

MAGNIFICENT 7 – 16TH JULY 2017

Position	Time	Name	Team	Category	Pace	No
1	0:39:08	BREWER, Tony	Mile High	Male Vet 35-39	05:35.3	285
2	0:39:39	BENNEY, Aaron	Mile High	Male Vet 35-39	05:39.8	140
3	0:39:52	SNOOK, Colin	Cornwall AC	Male Vet 40-44	05:41.6	46
4	0:40:21	MORANT, Jordan	Hayle Runners	Male under 35	05:45.8	434
5	0:40:52	SMITH, Paul	Cornwall AC	Male Vet 40-44	05:50.2	40
6	0:41:19	MARTIN, Andrew	Mile High	Male Vet 35-39	05:54.0	197
7	0:41:33	RATCLIFFE, Floyd	Hayle Runners	Male under 35	05:56.0	382
8	0:41:38	WHEAR, Paul	Cornwall AC	Male Vet 45-49	05:56.7	47
9	0:42:13	COSTELLO, Daniel	Hayle Runners	Male under 35	06:01.7	426
10	0:42:17	MCWILLIAMS, John	Mounts Bay Harriers	Male under 35	06:02.3	237
11	0:42:25	SALAMONE, Craig	Cornwall AC	Male under 35	06:03.5	41
12	0:42:47	PERKINS, Ross	Storm Running Plymouth	Male Vet 35-39	06:06.6	424
13	0:43:01	PEYTON-JONES, Alex	Plymouth Harriers	Male Vet 35-39	06:08.6	370
14	0:43:02	FLETCHER, Steve	Plymouth Harriers	Male under 35	06:08.7	360
15	0:43:04	DAY, Justin	Cornwall AC	Male Vet 45-49	06:09.0	37
16	0:43:05	COLACO, Jonny	Newquay Road Runners	Male Vet 45-49	06:09.2	278
17	0:43:16	ANGELL, Dave	Mile High	Male under 35	06:10.7	199
18	0:43:44	EASTERBROOK, Roger	Teignbridge Trotters	Male Vet 40-44	06:14.7	423
19	0:43:51	STEPTO, Emma	Cornwall AC	Female Vet 45-49	06:15.7	51
20	0:44:05	BARKER, Christopher		Male under 35	06:17.7	377
21	0:44:08	COLWILL, Martin	Bideford AAC	Male Vet 50-54	06:18.2	445
22	0:44:17	ABRAHAM, Scott	Hayle Runners	Male Vet 45-49	06:19.5	61
23	0:44:19	WEBSTER, Mark	Cornwall AC	Male under 35	06:19.7	48
24	0:44:22	MARPLES, Alex	Truro Running Club	Male Vet 35-39	06:20.2	246
25	0:44:27	BECKENKRAGER, David	Plymouth Harriers	Male Vet 45-49	06:20.9	333
26	0:44:42	BARNET, James	Falmouth Road Runners	Male under 35	06:23.0	12
27	0:44:52	MASTERS, Jamie	St Austell Running Club	Male under 35	06:24.5	356
28	0:45:03	MURPHY, Carl	Mile High	Male Vet 40-44	06:26.0	455
29	0:45:09	KNOWLES, Simon	Hayle Runners	Male Vet 40-44	06:26.9	353
30	0:45:13	PREWETT, George	Tamar Trotters	Male under 35	06:27.5	419
31	0:45:15	ROSENFELD, Thomas	Hayle Runners	Male Vet 35-39	06:27.7	62
32	0:45:17	TREGENZA, Heidi	Cornwall AC	Female under 35	06:28.0	55
33	0:45:19	CUTLAN, James	St Austell Running Club	Male under 35	06:28.3	102
34	0:45:20	ADAMS, Tim	St Austell Running Club	Male Vet 45-49	06:28.5	96
35	0:45:43	PAULL, Emma	Hayle Runners	Female under 35	06:31.7	366
36	0:45:52	DAVIS, Glynn	Carn Runners	Male Vet 50-54	06:33.0	338
37	0:45:55	DITTY, Graham	Mile High	Male under 35	06:33.5	286
38	0:46:13	DEACON, Mark	Looe Pioneers	Male under 35	06:36.0	5
39	0:46:25	INGLEBY, Jaime		Male Vet 35-39	06:37.7	137
40	0:46:40	DALE, Matthew		Male under 35	06:39.9	312
41	0:46:59	STRACHAN, Steven	Falmouth Road Runners	Male Vet 40-44	06:42.6	296
42	0:47:00	ROWE, Tom	Storm Running Plymouth	Male under 35	06:42.7	442
43	0:47:22	STANDING, Rob	Truro Running Club	Male Vet 40-44	06:45.9	247
44	0:47:27	BAILEY, Ross	Plymouth Harriers	Male Vet 35-39	06:46.6	172
45	0:47:37	TRUDGIAN, Andy	St Austell Running Club	Male Vet 45-49	06:48.0	86
46	0:47:50	COULSON, Lee	Falmouth Road Runners	Male Vet 50-54	06:49.9	289
47	0:48:03	BUSCOMBE, Jessica	St Austell Running Club	Female under 35	06:51.7	103
48	0:48:10	BERRYMAN, Tom	Mounts Bay Harriers	Male under 35	06:52.7	204
49	0:48:23	TENNANT, William	Minehead RC	Male under 35	06:54.6	88
