

Falmouth Mob Match Sunday 26 November 2017. 10:30 am

1	0:27:01 CLAY, Jordan	Cornwall AC	05:24.1	69	1
2	0:27:14 BENNEY, Aaron	Mile High	05:26.7	352	2
3	0:27:23 THOMAS, Justin	Cornwall AC	05:28.5	105	3
4	0:27:40 POCHEE, Ben	Cornwall AC	05:31.9	94	4
5	0:27:52 WRIGHT, Tony	Cornwall AC	05:34.3	24	5
6	0:28:00 KLIMEK, Kristof	Cornwall AC	05:35.9	84	6
7	0:28:05 GOODCHILD, Sam	Cornwall AC	05:36.9	74	7
8	0:28:08 STEPHENSON, Jamie	Mile High	05:37.5	358	8
9	0:28:11 WHEAR, Paul	Cornwall AC	05:38.1	115	9
10	0:28:11 MORANT, Jordan	Hayle Runners	05:38.1	284	10
11	0:28:11 YATES, Matt	Cornwall AC	05:38.1	119	11
12	0:28:11 ARGALL, Joe	Cornwall AC	05:38.1	61	12
13	0:28:19 MARTIN, Andrew	Mile High	05:39.7	357	13
14	0:28:24 SMERDON, Marc	East Cornwall Harriers	05:40.7	225	14
15	0:28:25 STACEY, Doug	East Cornwall Harriers	05:40.9	227	15
16	0:28:27 DANIELS, Alex	Newquay Road Runners	05:41.3	416	16
17	0:28:30 RAMSDEN, Clive	Bodmin Road Runners	05:41.9	40	17
18	0:28:54 SALAMONE, Craig	Cornwall AC	05:46.7	97	18
19	0:28:56 GUPTA, Abhik	Cornwall AC	05:47.1	76	19
20	0:29:19 JONES, Oliver	East Cornwall Harriers	05:51.7	205	20
21	0:29:22 CUTLAN, James	St Austell Running Club	05:52.3	464	21
22	0:29:23 NEWMAN, Tom	Cornwall AC	05:52.5	91	22
23	0:29:26 COOKSON, Neill	Hayle Runners	05:53.1	254	23
24	0:29:32 WHERRY, Steve	Hayle Runners	05:54.3	308	24
25	0:29:36 BARNET, James	Falmouth Road Runners	05:55.1	1	25
26	0:29:39 STEPTO, Emma	Cornwall AC	05:55.7	103	26
27	0:29:58 TRERISE, Connor	Cornwall AC	05:59.5	110	27
28	0:30:01 WEBSTER, Mark	Cornwall AC	06:00.1	113	28
29	0:30:06 STRACHAN, Steven	Falmouth Road Runners	06:01.1	18	29
30	0:30:10 ABRAHAM, Scott	Hayle Runners	06:01.9	242	30
31	0:30:13 MURRANT, Kieran	Falmouth Road Runners	06:02.5	13	31
32	0:30:13 ROSENFELD, Thomas	Hayle Runners	06:02.5	294	32
33	0:30:15 DITTY, Graham	Mile High	06:02.9	353	33
34	0:30:22 SOLE, Paul	Cornwall AC	06:04.3	99	34
35	0:30:28 ELEMEN, Nathan	Cornwall AC	06:05.5	107	35
36	0:30:36 CLARK, Drew	East Cornwall Harriers	06:07.1	190	36
37	0:30:38 KNOWLES, Simon	Hayle Runners	06:07.5	271	37
38	0:30:41 HALL, Craig	Carn Runners	06:08.1	139	38
39	0:30:44 PAULL, Emma	Hayle Runners	06:08.7	289	39
40	0:30:49 DALTON, Richard	Falmouth Road Runners	06:09.7	7	40
41	0:30:54 FULLER, Stephen	Hayle Runners	06:10.7	273	41
42	0:31:00 FORMISANO, Giuliano	Cornwall AC	06:11.9	62	42
43	0:31:01 BALL, Adrian	Cornwall AC	06:12.1	63	43
44	0:31:08 BRYDON, James	Bodmin Road Runners	06:13.5	29	44
45	0:31:08 ANDREWARTHA, David	Bude Rats	06:13.5	570	45
46	0:31:16 COULSON, Lee	Falmouth Road Runners	06:15.1	6	46
47	0:31:18 KNUCKEY, Craig	Cornwall AC	06:15.5	85	47
48	0:31:20 HARVEY, Darren	East Cornwall Harriers	06:15.9	203	48
49	0:31:25 WRIGHT, Kallum	Cornwall AC	06:16.9	118	49
50	0:31:30 TREGENZA, Heidi	Cornwall AC	06:17.9	109	50
51	0:31:31 THOMSON, Stuart	Mounts Bay Harriers	06:18.1	394	51
52	0:31:35 DAVIDSON, Mark	East Cornwall Harriers	06:18.9	194	52
53	0:31:37 ROBINSON, David		06:19.3	221	53
54	0:31:38 LITTLEWOOD, Ian	East Cornwall Harriers	06:19.5	210	54
55	0:31:41 STEVENS, Paul	St Austell Running Club	06:20.1	493	55
56	0:31:43 STONE, Matt	Falmouth Road Runners	06:20.5	17	56
57	0:31:46 BURGESS, Kathryn	Cornwall AC	06:21.1	67	57
58	0:31:55 WIDDERSHOVEN, Tim	Carn Runners	06:22.9	184	58
59	0:31:58 ADAMS, Tim	St Austell Running Club	06:23.5	454	59
60	0:32:10 RICHARDS, Gary	Mounts Bay Harriers	06:25.9	388	60
61	0:32:16 BAKER, Steve	Tamar Trotters	06:27.1	508	61
62	0:32:23 SOLE, John	Cornwall AC	06:28.5	98	62
63	0:32:26 FOX, Matthew	Mile High	06:29.1	354	63
64	0:32:31 TRICE, Ian	East Cornwall Harriers	06:30.1	232	64
65	0:32:36 MOORE, David	Cornwall AC	06:31.1	87	65

66	0:32:42	PITCHER, Tom	Tamar Trotters	06:32.3	529	66
67	0:32:43	ALLMAN, Chris	East Cornwall Harriers	06:32.5	233	67
68	0:32:49	BERRYMAN, Tom	Mounts Bay Harriers	06:33.7	366	68
69	0:32:52	ARROWSMITH, Paul	East Cornwall Harriers	06:34.3	188	69
70	0:32:54	SOLE, Amy	Cornwall AC	06:34.7	100	70
71	0:32:56	DEACON, Mark	Looe Pioneers	06:35.1	339	71
72	0:32:59	SHIRLEY, Rich	St Austell Running Club	06:35.7	489	72
73	0:33:02	SPARKES, Tom	Bodmin Road Runners	06:36.3	38	73
74	0:33:04	MARSHALL, Kevin	Launceston Road Runners	06:36.7	320	74
