpoint Blazers	Male Vet 45-49	07:38.0	821
219	0:47:28	CHARLES, Alex	Bodmin Road Runners	Male under 35	07:38.2	560
220	0:47:30	GORE, Louise	Newquay Road Runners	Female Vet 35-39	07:38.5	28
221	0:47:33	MACLAREN, Steve	Hayle Runners	Male Vet 45-49	07:39.0	284
222	0:47:35	KNAB, Tim	Bodmin Road Runners	Male Vet 50-54	07:39.3	562
223	0:47:36	SMITH, Derek	Hayle Runners	Male Vet 55-59	07:39.5	310
224	0:47:37	MENSING, Claire	Truro Running Club	Female Vet 40-44	07:39.6	661
225	0:47:37	HUNT, Jenna	Falmouth Road Runners	Female under 35	07:39.6	409
226	0:47:38	SAVAGE, Emma	Newquay Road Runners	Female Vet 35-39	07:39.8	72
227	0:47:39	WOOD, Susanne	Cornwall AC	Female Vet 40-44	07:40.0	211
228	0:47:41	WILLIAMS, Ella	Newquay Road Runners	Female Vet 40-44	07:40.3	56
229	0:47:45	ROONEY, Michael	Mounts Bay Harriers	Male under 35	07:40.9	143
230	0:47:46	WILLS, Marcus	East Cornwall Harriers	Male Vet 35-39	07:41.1	712
231	0:47:46	BUCK, Richard	Newquay Road Runners	Male Vet 35-39	07:41.1	43
232	0:47:46	STACKHOUSE, Helena	Cornwall AC	Female Vet 35-39	07:41.1	201
233	0:47:47	POTTER, Alison	Newquay Road Runners	Female Vet 40-44	07:41.3	51
234	0:47:52	WILLIAMS, Trevor	Tamar Trotters	Male Vet 55-59	07:42.1	387
235	0:47:53	RAMSEY, Chris	Truro Running Club	Male Vet 65-69	07:42.2	635
236	0:47:57	WILSON, Michael	Truro Running Club	Male Vet 55-59	07:42.9	657
237	0:47:57	CRABB, Sally	Looe Pioneers	Female Vet 40-44	07:42.9	330
238	0:47:59	BROBIN, Cody	Newquay Road Runners	Male under 20	07:43.2	40
239	0:48:00	CLITHEROW, Hana	Truro Running Club	Female Vet 55-59	07:43.3	638
240	0:48:02	CAULFIELD, Paul	Tamar Trotters	Male Vet 50-54	07:43.7	543

241	0:48:04	WRIGHT, Hannah		Female under 35	07:44.0	836
242	0:48:05	PICK, Robert	East Cornwall Harriers	Male Vet 60-64	07:44.2	726
243	0:48:12	SANT, Andy		Male Vet 45-49	07:45.3	798
244	0:48:16	LOZYNSKI, Stacey	Looe Pioneers	Male under 35	07:45.9	374
245	0:48:16	JAY, Andrew	St Austell Running Club	Male Vet 40-44	07:45.9	477
246	0:48:17	HEWITT, Amanda	Cornwall AC	Female Vet 40-44	07:46.1	817
247	0:48:18	TIPPETTS, Hannah	Falmouth Road Runners	Female under 35	07:46.2	816
248	0:48:18	RUSSELL, Barry	St Austell Running Club	Male Vet 40-44	07:46.2	506
249	0:48:19	HENRY, Steve	Newquay Road Runners	Male Vet 45-49	07:46.4	54
250	0:48:20	MARRIOTT, Chris	St Austell Running Club	Male Vet 35-39	07:46.6	486
251	0:48:22	DAW, Sharon	East Cornwall Harriers	Female Vet 50-54	07:46.9	730
252	0:48:28	NUGENT, Debbie	Cornwall AC	Female Vet 50-54	07:47.9	195
253	0:48:31	BEARD, Sharon	Bodmin Road Runners	Female Vet 45-49	07:48.3	568
254	0:48:32	ROCHOWIAK, Robert	Carn Runners	Male Vet 55-59	07:48.5	619
255	0:48:33	DOYLE, Steven	Plymouth Musketeers	Male Vet 55-59	07:48.7	826
256	0:48:37	CATNACH, Alison	Looe Pioneers	Female Vet 40-44	07:49.3	351
257	0:48:37	ASTILL (WARD), Naomi	Hayle Runners	Female under 35	07:49.3	317
258	0:48:44	BLACKBURN, Simon	Mounts Bay Harriers	Male Vet 55-59	07:50.4	124
259	0:48:49	ELSTONE, Meryl	Carn Runners	Female Vet 50-54	07:51.2	603
260	0:48:54	THOMAS, Rachael	Cornwall AC	Female Vet 45-49	07:52.0	204
261	0:48:55	TREGENZA, Elizabeth	Cornwall AC	Female Vet 55-59	07:52.2	208
262	0:48:55	TALLING, Sophie	Newquay Road Runners	Female under 20	07:52.2	9
263	0:48:57	STEELE, Michelle	Newquay Road Runners	Female under 35	07:52.5	15
264	0:48:59	SKINNER, Steve	Looe Pioneers	Male Vet 35-39	07:52.8	349
265	0:49:00	MCLEAN, Luke	Mounts Bay Harriers	Male Vet 35-39	07:53.0	121
266	0:49:01	THOMAS, Helen	Carn Runners	Female Vet 45-49	07:53.2	607
267	0:49:04	BENNETT, Emily	Hayle Runners	Female under 20	07:53.6	249
268	0:49:06	LAWRY, Ross	St Austell Running Club	Male Vet 40-44	07:54.0	483
269	0:49:06	HARRIS, Natalie		Female under 35	07:54.0	165
270	0:49:08	HARRIS, Andy		Male Vet 45-49	07:54.3	166
271	0:49:10	BULLOCK, Katie	Newquay Road Runners	Female under 35	07:54.6	50
272	0:49:19	WHITLEY, Helen	Tamar Trotters	Female Vet 40-44	07:56.1	548
273	0:49:22	LEE, Rebecca	Erme Valley Harriers	Female Vet 35-39	07:56.5	838
274	0:49:25	PITMAN, Vinny	Tamar Trotters	Male Vet 55-59	07:57.0	534
275	0:49:26	MUTSAERS, Kirstie	Cornwall AC	Female Vet 45-49	07:57.2	194
276	0:49:28	SAUNDERS, Karl	East Cornwall Harriers	Male Vet 35-39	07:57.5	716
277	0:49:36	BOYCE, Christian	Looe Pioneers	Male Vet 40-44	07:58.8	329
278	0:49:36	HUNTER, Mark	Bodmin Road Runners	Male Vet 35-39	07:58.8	583
279	0:49:39	THOMAS, Steven	Carn Runners	Male Vet 40-44	07:59.3	814
280	0:49:41	RAWSON, Danielle	Newquay Road Runners	Female under 20	07:59.6	64
281	0:49:41	KNOWLES, Helen	Hayle Runners	Female Vet 35-39	07:59.6	278
282	0:49:49	GARROD, Zoe	Bodmin Road Runners	Female under 35	08:00.9	582
283	0:49:50	FOY, David	Falmouth Road Runners	Male Vet 45-49	08:01.0	404
284	0:49:51	FORBES, Jennifer	Carn Runners	Female under 35	08:01.2	442
285	0:49:53	GOULD, Marie	Cornwall AC	Female Vet 45-49	08:01.5	187
286	0:49:55	EVANS, Gareth	Carn Runners	Male under 35	08:01.9	615