50	0:48:35	MEDLOCK, Bradley	Hayle Runners	Male Vet 35-39	06:56.3	378
51	0:48:39	PITCHER, Tom	Tamar Trotters	Male under 35	06:56.9	163
52	0:48:41	RENDLE, Steve	Newquay Road Runners	Male Vet 45-49	06:57.2	391
53	0:48:44	BURGESS, Kathryn	Cornwall AC	Female Vet 40-44	06:57.6	54
54	0:48:57	WATSON, Robin	Falmouth Road Runners	Male Vet 50-54	06:59.5	300
55	0:49:11	O'CONNELL, Martin		Male Vet 45-49	07:01.5	2
56	0:49:25	MAHONEY, Steven	Tamar Trotters	Male Vet 35-39	07:03.5	29
57	0:49:25	HODGSON, Lucy	Newquay Par AC	Female Vet 40-44	07:03.5	152

58	0:49:27	WYKES, Isobel	Truro Running Club	Female Vet 35-39	07:03.7	219
59	0:49:32	KEMPNY, Jiri	St Austell Running Club	Male Vet 40-44	07:04.5	196
60	0:49:34	LETCHFORD, Geoff	Mounts Bay Harriers	Male Vet 65-69	07:04.7	203
61	0:49:36	MUTSAERS, Adrian	Cornwall AC	Male Vet 45-49	07:05.0	53
62	0:49:42	PHILP, David	East Cornwall Harriers	Male Vet 55-59	07:05.9	245
63	0:49:57	RONNGARD, Mattias	Newquay Road Runners	Male Vet 45-49	07:08.0	277
64	0:50:02	SAVAGE, Jon	Hayle Runners	Male under 35	07:08.7	320
65	0:50:02	ROBERTS, Harrison		Male under 35	07:08.7	331
66	0:50:05	ARUNDEL, Jack	Storm Running Plymouth	Male under 35	07:09.2	400
67	0:50:26	BERRY, Adrian		Male Vet 40-44	07:12.2	464
68	0:50:34	ULLMAN, Chris	East Cornwall Harriers	Male Vet 45-49	07:13.3	147
69	0:50:35	YETTON, Ami	Plymouth Harriers	Female Vet 35-39	07:13.4	369
70	0:50:36	TWIGGS, Tim	Hayle Runners	Male Vet 50-54	07:13.6	70
71	0:50:45	WEBBER, Simon	East Cornwall Harriers	Male Vet 60-64	07:14.9	23
72	0:50:57	SHORT, Chris		Male under 35	07:16.6	458
73	0:51:05	TOSSELL, Michael	Storm Running Plymouth	Male under 35	07:17.7	160
74	0:51:17	REDDICLIFFE, Nigel	Launceston Road Runners	Male Vet 50-54	07:19.4	142
75	0:51:25	BLIGHT, James	Tamar Trotters	Male under 35	07:20.6	371
76	0:51:33	CROWLE, Revis	East Cornwall Harriers	Female Vet 55-59	07:21.7	336
77	0:51:37	ROBINSON, Joanne	Looe Pioneers	Female Vet 40-44	07:22.3	58
78	0:51:52	BAUGH, Daniel	Storm Running Plymouth	Male under 35	07:24.4	159
79	0:52:02	GRASSAM, Mark	Looe Pioneers	Male Vet 45-49	07:25.9	108
80	0:52:03	WALKER, Iain	St Austell Running Club	Male Vet 60-64	07:26.0	350
81	0:52:19	POLLARD, Lee	Tamar Trotters	Male under 35	07:28.3	420
82	0:52:23	COX, Daniel	Bodmin Road Runners	Female under 35	07:28.9	189
83	0:52:24	HARRISON, Karen	Cornwall AC	Female Vet 45-49	07:29.0	50
84	0:52:30	FERGUSON, Andrew	Mud Crew Trail Runners	Male Vet 50-54	07:29.9	446
85	0:52:34	JOHNSON, Paul	St Austell Running Club	Male under 35	07:30.4	265
86	0:52:35	PETERSEN, Guy	Tamar Trotters	Male Vet 45-49	07:30.6	470
87	0:52:36	FOX, Tom		Male under 35	07:30.7	169
88	0:52:40	NASH, Jenny	East Cornwall Harriers	Female Vet 55-59	07:31.3	432
89	0:52:47	HUSBAND, Jamie	East Cornwall Harriers	Male Vet 35-39	07:32.3	437
90	0:52:52	DAW, Sharon	East Cornwall Harriers	Female Vet 50-54	07:33.0	284
91	0:52:55	HIRONS, Sarah	Erme Valley Harriers	Female Vet 35-39	07:33.4	433
92	0:53:02	PICKERING, Stuart	Hayle Runners	Male Vet 50-54	07:34.4	60
93	0:53:04	ALLEN, Peter	Newquay Road Runners	Male Vet 60-64	07:34.7	24
94	0:53:10	FIRTH, Anthony	Tamar Trotters	Male Vet 45-49	07:35.6	263
95	0:53:14	JINMAN, Robert	Storm Running Plymouth	Male under 35	07:36.2	229
96	0:53:16	MACE, Stephen	Storm Running Plymouth	Male Vet 50-54	07:36.4	171
97	0:53:18	WHITE, Samuel		Male Vet 35-39	07:36.7	364
98	0:53:20	CORK, Michael	Plymouth Coasters	Male Vet 60-64	07:37.0	384