75	0:33:04	MANNING, James	Hayle Runners	06:36.7	277	75
76	0:33:11	WARMINGTON, Paul	Hayle Runners	06:38.1	306	76
77	0:33:14	TREMBATH, Robert	Hayle Runners	06:38.7	304	77
78	0:33:21	PHILP, David	East Cornwall Harriers	06:40.1	218	78
79	0:33:23	CROWE, Benjamin		06:40.5	34	79
80	0:33:24	DAVIS, Martin	Newquay Road Runners	06:40.7	419	80
81	0:33:30	BUSCOMBE, Jessica	St Austell Running Club	06:41.9	459	81
82	0:33:32	MUTSAERS, Adrian	Cornwall AC	06:42.3	89	82
83	0:33:34	BATHE, Colin	Truro Running Club	06:42.7	542	83
84	0:33:39	GILES, Alan	St Austell Running Club	06:43.7	472	84
85	0:33:40	CAPPS, David	Falmouth Road Runners	06:43.9	4	85
86	0:33:41	SAVAGE, Jon	Hayle Runners	06:44.1	295	86
87	0:33:42	CARDEW, Barrie	Carn Runners	06:44.3	125	87
88	0:33:55	GLANVILLE, Wayne	Newquay Road Runners	06:46.9	427	88
89	0:33:56	COX, Daniel	Bodmin Road Runners	06:47.1	33	89
90	0:34:02	EASTERBROOK, Joe	Mounts Bay Harriers	06:48.3	370	90
91	0:34:03	WILLIAMS, Ryan	Falmouth Road Runners	06:48.5	20	91
92	0:34:04	HOSKIN, Sarah	Mile High	06:48.7	350	92
93	0:34:05	LETCHFORD, Geoff	Mounts Bay Harriers	06:48.9	375	93
94	0:34:07	SOPP, Thomas	Falmouth Road Runners	06:49.3	16	94
95	0:34:14	DAVIS, Megan	Newquay Road Runners	06:50.7	421	95
96	0:34:14	MARSTON, Jeremy	Mounts Bay Harriers	06:50.7	379	96
97	0:34:27	HARDING, Ben	East Cornwall Harriers	06:53.3	202	97
98	0:34:31	WOOD, Bill	Falmouth Road Runners	06:54.1	21	98
99	0:34:36	POOLEY, Robert	Carn Runners	06:55.1	165	99
100	0:34:40	FINDLAY, James	Carn Runners	06:55.9	136	100
101	0:34:41	MALONEY, Matt	Carn Runners	06:56.1	155	101
102	0:34:43	POPPERWELL, Beth	Mile High	06:56.5	355	102
103	0:34:43	RAGGETT, Donna	Cornwall AC	06:56.5	95	103
104	0:34:45	NEVILL, Jamie		06:56.9	586	104
105	0:34:48	KEARNS, Joe	East Cornwall Harriers	06:57.5	206	105
106	0:34:53	WEBBER, Simon	East Cornwall Harriers	06:58.5	236	106
107	0:34:54	EVA, Emma	Cornwall AC	06:58.7	72	107
108	0:34:57	BECKETT, Robert	Cornwall AC	06:59.3	68	108
109	0:34:59	CURTIS, Oisin	Hayle Runners	06:59.7	257	109
110	0:35:01	WALKER, Iain	St Austell Running Club	07:00.1	503	110
111	0:35:03	POLGLASE, Tom	Carn Runners	07:00.5	164	111
112	0:35:03	CROWLE, Revis	East Cornwall Harriers	07:00.5	192	112
113	0:35:04	RICHARDS, Jamie	Carn Runners	07:00.7	168	113
114	0:35:07	JONES, Stephen	Truro Running Club	07:01.3	558	114
115	0:35:09	WITHAM, Neville	Cornwall AC	07:01.7	117	115
116	0:35:09	GOLDSWORTHY, Rosalie	East Cornwall Harriers	07:01.7	199	116
117	0:35:11	FIRTH, Anthony	Tamar Trotters	07:02.1	517	117
118	0:35:23	RICHARDS, Stuart	St Austell Running Club	07:04.4	484	118
119	0:35:24	ANGOVE, Paul	Mounts Bay Harriers	07:04.6	364	119
120	0:35:24	MASTERS, Nick	Hayle Runners	07:04.6	280	120
121	0:35:25	ROBINSON, Joanne	Looe Pioneers	07:04.8	349	121
122	0:35:26	TALLING, Glyn	Newquay Road Runners	07:05.0	446	122
123	0:35:28	ROY, Diane	East Cornwall Harriers	07:05.4	196	123
124	0:35:32	NASH, Jenny	East Cornwall Harriers	07:06.2	214	124
125	0:35:34	MACKELLAR, Billy	Bodmin Road Runners	07:06.6	37	125
126	0:35:36	KENDALL, Carly	St Austell Running Club	07:07.0	476	126
127	0:35:37	MOSSOP, Emma	Falmouth Road Runners	07:07.2	12	127
128	0:35:38	WOOD, Glenn	East Cornwall Harriers	07:07.4	240	128
129	0:35:39	GWYNNE, Paul	Mud Crew Trail Runners	07:07.6	552	129
130	0:35:40	GIRVAN, Stewart		07:07.8	265	130
131	0:35:43	THOMAS, Mark	Truro Running Club	07:08.4	563	131
132	0:35:44	PROSSER, Thomas	Mounts Bay Harriers	07:08.6	387	132
133	0:35:44	BATCHELOR, David	Hayle Runners	07:08.6	245	133

134	0:35:52 LEECH, Terry	East Cornwall Harriers	07:10.2	209	134
135	0:35:55 MORSE, Helen	East Cornwall Harriers	07:10.8	213	135
136	0:35:59 STEPHENS, Emma	Bodmin Road Runners	07:11.6	45	136
137	0:36:00 PEARCE, Julia	Cornwall AC	07:11.8	93	137
138	0:36:02 MATTHEWS, Ian	Mounts Bay Harriers	07:12.2	380	138
139	0:36:08 MICHELL, Steven	Truro Running Club	07:13.4	555	139
140	0:36:11 WILLIAMS, Gary	Looe Pioneers	07:14.0	351	140
141	0:36:15 LOWE, Stacey	Carn Runners	07:14.8	153	141
142	0:36:16 BRAY, Vivian	Cornwall AC	07:15.0	65	142
143	0:36:16 ALLEN, Peter	Newquay Road Runners	07:15.0	400	143
144	0:36:23 STANFORD, Joseph	Bodmin Road Runners	07:16.4	43	144