287	0:49:55	HAYNES, Patrick	St Austell Running Club	Male Vet 50-54	08:01.9	472
288	0:49:56	CAMBORIEUX, Catheryn	Truro Running Club	Female Vet 45-49	08:02.0	654
289	0:49:56	ALLEN, Jody		Male Vet 35-39	08:02.0	786
290	0:49:59	CAFF, Wayne	Newquay Road Runners	Male Vet 45-49	08:02.5	12
291	0:50:00	STALLARD, Andrew		Male Vet 50-54	08:02.7	805
292	0:50:02	HYNES, Jaine	Launceston Road Runners	Female Vet 50-54	08:03.0	700
293	0:50:04	GRIFFITHS, Ira	St Austell Running Club	Male Vet 50-54	08:03.3	494
294	0:50:04	GUMMOW, Ben	Looe Pioneers		08:03.3	327
295	0:50:04	GUMMOW, Katie	Looe Pioneers	Female Vet 35-39	08:03.3	328
296	0:50:05	FRIDAY (MASKELL), Lisa	Hayle Runners	Female Vet 35-39	08:03.5	286
297	0:50:13	WARREN, Diane	Hayle Runners	Female Vet 60-64	08:04.7	318
298	0:50:17	WILDING, Rebecca	Mounts Bay Harriers	Female under 35	08:05.4	135
299	0:50:21	MCKENZIE, Tracy	Newquay Road Runners	Female Vet 40-44	08:06.0	5
300	0:50:22	GREGORY, Amy	Newquay Road Runners	Female under 35	08:06.2	16
301	0:50:27	SOLOMON, Andrew	Bodmin Road Runners	Male Vet 55-59	08:07.0	569

302	0:50:28	TREBILCOCK, Liz	Truro Running Club	Female Vet 50-54	08:07.2	647
303	0:50:28	TREBILCOCK, Mark	Cornwall AC	Male Vet 55-59	08:07.2	234
304	0:50:29	OLLIVIER, Louise	Hayle Runners	Female Vet 50-54	08:07.3	296
305	0:50:31	PRIMMER, Gary	Tamar Trotters	Male Vet 40-44	08:07.6	388
306	0:50:32	MONTGOMERY-SMITH, Taryn	St Austell Running Club	Female Vet 40-44	08:07.8	492
307	0:50:32	WEBB, Kirsty	Looe Pioneers	Female under 35	08:07.8	383
308	0:50:35	WEBB, Helen	Mounts Bay Harriers	Female Vet 40-44	08:08.3	134
309	0:50:35	MANSFIELD, Kate	Truro Running Club	Female under 35	08:08.3	653
310	0:50:40	HARP, Chantal		Female Vet 35-39	08:09.1	811
311	0:50:44	HOOPER, Paul	Mounts Bay Harriers	Male Vet 55-59	08:09.7	152
312	0:50:45	MATTHEWS, Ian	Mounts Bay Harriers	Male Vet 50-54	08:09.9	102
313	0:50:50	OSBORNE, Barry	Mud Crew Trail Runners	Male Vet 45-49	08:10.7	174
314	0:51:10	GILBERT, Fay	St Austell Running Club	Female under 35	08:13.9	454
315	0:51:12	BATEMAN, Rebecca	Bodmin Road Runners	Female Vet 40-44	08:14.2	581
316	0:51:17	BALDWIN, Mike	Hayle Runners	Male Vet 50-54	08:15.0	245
317	0:51:17	FLEET, Vicky	Falmouth Road Runners	Female Vet 40-44	08:15.0	403
318	0:51:18	EYRE, Janna	Carn Runners	Female Vet 35-39	08:15.2	624
319	0:51:19	SKYBA, Joanna	St Austell Running Club	Female Vet 35-39	08:15.4	508
320	0:51:19	WALKER, Karl	St Austell Running Club	Male Vet 55-59	08:15.4	523
321	0:51:19	TRETHEWEY, Martin	St Austell Running Club	Male Vet 50-54	08:15.4	518
322	0:51:21	FOSTER, Diane	Looe Pioneers	Female Vet 45-49	08:15.7	332
323	0:51:21	BAKER, Emma	Looe Pioneers	Female Vet 40-44	08:15.7	355
324	0:51:22	BROWN, Adrian	Launceston Road Runners	Male Vet 40-44	08:15.8	695
325	0:51:22	JENKIN, Steve	Cornwall AC	Male Vet 45-49	08:15.8	219
326	0:51:25	FLOYD-NORRIS, Sue	St Austell Running Club	Female Vet 45-49	08:16.3	465
327	0:51:27	BRAY, Toby	Looe Pioneers	Male Vet 40-44	08:16.7	358
328	0:51:29	LYNCH, David	Mounts Bay Harriers	Male under 35	08:17.0	159
329	0:51:30	LILLIS, John	Newquay Road Runners	Male Vet 70-74	08:17.1	4
330	0:51:32	EMMETT, Lucy	Newquay Road Runners	Female Vet 40-44	08:17.5	99
331	0:51:36	DREW, Peter	Carn Runners	Male Vet 65-69	08:18.1	595
332	0:51:39	ATILANO, Sharim	Mile High	Female under 35	08:18.6	799
333	0:51:54	HOWARD, Tiffany	Bodmin Womens RC	Female under 35	08:21.0	767
334	0:51:55	GILLESPIE, Ayesha	Bodmin Womens RC	Female under 35	08:21.2	684
335	0:51:56	LEWIS, Bridget	Mounts Bay Harriers	Female Vet 45-49	08:21.3	109
336	0:51:57	BALES, Jo	Truro Running Club	Female Vet 35-39	08:21.5	789
337	0:51:57	BOX, Philip	Launceston Road Runners	Male Vet 65-69	08:21.5	706
338	0:52:04	STEWART, Juliet	Truro Running Club	Female Vet 50-54	08:22.6	649
339	0:52:08	RICKWOOD, Richard	Newquay Road Runners	Male Vet 40-44	08:23.3	80
340	0:52:14	ORCHARD, John	Cornwall AC	Male Vet 55-59	08:24.2	226
341	0:52:15	BURROWS, Robert	Mounts Bay Harriers	Male Vet 60-64	08:24.4	138
342	0:52:16	JONES, Jon	Looe Pioneers	Male Vet 45-49	08:24.5	350
343	0:52:16	Marie	St Austell Running Club	Female Vet 50-54	08:24.5	480
344	0:52:17	MCBAIN, Vanessa May	Newquay Road Runners	Female under 35	08:24.7	53
345	0:52:18	COLLINS, Joanna	St Austell Running Club	Female under 35	08:24.9	456
346	0:52:18	LOCK, Zoe	JP Fitness Cornwall	Female Vet 35-39	08:24.9	737
347	0:52:23	ROWE, Melissa	St Austell Running Club	Female Vet 40-44	08:25.7	503
348	0:52:24	DE ROZARIEUX, Nathan	Hayle Runners	Male Vet 45-49	08:25.8	262
349	0:52:25	NEEDHAM, Sara	Newquay Road Runners	Female Vet 35-39	08:26.0	18
350	0:52:28	LUCAS, Andrew	St Austell Running Club	Male Vet 50-54	08:26.5	481
351	0:52:28	GREGORY, Martin	Looe Pioneers	Male Vet 50-54	08:26.5	341
352	0:52:29	ARKLEY, Joe	Looe Pioneers	Male Vet 40-44	08:26.6	367
353	0:52:39	WHETTON, Grace	Mounts Bay Harriers	Female under 35	08:28.2	133
354	0:52:41	MILLWARD, Laura	Carn Runners	Female Vet 55-59	08:28.6	437