99	0:53:21	BARRETT, Dean	Tamar Trotters	Male Vet 50-54	07:37.2	228
100	0:53:22	JOSE, Amy	Hayle Runners	Female under 35	07:37.3	264
101	0:53:27	MILLWARD, Andy	Carn Runners	Male Vet 55-59	07:38.0	344
102	0:53:29	MEDLOCK, Kirsty	Hayle Runners	Female Vet 35-39	07:38.3	33
103	0:53:35	EDWARDS, Glynn	Newquay Road Runners	Male under 35	07:39.2	85
104	0:53:36	BLACK, Briony		Female under 35	07:39.3	68
105	0:53:40	GOODACRE, Peter	Tamar Trotters	Male Vet 35-39	07:39.9	107
106	0:53:41	POLGLASE, Tom	Carn Runners	Male Vet 65-69	07:40.0	346
107	0:53:42	BALL, Matthew		Male Vet 40-44	07:40.2	215
108	0:53:45	COLEY, Alex	East Cornwall Harriers	Male under 35	07:40.6	460
109	0:53:54	CHURCHILL, Craig	Teignbridge Trotters	Male Vet 35-39	07:41.9	390
110	0:53:56	ROY, Diane	East Cornwall Harriers	Female Vet 50-54	07:42.2	406
111	0:53:59	ANGOVE, Paul	Mounts Bay Harriers	Male Vet 50-54	07:42.6	143
112	0:54:05	RICHARDS, Stuart	St Austell Running Club	Male Vet 40-44	07:43.4	303
113	0:54:09	BURNS, Fraser		Male Vet 35-39	07:44.0	80
114	0:54:12	CROWLE, Ian	East Cornwall Harriers	Male Vet 55-59	07:44.4	449
115	0:54:20	TREVENA, Nigel	Cornwall AC	Male Vet 45-49	07:45.6	362
116	0:54:23	BRAY, Vivian	Cornwall AC	Male Vet 50-54	07:46.0	45
117	0:54:24	FRANTZ, Derrick	Cornwall AC	Male Vet 50-54	07:46.2	38
118	0:54:29	WILLIAMS, Gary	Looe Pioneers	Male under 35	07:46.9	385

119	0:54:36	SHIPTON, Jason	Launceston Road Runners	Male Vet 45-49	07:47.9	425
120	0:54:37	HARRISON, Nick	Launceston Road Runners	Male Vet 40-44	07:48.0	397
121	0:54:39	JOHNS, Chris		Male Vet 45-49	07:48.3	461
122	0:54:52	HEAL, Will		Male Vet 35-39	07:50.2	157
123	0:54:56	YATES, Paul		Male Vet 40-44	07:50.7	161
124	0:54:58	SIMPSON, David		Male Vet 55-59	07:51.0	34
125	0:55:05	RUMBOLD, Dolina		Female Vet 35-39	07:52.0	118
126	0:55:06	DE ZORZI, Dino	St Austell Running Club	Male Vet 50-54	07:52.2	223
127	0:55:14	BATCHELOR, David	Hayle Runners	Male Vet 55-59	07:53.3	63
128	0:55:15	WALLBANK, Rob	St Austell Running Club	Male Vet 35-39	07:53.4	439
129	0:55:16	GAY, Jennifer	Truro Running Club	Female under 35	07:53.6	248
130	0:55:17	CARTER, Steven	Truro Running Club	Male Vet 40-44	07:53.7	308
131	0:55:21	WOOD, Dominic		Male under 35	07:54.3	254
132	0:55:22	KNIGHT, Duncan		Male Vet 45-49	07:54.4	11
133	0:55:42	HAYWARD, Pete	Teignbridge Trotters	Male Vet 55-59	07:57.3	256
134	0:55:45	HUNT, Gary	East Cornwall Harriers	Male Vet 50-54	07:57.7	456
135	0:55:48	MACLEOD, Simon	Storm Running Plymouth	Male Vet 35-39	07:58.2	195
136	0:55:53	OWEN, Mark	St Austell Running Club	Male Vet 40-44	07:58.9	105
137	0:55:54	BRAY, Daniel	St Austell Running Club	Male under 35	07:59.0	93
138	0:56:04	TUCKER, David	Tamar Trotters	Male Vet 35-39	08:00.4	418
139	0:56:13	ELLIS, Andrew	Hayle Runners	Male Vet 45-49	08:01.7	64
140	0:56:18	MARTIN, Gary	Plymouth Musketeers	Male Vet 45-49	08:02.4	412
141	0:56:20	MURRAY, Emma	St Austell Running Club	Female Vet 50-54	08:02.7	304
142	0:56:21	HARDING, Ben	East Cornwall Harriers	Male Vet 35-39	08:02.9	430
143	0:56:24	CUPIT, Toni		Female Vet 45-49	08:03.3	416
144	0:56:27	THOMAS, Rachael	Cornwall AC	Female Vet 40-44	08:03.7	154
145	0:56:32	SPENCER, Chris		Male Vet 50-54	08:04.4	116
146	0:56:39	RANDALL, Joanna	Teignbridge Trotters	Female under 35	08:05.4	230
147	0:56:46	STEPHENS, Emma	Bodmin Road Runners	Female under 35	08:06.4	155
148	0:56:50	BURNS, Julia	Hayle Runners	Female Vet 50-54	08:07.0	67