145	0:36:24 SAVAGE, Faye	Hayle Runners	07:16.6	297	145
146	0:36:26 SAVAGE, Rich	Hayle Runners	07:17.0	296	146
147	0:36:28 GRASSAM, Mark	Looe Pioneers	07:17.4	342	147
148	0:36:29 PATTERSON, Kaye	East Cornwall Harriers	07:17.6	217	148
149	0:36:33 HUNT, Gary	East Cornwall Harriers	07:18.4	204	149
150	0:36:36 ROBERTS, Malcolm	St Austell Running Club	07:19.0	485	150
151	0:36:37 PHILPOTT, Robin		07:19.2	590	151
152	0:36:39 WATERS, Ella	Launceston Road Runners	07:19.6	331	152
153	0:36:41 CARTER, Steven	Truro Running Club	07:20.0	548	153
154	0:36:41 DAVIS, Lydia	Newquay Road Runners	07:20.0	420	154
155	0:36:42 DAVIES, Richard	Newquay Road Runners	07:20.2	418	155
156	0:36:43 TREVENA, Nigel	Cornwall AC	07:20.4	112	156
157	0:36:43 PICKERING, Stuart	Hayle Runners	07:20.4	243	157
158	0:36:52 TALLING, Sophie	Newquay Road Runners	07:22.2	447	158
159	0:36:58 MAGUIRE, Natalie	Cornwall AC	07:23.4	86	159
160	0:36:59 WILLS, Marcus	East Cornwall Harriers	07:23.6	238	160
161	0:36:59 TWIGGS, Tim	Hayle Runners	07:23.6	305	161
162	0:37:01 MEDLOCK, Kirsty	Hayle Runners	07:24.0	282	162
163	0:37:04 RATCLIFFE, Tim	Newquay Road Runners	07:24.6	591	163
164	0:37:06 SPENCER, Julian		07:25.0	483	164
165	0:37:09 CHASE, Andy	St Austell Running Club	07:25.6	460	165
166	0:37:11 LACEY, Mike	Newquay Road Runners	07:26.0	451	166
167	0:37:13 BACKHOUSE, Stuart	Mounts Bay Harriers	07:26.4	365	167
168	0:37:14 HANDS, Cheryl	East Cornwall Harriers	07:26.6	201	168
169	0:37:25 WOOD, Jules	Falmouth Road Runners	07:28.8	22	169
170	0:37:25 ANGILLEY, Jayne	Cornwall AC	07:28.8	60	170
171	0:37:26 ROONEY, Michael	Mounts Bay Harriers	07:29.0	390	171
172	0:37:28 JONES, Stephen CR	Carn Runners	07:29.4	148	172
173	0:37:30 PIPET, Martin	Bodmin Road Runners	07:29.8	39	173
174	0:37:33 ROCHOWIAK, Robert	Carn Runners	07:30.4	169	174
175	0:37:34 LITTLEWOOD, Louise	East Cornwall Harriers	07:30.6	211	175
176	0:37:36 DALE, Steve	Newquay Road Runners	07:31.0	415	176
177	0:37:36 MORAN, Tim	Carn Runners	07:31.0	159	177
178	0:37:38 THOMAS, Rachael	Cornwall AC	07:31.4	106	178
179	0:37:41 TALLING, Lisa	Newquay Road Runners	07:32.0	448	179
180	0:37:45 COLEY, Alex	East Cornwall Harriers	07:32.8	191	180
181	0:37:46 BEARD, Robert	Bodmin Road Runners	07:33.0	27	181
182	0:37:49 DODWELL, Helen	Truro Running Club	07:33.6	564	182
183	0:37:50 SMITH, Sharon	Carn Runners	07:33.8	173	183
184	0:37:50 BENNETT, Charlotte	Hayle Runners	07:33.8	247	184
185	0:37:52 RUSSELL, Barry	St Austell Running Club	07:34.2	488	185
186	0:37:55 HARRISON, Karen	Cornwall AC	07:34.8	78	186
187	0:37:55 NUGENT, Debbie	Cornwall AC	07:34.8	92	187
188	0:37:59 SMITHERAM, Mark	Carn Runners	07:35.6	175	188
189	0:38:01 CIANO, Phillip	Newquay Road Runners	07:36.0	410	189
190	0:38:05 WILES, Brian	Launceston Road Runners	07:36.8	332	190
191	0:38:07 CARTER, Lee	Newquay Road Runners	07:37.2	409	191
192	0:38:08 ROGERS, Laura	Cornwall AC	07:37.4	96	192
193	0:38:09 SPARKES, Vicki	Bodmin Road Runners	07:37.6	36	193
194	0:38:10 BRADBURY, Rosie	Falmouth Road Runners	07:37.8	2	194
195	0:38:12 KENNEDY, Janine	Falmouth Road Runners	07:38.2	10	195
196	0:38:14 GLOVER, Ruth	Mounts Bay Harriers	07:38.6	372	196
197	0:38:14 BOUCHER, Richard	Mounts Bay Harriers	07:38.6	367	197
198	0:38:18 HUMPHREY, Irwin	Hayle Runners	07:39.4	492	198
199	0:38:20 SMITH, Derek	Hayle Runners	07:39.8	299	199
200	0:38:22 WOODARD, Stephen	East Cornwall Harriers	07:40.2	241	200
201	0:38:22 SOLOMON, Pam	Bodmin Road Runners	07:40.2	42	201

202	0:38:23	REEVE, Paul	Carn Runners	07:40.4	166	202
203	0:38:24	HAUGHTON, Dom		07:40.6	580	203
204	0:38:27	HEAD, Matthew	Cornwall AC	07:41.2	79	204
205	0:38:34	HARTILL, Gail	Bodmin Road Runners	07:42.6	35	205
206	0:38:42	EYRE, Janna	Carn Runners	07:44.2	135	206
207	0:38:53	ASPDEN, Gail	Hayle Runners	07:46.4	244	207
208	0:38:54	GEARING, Nicola		07:46.6	577	208
209	0:38:56	PICK, Robert	East Cornwall Harriers	07:47.0	219	209
210	0:38:58	BRYDON, Jackie	Bodmin Road Runners	07:47.4	30	210
211	0:39:04	BLIZZARD, Andrew	Truro Running Club	07:48.6	545	211
212	0:39:04	RAMSEY, Chris	Truro Running Club	07:48.6	559	212
213	0:39:12	ELLIS, Andrew	Hayle Runners	07:50.2	259	213
214	0:39:14	GARVEY, Jessica	Hayle Runners	07:50.6	262	214
215	0:39:16	GOULD, Marie	Cornwall AC	07:51.0	75	215
216	0:39:17	VAUGHNLEY, Craig	East Cornwall Harriers	07:51.2	234	216
217	0:39:20	WILLIAMS, Amy	East Cornwall Harriers	07:51.8	237	217
218	0:39:21	LYNCH, David	Mounts Bay Harriers	07:52.0	377	218
219	0:39:22	WILLIAMS, Trevor	Tamar Trotters	07:52.2	540	219
220	0:39:23	GUMMOW, Katie	Looe Pioneers	07:52.4	343	220
221	0:39:24	PITMAN, Vinny	Tamar Trotters	07:52.6	531	221
222	0:39:27	GIBSON, Alice	Hayle Runners	07:53.2	264	222
223	0:39:34	HUNT, Jenna	Falmouth Road Runners	07:54.6	9	223
224	0:39:34	ANDREWS, Mark	East Cornwall Harriers	07:54.6	187	224
225	0:39:42	THOMAS, Helen	Carn Runners	07:56.2	177	225
226	0:39:45	MCKINLEY, John	Tamar Trotters	07:56.8	522	226
227	0:39:45	TREGENZA, Elizabeth	Cornwall AC	07:56.8	108	227
228	0:39:47	STACKHOUSE, Helena	Cornwall AC	07:57.2	101	228
229	0:39:50	OWEN, Mark	St Austell Running Club	07:57.8	482	229
230	0:39:56	WHALE, Matthew	Newquay Road Runners	07:59.0	449	230
231	0:39:58	GERRARD, Corinne	Hayle Runners	07:59.4	263	231
232	0:39:59	TRETHEWEY, Martin	St Austell Running Club	07:59.6	500	232
233	0:39:59	WONNACOTT, Ian	East Cornwall Harriers	07:59.6	239	233
234	0:40:00	ROWE, Christopher	Carn Runners	07:59.8	170	234
235	0:40:04	LONGMAN, Claire	Truro Running Club	08:00.6	553	235
236	0:40:07	ELSTONE, Meryl	Carn Runners	08:01.2	131	236
237	0:40:08	EVANS, Gareth	Carn Runners	08:01.4	133	237
238	0:40:09	LILLIS, John	Newquay Road Runners	08:01.6	435	238
239	0:40:11	LANGSTAFF, Emma	Looe Pioneers	08:02.0	345	239
240	0:40:12	GEORGE, Andrew	Hayle Runners	08:02.2	252	240
241	0:40:13	HARLEY, David	St Austell Running Club	08:02.4	501	241
242	0:40:15	LYNCH, Kelsey	Mounts Bay Harriers	08:02.8	378	242
243	0:40:19	ROWE, Melissa	St Austell Running Club	08:03.6	487	243
244	0:40:23	WEBB, Helen	Mounts Bay Harriers	08:04.4	396	244
245	0:40:27	GARDINER, Steven	St Austell Running Club	08:05.2	469	245
246	0:40:29	LEWIS, Bridget	Mounts Bay Harriers	08:05.6	376	246
247	0:40:35	WILKES, Judith	Falmouth Road Runners	08:06.8	19	247
248	0:40:35	MACLAREN, Steve	Hayle Runners	08:06.8	276	248
249	0:40:41	MCKENZIE, Tracy	Newquay Road Runners	08:08.0	440	249
250	0:40:43	SAUNDERS, Karl	East Cornwall Harriers	08:08.4	222	250
251	0:40:44	WATERS, Claire	Launceston Road Runners	08:08.6	330	251
252	0:40:47	DREW, Peter	Carn Runners	08:09.2	129	252
253	0:40:51	RICHARDS, Emma	Mounts Bay Harriers	08:10.0	389	253
254	0:40:53	BENNETT, Emily	Hayle Runners	08:10.4	246	254
255	0:40:55	BULLOCK, Katie	Newquay Road Runners	08:10.8	384	255
256	0:41:04	THOMAS, Alison	Hayle Runners	08:12.6	302	256
257	0:41:13	EVANS, Treve	Carn Runners	08:14.4	132	257
258	0:41:15	MARTIN, Colin	Newquay Road Runners	08:14.8	437	258
259	0:41:16	PIERCE, Ruth	Hayle Runners	08:15.0	291	259
260	0:41:16	COUNTER, Lynn	Newquay Road Runners	08:15.0	414	260
261	0:41:19	COWBURN, Sarah	Mud Crew Trail Runners	08:15.6	338	261
262	0:41:25	SUDELL, John	East Cornwall Harriers	08:16.8	230	262
263	0:41:27	JONES, Simon	Carn Runners	08:17.2	147	263
264	0:41:28	JENKIN, Steve	Cornwall AC	08:17.4	81	264
265	0:41:31	LOCKETT, Pat	Newquay Road Runners	08:18.0	436	265
266	0:41:35	TIPPETS, Hana	Falmouth Road Runners	08:18.8	15	266
267	0:41:36	BURROWS, Robert	Mounts Bay Harriers	08:19.0	368	267
268	0:41:41	BROBIN, Cody	Newquay Road Runners	08:20.0	405	268
269	0:41:41	BATHE, Nicola	Truro Running Club	08:20.0	541	269

270	0:41:45 TOWNEND, Stewart	Hayle Runners	08:20.8	303	270
271	0:41:48 HARRIS, Tamsyn		08:21.4	579	271
272	0:41:49 UREN, Lisa	Carn Runners	08:21.6	180	272
273	0:41:49 VINNICOMBE, Jason	Carn Runners	08:21.6	181	273
274	0:41:51 DUFFEY, Natasha	East Cornwall Harriers	08:22.0	197	274
275	0:41:56 WEYERS, Zeinab	Cornwall AC	08:23.0	114	275
276	0:41:56 SIERACKI, Helen	SE Fitness	08:23.0	594	276
277	0:42:01 CROWLE, Jonathan	Truro Running Club	08:24.0	551	277
278	0:42:02 HYNES, Jaine	Launceston Road Runners	08:24.2	318	278
279	0:42:04 COPE, Jackie	Falmouth Road Runners	08:24.6	5	279
280	0:42:05 FLEET, Vicky	Falmouth Road Runners	08:24.8	8	280
281	0:42:10 SOLOMON, Andrew	Bodmin Road Runners	08:25.8	41	281
282	0:42:13 JARVIS, Jodie-May	St Austell Running Club	08:26.4	475	282
283	0:42:16 ELLEN, Emily	Hayle Runners	08:27.0	288	283
284	0:42:21 RICKWOOD, Richard	Newquay Road Runners	08:28.0	441	284
285	0:42:24 COOK, Damian	Mounts Bay Harriers	08:28.6	391	285
286	0:42:27 HANDLEY, Emma	East Cornwall Harriers	08:29.2	200	286
287	0:42:28 OLIVER, Martin	Mounts Bay Harriers	08:29.4	386	287
288	0:42:34 PICKARD, Linda	Launceston Road Runners	08:30.6	324	288
289	0:42:37 CADDY, Chantelle	Mounts Bay Harriers	08:31.2	369	289
290	0:42:38 MUTSAERS, Kirstie	Cornwall AC	08:31.4	90	290
291	0:42:42 ROBERTS, Mary	Launceston Road Runners	08:32.2	326	291
292	0:42:43 KNOWLES, Helen	Hayle Runners	08:32.4	270	292
293	0:42:43 BENNETTS, Shaun	Hayle Runners	08:32.4	248	293
294	0:42:44 WHETTON, Grace	Mounts Bay Harriers	08:32.6	397	294
295	0:42:50 COLLINS, Joanna	St Austell Running Club	08:33.8	461	295
296	0:42:50 HILL, Sandi	Newquay Road Runners	08:33.8	417	296
297	0:42:54 CAFF, Wayne	Newquay Road Runners	08:34.6	407	297
298	0:42:54 HAGHANI, Laura	Hayle Runners	08:34.6	266	298
299	0:42:54 NICHOLLS, Tracey	Mounts Bay Harriers	08:34.6	385	299
300	0:42:56 STEPTO, Brett	Cornwall AC	08:35.0	102	300
301	0:42:58 FOSTER, Diane	Looe Pioneers	08:35.4	341	301
302	0:43:02 WHITTAKER, Wendy		08:36.2	600	302
303	0:43:03 HIBBERT, Clive	Mounts Bay Harriers	08:36.4	374	303
304	0:43:03 COCQUYT, Peter	Bodmin Road Runners	08:36.4	31	304
305	0:43:05 SAUNDERS, Lyndsey	East Cornwall Harriers	08:36.8	223	305
306	0:43:06 PALMER, Michael	East Cornwall Harriers	08:37.0	216	306
307	0:43:08 BROOKES, Mandy	Newquay Road Runners	08:37.4	406	307
308	0:43:15 WALTERS, Karen	Newquay Road Runners	08:38.8	450	308
309	0:43:17 GREGORY, Amy	Newquay Road Runners	08:39.2	428	309
310	0:43:23 SMITH, Hannah	Hayle Runners	08:40.4	300	310
311	0:43:24 THOMAS, Fiona	St Austell Running Club	08:40.6	496	311
312	0:43:25 HILTON, Glen		08:40.8	582	312
313	0:43:25 MANSFIELD, Sue	Truro Running Club	08:40.8	554	313
314	0:43:26 NORTHEY, Joanna	Launceston Road Runners	08:41.0	323	314
315	0:43:27 SKYBA, Joanna	St Austell Running Club	08:41.2	490	315
316	0:43:28 BOYCE, Christian	Looe Pioneers	08:41.4	335	316
317	0:43:29 SENIOR, Ann	Hayle Runners	08:41.6	298	317
318	0:43:30 DAVEY, Tamzin	Cornwall AC	08:41.8	70	318
319	0:43:31 CATTERALL, Diane	Carn Runners	08:42.0	126	319
320	0:43:33 MAYWOOD, Kirstie	Looe Pioneers	08:42.4	347	320
321	0:43:35 TRETHERWEY, Charlie	St Austell Running Club	08:42.8	499	321
322	0:43:37 EVANS, Alun	Hayle Runners	08:43.2	260	322
323	0:43:37 DE ROZARIEUX, Nathan	Hayle Runners	08:43.2	258	323
324	0:43:38 DREW, Barry	Carn Runners	08:43.4	130	324
325	0:43:39 FLORES, Pierre	Hayle Runners	08:43.6	261	325
326	0:43:40 BUNTING, Maggie	Tamar Trotters	08:43.8	511	326
327	0:43:40 BREMNER, Jane	Tamar Trotters	08:43.8	510	327
328	0:43:44 BARRIBALL, Julie	Launceston Road Runners	08:44.6	317	328
329	0:43:45 PASCOE, Anna	Mud Crew Trail Runners	08:44.8	399	329
330	0:43:46 BERTHO, Nicola	St Austell Running Club	08:45.0	455	330
331	0:43:46 CLARK, Emma	Looe Pioneers	08:45.0	337	331
332	0:43:52 MASTERS, Karen	Newquay Road Runners	08:46.2	438	332
333	0:43:57 BRANDHAM, Lois	Newquay Road Runners	08:47.2	404	333
334	0:44:03 COCQUYT, Claire		08:48.4	32	334
335	0:44:04 BOWERS, Karina	St Austell Running Club	08:48.6	457	335
336	0:44:09 RAY, Pamela	Hayle Runners	08:49.6	293	336
337	0:44:11 FLOYD-NORRIS, Sue	St Austell Running Club	08:50.0	468	337

338	0:44:13 STEPHENS, Jane	Bodmin Road Runners	08:50.4	44	338
339	0:44:17 PELLOWE, Olivia	Carn Runners	08:51.2	163	339
340	0:44:18 Taryn	St Austell Running Club	08:51.4	481	340
341	0:44:22 WARREN, Diane	Hayle Runners	08:52.2	307	341
342	0:44:25 WISNER, Kath	St Austell Running Club	08:52.8	505	342
343	0:44:28 OLDHAM, Lucy	East Cornwall Harriers	08:53.4	215	343
344	0:44:30 CAULFIELD, Trudy	Tamar Trotters	08:53.8	514	344
345	0:44:30 CAULFIELD, Paul	Tamar Trotters	08:53.8	513	345
346	0:44:31 MATRAVES, Julie	Carn Runners	08:54.0	158	346
347	0:44:31 FOSTER, Graham	Looe Pioneers	08:54.0	340	347
348	0:44:32 LYDALL, Denise	Falmouth Road Runners	08:54.2	11	348
349	0:44:35 ALLEN, Rebecca		08:54.8	120	349
350	0:44:39 CORNES, Sheona		08:55.6	575	350
351	0:44:40 ALEXANDER, Samantha	Cornwall AC	08:55.8	59	351
352	0:44:42 CRANE, Michael	St Austell Running Club	08:56.2	462	352
353	0:44:44 BARNES, John	Launceston Road Runners	08:56.6	316	353
354	0:44:51 SWIFT, Sarah	Launceston Road Runners	08:58.0	327	354
355	0:44:52 MCKINLEY, Hilda	Tamar Trotters	08:58.2	523	355
356	0:44:53 PICKARD, David	Launceston Road Runners	08:58.4	325	356
357	0:44:53 SLY, Sandra	Truro Running Club	08:58.4	560	357
358	0:44:54 SAUNTER, Jenny	Bodmin Womens RC	08:58.6	56	358
359	0:44:56 WOODFINE-BEARD, Kelly	Newquay Road Runners	08:59.0	453	359
360	0:45:00 LEADBETTER, Nicola	Grit and Grin	08:59.8	583	360
361	0:45:03 HARRINGTON, Mark	Carn Runners	09:00.4	140	361
362	0:45:06 JAYNE, Samantha		09:01.0	434	362
363	0:45:09 BENDE (ROSSALL), Cassi	Truro Running Club	09:01.6	543	363
364	0:45:10 WEBBER, Carol		09:01.8	599	364
365	0:45:12 STUTHRIDGE, Helen	St Austell Running Club	09:02.2	473	365
366	0:45:17 GARDINER, Natalie	Bodmin Womens RC	09:03.2	50	366
367	0:45:20 KITCHEN, Amelia	Hayle Runners	09:03.8	269	367
368	0:45:21 BOWDEN, John	Looe Pioneers	09:04.0	334	368
369	0:45:22 BURGESS, Mel	Hayle Runners	09:04.2	251	369
370	0:45:25 HAM, Neil	Cornwall AC	09:04.8	77	370
371	0:45:26 FRANTZ, Derrick	Cornwall AC	09:05.0	73	371
372	0:45:27 WALL, Leza	East Cornwall Harriers	09:05.2	235	372
373	0:45:31 DOBSON, Graham	Newquay Road Runners	09:06.0	422	373
374	0:45:32 SILVERTHORN, Kevin	Mounts Bay Harriers	09:06.2	393	374
375	0:45:33 DOBSON, Lesley	Newquay Road Runners	09:06.4	423	375
376	0:45:39 CUMBLEY, Kat	Hayle Runners	09:07.6	256	376
377	0:45:41 POCHEE, Amanda	Hayle Runners	09:08.0	292	377
378	0:45:43 MAYWOOD, Bryan	Looe Pioneers	09:08.4	346	378
379	0:45:46 WILKINSON, Judith	Tamar Trotters	09:09.0	539	379
380	0:45:46 DONIGIEWICZ, Urszula	Truro Running Club	09:09.0	550	380
381	0:45:47 ROBERTS, Helen	Tamar Trotters	09:09.2	533	381
382	0:45:52 ALLEN, Tracey	Newquay Road Runners	09:10.2	401	382
383	0:45:54 BEARD, Sharon	Bodmin Road Runners	09:10.6	28	383
384	0:45:54 MORSE, Nicky	Mounts Bay Harriers	09:10.6	383	384
385	0:45:55 BROWN, Lorraine	Truro Running Club	09:10.8	547	385
386	0:45:57 Demelza	Carn Runners	09:11.2	185	386
387	0:45:58 MORSE, Jackie	Mounts Bay Harriers	09:11.4	382	387
388	0:45:58 PEARCE, Deborah	Hayle Runners	09:11.4	290	388
389	0:46:02 THOMSON, Rachel	Mounts Bay Harriers	09:12.2	395	389
390	0:46:04 LONG, Fran	Hayle Runners	09:12.6	275	390
391	0:46:05 HARVEY, Ceri	Carn Runners	09:12.8	141	391
392	0:46:06 KNOWLES, Juliet	Carn Runners	09:13.0	151	392
393	0:46:11 LEO, Cas	Hayle Runners	09:14.0	274	393
394	0:46:14 OLIVER, Darrel		09:14.6	589	394
395	0:46:15 BILLINGTON, Melanie	Hayle Runners	09:14.8	250	395
396	0:46:15 MCFADDEN, Tracy	Bodmin Womens RC	09:14.8	53	396
397	0:46:19 MORSE, Lucie		09:15.6	585	397
398	0:46:21 HOLT, Liane	Newquay Road Runners	09:16.0	433	398
399	0:46:22 DILLEIGH, Katherine	Carn Runners	09:16.2	128	399
400	0:46:24 MCDONOUGH, Sarah	East Cornwall Harriers	09:16.6	212	400
401	0:46:31 EVANS, Des	Newquay Road Runners	09:18.0	424	401
402	0:46:36 THOMAS, Hannah		09:19.0	597	402
403	0:46:37 WILDING, Sarah	Hayle Runners	09:19.2	310	403
404	0:46:37 WILDING, David	Hayle Runners	09:19.2	309	404
405	0:46:45 ATTFIELD, Alison		09:20.8	566	405

406	0:46:48 KNOWLES, Michael	Carn Runners	09:21.4	176	406
407	0:46:54 SAMMUT, Angie	Newquay Road Runners	09:22.6	443	407
408	0:47:00 OSBORN, Kathryn	Hayle Runners	09:23.8	287	408
409	0:47:00 GOWER, Lisa	Carn Runners	09:23.8	138	409
410	0:47:02 GIBSON, Faye	Carn Runners	09:24.2	137	410
411	0:47:02 BILLS, Kelly	Carn Runners	09:24.2	122	411
412	0:47:07 NICHOLSON, Diane	Tamar Trotters	09:25.2	527	412
413	0:47:10 RAIKER, Diana	Falmouth Road Runners	09:25.8	14	413
414	0:47:14 VENNING, Martin	Launceston Road Runners	09:26.6	328	414
415	0:47:16 HACKMAN, Tom	Newquay Road Runners	09:27.0	429	415
416	0:47:17 MOIR, Andrew	Tamar Trotters	09:27.2	524	416
417	0:47:19 CUTLAN, Jean	St Austell Running Club	09:27.6	463	417
418	0:47:19 HALL, Becky	Newquay Road Runners	09:27.6	430	418
419	0:47:27 CLEMENTS, John		09:29.2	127	419
420	0:47:30 BAWDEN, Mike	Cornwall AC	09:29.8	64	420
421	0:47:35 BOLT, Adrian	Truro Running Club	09:30.8	546	421
422	0:47:40 BEAZLEY, Steve	East Cornwall Harriers	09:31.8	189	422
423	0:47:41 BREAKSPEAR, Hannah	Cornwall AC	09:32.0	66	423
424	0:47:43 MARSHALL, Lavinia	Launceston Road Runners	09:32.4	319	424
425	0:47:52 LANE, Samantha	East Cornwall Harriers	09:34.2	207	425
426	0:48:00 PARKIN, Eleanor	Truro Running Club	09:35.8	557	426
427	0:48:03 HEWITT, Lucy	Newquay Road Runners	09:36.4	432	427
428	0:48:10 BOWDEN, Geraldine	Looe Pioneers	09:37.8	333	428
429	0:48:12 RICHARDS, Clair	Carn Runners	09:38.2	167	429
430	0:48:14 MATTHEWS, Susan	Mounts Bay Harriers	09:38.6	381	430
431	0:48:20 MULLEN, Shona	Truro Running Club	09:39.8	556	431
432	0:48:28 VOSPER, Francis	Bodmin Road Runners	09:41.4	47	432
433	0:48:29 MORGADO, Chloe	Cornwall AC	09:41.6	88	433
434	0:48:37 HARVEY, Lynn	Newquay Road Runners	09:43.2	431	434
435	0:48:42 PAYNE, Claire	Carn Runners	09:44.2	162	435
436	0:48:42 CREHAN, Kate	Hayle Runners	09:44.2	255	436
437	0:48:43 REED, Lisa	East Cornwall Harriers	09:44.4	220	437
438	0:48:51 EGGINGTON, Liz	East Cornwall Harriers	09:46.0	198	438
439	0:48:52 CABELLO, Lorraine	Tamar Trotters	09:46.2	512	439
440	0:48:52 ROSS, Ian	Tamar Trotters	09:46.2	534	440
441	0:48:53 BOARDMAN, Diane	Truro Running Club	09:46.4	549	441
442	0:48:54 CAWLEY, Anita	Tamar Trotters	09:46.6	515	442
443	0:49:00 PITCHER, David	Tamar Trotters	09:47.8	530	443
444	0:49:07 CULLEN, Gerry	East Cornwall Harriers	09:49.2	193	444
445	0:49:08 FRITH, Ray	Newquay Road Runners	09:49.4	425	445
446	0:49:09 MASON, John	Launceston Road Runners	09:49.6	321	446
447	0:49:19 JENKIN, Jacqueline	Cornwall AC	09:51.6	82	447
448	0:49:19 JENKIN, Richard	Cornwall AC	09:51.6	80	448
449	0:49:22 WOLSTENCROFT, Zoe	Carn Runners	09:52.2	186	449
450	0:49:25 COMMONS, Andrea		09:52.8	574	450
451	0:49:37 WADE, Margaret	Carn Runners	09:55.2	183	451
452	0:49:40 LOWE, Wendy	Bodmin Womens RC	09:55.8	52	452
453	0:49:40 POOLEY, Susan	Bodmin Womens RC	09:55.8	55	453
454	0:49:41 BARLOW, Claire	Bodmin Road Runners	09:56.0	26	454
455	0:49:44 LOOSLEY, Alison	St Austell Running Club	09:56.6	478	455
456	0:49:48 EVANS, Mollie	Carn Runners	09:57.4	134	456
457	0:49:51 DUDLEY, Michelle	St Austell Running Club	09:58.0	465	457
458	0:49:54 O'REILLY, Kevin	Tamar Trotters	09:58.6	528	458
459	0:50:02 MACK, Mike	Carn Runners	10:00.2	154	459
460	0:50:07 KENNEY, Charlotte	Hayle Runners	10:01.2	268	460
461	0:50:08 SKEA, Amelia	Bodmin Womens RC	10:01.4	57	461
462	0:50:11 Ralia		10:02.0	596	462
463	0:50:11 BOSTON, Samantha		10:02.0	571	463
464	0:50:16 ANDREWS, George	Mounts Bay Harriers	10:03.0	362	464
465	0:50:28 BOWDEN, Sally	Newquay Road Runners	10:05.4	402	465
466	0:50:29 HARPER, Penelope	Mounts Bay Harriers	10:05.6	373	466
467	0:50:32 BOND, Nina	Looe Pioneers	10:06.2	336	467
468	0:50:34 STEED, Sarah		10:06.6	229	468
469	0:50:35 SHELTON, Julianne	Truro Running Club	10:06.8	544	469
470	0:50:35 KEMP, Mandy	Looe Pioneers	10:06.8	344	470
471	0:50:36 HOCKING, Stacey	Hayle Runners	10:07.0	267	471
472	0:50:38 JOSE, Lucy Jane	Carn Runners	10:07.4	149	472
473	0:50:38 OATES, Harriet	Carn Runners	10:07.4	160	473

474	0:50:39	SIDNEY, Jo	Carn Runners	10:07.6	172	474
475	0:50:41	BROWN, Roger	Mud Crew Trail Runners	10:08.0	398	475
476	0:50:42	DENT, Nick		10:08.2	576	476
477	0:50:45	MCLEAN, Andrew	St Austell Running Club	10:08.8	480	477
478	0:50:54	CLEMS, Richard		10:10.6	573	478
479	0:50:54	ENDEAN, Dave	St Austell Running Club	10:10.6	466	479
480	0:51:11	PASCOE, Peter	Carn Runners	10:14.0	161	480
481	0:51:13	HOLT, Ashley	Carn Runners	10:14.4	142	481
482	0:51:28	NEWTON, Helena		10:17.4	587	482
483	0:51:29	ROWE, Lisa	St Austell Running Club	10:17.6	486	483
484	0:51:34	SMALL, Kimberley	St Austell Running Club	10:18.6	491	484
485	0:51:34	THOMAS, Jane	St Austell Running Club	10:18.6	495	485
486	0:51:34	HYDE-LINAKER, Elaine	St Austell Running Club	10:18.6	474	486
487	0:51:44	KINGTON, Norris	Cornwall AC	10:20.6	83	487
488	0:51:59	MARTIN, Hayley	Carn Runners	10:23.6	157	488
489	0:52:06	ASPINALL, Louise		10:25.0	565	489
490	0:52:07	COMBELLACK, Kerry	Newquay Road Runners	10:25.2	413	490
491	0:52:07	COMBELLACK, Peter	Newquay Road Runners	10:25.2	412	491
492	0:52:15	VOSPER, Nicola	Bodmin Road Runners	10:26.8	48	492
493	0:52:30	SOWERBY, Nicky	Truro Running Club	10:29.8	561	493
494	0:52:35	ENDEAN, Jeni		10:30.8	578	494
495	0:52:49	SMITH, Becky	Tamar Trotters	10:33.6	536	495
496	0:52:50	SMITH, John	Tamar Trotters	10:33.8	537	496
497	0:53:00	RICHARDS, Sara		10:35.8	592	497
498	0:53:05	JEFFERY, Amanda	Carn Runners	10:36.8	150	498
499	0:53:07	ROWE, Elaine		10:37.2	593	499
500	0:53:28	Leanne	Carn Runners	10:41.4	121	500
501	0:53:30	STENT, Claire	Newquay Road Runners	10:41.8	595	501
502	0:53:44	MARSH, Kathryn	Carn Runners	10:44.6	156	502
503	0:53:45	JAMIESON, Sandy	Carn Runners	10:44.8	145	503
504	0:53:54	JAMESON, Judy	Carn Runners	10:46.6	144	504
505	0:53:54	ARMSTRONG, Justine	Tamar Trotters	10:46.6	507	505
506	0:53:57	MAITLAND, Les	Tamar Trotters	10:47.2	520	506
507	0:54:04	FRANCIS, Donna	Newquay Road Runners	10:48.6	426	507
508	0:54:12	MATES, Lauren	Hayle Runners	10:50.2	281	508
509	0:54:13	SAVAGE, Suzie	Hayle Runners	10:50.4	283	509
510	0:54:20	FIRTH, Becky	Tamar Trotters	10:51.8	518	510
511	0:54:20	PITMAN, Debbie	Tamar Trotters	10:51.8	532	511
512	0:54:25	WEBSTER, Katherine	Newquay Road Runners	10:52.8	452	512
513	0:54:29	OLIVER, Rachel		10:53.6	588	513
514	0:54:29	SMITHERAM, Jo		10:53.6	174	514
515	0:54:30	MCLELLAN, Clare		10:53.8	584	515
516	0:54:32	Greta	Mounts Bay Harriers	10:54.2	363	516
517	0:54:43	WHITRIDGE, Tilly	Cornwall AC	10:56.4	116	517
518	0:54:50	SMALE, Lucy	East Cornwall Harriers	10:57.8	224	518
519	0:54:54	CAFF, Jane	Newquay Road Runners	10:58.6	408	519
520	0:55:01	BENETTS, Sophia		11:00.0	569	520
521	0:55:06	TAPHOUSE, Lesley	Bodmin Road Runners	11:01.0	46	521
522	0:55:08	EWART, Sam	St Austell Running Club	11:01.4	467	522
523	0:55:08	SLATTER, Kirstie	Truro Running Club	11:01.4	562	523
524	0:55:18	BOWDEN, Jenny	Newquay Road Runners	11:03.4	403	524
525	0:55:19	SILVERTHORN, Gillian	Mounts Bay Harriers	11:03.6	392	525
526	0:55:43	TODD, Christine	St Austell Running Club	11:08.4	497	526
527	0:55:57	BROWN, Andrew		11:11.2	572	527
528	0:56:09	DREW, Carole	Carn Runners	11:13.6	178	528
529	0:56:09	VINNICOMBE, Caroline	Carn Runners	11:13.6	182	529
530	0:56:13	SWETNAM, Jim	Hayle Runners	11:14.4	301	530
531	0:56:26	SMITH, Alan	East Cornwall Harriers	11:17.0	226	531
532	0:56:51	BRAY, Giovanna	Carn Runners	11:22.0	124	532
533	0:56:52	CARVETH, Debbie	Hayle Runners	11:22.2	253	533
534	0:57:05	TOY, Jeanette	Carn Runners	11:24.8	179	534
535	0:57:47	WHITEHOUSE, Claire	JP Fitness Cornwall	11:33.2	314	535
536	0:58:26	WRIGHT, Mike	Hayle Runners	11:41.0	313	536
537	0:58:33	EASTERBROOK, Liz	Mounts Bay Harriers	11:42.4	371	537
538	0:58:39	BLIGHT, Mandy	St Austell Running Club	11:43.6	456	538
539	0:58:39	WEBBER, Sharon	St Austell Running Club	11:43.6	504	539
540	0:59:00	TOWNSEND, Mark	Moorhaven RC	11:47.8	361	540
541	0:59:20	ASHFOLD, Simon	Moorhaven RC	11:51.8	359	541

542	0:59:21 OVERD, Lynne	Looe Pioneers	11:52.0	348	542
543	0:59:41 BILLINGTON, Tish	Hayle Runners	11:56.0	249	543
544	0:59:48 TRERISE, Catherine	Cornwall AC	11:57.4	111	544
545	1:00:01 THOMAS, Kathryn	Cornwall AC	12:00.0	104	545
546	1:00:02 WOOD, Lorna	Falmouth Road Runners	12:00.2	23	546
547	1:01:20 KERSHAW, Katie		12:15.8	25	547
548	1:01:29 NANCARROW, Karen	Hayle Runners	12:17.6	285	548
549	1:01:30 NANCARROW, David	Hayle Runners	12:17.8	286	549
550	1:01:44 WARE, Daryll		12:20.6	598	550
551	1:01:44 LIDIARD, Sandra	Bodmin Womens RC	12:20.6	51	551
552	1:02:26 DUKE, Jan	Tamar Trotters	12:29.0	516	552
553	1:03:16 SHAPLAND, Ron	Newquay Road Runners	12:39.0	444	553
554	1:03:22 PEAKE, Sharon	Bodmin Womens RC	12:40.2	54	554
555	1:05:09 BOWDEN, Ian	Carn Runners	13:01.6	123	555
556	1:06:11 MASSEY, Jennie	Hayle Runners	13:14.0	279	556
557	1:06:11 WILKINSON, Hannah	Hayle Runners	13:14.0	311	557
558	1:08:36 ROWE, Tracey	Carn Runners	13:43.0	171	558
559	1:08:41 CARTHEW, Samantha	Bodmin Womens RC	13:44.0	49	559
560	1:08:52 VOSPER, Lisa	Bodmin Womens RC	13:46.1	58	560
561	1:11:26 BARNES, Phoebe		14:16.9	567	561
562	1:11:57 BARNES, Sarah	Launceston Road Runners	14:23.1	315	562
563	1:14:05 VENNING, Ann	Launceston Road Runners	14:48.7	329	563
564	1:14:08 HULCOOP, Jason	Moorhaven RC	14:49.3	360	564
565	1:25:25 HOWELL, Carolyn	Carn Runners	17:04.7	143	565