355	0:52:45	BOSUSTOW, John	JP Fitness Cornwall	Male Vet 40-44	08:29.2	766
356	0:52:47	PINNICK, Mark	Falmouth Road Runners	Male Vet 35-39	08:29.5	179
357	0:52:49	LIVONEN-GRAY, Katri	Hayle Runners	Female Vet 35-39	08:29.8	271
358	0:52:49	MOORE, Andy	Hayle Runners	Male Vet 55-59	08:29.8	292
359	0:52:56	NICHOLLS, Tracey	Mounts Bay Harriers	Female Vet 55-59	08:31.0	112
360	0:52:58	LOCKETT, Pat	Newquay Road Runners	Male Vet 70-74	08:31.3	44
361	0:52:59	RENFREE, Caroline	Mounts Bay Harriers	Female under 35	08:31.5	148
362	0:53:00	PETT, Jane	JP Fitness Cornwall	Female Vet 40-44	08:31.6	739

363	0:53:01	MANSFIELD, Sue	Truro Running Club	Female Vet 50-54	08:31.8	644
364	0:53:02	GREEN, Julie	Carn Runners	Female Vet 50-54	08:31.9	625
365	0:53:15	BUNTING, Maggie	Tamar Trotters	Female Vet 50-54	08:34.0	547
366	0:53:17	WIDDERSHOVEN, Demelza	Carn Runners	Female Vet 35-39	08:34.4	616
367	0:53:18	WALLIS, Rachel	JP Fitness Cornwall	Female Vet 35-39	08:34.5	803
368	0:53:21	HILL, Sarah	Newquay Road Runners	Female Vet 45-49	08:35.0	49
369	0:53:21	CATTERALL, Diane	Carn Runners	Female under 35	08:35.0	629
370	0:53:24	WEIR, Alison	Falmouth Road Runners	Female Vet 45-49	08:35.5	405
371	0:53:25	KNUCKEY, Nigel	Truro Running Club	Male Vet 60-64	08:35.6	663
372	0:53:27	FOSTER, Graham	Looe Pioneers	Male Vet 50-54	08:36.0	333
373	0:53:28	BUDGE, Claire	St Austell Running Club	Female Vet 40-44	08:36.1	452
374	0:53:32	CADDY, Chantelle	Mounts Bay Harriers	Female Vet 40-44	08:36.8	125
375	0:53:32	TRETHEWEY, Charlie	St Austell Running Club	Female Vet 40-44	08:36.8	517
376	0:53:33	SYMONS, Paula		Female Vet 35-39	08:36.9	312
377	0:53:35	ROWETT, Gareth	St Austell Running Club	Male under 35	08:37.2	504
378	0:53:35	VISICK, Michael	Looe Pioneers	Male Vet 45-49	08:37.2	366
379	0:53:37	SAUNDERS, Lyndsey	East Cornwall Harriers	Female Vet 35-39	08:37.6	715
380	0:53:40	HIGHLAND, Laura	St Austell Running Club	Female Vet 35-39	08:38.1	458
381	0:53:42	SMITH, Hannah	Hayle Runners	Female under 35	08:38.4	311
382	0:53:51	SHAW, Sian	Newquay Road Runners	Female Vet 40-44	08:39.8	7
383	0:53:51	SHAW, Stuart		Male Vet 40-44	08:39.8	528
384	0:53:54	LEGGO, Sarah	Mounts Bay Harriers	Female Vet 40-44	08:40.3	163
385	0:53:57	MARSHALL, Debbie	St Austell Running Club	Female Vet 40-44	08:40.8	487
386	0:54:00	BERTHO, Nicola	St Austell Running Club	Female Vet 40-44	08:41.3	446
387	0:54:04	LYNCH, Kelsey	Mounts Bay Harriers	Female under 35	08:41.9	158
388	0:54:14	KILSELLA, Sharon	JP Fitness Cornwall	Female Vet 40-44	08:43.5	736
389	0:54:15	SENIOR, Ann	Hayle Runners	Female Vet 60-64	08:43.7	309
390	0:54:16	COFFMAN-FORDER, Lyn	Tamar Trotters	Female Vet 45-49	08:43.8	386
391	0:54:26	WALTERS, Karen	Newquay Road Runners	Female Vet 45-49	08:45.5	27
392	0:54:29	STEPHENS, Adam		Male under 35	08:45.9	813
393	0:54:29	HAFFORD-TEAR, Claudia	St Austell Running Club	Female under 35	08:45.9	470
394	0:54:31	ALLEN, Rebecca	Carn Runners	Female under 35	08:46.3	612
395	0:54:31	STEVENSON, Helen	Bodmin Road Runners	Female Vet 35-39	08:46.3	588
396	0:54:34	SCALLAN, Dawn	Carn Runners	Female Vet 45-49	08:46.7	605
397	0:54:36	MASTERS, Karen	Newquay Road Runners	Female Vet 45-49	08:47.1	30
398	0:54:39	ROBERTS, Mary	Launceston Road Runners	Female Vet 45-49	08:47.5	704
399	0:54:40	MARSHALL, Nigel	St Austell Running Club	Male Vet 45-49	08:47.7	488
400	0:54:41	WILDING, Sarah	Hayle Runners	Female Vet 40-44	08:47.9	322
401	0:54:43	DAVEY, Tamzin	Cornwall AC	Female Vet 45-49	08:48.2	185
402	0:54:44	LEAN, David	East Cornwall Harriers	Male Vet 55-59	08:48.4	725
403	0:54:46	ENGLAND, Emma	Bodmin Womens RC	Female Vet 45-49	08:48.7	779
404	0:54:47	SMITH, Daniel		Male Vet 35-39	08:48.8	791
405	0:54:53	PAYNE, Holly	St Austell Running Club	Female under 35	08:49.8	495
406	0:54:54	SANT, Becki	Launceston Road Runners	Female Vet 45-49	08:50.0	697
407	0:54:57	HIGGINS, Lucy	Newquay Road Runners	Female under 35	08:50.4	45
408	0:54:57	JAYNE, Samantha	Newquay Road Runners	Female Vet 45-49	08:50.4	22
409	0:54:59	OLIVER, Adam	Mounts Bay Harriers	Male under 35	08:50.8	116
410	0:55:01	OLIVER, Martin	Mounts Bay Harriers	Male Vet 60-64	08:51.1	115
411	0:55:04	STORER, Graham	Cornwall AC	Male Vet 55-59	08:51.6	232
412	0:55:04	HADEN, Heidi	Cornwall AC	Female Vet 35-39	08:51.6	188
413	0:55:06	TILLEY, John	Bodmin Road Runners	Male Vet 65-69	08:51.9	590
414	0:55:09	ALEXANDER, Samantha	Cornwall AC	Female Vet 50-54	08:52.4	181
415	0:55:14	ALLEN, Tracey	Newquay Road Runners	Female Vet 45-49	08:53.2	26
416	0:55:15	HAMSHIRE, Cordelia		Female under 35	08:53.3	171
417	0:55:17	SPEAKE, Georgina	St Austell Running Club	Female Vet 40-44	08:53.7	509
418	0:55:20	FRENCH, Daniel	Mounts Bay Harriers	Male Vet 35-39	08:54.1	150
419	0:55:21	DAVISON, Mick	Newquay Road Runners	Male Vet 45-49	08:54.3	37
420	0:55:23	DAVEY, Katie	St Austell Running Club	Female under 35	08:54.6	531
421	0:55:24	HARRINGTON, Mark	Carn Runners	Male Vet 50-54	08:54.8	610