149	0:56:52	WOODARD, Stephen	East Cornwall Harriers	Male Vet 55-59	08:07.3	25
150	0:56:54	MAXWELL, Cherish	Mounts Bay Harriers	Female under 35	08:07.6	124
151	0:57:05	LITTLEWOOD, Louise	East Cornwall Harriers	Female Vet 45-49	08:09.2	427
152	0:57:10	POWELL, David	Plymstock Road Runners	Male Vet 40-44	08:09.9	435
153	0:57:11	RATHBONE, Lance	Huncote Harriers	Male Vet 45-49	08:10.0	167
154	0:57:15	GIBSON, Amanda	Looe Pioneers	Female Vet 40-44	08:10.6	392
155	0:57:20	MCLEOD, Matthew		Male Vet 45-49	08:11.3	153
156	0:57:21	POPE, Gary	Plymstock Road Runners	Male Vet 45-49	08:11.4	436
157	0:57:22	PALMER, Colin	Storm Running Plymouth	Male Vet 35-39	08:11.6	128
158	0:57:27	LINDQVIST, Emelie		Female under 35	08:12.3	236
159	0:57:28	DALE, Steve	Newquay Road Runners	Male Vet 40-44	08:12.4	271
160	0:57:32	SIMS, Andrew	East Cornwall Harriers	Male Vet 50-54	08:13.0	410
161	0:57:40	CORSON, Jamie		Male Vet 45-49	08:14.2	175
162	0:57:40	SELWOOD, Jill	Plymouth Harriers	Female Vet 50-54	08:14.2	139
163	0:57:47	CHESTERFIELD, Caroline	Hayle Runners	Female Vet 50-54	08:15.2	260
164	0:57:50	NUGENT, Debbie	Cornwall AC	Female Vet 50-54	08:15.6	212
165	0:57:52	MORGAN, Martin	Bodmin Road Runners	Male Vet 60-64	08:15.9	69
166	0:58:00	SPEARE, Adam	Tamar Trotters	Male Vet 50-54	08:17.0	191
167	0:58:04	BAKER, Sean	Looe Pioneers	Male Vet 40-44	08:17.6	453
168	0:58:05	AMR, Bassem		Male Vet 35-39	08:17.7	144
169	0:58:15	STACKHOUSE, Helena	Cornwall AC	Female under 35	08:19.2	214
170	0:58:18	STEEMSON, Kathryn	Teignbridge Trotters	Female Vet 40-44	08:19.6	198
171	0:58:20	ANDREWS, Mark	East Cornwall Harriers	Male Vet 60-64	08:19.9	447
172	0:58:25	FOSTER, Eric	Dawlish Coasters	Male Vet 60-64	08:20.6	112
173	0:58:28	DAVIDSON, Claire	East Cornwall Harriers	Female Vet 45-49	08:21.0	441
174	0:58:32	BUSH, Steve	Plymouth Musketeers	Male Vet 45-49	08:21.6	373
175	0:58:38	GLOVER, Ruth	Mounts Bay Harriers	Female under 35	08:22.4	211
176	0:58:42	WILLIAMS, Trevor	Tamar Trotters	Male Vet 55-59	08:23.0	307
177	0:58:46	MILLS, Lesley		Female Vet 45-49	08:23.6	56
178	0:58:53	LOCKETT, Pat	Newquay Road Runners	Male Vet 70-74	08:24.6	273
179	0:58:55	HEAD, Martin	Bere Alston Trekkers	Male Vet 45-49	08:24.9	129

180	0:59:04	GERRARD, Corinne	Hayle Runners	Female Vet 45-49	08:26.2	66
181	0:59:05	LEE, Christopher		Male Vet 40-44	08:26.3	20
182	0:59:07	GOSSAN, John	Looe Pioneers	Male Vet 65-69	08:26.6	141
183	0:59:09	RUSSELL, Barry	St Austell Running Club	Male Vet 40-44	08:26.9	351
184	0:59:12	MOORE, Andy	Hayle Runners	Male Vet 55-59	08:27.3	244
185	0:59:20	PHILLIPS, Del		Male Vet 40-44	08:28.4	438
186	0:59:24	LANGSTAFF, Emma	Looe Pioneers	Female Vet 40-44	08:29.0	183
187	0:59:29	WALE, Mathew	Newquay Road Runners	Male under 35	08:29.7	282
188	0:59:32	HAYNES, Leo		Male under 35	08:30.2	404
189	0:59:33	GUMMOW, Katie	Looe Pioneers	Female Vet 35-39	08:30.3	238
190	0:59:33	BRADISH, Chris		Male Vet 65-69	08:30.3	224
191	0:59:35	RUNDLE, Wayne	Launceston Road Runners	Male Vet 40-44	08:30.6	261
192	0:59:35	PAGE, Julie	Bere Alston Trekkers	Female Vet 45-49	08:30.6	465
193	0:59:38	HUNT, Jenna	Falmouth Road Runners	Female under 35	08:31.0	292
194	0:59:39	SARGENT, Pete	Newquay Road Runners	Male Vet 70-74	08:31.1	279
195	0:59:48	HAMILTON, Rebecca		Female Vet 35-39	08:32.4	408
196	0:59:49	LILLIS, John	Newquay Road Runners	Male Vet 70-74	08:32.6	274
197	0:59:51	BRYAN, Claire	Huncote Harrierrs	Female Vet 35-39	08:32.9	231
198	1:00:02	JONES, Oli		Male Vet 35-39	08:34.4	417
199	1:00:02	BOGATKO, David		Male Vet 60-64	08:34.4	173
200	1:00:05	ATKINSON, Richard		Male Vet 45-49	08:34.9	462
201	1:00:08	SHEARER, Tony	Tavistock AC	Male Vet 65-69	08:35.3	149
202	1:00:24	BUNDAY, Simon	Dawlish Coasters	Male Vet 55-59	08:37.6	22
203	1:00:40	TREBILCOCK, Linda	Plymouth Harriers	Female Vet 55-59	08:39.9	166
204	1:00:46	CATNACH, Alison	Looe Pioneers	Female Vet 40-44	08:40.7	242
205	1:00:46	GIBSON, Philip	Looe Pioneers	Male Vet 40-44	08:40.7	393
206	1:00:54	KERGOSIEN, Angelique		Female under 35	08:41.9	463
207	1:00:57	HYNES, Jaine	Launceston Road Runners	Female Vet 50-54	08:42.3	30
208	1:00:58	MARTIN, Colin	Newquay Road Runners	Male Vet 60-64	08:42.4	275
209	1:00:59	KNIGHT, Kim		Female Vet 45-49	08:42.6	10
210	1:01:06	THOMAS, Alison	Hayle Runners	Female Vet 40-44	08:43.6	65
211	1:01:09	CRABB, Sally	Looe Pioneers	Female Vet 40-44	08:44.0	3
212	1:01:12	MACLAREN, Steve	Hayle Runners	Male Vet 45-49	08:44.4	76
213	1:01:21	WRIGHT, David	Hayle Runners	Male Vet 50-54	08:45.7	134
214	1:01:25	STORER, Graham	Cornwall AC	Male Vet 55-59	08:46.3	43
215	1:01:26	COX, Clive		Male Vet 55-59	08:46.4	190
216	1:01:29	PARSONS, Andrew	Storm Running Plymouth	Male Vet 40-44	08:46.9	380
217	1:01:29	ALLEN, Scott	Storm Running Plymouth	Male Vet 35-39	08:46.9	235
218	1:01:43	JENKIN, Steve	Cornwall AC	Male Vet 45-49	08:48.9	42
219	1:01:51	PASCOE, Anna	Mud Crew Trail Runners	Female Vet 35-39	08:50.0	122
220	1:01:53	BROWNRIDGE, Neil	Storm Running Plymouth	Male Vet 45-49	08:50.3	409
221	1:01:54	LEWIS, Bridget	Mounts Bay Harriers	Female Vet 45-49	08:50.4	202
222	1:01:55	HARVIE, Rose		Female under 35	08:50.6	178
223	1:01:59	LANE, Richard	Erme Valley Harriers	Male Vet 45-49	08:51.1	310
224	1:02:02	HAYNES, Patrick	St Austell Running Club	Male Vet 50-54	08:51.6	99
225	1:02:08	OSWALD, Gary	Looe Pioneers	Male Vet 60-64	08:52.4	259
226	1:02:15	HOATSON, Chloe	Plymouth Musketeers	Female Vet 35-39	08:53.4	448
227	1:02:25	COLWILL, Helen	Bideford AAC	Female Vet 45-49	08:54.9	444
228	1:02:28	DONOVAN, Jim	Teignbridge Trotters	Male Vet 50-54	08:55.3	468
229	1:02:31	BRANDHAM, Lois	Newquay Road Runners	Female under 35	08:55.7	268
230	1:02:32	RICHER-LANGSFORD, Aude		Female under 35	08:55.9	57
231	1:02:34	GARDINER, Steven		Male under 35	08:56.1	375
232	1:02:48	SELWOOD, John	Plymouth Harriers	Male Vet 50-54	08:58.1	127
233	1:02:48	DYER, Shaun		Male Vet 40-44	08:58.1	421
234	1:02:49	COWBURN, Sarah	Mud Crew Trail Runners	Female Vet 40-44	08:58.3	177
235	1:03:00	HEWITT, Amanda		Female Vet 40-44	08:59.9	440
236	1:03:00	BULLOCK, Katie	Newquay Road Runners	Female under 35	08:59.9	269
237	1:03:06	WILLIS, Katharine	Tamar Trotters	Female Vet 40-44	09:00.7	422
238	1:03:09	JONES, Dan		Male Vet 45-49	09:01.1	452
239	1:03:12	BROAS, Cheryl	Looe Pioneers	Female Vet 55-59	09:01.6	184
240	1:03:13	FOSTER, Janet	Dawlish Coasters	Female Vet 60-64	09:01.7	111

241	1:03:14	LOBB, Mark	Storm Running Plymouth	Male Vet 45-49	09:01.9	14
242	1:03:14	WHITMORE, Paul	Storm Running Plymouth	Male under 35	09:01.9	186
243	1:03:14	BIGNELL, Daniel	Storm Running Plymouth	Male under 35	09:01.9	16
244	1:03:26	BUDGE, Claire	St Austell Running Club	Female Vet 40-44	09:03.6	352
245	1:03:43	WATTS, Ben		Male Vet 40-44	09:06.0	179
246	1:03:44	SMITH, Ed	Edinburgh AC	Male under 35	09:06.1	450
247	1:03:45	BRUMHEAD, Evan	Plymouth Musketeers	Male under 35	09:06.3	457
248	1:03:46	FOSTER, Diane	Looe Pioneers	Female Vet 45-49	09:06.4	394
249	1:03:47	AINSWORTH, John	Tamar Trotters	Male Vet 50-54	09:06.6	258
250	1:03:48	ROBINSON, Leigh	Plymouth Harriers	Male Vet 45-49	09:06.7	323
251	1:03:50	HILLEBRANDT, Rodney	Plymouth Musketeers	Male Vet 65-69	09:07.0	182
252	1:03:50	HILL, Steven	Plymouth Harriers	Male Vet 40-44	09:07.0	192
253	1:04:02	KENVIN, Peter	Bere Alston Trekkers	Male Vet 60-64	09:08.7	415
254	1:04:08	WARREN, Diane	Hayle Runners	Female Vet 60-64	09:09.6	253
255	1:04:12	WILLCOCKS, Bob	Falmouth Road Runners	Male Vet 55-59	09:10.1	301
256	1:04:26	LEAN, David	East Cornwall Harriers	Male Vet 55-59	09:12.1	151
257	1:04:34	CHASE, Andy	St Austell Running Club	Male under 35	09:13.3	156
258	1:04:48	MATTHEWS, Leila		Female Vet 40-44	09:15.3	158
259	1:04:51	ELLEN, Emily	Hayle Runners	Female Vet 35-39	09:15.7	329
260	1:04:52	DYMOND, Nicholas		Male under 35	09:15.9	165
261	1:04:59	HOGAN, Kane		Male Vet 40-44	09:16.9	6
262	1:05:03	BARRIBALL, Julie	Launceston Road Runners	Female Vet 50-54	09:17.4	75
263	1:05:04	FEWINS, Simon	Plymouth Musketeers	Male Vet 40-44	09:17.6	357
264	1:05:09	JOHNSON, Ruth	Teignbridge Trotters	Female Vet 50-54	09:18.3	201
265	1:05:14	MATTHAMS, David		Male Vet 50-54	09:19.0	221
266	1:05:21	LAWES, Helen	Looe Pioneers	Female Vet 45-49	09:20.0	361
267	1:05:29	FLOYD-NORRIS, Sue	St Austell Running Club	Female Vet 45-49	09:21.1	354
268	1:05:34	FORSTER, Emma	Plymouth Musketeers	Female Vet 40-44	09:21.9	403
269	1:05:34	POWELL, Cherry	Plymouth Musketeers	Female Vet 50-54	09:21.9	174
270	1:05:42	ROBERTS, Mary	Launceston Road Runners	Female Vet 45-49	09:23.0	13
271	1:05:42	WISE, Rebecca	Launceston Road Runners	Female Vet 35-39	09:23.0	164
272	1:05:42	RINGER, Ian	Bodmin Road Runners	Male Vet 70-74	09:23.0	131
273	1:05:49	PHILLIPS, Matthew		Male under 35	09:24.0	216
274	1:05:49	RUXTON, James		Male under 35	09:24.0	119
275	1:05:52	MADGE, Paul	South West Road Runner	Male Vet 55-59	09:24.4	358
276	1:05:55	SMITH, Craig	Plymouth Coasters	Male under 35	09:24.9	368
277	1:05:56	EVANS, Alun	Hayle Runners	Male Vet 45-49	09:25.0	27
278	1:05:56	SOPER (MARSDEN), Jo	Tamar Trotters	Female Vet 45-49	09:25.0	431
279	1:05:58	HAMMOND, David	Tamar Trotters	Male Vet 40-44	09:25.3	325
280	1:05:59	DYER, Paul	Storm Running Plymouth	Male Vet 35-39	09:25.4	193
281	1:06:00	TRETHEWEY, Helen		Female Vet 35-39	09:25.6	132
282	1:06:04	WOODFINE-BEARD, Kelly	Newquay Road Runners	Female Vet 35-39	09:26.1	283
283	1:06:19	WALDRON, Alison	Storm Running Plymouth	Female Vet 45-49	09:28.3	145
284	1:06:20	ROSKILLY, Michelle	Hayle Runners	Female Vet 45-49	09:28.4	363
285	1:06:24	MCLEOD, Alexia	Tamar Trotters	Female Vet 35-39	09:29.0	469
286	1:06:46	WOTTON, Mark	Teignbridge Trotters	Male Vet 55-59	09:32.1	379
287	1:06:47	DAVIES, Sarah	Newquay Road Runners	Female Vet 40-44	09:32.3	272
288	1:07:04	IACONIANNI, Gennara	St Austell Running Club	Female under 35	09:34.7	90
289	1:07:27	STUTHRIDGE, Helen	St Austell Running Club	Female Vet 45-49	09:38.0	104
290	1:07:28	GODFREY, Michael	Storm Running Plymouth	Male Vet 35-39	09:38.1	8
291	1:07:37	WILDING, Sarah	Hayle Runners	Female Vet 40-44	09:39.4	251
292	1:07:40	FARR, Georgie	Storm Running Plymouth	Female under 35	09:39.9	315
293	1:07:40	DEMUTH, Neil	Storm Running Plymouth	Male Vet 40-44	09:39.9	26
294	1:08:03	YOUNGMAN, Paul	Plymouth Musketeers	Male Vet 55-59	09:43.1	367
295	1:08:04	WILKINSON, Judith	Tamar Trotters	Female Vet 55-59	09:43.3	17
296	1:08:06	HORTON, Sarah	Plymouth Coasters	Female Vet 45-49	09:43.6	225
297	1:08:08	NICHOLLS, Tracey	Mounts Bay Harriers	Female Vet 50-54	09:43.9	210
298	1:08:08	GORTON, John	Mounts Bay Harriers	Male Vet 60-64	09:43.9	207
299	1:08:09	MILLWARD, Laura	Carn Runners	Female Vet 55-59	09:44.0	345
300	1:08:17	CRYER, Jon		Male Vet 60-64	09:45.1	187
301	1:08:30	PROUDFOOT, Julia	Plymouth Coasters	Female Vet 55-59	09:47.0	123

302	1:08:33	OSTLE, Mary	Plymouth Harriers	Female Vet 65-69	09:47.4	306
303	1:08:33	PASKINS, Paul	Plymouth Harriers	Male Vet 60-64	09:47.4	454
304	1:08:37	HARTE-LATREMOILLE, Samantha	Bere Alston Trekkers	Female Vet 40-44	09:48.0	466
305	1:08:38	CARLISLE, Cecilia	Cornwall AC	Female under 35	09:48.1	213
306	1:08:41	MARSHALL, Debbie	St Austell Running Club	Female Vet 40-44	09:48.6	87
307	1:08:52	GREAVES, Melanie	Bere Alston Trekkers	Female Vet 45-49	09:50.1	467
308	1:08:58	WIDDERSHOVEN, Demelza	Carn Runners	Female Vet 35-39	09:51.0	342
309	1:08:59	WIDDERSHOVEN, Tim	Carn Runners	Male Vet 35-39	09:51.1	343
310	1:09:03	RUNDLE, Sharon	Launceston Road Runners	Female Vet 50-54	09:51.7	262
311	1:09:09	WOOLLETT, Mandy	Looe Pioneers	Female Vet 45-49	09:52.6	31
312	1:09:10	CAFF, Wayne	Newquay Road Runners	Male Vet 45-49	09:52.7	270
313	1:09:12	BARNES, John	Launceston Road Runners	Male Vet 55-59	09:53.0	414
314	1:09:21	WITHILL, Richard	Storm Running Plymouth	Male Vet 40-44	09:54.3	459
315	1:09:25	SMITH, Jenny		Female Vet 40-44	09:54.8	266
316	1:09:25	GODFREY, Catherine	Tamar Trotters	Female Vet 45-49	09:54.8	276
317	1:09:33	DOWN, Kirsty-Louise		Female under 35	09:56.0	443
318	1:09:33	NANCE, Dave	Tamar Trotters	Male Vet 60-64	09:56.0	109
319	1:09:48	BOWDEN, John	Looe Pioneers	Male Vet 60-64	09:58.1	82
320	1:09:53	SMITH, Aileen		Female Vet 40-44	09:58.8	84
321	1:10:00	CORBIN, Philip		Male Vet 50-54	09:59.8	407
322	1:10:03	HAGHANI, Laura	Hayle Runners	Female Vet 35-39	10:00.3	240
323	1:10:03	MACK, Mike	Carn Runners	Male Vet 65-69	10:00.3	339
324	1:10:03	WHITCOMBE, Jane		Female Vet 45-49	10:00.3	194
325	1:10:05	OSBORN, Kathryn	Hayle Runners	Female Vet 55-59	10:00.6	311
326	1:10:10	WAFER, Peter	Storm Running Plymouth	Male Vet 45-49	10:01.3	217
327	1:10:11	GOODACRE, Mary	Tamar Trotters	Female Vet 65-69	10:01.4	106
328	1:10:12	CATNACH, Peter	Looe Pioneers	Male Vet 55-59	10:01.6	243
329	1:10:14	WELLS, Wes	Tamar Trotters	Male Vet 35-39	10:01.8	117
330	1:10:19	EVANS, Mollie	Carn Runners	Female Vet 40-44	10:02.6	337
331	1:10:26	DIXON, Dawn	Storm Running Plymouth	Female Vet 40-44	10:03.6	7
332	1:10:28	TAYLOR, Eleanor	Teignbridge Trotters	Female Vet 55-59	10:03.8	200
333	1:10:35	PAGE, Marcus		Male Vet 45-49	10:04.8	249
334	1:10:36	BERRY, Tony	Truro Running Club	Male Vet 80+	10:05.0	81
335	1:10:52	CUFF, Linda	Looe Pioneers	Female Vet 50-54	10:07.3	386
336	1:11:10	KITCHEN, Amelia	Hayle Runners	Female Vet 40-44	10:09.8	287
337	1:11:15	MARTIN, Jacqui	St Austell Running Club	Female Vet 45-49	10:10.6	101
338	1:11:25	HOWARD, Kate	Plymouth Musketeers	Female Vet 55-59	10:12.0	327
339	1:11:25	SINCLAIR, Sarah	Plymouth Musketeers	Female Vet 45-49	10:12.0	113
340	1:11:25	BURKE, Donna	Plymouth Musketeers	Female Vet 50-54	10:12.0	328
341	1:11:27	WILTON, David	Falmouth Road Runners	Male Vet 60-64	10:12.3	302
342	1:11:29	JONES, Andy	Plymouth Musketeers	Male Vet 50-54	10:12.6	428
343	1:11:34	BUDGE, Andrew	St Austell Running Club	Male Vet 50-54	10:13.3	355
344	1:11:40	STANESCU, Norbert	Cornwall AC	Male under 35	10:14.1	39
345	1:11:46	COTGREAVE, Amber		Female Vet 35-39	10:15.0	170
346	1:12:11	MATTHEWS, Jonny	Storm Running Plymouth	Male Vet 35-39	10:18.6	218
347	1:12:20	WEBB, Kirsty	Looe Pioneers	Female under 35	10:19.8	318
348	1:12:27	JENKIN, Jacqueline	Cornwall AC	Female Vet 70-74	10:20.8	49
349	1:12:27	JENKIN, Richard	Cornwall AC	Male Vet 70-74	10:20.8	36
350	1:12:41	HIBBERT, Vic	Plymouth Musketeers	Male Vet 60-64	10:22.8	451
351	1:12:47	VOSPER, Francis	Bodmin Road Runners	Male Vet 60-64	10:23.7	78
352	1:12:52	KINGTON, Norris	Cornwall AC	Male Vet 75-79	10:24.4	252
353	1:12:56	MARSHALL, Lavinia	Launceston Road Runners	Female Vet 60-64	10:25.0	222
354	1:13:00	JONES, Susan	Looe Pioneers	Female Vet 45-49	10:25.6	396
355	1:13:00	MARSH, Kathryn	Carn Runners	Female Vet 40-44	10:25.6	340
356	1:13:11	DUDLEY, Michelle	St Austell Running Club	Female Vet 50-54	10:27.1	94
357	1:13:22	MARKS, Victoria	Hayle Runners	Female Vet 40-44	10:28.7	250
358	1:13:24	NICHOLSON, Diane	Tamar Trotters	Female Vet 55-59	10:29.0	115
359	1:13:26	GREEVES, Alison	Bere Alston Trekkers	Female Vet 35-39	10:29.3	413
360	1:13:41	FOSTER, Graham	Looe Pioneers	Male Vet 50-54	10:31.4	395
361	1:13:45	BILLS, Kelly	Carn Runners	Female Vet 40-44	10:32.0	341
362	1:13:51	SMITH, Becky	Tamar Trotters	Female Vet 35-39	10:32.8	309

363	1:13:51	ELLIOTT, Paul	Carn Runners	Male Vet 40-44	10:32.8	321
364	1:14:04	KING, Gary	Mounts Bay Harriers	Male Vet 40-44	10:34.7	220
365	1:14:12	THOMAS, Jane	St Austell Running Club	Female Vet 55-59	10:35.8	92
366	1:14:21	BAWDEN, Mike	Cornwall AC	Male Vet 55-59	10:37.1	44
367	1:14:27	MARTIN, Hayley	Carn Runners	Female Vet 35-39	10:38.0	349
368	1:14:32	VOSPER, Nicola	Bodmin Road Runners	Female Vet 55-59	10:38.7	79
369	1:14:39	AINSWORTH (JARDINE), Clare	Tamar Trotters	Female Vet 45-49	10:39.7	257
370	1:14:41	GREEN, Marie	Falmouth Road Runners	Female Vet 40-44	10:40.0	291
371	1:14:41	PENTREATH, Nick	Falmouth Road Runners	Male Vet 50-54	10:40.0	297
372	1:15:02	WADE, Margaret	Carn Runners	Female Vet 65-69	10:43.0	4
373	1:15:06	SAVIN, Nick	Newquay Road Runners	Male under 35	10:43.6	281
374	1:15:08	BOWDEN, Geraldine	Looe Pioneers	Female Vet 55-59	10:43.8	83
375	1:15:09	ELLIOTT, Tania	Looe Pioneers	Female Vet 40-44	10:44.0	383
376	1:15:10	BARLOW, Claire	Bodmin Road Runners	Female Vet 40-44	10:44.1	226
377	1:15:17	SAUNDERS, Lyndsey	East Cornwall Harriers	Female Vet 35-39	10:45.1	138
378	1:15:22	HOCKING, Deborah	Carn Runners	Female Vet 45-49	10:45.8	239
379	1:15:44	HOUGHTON, Heather		Female Vet 45-49	10:49.0	148
380	1:15:58	BUTLER, Jenna		Female under 35	10:51.0	401
381	1:15:58	BOND, Nina	Looe Pioneers	Female under 35	10:51.0	314
382	1:16:13	WHITRIDGE, Tilly	Cornwall AC	Female Vet 45-49	10:53.1	52
383	1:16:19	COX, Alison	Bodmin Womens RC	Female Vet 50-54	10:54.0	188
384	1:16:24	ANDREWS, George	Mounts Bay Harriers	Male Vet 65-69	10:54.7	205
385	1:16:53	SHAPLAND, Ron	Newquay Road Runners	Male Vet 70-74	10:58.8	280
386	1:16:53	DALTON, Martin	Falmouth Road Runners	Male Vet 65-69	10:58.8	290
387	1:17:00	OSBORNE, Louise	Falmouth Road Runners	Female Vet 35-39	10:59.8	135
388	1:17:29	HEAD, Hilary	Bere Alston Trekkers	Female Vet 55-59	11:04.0	130
389	1:17:44	HEALY, