

TYWARDREATH TROTTER – 29TH JULY 2017

Position	Time	Name	Team	CATEGORY	Pace	No
1	0:41:22	CORRALES, Michael	North Wales RR	Male under 35	05:54.5	702
2	0:42:05	RATCLIFFE, Floyd	Hayle Runners	Male under 35	06:00.6	667
3	0:43:08	GOODWAY, Dan	Truro Running Club	Male under 35	06:09.6	579
4	0:43:38	WILLIAMS, Simon S	St Austell Running Club	Male Vet 40-44	06:13.9	649
5	0:44:03	MASTERS, Jamie	St Austell Running Club	Male under 35	06:17.5	344
6	0:44:07	CARTHEY, Tom	Falmouth Road Runners	Male under 35	06:18.0	731
7	0:44:15	BARNET, James	Falmouth Road Runners	Male under 35	06:19.2	554
8	0:44:34	STEVENS, Paul	St Austell Running Club	Male Vet 40-44	06:21.9	403
9	0:44:48	DANIELS, Alex	Newquay Road Runners	Male Vet 40-44	06:23.9	707
10	0:44:53	KNOWLES, Simon	Hayle Runners	Male Vet 40-44	06:24.6	733
11	0:45:10	CUTLAN, James	St Austell Running Club	Male under 35	06:27.0	621
12	0:45:41	RAMSDEN, Clive	Bodmin Road Runners	Male Vet 40-44	06:31.5	465
13	0:45:53	SAVAGE, Rich	Hayle Runners	Male Vet 50-54	06:33.2	606
14	0:45:55	EVANS, Darren	Launceston Road Runners	Male Vet 35-39	06:33.5	575
15	0:46:01	STRACHAN, Steven	Falmouth Road Runners	Male Vet 40-44	06:34.3	560
16	0:46:36	BARRETT, Chris	Truro Running Club	Male Vet 45-49	06:39.3	720
17	0:46:37	JEPSON, Aidan	Truro Running Club	Male Vet 35-39	06:39.5	421
18	0:46:45	TREDGOLD, Lee	Truro Running Club	Male Vet 40-44	06:40.6	589
19	0:46:45	PAINE, Jamie	Bodmin Road Runners	Male under 35	06:40.6	705
20	0:46:45	BRYDON, James	Bodmin Road Runners	Male under 35	06:40.6	321
21	1:46:46	SAWFORD, Paul	Carn Runners	Male Vet 50-54	15:14.9	729
22	0:46:46	HOOPER, Gregg	Newquay Road Runners	Male Vet 35-39	06:40.7	721
23	0:47:11	DAWBER, Phil	Bodmin Road Runners	Male under 35	06:44.3	526
24	0:47:20	TREGONNING, David		Male under 35	06:45.6	523
25	0:47:27	HUGHES, Joe		Male under 35	06:46.6	735
26	0:47:29	TRUDGIAN, Andy	St Austell Running Club	Male Vet 45-49	06:46.9	647
27	0:47:38	SNAZELL, Matt	Truro Running Club	Male under 35	06:48.2	570
28	0:47:59	VARKER, Darren		Male Vet 40-44	06:51.2	411
29	0:48:00	DEACON, Mark	Looe Pioneers	Male under 35	06:51.3	449
30	0:48:29	RICHARDS, Gary	Mounts Bay Harriers	Male Vet 45-49	06:55.5	695
31	0:48:37	COCKLEY, James		Male under 35	06:56.6	600
32	0:48:38	STANDING, Rob	Truro Running Club	Male Vet 40-44	06:56.7	587
33	0:48:49	JACKSON, Brett	St Austell Running Club	Male under 35	06:58.3	627
34	0:48:51	TAPHOUSE, Joshua	Bodmin Road Runners	Male under 35	06:58.6	425
35	0:49:17	WATSON, Robin	Falmouth Road Runners	Male Vet 50-54	07:02.3	565
36	0:49:53	PITCHER, Tom	Tamar Trotters	Male under 35	07:07.5	453
37	0:49:58	LITTLEJOHNS, Mark	Falmouth Road Runners	Male Vet 45-49	07:08.2	726
38	0:50:30	SHIRLEY, Rich	St Austell Running Club	Male under 35	07:12.7	328
39	0:50:57	WALKER, Iain	St Austell Running Club	Male Vet 60-64	07:16.6	648
40	0:51:10	REID, Steve	St Austell Running Club	Male Vet 40-44	07:18.4	639
41	0:51:12	TWIGGS, Tim	Hayle Runners	Male Vet 50-54	07:18.7	672
42	0:51:18	KEMPNY, Jiri	St Austell Running Club	Male Vet 40-44	07:19.6	630
43	0:51:48	CHAPMAN, Chris		Male Vet 35-39	07:23.9	340
44	0:51:52	BRAY, Daniel	St Austell Running Club	Male under 35	07:24.4	435
45	0:52:00	GILES, Alan	St Austell Running Club	Male under 35	07:25.6	302
46	0:52:19	SMITH, Andrew		Male Vet 40-44	07:28.3	335
47	0:52:23	RAPSON, Nigel	St Austell Running Club	Male Vet 55-59	07:28.9	568
48	0:52:33	YEARLING, Michael		Male Vet 40-44	07:30.3	701
49	0:52:37	PENHALIGAN, Chris		Male under 35	07:30.9	728
50	0:52:50	SOPP, Thomas	Falmouth Road Runners	Male Vet 40-44	07:32.7	564
51	0:53:22	MORSE, Helen	East Cornwall Harriers	Female under 35	07:37.3	725
52	0:53:22	COLEY, Alex	East Cornwall Harriers	Male under 35	07:37.3	610
53	0:53:42	GEORGE, Craig		Male Vet 40-44	07:40.2	334
54	0:53:43	GREER, Mike	St Austell Running Club	Male under 35	07:40.3	651
55	0:53:44	PARKS, Jason		Male Vet 35-39	07:40.4	319

56	0:54:00	GRASSAM, Mark	Looe Pioneers	Male Vet 45-49	07:42.7	569
57	0:54:02	COX, Daniel	Bodmin Road Runners	Female under 35	07:43.0	547
58	0:54:03	HIRST, Danny		Male Vet 35-39	07:43.2	406
59	0:54:03	GREENWOOD, Paul		Male Vet 35-39	07:43.2	407
60	0:54:09	MOORE, Thomas	Truro Running Club	Male Vet 35-39	07:44.0	584
61	0:54:12	RICHARDS, Stuart	St Austell Running Club	Male Vet 40-44	07:44.4	640
62	0:54:13	OLIVE, Richard	Truro Running Club	Male Vet 45-49	07:44.6	662
63	0:54:22	SAVAGE, Faye	Hayle Runners	Female Vet 40-44	07:45.9	607
64	0:54:28	FERGUSON, Andrew	Mud Crew Trail Runners	Male Vet 50-54	07:46.7	706
65	0:54:31	HUGHES, Alan	Bodmin Road Runners	Male under 35	07:47.2	420
66	0:54:32	HOSKEN, Richard		Male Vet 35-39	07:47.3	612
67	0:54:42	COLLIVER, David		Male under 35	07:48.7	522
68	0:54:45	HANDS, Stephen	St Austell Running Club	Male Vet 45-49	07:49.2	542
69	0:54:48	GURRY, Harvey	Plymstock Road Runners	Male Vet 50-54	07:49.6	530
70	0:55:03	CARTER, Steven	Truro Running Club	Male Vet 40-44	07:51.7	658
71	0:55:04	LLOYD, James	Truro Running Club	Male Vet 40-44	07:51.9	472
72	0:55:17	SQUIRE, Darren	St Austell Running Club	Male Vet 45-49	07:53.7	318
73	0:55:27	GWYNNE, Paul	Mud Crew Trail Runners	Male Vet 50-54	07:55.2	698
74	0:55:34	BUTT, Kevin	Tiverton Harriers	Male Vet 40-44	07:56.2	482
75	0:55:39	ROWETT, Gavin		Male Vet 35-39	07:56.9	518
76	0:55:40	HARDING, Ben	East Cornwall Harriers	Male Vet 35-39	07:57.0	511
77	0:55:42	WILSON, Michael	Truro Running Club	Male Vet 55-59	07:57.3	669
78	0:55:44	GOODWAY, Lucy	Truro Running Club	Female under 35	07:57.6	591
79	0:55:45	KING, Mark	Cornwall AC	Male Vet 50-54	07:57.7	709
80	0:55:53	MARRIOTT, Chris	St Austell Running Club	Male Vet 35-39	07:58.9	633
81	0:56:00	SWEET, Kerry	St Austell Running Club	Female under 35	07:59.9	644
82	0:56:02	WALLBANK, Rob	St Austell Running Club	Male Vet 35-39	08:00.2	710
83	0:56:12	BATEMAN, Dominic	Bodmin Road Runners	Male under 35	08:01.6	487
84	0:56:15	KNIGHT, Mark	St Austell Running Club	Male Vet 40-44	08:02.0	331
85	0:56:15	DALE, Steve	Newquay Road Runners	Male Vet 40-44	08:02.0	548
86	0:56:20	RUSSELL, Barry	St Austell Running Club	Male Vet 35-39	08:02.7	643
87	0:56:22	THOMAS, Mark	Truro Running Club	Male Vet 40-44	08:03.0	592
88	0:56:27	MORGAN, Paul		Male Vet 40-44	08:03.7	326
89	0:56:28	OWEN, Mark	St Austell Running Club	Male Vet 40-44	08:03.9	636
90	0:56:42	LARHAM, Christopher		Male under 35	08:05.9	527
91	0:56:52	ALLEN, Marc		Male under 35	08:07.3	538
92	0:56:56	DUNN, Sam		Male Vet 35-39	08:07.9	732
93	0:56:58	CUTLAN, Hannah	St Austell Running Club	Female under 35	08:08.2	620
94	0:57:08	O'LEARY, Amanda	Knowle Dorridge RC	Female Vet 45-49	08:09.6	516
95	0:57:17	VICARY, Darren	St Austell Running Club	Male under 35	08:10.9	402
96	0:57:25	HARTILL, Gail	Bodmin Road Runners	Female Vet 40-44	08:12.0	509
97	0:57:32	ELLIS, Andrew	Hayle Runners	Male Vet 45-49	08:13.0	499
98	0:57:33	JONES, Stephen		Male Vet 35-39	08:13.2	434
99	0:57:33	MCDONAGH, Lynn	Hardley Runners	Female Vet 45-49	08:13.2	688
100	0:57:36	ROBINSON, Joanne	Looe Pioneers	Female Vet 40-44	08:13.6	597
101	0:57:44	MARKS, Stacie	St Austell Running Club	Female under 35	08:14.7	632
102	0:57:56	BROWN, David	St Petrocs Dragons Tri Club	Male Vet 35-39	08:16.4	697
103	0:58:01	THOMAS, Rachael	Cornwall AC	Female Vet 40-44	08:17.2	543
104	0:58:03	GAY, Jennifer	Truro Running Club	Female under 35	08:17.4	578
105	0:58:08	ALLEN, Peter	Newquay Road Runners	Male Vet 60-64	08:18.2	461
106	0:58:54	ROONEY, Michael	Mounts Bay Harriers	Male under 35	08:24.7	598
107	0:58:57	SOLOMON, Pam	Bodmin Road Runners	Female Vet 55-59	08:25.2	417
108	0:59:10	RAWLE, Jenny		Female Vet 40-44	08:27.0	322
109	0:59:13	WOOD, Glenn	East Cornwall Harriers	Male Vet 50-54	08:27.4	734
110	0:59:20	HUNTER, Mark	Bodmin Road Runners	Male Vet 35-39	08:28.4	432
111	0:59:22	BRYDON, Jackie	Bodmin Road Runners	Female Vet 50-54	08:28.7	320
112	0:59:24	JOHNSON, Sarah	St Austell Running Club	Female Vet 35-39	08:29.0	309
113	0:59:28	CHASE, Andy	St Austell Running Club	Male under 35	08:29.6	495

114	0:59:33	CAMBORIEUX, Catheryn	Truro Running Club	Female Vet 45-49	08:30.3	593
115	0:59:40	HARVEY, Ceri	Carn Runners	Female Vet 40-44	08:31.3	680
116	0:59:53	COCKLEY, Fleur		Female Vet 40-44	08:33.1	603
117	1:00:06	SHINER, Alan		Male Vet 45-49	08:35.0	687
118	1:00:07	JEFFREY-JONES, Monique	Bodmin Womens RC	Female Vet 45-49	08:35.1	477
119	1:00:07	GARDINER, Steven	St Austell Running Club	Male under 35	08:35.1	625
120	1:00:26	SLEEMAN, Jenna		Female under 35	08:37.9	690
121	1:00:28	GLOVER, Ruth	Mounts Bay Harriers	Female under 35	08:38.1	550
122	1:00:30	PRANGLEY, Michael		Male Vet 50-54	08:38.4	537
123	1:00:34	ADDERLEY, Philip	Erme Valley Harriers	Male Vet 40-44	08:39.0	668
124	1:00:39	MOORE, Andy	Hayle Runners	Male Vet 55-59	08:39.7	714
125	1:00:53	MULLIS, Adrian		Male under 35	08:41.7	342
126	1:01:03	GALE, Dave	Tamar Trail Runners	Male Vet 50-54	08:43.1	693
127	1:01:14	LEE, Steven		Male Vet 35-39	08:44.7	460
128	1:01:15	MENSING, Claire	Truro Running Club	Female Vet 40-44	08:44.9	583
129	1:01:27	OSBOURNE, Barry	Bodmin Road Runners	Male Vet 40-44	08:46.6	506
130	1:01:32	NUGENT, Debbie	Cornwall AC	Female Vet 50-54	08:47.3	708
131	1:01:33	ROWDEN, Kev		Male Vet 40-44	08:47.4	571
132	1:01:35	HILL, Nicholas		Male under 35	08:47.7	314
133	1:01:36	WILLIAMS, Lee		Male Vet 40-44	08:47.9	517
134	1:01:43	TRUDGEON, Steve		Male Vet 35-39	08:48.9	700
135	1:01:47	VAUGHNLEY, Craig	East Cornwall Harriers	Male Vet 45-49	08:49.4	452
136	1:01:53	GASCOIGNE, Mike		Male under 35	08:50.3	329
137	1:01:54	HEWITT, Amanda		Female Vet 40-44	08:50.4	541
138	1:01:55	POTTER, Alison	Newquay Road Runners	Female Vet 40-44	08:50.6	481
139	1:01:57	GORE, Louise	Newquay Road Runners	Female Vet 35-39	08:50.9	492
140	1:01:58	GARBETT, Linda	Tri Logic Cornwall	Female Vet 45-49	08:51.0	613
141	1:02:13	GERRARD, Corinne	Hayle Runners	Female Vet 45-49	08:53.1	719
142	1:02:21	TREGIDGO, Steve	St Austell Running Club	Male Vet 35-39	08:54.3	525
143	1:02:43	THOMAS, Helen	Carn Runners	Female Vet 45-49	08:57.4	682
144	1:02:48	KNUCKEY, Nigel	Truro Running Club	Male Vet 60-64	08:58.1	582
145	1:02:48	PRITCHARD, Christopher	Launceston Road Runners	Male Vet 55-59	08:58.1	458
146	1:02:51	BROWN, Jon		Male Vet 50-54	08:58.6	494
147	1:02:57	RICHARDS, Emma	Mounts Bay Harriers	Female Vet 35-39	08:59.4	696
148	1:03:01	WEBB, Kirsty	Looe Pioneers	Female under 35	09:00.0	478
149	1:03:14	HILL, Charlie		Male Vet 35-39	09:01.9	473
150	1:03:41	GOUNDRY, Andrew	Truro Running Club	Male Vet 50-54	09:05.7	580
151	1:03:46	JENKIN, Steve	Cornwall AC	Male Vet 45-49	09:06.4	576
152	1:04:15	APPLETON, Jane	St Austell Running Club	Female Vet 35-39	09:10.6	324
153	1:04:20	MEEHAN, Shane		Male under 35	09:11.3	445
154	1:04:27	PIPET, Martin	Bodmin Road Runners	Male Vet 40-44	09:12.3	512
155	1:04:49	MOORE, Nick		Male Vet 50-54	09:15.4	502
156	1:04:53	MCKENZIE, Tracy	Newquay Road Runners	Female Vet 35-39	09:16.0	661
157	1:05:06	BURROWS, Robert	Mounts Bay Harriers	Male Vet 60-64	09:17.9	535
158	1:05:07	ROWE, Melissa	St Austell Running Club	Female Vet 40-44	09:18.0	641
159	1:05:09	JONES, Malcolm	Launceston Road Runners	Male Vet 55-59	09:18.3	730
160	1:05:10	CROWLE, Jonathan	Truro Running Club	Male Vet 45-49	09:18.4	577
161	1:05:34	MCCAY, Oscar		Male under 35	09:21.9	343
162	1:05:37	HILL, Sarah	Newquay Road Runners	Female Vet 45-49	09:22.3	716
163	1:05:43	LEAN, David	East Cornwall Harriers	Male Vet 55-59	09:23.1	545
164	1:05:54	PASCOE, Anna	Mud Crew Trail Runners	Female Vet 35-39	09:24.7	422
165	1:06:01	WILSON, Chris		Male Vet 50-54	09:25.7	301
166	1:06:07	WILLCOCKS, Bob	Falmouth Road Runners	Male Vet 55-59	09:26.6	566
167	1:06:08	WONNACOTT, Sarah		Female Vet 35-39	09:26.7	727
168	1:06:26	RUSSO, Deborah	Serpentine Running Club	Female Vet 40-44	09:29.3	429
169	1:06:27	GOUNDRY, Karen	Truro Running Club	Female Vet 50-54	09:29.4	581
170	1:06:31	RINGER, Ian	Bodmin Road Runners	Male Vet 70-74	09:30.0	546
171	1:06:38	TRETHEWEY, Martin	St Austell Running Club	Male Vet 45-49	09:31.0	646

172	1:06:40	ASPDEN, Gail	Hayle Runners	Female Vet 45-49	09:31.3	657
173	1:06:41	MORCOM, Rachel		Female Vet 40-44	09:31.4	692
174	1:06:49	DREW, Peter	Carn Runners	Male Vet 65-69	09:32.6	681
175	1:06:54	BATEMAN, Rebecca	Bodmin Road Runners	Female Vet 40-44	09:33.3	486
176	1:07:18	DREW, Barry	Carn Runners	Male Vet 70-74	09:36.7	677
177	1:07:30	BUDGE, Claire	St Austell Running Club	Female Vet 40-44	09:38.4	618
178	1:07:32	ADAMS, Elaine	Hayle Runners	Female Vet 40-44	09:38.7	441
179	1:07:38	SMEATH, Richard		Male Vet 40-44	09:39.6	652
180	1:07:42	WILSON, Laura		Female under 35	09:40.1	684
181	1:07:49	MUIR, Kate		Female Vet 35-39	09:41.1	605
182	1:07:50	ROBINSON, Kevin		Male Vet 45-49	09:41.3	336
183	1:07:51	PALMER, Stefan	Bodmin Road Runners	Male Vet 45-49	09:41.4	488
184	1:08:01	HOWES, Tamsyn		Female Vet 35-39	09:42.9	333
185	1:08:02	BAGGULEY, Katie		Female Vet 45-49	09:43.0	430
186	1:08:03	STEVENS, Zoe		Female Vet 35-39	09:43.1	572
187	1:08:09	PATEMAN, Gemma	St Austell Running Club	Female Vet 35-39	09:44.0	723
188	1:08:11	COLEY, Simon	East Cornwall Harriers	Male Vet 50-54	09:44.3	609
189	1:08:14	FARLEY, Daniel		Male Vet 35-39	09:44.7	534
190	1:08:14	PUREMONT-FARLEY, Claire		Female under 35	09:44.7	533
191	1:08:15	COLTON-TAYLOR, Mark	Truro Running Club	Male Vet 55-59	09:44.9	683
192	1:08:25	COPE, Jackie	Falmouth Road Runners	Female Vet 60-64	09:46.3	556
193	1:08:34	GURRY, Thomas		Male under 35	09:47.6	531
194	1:08:37	BAZIN, Peter	St Austell Running Club	Male Vet 50-54	09:48.0	615
195	1:08:39	COCKLEY, Keiran		Male Vet 40-44	09:48.3	601
196	1:08:39	DOWDESWELL, Jude	Gloucester AC	Female under 35	09:48.3	451
197	1:08:39	NORMAN, Jolie		Female under 35	09:48.3	604
198	1:08:52	DOWDESWELL, Gavin		Male Vet 45-49	09:50.1	450
199	1:09:15	CURNOW, Janie	Falmouth Road Runners	Female Vet 40-44	09:53.4	438
200	1:09:20	BRALSFORD, Rose	Erme Valley Harriers	Female Vet 45-49	09:54.1	440
201	1:09:23	OLDHAM, Lucy	East Cornwall Harriers	Female Vet 40-44	09:54.6	457
202	1:09:25	WARREN, Diane	Hayle Runners	Female Vet 60-64	09:54.8	699
203	1:09:35	WILCOX, David	Truro Running Club	Male Vet 40-44	09:56.3	544
204	1:09:37	LONG, Alex		Male under 35	09:56.6	471
205	1:09:38	LONG, Simon	East Cornwall Harriers	Male Vet 50-54	09:56.7	470
206	1:09:38	LONG, Nathan		Male under 35	09:56.7	414
207	1:09:41	SMITH, Michael		Male under 35	09:57.1	474
208	1:09:42	BOWERS, Karina	St Austell Running Club	Female Vet 35-39	09:57.3	616
209	1:09:45	MCKENZIE, Craig		Male Vet 45-49	09:57.7	323
210	1:09:53	GREGORY, Martin	Looe Pioneers	Male Vet 50-54	09:58.8	552
211	1:09:56	KNIGHT, Anne Marie	St Austell Running Club	Female Vet 40-44	09:59.3	332
212	1:09:58	TILLEY, John	Bodmin Road Runners	Male Vet 65-69	09:59.6	462
213	1:10:19	MOORE, Jane	St Austell Running Club	Female Vet 55-59	10:02.6	501
214	1:10:26	ROBERTS, Helen	Tamar Trotters	Female Vet 45-49	10:03.6	694
215	1:10:27	ROWETT, Gareth	St Austell Running Club	Male under 35	10:03.7	642
216	1:10:32	CLARKE, Ray		Male Vet 45-49	10:04.4	599
217	1:10:34	FLOYD-NORRIS, Sue	St Austell Running Club	Female Vet 45-49	10:04.7	624
218	1:10:34	WISNER, Kath	St Austell Running Club	Female Vet 45-49	10:04.7	650
219	1:10:40	WARD, Hannah		Female Vet 40-44	10:05.6	673
220	1:10:46	PARISH, David		Male Vet 55-59	10:06.4	341
221	1:11:35	WALLER, Joely	St Austell Running Club	Female Vet 45-49	10:13.4	503
222	1:11:39	VALE, Stewart		Male Vet 50-54	10:14.0	308
223	1:11:46	MAYWOOD, Kirstie	Looe Pioneers	Female Vet 50-54	10:15.0	703
224	1:12:05	VARCOE, Daniel		Male under 35	10:17.7	510
225	1:12:10	TAGNEY, Simon		Male Vet 55-59	10:18.4	337
226	1:12:14	SAUNDERS, Richard	South London Warriors	Male Vet 55-59	10:19.0	540
227	1:12:14	SAUNDERS, Rachel	South London Warriors	Female Vet 45-49	10:19.0	539
228	1:12:16	TAGNEY, Matthew		Male Vet 60-64	10:19.3	415
229	1:12:18	SCHOLES, Claire		Female Vet 35-39	10:19.6	586

230	1:12:22	JANE, Gary	St Austell Running Club	Male Vet 45-49	10:20.1	724
231	1:12:22	ADJEI, Steven		Male Vet 45-49	10:20.1	715
232	1:12:23	MOORE, Teresa		Female Vet 45-49	10:20.3	493
233	1:12:35	WILTON, David	Falmouth Road Runners	Male Vet 60-64	10:22.0	567
234	1:12:52	PARKES, Sam		Male under 35	10:24.4	443
235	1:13:11	KELLY, Debbie	Bodmin Womens RC	Female Vet 45-49	10:27.1	479
236	1:13:22	MATRAVES, Julie	Carn Runners	Female Vet 45-49	10:28.7	678
237	1:14:12	JONES, Broni		Female Vet 35-39	10:35.8	311
238	1:14:15	MARSHALL, Debbie	St Austell Running Club	Female Vet 40-44	10:36.3	634
239	1:14:15	DENTON, Helen		Female under 35	10:36.3	480
240	1:14:42	MCFADDEN, Tracy	Bodmin Womens RC	Female Vet 50-54	10:40.1	469
241	1:14:46	LORIMER, David		Male Vet 50-54	10:40.7	602
242	1:14:52	LONG, Fran	Hayle Runners	Female Vet 55-59	10:41.6	500
243	1:14:54	WILKS, Mingkhuan		Female Vet 40-44	10:41.8	338
244	1:14:56	WILLIAMS, Nikki	Looe Pioneers	Female Vet 40-44	10:42.1	476
245	1:14:57	MCCULLOUGH, Lyndsey	St Austell Running Club	Female under 35	10:42.3	306
246	1:15:00	FLETCHER, Sally		Female Vet 50-54	10:42.7	310
247	1:15:13	WHITE, Karen	Bodmin Womens RC	Female Vet 45-49	10:44.6	656
248	1:15:13	DYMOND, Amanda	Bodmin Womens RC	Female Vet 40-44	10:44.6	596
249	1:15:18	MORRIS, Amy		Female Vet 40-44	10:45.3	521
250	1:15:22	MAYWOOD, Bryan	Looe Pioneers	Male Vet 50-54	10:45.8	704
251	1:15:24	WOODFINE-BEARD, Kelly	Newquay Road Runners	Female Vet 35-39	10:46.1	573
252	1:15:28	JEWELS, Lucy	St Austell Running Club	Female Vet 45-49	10:46.7	628
253	1:15:44	PASCOE, Wendy	Hayle Runners	Female Vet 50-54	10:49.0	713
254	1:15:45	BENDE (ROSSALL), Cassi	Truro Running Club	Female under 35	10:49.1	590
255	1:15:46	PEARCE, Deborah	Hayle Runners	Female Vet 45-49	10:49.3	439
256	1:15:49	JAMES, Patrick	Hardley Runners	Male Vet 45-49	10:49.7	689
257	1:15:54	FOSTER, Graham	Looe Pioneers	Male Vet 50-54	10:50.4	529
258	1:15:55	FOSTER, Diane	Looe Pioneers	Female Vet 45-49	10:50.6	528
259	1:16:16	SMITH, Brian		Male Vet 40-44	10:53.6	508
260	1:16:40	PITCHER, David	Tamar Trotters	Male Vet 55-59	10:57.0	454
261	1:16:41	ELLIS, Steve		Male Vet 50-54	10:57.1	653
262	1:16:46	EDEN, Reg	St Austell Running Club	Male Vet 65-69	10:57.8	654
263	1:16:58	PASCOE, Peter	Carn Runners	Male Vet 50-54	10:59.6	519
264	1:16:59	MULLARKEY, Mary	East Cornwall Harriers	Female Vet 65-69	10:59.7	505
265	1:17:06	HAY, Adam		Male Vet 35-39	11:00.7	711
266	1:17:09	WEEDON, Peter		Male Vet 65-69	11:01.1	312
267	1:17:11	ROLLS, Vikki		Female Vet 40-44	11:01.4	327
268	1:18:02	DUDLEY, Michelle	St Austell Running Club	Female Vet 45-49	11:08.7	623
269	1:18:04	NEWTON, Roy	Falmouth Road Runners	Male Vet 70-74	11:09.0	561
270	1:18:39	BOLT, Adrian	Truro Running Club	Male Vet 50-54	11:14.0	401
271	1:18:52	GREEN, Marie	Falmouth Road Runners	Female Vet 40-44	11:15.8	614
272	1:18:58	PLATTEN, Donna	St Austell Running Club	Female Vet 45-49	11:16.7	303
273	1:19:10	ANDREWS, George	Mounts Bay Harriers	Male Vet 65-69	11:18.4	444
274	1:19:26	REYNOLDS, Julie		Female Vet 45-49	11:20.7	736
275	1:19:32	VOSPER, Francis	Bodmin Road Runners	Male Vet 60-64	11:21.5	718
276	1:19:35	BARTLETT, Vicki		Female under 35	11:22.0	484
277	1:20:00	MACLAREN, Lesley	St Austell Running Club	Female under 35	11:25.5	631
278	1:20:04	BOARDMAN, Diane	Truro Running Club	Female Vet 35-39	11:26.1	497
279	1:20:20	CONNOR, Charlotte		Female under 35	11:28.4	483
280	1:20:26	BARLOW, Claire	Bodmin Road Runners	Female Vet 40-44	11:29.3	475
281	1:20:28	DORMER, Kathran	Falmouth Road Runners	Female Vet 65-69	11:29.5	557
282	1:20:52	OSBORNE, Louise	Falmouth Road Runners	Female Vet 35-39	11:33.0	456
283	1:20:55	JAMIESON, Sandy	Carn Runners	Female Vet 65-69	11:33.4	463
284	1:21:19	OSBORNE, Simon		Male Vet 40-44	11:36.8	455
285	1:21:21	JAMESON, Judy	Carn Runners	Female Vet 55-59	11:37.1	675
286	1:21:31	PRITCHARD, Jane	Launceston Road Runners	Female Vet 50-54	11:38.5	459
287	1:21:35	VOSPER, Nicola	Bodmin Road Runners	Female Vet 55-59	11:39.1	717

288	1:22:33	DEEKS, Hannah	Fen Edge Runners	Female Vet 40-44	11:47.4	408
289	1:23:00	WADE, Margaret	Carn Runners	Female Vet 65-69	11:51.3	426
290	1:23:09	RESCORL, Susan	Bodmin Womens RC	Female Vet 55-59	11:52.5	524
291	1:23:09	WASHER, Sarah	Bodmin Womens RC	Female Vet 35-39	11:52.5	490
292	1:23:09	GREGORY, Nicola	Bodmin Womens RC	Female Vet 35-39	11:52.5	428
293	1:23:19	TAMBLYN, Sharon	Bodmin Womens RC	Female Vet 55-59	11:54.0	496
294	1:23:21	CHANNING, Abi	St Austell Running Club	Female under 35	11:54.3	619
295	1:23:21	SWEET, Simon		Male under 35	11:54.3	339
296	1:23:22	MITCHELL, Dan	Cornwall AC	Male Vet 40-44	11:54.4	722
297	1:23:34	BECKHAM, Natasha		Female under 35	11:56.1	595
298	1:23:35	COOKE, Rhianna		Female under 35	11:56.3	498
299	1:23:36	ENDEAN, Jeni		Female under 35	11:56.4	594
300	1:23:38	ENDEAN, Dave	St Austell Running Club	Male Vet 60-64	11:56.7	330
301	1:24:30	ROWLANDS, Kate	Falmouth Road Runners	Female under 35	12:04.1	431
302	1:24:32	VINNICOMBE, Caroline	Carn Runners	Female Vet 40-44	12:04.4	679
303	1:24:38	KEMP, Mandy	Looe Pioneers	Female Vet 55-59	12:05.3	504
304	1:24:38	BUNT, Charlotte		Female Vet 35-39	12:05.3	446
305	1:24:40	WHITRIDGE, Tilly	Cornwall AC	Female Vet 45-49	12:05.5	464
306	1:25:21	SLATER, Kirstie	Truro Running Club	Female Vet 40-44	12:11.4	588
307	1:27:35	PARSONS, Anton		Male under 35	12:30.5	660
308	1:27:42	TAGNEY, Maggie	St Austell Running Club	Female Vet 65-69	12:31.5	304
309	1:27:53	MARTIN, Clare		Female under 35	12:33.1	670
310	1:27:53	AUSTIN, Bob		Male under 35	12:33.1	671
311	1:27:54	TAPHOUSE, Lesley	Bodmin Road Runners	Female Vet 55-59	12:33.2	424
312	1:29:06	DREW, Carole	Carn Runners	Female Vet 65-69	12:43.5	676
313	1:29:28	BOWDEN, Sally	Newquay Road Runners	Female Vet 50-54	12:46.7	664
314	1:30:04	TRACE, Lester		Male Vet 80+	12:51.8	532
315	1:30:16	SMITH, Neil		Male Vet 40-44	12:53.5	436
316	1:30:16	BUNTING, Malcolm		Male Vet 45-49	12:53.5	686
317	1:30:57	SODERGREN, Jo		Female Vet 45-49	12:59.4	405
318	1:30:57	RODDA, Joanne	St Austell Running Club	Female Vet 45-49	12:59.4	409
319	1:31:28	BILNER, Maria	Jaffa	Female Vet 40-44	13:03.8	691
320	1:31:31	GARRARD, David	Falmouth Road Runners	Male Vet 70-74	13:04.2	558
321	1:31:59	TOY, Julie	Carn Runners	Female Vet 50-54	13:08.2	712
322	1:32:01	TOY, Jeanette	Carn Runners	Female Vet 45-49	13:08.5	520
323	1:32:16	MASSEY, Jennie	Hayle Runners	Female Vet 55-59	13:10.7	427
324	1:32:16	BOXALL, Melanie	Falmouth Road Runners	Female Vet 50-54	13:10.7	555
325	1:32:21	RAIKER, Diana	Falmouth Road Runners	Female under 35	13:11.4	563
326	1:32:27	PENTREATH, Jackie	Falmouth Road Runners	Female Vet 55-59	13:12.2	562
327	1:33:17	LAWRENCE, Steven	Falmouth Road Runners	Male Vet 60-64	13:19.4	559
328	1:34:15	SPARY, Sarah		Female Vet 45-49	13:27.7	442
329	1:34:15	HOLLISTER, Emma		Female Vet 40-44	13:27.7	447
330	1:34:28	GREGORY, Julie	Looe Pioneers	Female Vet 45-49	13:29.5	551
331	1:36:54	OVERD, Lynne	Looe Pioneers	Female Vet 55-59	13:50.4	416
332	1:37:21	THOMAS, Kathryn	Cornwall AC	Female Vet 40-44	13:54.2	574
333	1:37:37	GILDEROY, Julie		Female Vet 50-54	13:56.5	313
334	1:38:08	MCINTYRE, Anne-marie	Rugby & Northampton AC	Female Vet 55-59	14:00.9	611
335	1:38:45	PARSONS, Graham		Male Vet 45-49	14:06.2	659