422	0:55:24	MILES, Nick	Newquay Road Runners	Male Vet 65-69	08:54.8	84
423	0:55:26	STUTHRIDGE, Helen	St Austell Running Club	Female Vet 45-49	08:55.1	511

424	0:55:27	BROOKS, Amanda	Newquay Road Runners	Female under 35	08:55.3	3
425	0:55:28	MATRAVES, Julie	Carn Runners	Female Vet 45-49	08:55.4	628
426	0:55:28	CORNFORD (FARRAR), Katie	Bodmin Womens RC	Female under 35	08:55.4	783
427	0:55:29	PARSONS, Alison	Bodmin Womens RC	Female Vet 45-49	08:55.6	683
428	0:55:29	SAUNTER, Jenny	Bodmin Womens RC	Female Vet 50-54	08:55.6	669
429	0:55:33	VARE, Gemma	Bodmin Road Runners	Female Vet 35-39	08:56.2	580
430	0:55:33	LYDALL, Denise	Falmouth Road Runners	Female Vet 45-49	08:56.2	414
431	0:55:34	HAYWOOD, Lynne		Female Vet 35-39	08:56.4	338
432	0:55:39	MCFADDEN, Tracy	Bodmin Womens RC	Female Vet 50-54	08:57.2	671
433	0:55:41	NORRIS, Chris	Launceston Road Runners	Male Vet 40-44	08:57.5	705
434	0:55:44	ELLIOTT, Tania	Looe Pioneers	Female Vet 45-49	08:58.0	342
435	0:55:50	LOWE, Wendy	Bodmin Womens RC	Female Vet 60-64	08:59.0	778
436	0:55:56	COMBELLACK, Peter	Newquay Road Runners	Male Vet 45-49	08:59.9	32
437	0:55:57	ROSKILLY, Michelle	Hayle Runners	Female Vet 45-49	09:00.1	306
438	0:55:59	COPE, Jackie	Falmouth Road Runners	Female Vet 60-64	09:00.4	400
439	0:56:01	MACKENZIE, Alan	Falmouth Road Runners	Male Vet 55-59	09:00.7	415
440	0:56:02	BROWN, Lorraine	Truro Running Club	Female Vet 45-49	09:00.9	659
441	0:56:03	BURGESS, Mel	Hayle Runners	Female Vet 50-54	09:01.1	253
442	0:56:03	WHITE, Andrew		Male Vet 50-54	09:01.1	83
443	0:56:04	KITCHEN, Amelia	Hayle Runners	Female Vet 40-44	09:01.2	277
444	0:56:05	EVANS, Alun	Hayle Runners	Male Vet 50-54	09:01.4	264
445	0:56:13	PEARCE, Deborah	Hayle Runners	Female Vet 45-49	09:02.7	299
446	0:56:19	ROOSE, Alison	Newquay Road Runners	Female Vet 40-44	09:03.6	23
447	0:56:20	TOWNER, Stacey		Female under 35	09:03.8	840
448	0:56:26	BREAKSPEAR, Hannah	Cornwall AC	Female under 35	09:04.8	183
449	0:56:30	CUFF, Linda	Looe Pioneers	Female Vet 50-54	09:05.4	359
450	0:56:32	VOSPER, Francis	Bodmin Road Runners	Male Vet 60-64	09:05.7	576
451	0:56:34	HEWITT, Lucy	Newquay Road Runners	Female Vet 50-54	09:06.0	38
452	0:56:39	BLISSETT, Richard	Bodmin Road Runners	Male Vet 40-44	09:06.9	100
453	0:56:45	BENDE, Cassi	Truro Running Club	Female under 35	09:07.8	634
454	0:56:48	WILSON, Matthew	Cornwall AC	Male Vet 40-44	09:08.3	233
455	0:56:48	WILKINSON, Judith	Tamar Trotters	Female Vet 60-64	09:08.3	540
456	0:56:48	RAWSON, Natalie		Female Vet 50-54	09:08.3	63
457	0:56:49	THOMAS, Hannah	Truro Running Club	Female Vet 45-49	09:08.5	651
458	0:56:50	DILLEIGH, Katherine	Carn Runners	Female Vet 45-49	09:08.6	621
459	0:56:52	POCHEE, Amanda	Hayle Runners	Female Vet 40-44	09:08.9	302
460	0:56:52	STEPTO, Brett	Cornwall AC	Male Vet 40-44	09:08.9	231
461	0:56:54	VEIL, Amy		NDB	09:09.3	572
462	0:56:55	LAWES, Helen	Looe Pioneers	Female Vet 45-49	09:09.4	335
463	0:56:56	HIBBERT, Clive	Mounts Bay Harriers	Male Vet 70-74	09:09.6	127
464	0:56:56	SARGENT, Pete	South West Vets AC	Male Vet 70-74	09:09.6	432
465	0:56:57	WILLCOCKS, Bob	Falmouth Road Runners	Male Vet 55-59	09:09.8	433
466	0:56:59	JAMIESON, Sandy	Carn Runners	Female Vet 65-69	09:10.1	620
467	0:57:02	Debbie	Hayle Runners	Female Vet 40-44	09:10.6	291
468	0:57:03	LEYLAND, Megan	St Austell Running Club	Female Vet 45-49	09:10.7	484
469	0:57:05	GOWER, Lisa	Carn Runners	Female Vet 45-49	09:11.0	611
470	0:57:12	NICHOLAS, Tim	Mounts Bay Harriers	Male Vet 50-54	09:12.2	153
471	0:57:12	JOHNS, Elisha	Mounts Bay Harriers	Female Vet 35-39	09:12.2	154
472	0:57:14	CUTLAN, Mick	St Austell Running Club	Male Vet 45-49	09:12.5	513
473	0:57:18	CREHAN, Kate	Hayle Runners	Female Vet 35-39	09:13.1	258
474	0:57:19	POTHECARY, Lesley	St Austell Running Club	Female Vet 40-44	09:13.3	496
475	0:57:21	BANNISTER, Richard	JP Fitness Cornwall	Male under 35	09:13.6	763
476	0:57:25	CHELL, Nina	Falmouth Road Runners	Female Vet 40-44	09:14.3	175
477	0:57:31	COWBURN, Sarah	Mud Crew Trail Runners	Female Vet 40-44	09:15.2	394
478	0:57:31	TAMBLYN, Sharon	Bodmin Womens RC	Female Vet 55-59	09:15.2	664
479	0:57:36	AINSWORTH, John	Tamar Trotters	Male Vet 50-54	09:16.0	553
480	0:57:37	OLDHAM, Lucy	East Cornwall Harriers	Female Vet 40-44	09:16.2	719
481	0:57:38	BILLINGTON, Melanie	Hayle Runners	Female Vet 45-49	09:16.3	251
482	0:57:38	PHILLIPS, Ruth	Hayle Runners	Female Vet 40-44	09:16.3	283
483	0:57:40	MACK, Mike	Carn Runners	Male Vet 65-69	09:16.7	596
484	0:57:41	COCKELL, Mandy		Female Vet 35-39	09:16.8	848

485	0:57:41	RETALLICK, Lynsdey	St Austell Running Club	Female Vet 35-39	09:16.8	500
486	0:57:45	CATNACH, Peter	Looe Pioneers	Male Vet 55-59	09:17.5	352
487	0:57:46	LONG, Fran	Hayle Runners	Female Vet 55-59	09:17.6	282
488	0:57:46	HALL, Becky	Newquay Road Runners	Female Vet 35-39	09:17.6	69
489	0:57:46	BAKER-DOGHERTY, Leanne	Carn Runners	Female Vet 45-49	09:17.6	439
490	0:57:47	HENNINGS, Natasha		Female Vet 40-44	09:17.8	781
491	0:57:53	PARKIN, Eleanor	Truro Running Club	Female under 35	09:18.8	639
492	0:57:56	VENNING, Martin	Launceston Road Runners	Male Vet 65-69	09:19.2	692
493	0:57:56	THOMAS, Louise	Bodmin Womens RC	Female under 35	09:19.2	675
494	0:57:58	WATERS, Rachel	St Austell Running Club	Female Vet 50-54	09:19.6	525
495	0:58:02	CUNNINGHAM, Michelle		Female Vet 45-49	09:20.2	71
496	0:58:07	MARSH, Kathryn	Carn Runners	Female Vet 40-44	09:21.0	599
497	0:58:08	VIERA, Paula	St Austell Running Club	Female Vet 35-39	09:21.2	55
498	0:58:10	BENNETT, Shirley	Bodmin Womens RC	Female Vet 40-44	09:21.5	770
499	0:58:10	MANKEE, Emma	Carn Runners	Female Vet 45-49	09:21.5	440
500	0:58:11	DREW, Barry	Carn Runners	Male Vet 70-74	09:21.7	618
501	0:58:14	BUSE, Zoe	Bodmin Road Runners	Female Vet 45-49	09:22.1	559
502	0:58:21	CARD, Christine	Tamar Trotters	Female Vet 60-64	09:23.3	849
503	0:58:21	GRANT, Carol	Brighton & Hove	Female Vet 60-64	09:23.3	392
504	0:58:23	PENTREATH, Nick	Falmouth Road Runners	Male Vet 50-54	09:23.6	422
505	0:58:24	BAWDEN, Mike	Cornwall AC	Male Vet 55-59	09:23.7	213
506	0:58:26	CAULFIELD, Trudy	Tamar Trotters	Female Vet 50-54	09:24.1	542
507	0:58:31	LEIWORTHY, Emily	Mounts Bay Harriers	Female under 35	09:24.9	149
508	0:58:37	HORRELL, Jan	Storm Running Plymouth	Female Vet 50-54	09:25.8	797
509	0:58:43	RICHARDSON, Christiana	Truro Running Club	Female Vet 35-39	09:26.8	744
510	0:58:44	LATHOM, Janet	Launceston Road Runners	Female Vet 60-64	09:27.0	696
511	0:58:44	SWABY, Heidi	Mounts Bay Harriers	Female Vet 45-49	09:27.0	128
512	0:58:45	JONES, Susan	Looe Pioneers	Female Vet 45-49	09:27.1	376
513	0:58:48	BURTON, Tony		Male Vet 45-49	09:27.6	428
514	0:58:50	TRELEVEN, Sandra	Mounts Bay Harriers	Female Vet 45-49	09:27.9	110
515	0:58:54	CAWLEY, Anita	Tamar Trotters	Female Vet 45-49	09:28.6	546
516	0:58:57	GARDINER, Natalie	Bodmin Womens RC	Female under 35	09:29.1	673
517	0:58:59	CUTLAN, Jean	St Austell Running Club	Female Vet 50-54	09:29.4	460
518	0:58:59	HILL, Martine		Female Vet 40-44	09:29.4	777
519	0:59:01	RICKWOOD, Shelley		Female Vet 35-39	09:29.7	847
520	0:59:01	MATTHEWS, Susan	Mounts Bay Harriers	Female Vet 55-59	09:29.7	101
521	0:59:06	GRIFFITHS, Nicky	Looe Pioneers	Female Vet 50-54	09:30.5	347
522	0:59:08	NICHOLSON, Diane	Tamar Trotters	Female Vet 55-59	09:30.8	545
523	0:59:11	LOOSLEY, Alison	St Austell Running Club	Female Vet 50-54	09:31.3	485
524	0:59:12	GREER, Miranda	St Austell Running Club	Female under 35	09:31.5	469
525	0:59:19	BODEN, Andrea		Female Vet 45-49	09:32.6	593
526	0:59:19	KOMBOSTIOTIS, Kostas	Looe Pioneers	Male Vet 45-49	09:32.6	345
527	0:59:21	CLEMENTS, John	Carn Runners	Male Vet 55-59	09:32.9	626
528	0:59:28	SMITH, Nicholas		Male Vet 35-39	09:34.0	801
529	0:59:30	JAMES, Jennie	St Austell Running Club	Female Vet 35-39	09:34.4	476
530	0:59:31	BUDGE, Andrew	St Austell Running Club	Male Vet 50-54	09:34.5	451
531	0:59:31	WADE, Margaret	Carn Runners	Female Vet 65-69	09:34.5	597
532	0:59:35	TONKINS, Richard	St Austell Running Club	Male Vet 45-49	09:35.2	516
533	0:59:44	SOWERBY, Nicky	Truro Running Club	Female Vet 50-54	09:36.6	844
534	0:59:47	FISHER, Jennine	Looe Pioneers	Female Vet 35-39	09:37.1	336
535	0:59:51	AZE-THOMAS, Gill	Launceston Road Runners	Female Vet 45-49	09:37.7	691
536	0:59:55	ROBERTS-GRIGGS, Amy		Female Vet 40-44	09:38.4	845
537	0:59:55	GRIGGS, Paul		Male Vet 40-44	09:38.4	846
538	0:59:59	PASCOE, Peter	Carn Runners	Male Vet 50-54	09:39.0	631
539	1:00:02	BARNES, John	Launceston Road Runners	Male Vet 55-59	09:39.5	701
540	1:00:04	HAMPTON, David	St Austell Running Club	Male Vet 40-44	09:39.8	471
541	1:00:06	LOZYNSKI, Kirska	Looe Pioneers	Female under 35	09:40.2	373
542	1:00:06	WILTON, David	Falmouth Road Runners	Male Vet 60-64	09:40.2	435
543	1:00:07	MULLEN, Shona	Truro Running Club	Female Vet 55-59	09:40.3	804
544	1:00:08	CUTLAN, Tim	St Austell Running Club	Male Vet 50-54	09:40.5	462
545	1:00:08	WELLS, Wes	Tamar Trotters	Male Vet 35-39	09:40.5	544

546	1:00:12	COX, Clive		Male Vet 55-59	09:41.1	834
547	1:00:18	LEWINGTON, Leah	Mounts Bay Harriers	Female Vet 45-49	09:42.1	118
548	1:00:19	JENKIN, Jacqueline	Cornwall AC	Female Vet 70-74	09:42.3	191
549	1:00:19	JENKIN, Richard	Cornwall AC	Male Vet 70-74	09:42.3	218
550	1:00:19	HOLT, Ashley	Carn Runners	Female under 35	09:42.3	623
551	1:00:22	OLIVER, Lucy	Looe Pioneers	Female under 35	09:42.7	369
552	1:00:22	WEEKS, Teresa	Looe Pioneers	Female Vet 55-59	09:42.7	381
553	1:00:25	PASCOE, Naomi	WalkRun NRR	Female Vet 35-39	09:43.2	94
554	1:00:26	KENNEY, Charlotte	Hayle Runners	Female under 35	09:43.4	274
555	1:00:27	TAMBLYN, Harry		Male under 35	09:43.5	793
556	1:00:27	BUSCOMBE, Lisa	Truro Running Club	Female Vet 45-49	09:43.5	656
557	1:00:28	HALL, Gary		Male Vet 50-54	09:43.7	830
558	1:00:32	HOLT, Grace	Mounts Bay Harriers	Female under 35	09:44.3	126
559	1:00:33	HOWELL, Tony	Looe Pioneers	Male Vet 50-54	09:44.5	371
560	1:00:33	EVANS, Mollie	Carn Runners	Female Vet 40-44	09:44.5	606
561	1:00:34	SQUIRE, Mark	Mounts Bay Harriers	Male Vet 60-64	09:44.7	105
562	1:00:43	ROBERTSON, Jen	Bodmin Road Runners	Female Vet 40-44	09:46.1	586
563	1:00:53	HORRELL, James		Male Vet 50-54	09:47.7	796
564	1:00:54	COWBURN, Ian	Mud Crew Trail Runners	Male Vet 50-54	09:47.9	395
565	1:00:54	CROWE, Sharon	Bodmin Womens RC	Female Vet 45-49	09:47.9	679
566	1:00:58	COURTNEY, Stacey	Newquay Road Runners	Female under 35	09:48.5	21
567	1:00:59	HARVEY, Sally	Bodmin Womens RC	Female Vet 50-54	09:48.7	689
568	1:01:00	RUTKOWSKA, Ola	Falmouth Road Runners	Female under 35	09:48.8	402
569	1:01:01	BARLOW, Claire	Bodmin Road Runners	Female Vet 40-44	09:49.0	571
570	1:01:01	RESCORL, Susan	Bodmin Womens RC	Female Vet 55-59	09:49.0	682
571	1:01:04	HARRIES, Kelly	Falmouth Road Runners	Female Vet 35-39	09:49.5	411
572	1:01:10	MARTIN, Jacqui	St Austell Running Club	Female Vet 45-49	09:50.5	489
573	1:01:12	ROWE, Lisa	St Austell Running Club	Female under 35	09:50.8	502
574	1:01:14	CAFF, Tristan	Newquay Road Runners	Male under 20	09:51.1	85
575	1:01:18	SPENCE, Emma		Female under 35	09:51.7	758
576	1:01:19	HOLT, Liane	Newquay Road Runners	Female under 35	09:51.9	57
577	1:01:22	HOLT, Claire	Newquay Road Runners	Female under 35	09:52.4	73
578	1:01:25	KING, Gary	Mounts Bay Harriers	Male Vet 40-44	09:52.9	162
579	1:01:27	WEBSTER, Katherine	Newquay Road Runners	Female Vet 40-44	09:53.2	66
580	1:01:32	SKEA, Amelia	Bodmin Womens RC	Female Vet 40-44	09:54.0	732
581	1:01:32	GREY, Elenor	Falmouth Road Runners	Female Vet 40-44	09:54.0	407
582	1:01:36	VOSPER, Nicola	Bodmin Road Runners	Female Vet 55-59	09:54.6	577
583	1:01:38	BOWDEN, Sally	Newquay Road Runners	Female Vet 50-54	09:55.0	2
584	1:01:45	SMITH, Kate	St Austell Running Club	Female under 35	09:56.1	444
585	1:01:47	HOCKING, Stacey	Hayle Runners	Female under 35	09:56.4	270
586	1:01:48	RUSSELL, Fiona		Female Vet 50-54	09:56.6	751
587	1:01:58	GARSDIE, Jane		Female Vet 45-49	09:58.2	297
588	1:02:02	GILBERT, Matthew	JP Fitness Cornwall	Male under 35	09:58.8	765
589	1:02:02	TOY, David	JP Fitness Cornwall	Male Vet 35-39	09:58.8	764
590	1:02:10	WRIGHT, Gemma		Female Vet 35-39	10:00.1	835
591	1:02:12	IACONIANNI, Gennara	St Austell Running Club	Female under 35	10:00.4	474
592	1:02:12	HAMACHER, Norbert	Truro Running Club	Male Vet 55-59	10:00.4	850
593	1:02:13	MOORE, Michelle	St Austell Running Club	Female Vet 40-44	10:00.6	815
594	1:02:17	MARTIN, Hayley	Carn Runners	Female Vet 35-39	10:01.2	762
595	1:02:17	DUDLEY, Michelle	St Austell Running Club	Female Vet 50-54	10:01.2	463
596	1:02:18	HOGG, Lerryn	Bodmin Road Runners	Female Vet 35-39	10:01.4	587
597	1:02:18	CALLAWAY, William	Bodmin Road Runners	Male Vet 35-39	10:01.4	561
598	1:02:19	HARVEY, Lynn	Newquay Road Runners	Female Vet 65-69	10:01.6	39
599	1:02:22	POOLEY, Susan	Bodmin Womens RC	Female Vet 55-59	10:02.0	825
600	1:02:24	COX, Alison	Bodmin Womens RC	Female Vet 50-54	10:02.4	665
601	1:02:26	PALMER, Laura	JP Fitness Cornwall	Female Vet 45-49	10:02.7	824
602	1:02:26	THURSTON, Katie	JP Fitness Cornwall	Female Vet 35-39	10:02.7	741
603	1:02:32	VAGGERS, Tracy	Tamar Trotters	Female Vet 50-54	10:03.7	555
604	1:02:32	CARTER, Andrea		Female Vet 50-54	10:03.7	802
605	1:02:32	STOKES, Rosie	WalkRun NRR	Female Vet 35-39	10:03.7	90
606	1:02:34	OSBORNE, Simon	Falmouth Road Runners	Male Vet 40-44	10:04.0	420

607	1:02:43	LAWRY, Nikki	Hayle Runners	Female Vet 40-44	10:05.4	280
608	1:02:48	KASZUBOWSKI, Clare	Falmouth Road Runners	Female Vet 40-44	10:06.2	431
609	1:02:48	RAIKER, Diana	Falmouth Road Runners	Female under 35	10:06.2	424
610	1:02:53	MARTIN, Sally	Falmouth Road Runners	Female Vet 40-44	10:07.0	421
611	1:02:56	TULLY, Claire	Bodmin Womens RC	Female Vet 45-49	10:07.5	678
612	1:03:04	CULLEN, Gerry	East Cornwall Harriers	Female Vet 50-54	10:08.8	724
613	1:03:16	CASSIDY, Lisa	Bodmin Womens RC	Female Vet 40-44	10:10.7	670
614	1:03:16	ROYCROFT, Jodie	St Austell Running Club	Female under 35	10:10.7	505
615	1:03:16	DEERE, Louise	Hayle Runners	Female Vet 50-54	10:10.7	261
616	1:03:17	STEED, Sarah	East Cornwall Harriers	Female Vet 40-44	10:10.9	729
617	1:03:17	LOUISE, Donna	Bodmin Womens RC	Female Vet 40-44	10:10.9	676
618	1:03:18	TOY, Julie	Carn Runners	Female Vet 50-54	10:11.1	441
619	1:03:18	DONNITHORNE, Nicola	Bodmin Womens RC	Female Vet 45-49	10:11.1	686
620	1:03:20	PRIDEAUX, Rachel	Bodmin Womens RC	Female Vet 40-44	10:11.4	839
621	1:03:26	KENT, Emma	Newquay Road Runners	Female Vet 35-39	10:12.3	79
622	1:03:34	STAINSBY, Elaine	JP Fitness Cornwall	Female Vet 45-49	10:13.6	740
623	1:03:37	LEE, Lucy	Tamar Trotters	Female Vet 40-44	10:14.1	558
624	1:03:37	ANDREWS, George	Mounts Bay Harriers	Male Vet 65-69	10:14.1	113
625	1:03:42	RAVEN, Sarah	WalkRun NRR	Female Vet 35-39	10:14.9	86
626	1:03:48	SHUTE, Natalie	Launceston Road Runners	Female Vet 35-39	10:15.9	690
627	1:03:53	GOWER, Emma	Bodmin Womens RC	Female under 35	10:16.7	688
628	1:03:56	BOWMAN, Kathryn	JP Fitness Cornwall	Female under 35	10:17.2	734
629	1:03:56	WILLIAMS, Wendy	JP Fitness Cornwall	Female Vet 55-59	10:17.2	743
630	1:04:08	EVA, Amanda		Female Vet 55-59	10:19.1	761
631	1:04:13	HERBERT, Claire	Plymouth Musketeers	Female Vet 45-49	10:19.9	167
632	1:04:34	BLOWS, Francesca		Female under 35	10:23.3	785
633	1:04:35	WALKER, Daniella	St Austell Running Club	Female Vet 45-49	10:23.4	522
634	1:04:35	BEST, Tami	St Austell Running Club	Female under 35	10:23.4	447
635	1:04:39	BOXALL, Melanie	Falmouth Road Runners	Female Vet 50-54	10:24.1	397
636	1:04:43	FARRAR, Julie	Bodmin Womens RC	Female Vet 55-59	10:24.7	782
637	1:04:45	KEMP, Mandy	Looe Pioneers	Female Vet 55-59	10:25.1	344
638	1:04:47	COOKE-DAVIES, Louise	Newquay Road Runners	Female Vet 50-54	10:25.4	35
639	1:04:49	VINNICOMBE, Caroline	Carn Runners	Female Vet 40-44	10:25.7	787
640	1:04:49	UREN, Lisa	Carn Runners	Female Vet 40-44	10:25.7	436
641	1:04:51	CAFF, Jane	Newquay Road Runners	Female Vet 55-59	10:26.0	13
642	1:04:53	ORCHARD, Stacey	JP Fitness Cornwall	Female under 35	10:26.3	742
643	1:04:53	HALL, Sarah		Female Vet 45-49	10:26.3	829
644	1:04:53	PERRIN, Amber		Female under 35	10:26.3	833
645	1:04:55	DREWETT, Bryony	WalkRun NRR	Female under 35	10:26.7	97
646	1:04:55	SQUIRE, Chris	WalkRun NRR	Male under 35	10:26.7	96
647	1:04:59	BOLT, Adrian	Truro Running Club	Male Vet 50-54	10:27.3	646
648	1:05:13	MCCABE, Ashley	Newquay Road Runners	Female under 35	10:29.6	87
649	1:05:14	HAWKINS, Lorraine	Launceston Road Runners	Female Vet 50-54	10:29.7	703
650	1:05:15	BROWN, Andrew		Male Vet 50-54	10:29.9	752
651	1:05:20	MORGAN, Janet	Plymouth Musketeers	Female Vet 55-59	10:30.7	820
652	1:05:24	SQUIRE, Helen	Mounts Bay Harriers	Female Vet 55-59	10:31.3	106
653	1:05:25	DALTON, Martin	Falmouth Road Runners	Male Vet 65-69	10:31.5	176
654	1:05:28	PADDON, Alison	Tamar Trotters	Female Vet 50-54	10:32.0	552
655	1:05:32	ELLIOTT, Andrew	Looe Pioneers	Male Vet 50-54	10:32.6	343
656	1:05:41	FROESE, David	Torpoint Blazers	Male Vet 40-44	10:34.1	390
657	1:05:50	JANE, Charlotte		Female under 35	10:35.5	807
658	1:05:50	PASCOE, Clare		Female Vet 50-54	10:35.5	806
659	1:05:51	MCLEAN, Andrew	St Austell Running Club	Male Vet 50-54	10:35.7	491
660	1:05:58	ANDREWS, Greta	Mounts Bay Harriers	Female Vet 40-44	10:36.8	114
661	1:06:04	BRIGGS, Beth	Bodmin Womens RC	Female Vet 35-39	10:37.8	759
662	1:06:04	BISCOMBE, Susan	Bodmin Womens RC	Female under 35	10:37.8	760
663	1:06:04	ORCHARD, Sandra	JP Fitness Cornwall	NDB	10:37.8	738
664	1:06:06	ORME, Jane		Female under 35	10:38.1	750
665	1:06:10	OSBORNE, Louise	Falmouth Road Runners	Female Vet 35-39	10:38.7	419
666	1:06:21	AINSWORTH, Clare	Tamar Trotters	Female Vet 50-54	10:40.5	554
667	1:06:27	PRESCOTT, Kay	St Austell Running Club	Female Vet 40-44	10:41.5	478

668	1:06:37	VERCESI, Gemma	Mounds Bay Harriers	Female Vet 35-39	10:43.1	111
669	1:06:37	TREWEEK, Paul	Truro Running Club	Male Vet 55-59	10:43.1	753
670	1:06:53	MORRIS, Victoria		Female under 35	10:45.6	790
671	1:06:56	KEAST, Tony	WalkRun NRR	Male Vet 35-39	10:46.1	98
672	1:06:56	GAINS, Michael	WalkRun NRR	Male under 35	10:46.1	89
673	1:07:03	BIRD, Louise	Looe Pioneers	Female Vet 35-39	10:47.3	337
674	1:07:23					
675	1:07:24	ROBERTS, Nigel	Falmouth Road Runners	Male Vet 35-39	10:50.6	425
676	1:07:31	WHITRIDGE, Tilly	Cornwall AC	Female Vet 45-49	10:51.8	210
677	1:07:34	SHACKLEFORD, Amy	Mounds Bay Harriers	Female under 35	10:52.2	156
678	1:07:36	ROWLANDS, Kate	Falmouth Road Runners	Female Vet 35-39	10:52.6	426
679	1:07:41	MITCHELL, Dan	Cornwall AC	Male Vet 40-44	10:53.4	223
680	1:07:47	KINGTON, Norris	Cornwall AC	Male Vet 75-79	10:54.3	220
681	1:07:51	PEARSE, Michelle	Plymouth Harriers	Female Vet 35-39	10:55.0	842
682	1:07:54	LAKE, Christina	Falmouth Road Runners	Female Vet 55-59	10:55.5	178
683	1:07:56	JOHNSTON, Sally	Tamar Trotters	Female Vet 55-59	10:55.8	538
684	1:07:58	PLAYER, Shirley	Bodmin Womens RC	Female Vet 45-49	10:56.1	674
685	1:07:59	JOHNS, Sarah	Mounds Bay Harriers	Female Vet 35-39	10:56.3	145
686	1:08:08	HOLLADAY, Michelle	Newquay Road Runners	Female Vet 40-44	10:57.7	61
687	1:08:12	JOHNS, Emma	Mounds Bay Harriers	Female Vet 40-44	10:58.4	144
688	1:08:12	HUBAND, Sophie	Mounds Bay Harriers	Female Vet 45-49	10:58.4	157
689	1:08:31	KEEBLE, Sarah	Looe Pioneers	Female Vet 45-49	11:01.4	370
690	1:08:37	MARTIN, Julie	Bodmin Womens RC	Female Vet 40-44	11:02.4	800
691	1:08:38	EASTERBROOK, Liz	Mounds Bay Harriers	Female Vet 65-69	11:02.5	132
692	1:08:38	BOWERS, Danielle		Female Vet 35-39	11:02.5	818
693	1:08:39	KNELL, Felicity		Female Vet 35-39	11:02.7	819
694	1:08:40	HOUGHTON, Melanie		Female Vet 35-39	11:02.9	773
695	1:08:53	FIRTH, Becky	Tamar Trotters	Female Vet 45-49	11:05.0	537
696	1:08:55	OVERD, Lynne	Looe Pioneers	Female Vet 55-59	11:05.3	372
697	1:09:02	SYCAMORE, Grace	Hayle Runners	Female under 35	11:06.4	313
698	1:09:04	BRENNAN, Rachel	St Austell Running Club	Female under 35	11:06.7	450
699	1:09:07	LAWRENCE, Steven	Falmouth Road Runners	Male Vet 60-64	11:07.2	413
700	1:09:15	GREGORY, Julie	Looe Pioneers	Female Vet 45-49	11:08.5	340
701	1:09:28	HOBBS, Aleksandra	Newquay Road Runners	Female Vet 35-39	11:10.6	755
702	1:09:38	PITMAN, Debbie	Tamar Trotters	Female Vet 55-59	11:12.2	535
703	1:09:42	EWART, Sam	St Austell Running Club	Female Vet 40-44	11:12.8	464
704	1:09:49	TODD, Christine	St Austell Running Club	Female Vet 55-59	11:14.0	514
705	1:10:01	CORRENTI, Sarah	Hayle Runners	Female Vet 35-39	11:15.9	257
706	1:10:04	ATHERTON, Julie		Female Vet 50-54	11:16.4	564
707	1:10:18	FRANCIS, Donna	Newquay Road Runners	Female Vet 65-69	11:18.6	34
708	1:10:20	BOUCHER, Richard	Mounds Bay Harriers	Male Vet 45-49	11:19.0	108
709	1:10:30	OLDERSHAW, Helen		Female Vet 35-39	11:20.6	754
710	1:10:41	HEARN, Becky	Bodmin Womens RC	Female Vet 35-39	11:22.3	677
711	1:10:48	DEWE, Claire	Looe Pioneers	Female Vet 35-39	11:23.5	331
712	1:10:50	FOSTER, Tracey		Female Vet 40-44	11:23.8	775
713	1:10:54	GLANVILLE, Rachel	WalkRun NRR	Female Vet 35-39	11:24.4	95
714	1:11:03	COFFMAN-FORDER, Jane	Tamar Trotters	Female Vet 45-49	11:25.9	385
715	1:11:03	FOSTER, Ann	Tamar Trotters	Female Vet 65-69	11:25.9	550
716	1:11:06	COLLINS, Sarah	East Cornwall Harriers	Female Vet 40-44	11:26.4	718
717	1:11:06	HOCKIN, Karen	East Cornwall Harriers	Female Vet 55-59	11:26.4	727
718	1:11:17	BILLINGTON, Tish	Hayle Runners	Female under 35	11:28.1	250
719	1:11:24	BLIGHT, Mandy	St Austell Running Club	Female Vet 60-64	11:29.3	448
720	1:11:26	ALLEN, Lynn	Bodmin Womens RC	Female Vet 40-44	11:29.6	792
721	1:11:35	PERRING, Sharon	Bodmin Womens RC	Female Vet 45-49	11:31.0	772
722	1:11:42	WASHER, Sarah	Bodmin Womens RC	Female Vet 35-39	11:32.1	666
723	1:12:39	TRERISE, Catherine	Cornwall AC	Female Vet 45-49	11:41.3	209
724	1:13:04	BAXTER, Hollie	Plymouth Harriers	Female under 35	11:45.3	298
725	1:13:10	SOUTHALL, Lynne	Plymouth Musketeers	Female Vet 55-59	11:46.3	841
726	1:13:57	RALLS, David	St Austell Running Club	Male Vet 55-59	11:53.9	497
727	1:14:14	HOWARD, Sarah	Bodmin Womens RC	Female Vet 45-49	11:56.6	768
728	1:14:33	TRUDGEON, Susan	St Austell Running Club	Female Vet 55-59	11:59.7	519

729	1:14:33	TAPHOUSE, Lesley	Bodmin Road Runners	Female Vet 55-59	11:59.7	565
730	1:14:35	COLLINGS, Fiona	Bodmin Womens RC	Female Vet 50-54	12:00.0	733
731	1:15:27	COOPER, Guy	Looe Pioneers	Male Vet 45-49	12:08.3	375
732	1:15:29	WYATT, Liz	St Austell Running Club	Female Vet 45-49	12:08.7	530
733	1:15:34	ALLEN, Georgie	Newquay Road Runners	Female Vet 40-44	12:09.5	70
734	1:15:42	ANDREWS, Emma	Bodmin Womens RC	Female under 35	12:10.8	668
735	1:15:44	CARTHEW, Samantha	Bodmin Womens RC	Female Vet 45-49	12:11.1	823
736	1:15:45	GRACE, Oliver	Falmouth Road Runners	Male Vet 45-49	12:11.2	406
737	1:16:04	PROSSER, Amanda	Mounts Bay Harriers	Female Vet 40-44	12:14.3	103
738	1:16:19	SMITHERAM, Jo	Carn Runners	Female Vet 40-44	12:16.7	609
739	1:16:20	DREW, Carole	Carn Runners	Female Vet 70-74	12:16.9	633
740	1:16:20	TOY, Jeanette	Carn Runners	Female Vet 45-49	12:16.9	632
741	1:16:24	WRIGHT, Mike	Hayle Runners	Male Vet 65-69	12:17.5	325
742	1:17:32	THOMAS, Kathryn	Cornwall AC	Female Vet 40-44	12:28.5	205
743	1:17:56	WEBBER, Sharon	St Austell Running Club	Female Vet 45-49	12:32.3	526
744	1:18:09	WILKINSON, Hannah	Hayle Runners	Female under 35	12:34.4	323
745	1:18:20	MOXHAY, Marion	Ukrunchat	Female Vet 55-59	12:36.2	774
746	1:19:11	LAY, Jo	Hayle Runners	Female Vet 50-54	12:44.4	281
747	1:19:14	GIBBS, Kathleen	Looe Pioneers	Female Vet 55-59	12:44.9	354
748	1:19:28	WALTERS, Adam	Newquay Road Runners	Male Vet 35-39	12:47.1	62
749	1:20:04	WOODWARD, Christine	Bodmin Womens RC	Female Vet 65-69	12:52.9	680
750	1:20:37	FORD, Rosie	Bodmin Womens RC	Female under 35	12:58.2	667
751	1:20:37	BANBURY, David		Male Vet 50-54	12:58.2	771
752	1:23:18	BONNER, Nicola		Female Vet 50-54	13:24.1	832
753	1:23:18	OLDS, Laura		Female under 35	13:24.1	828
754	1:23:18	SEARLE, Nikki		Female Vet 55-59	13:24.1	831
755	1:23:51	LIDIARD, Sandra	Bodmin Womens RC	Female Vet 45-49	13:29.4	687
756	1:23:51	WARE, Daryll		Male Vet 50-54	13:29.4	749
757	1:27:32	MONTGOMERY, Pauline Claire	Bodmin Womens RC	Female Vet 35-39	14:05.0	672
758	1:27:32	VOSPER, Lisa	Bodmin Womens RC	Female Vet 40-44	14:05.0	685
759	1:27:53	PETHICK, Leesa	Plymouth Harriers	Female Vet 45-49	14:08.4	288
760	1:28:08	BARNES, Sarah	Launceston Road Runners	Female Vet 45-49	14:10.8	702
761	1:28:09	WILLIAMS, Darren	Plymouth Musketeers	Male Vet 45-49	14:11.0	391
762	1:29:39	VENNING, Ann	Launceston Road Runners	Female Vet 65-69	14:25.4	693
763	1:32:46	COATES, Sue	Mounts Bay Harriers	Female Vet 40-44	14:55.5	160
764	1:33:02	HAMBLEY, Sharon	Bodmin Womens RC	Female Vet 50-54	14:58.1	172
765	1:33:04	SAVIN, Nick	Newquay Road Runners	Male under 35	14:58.4	851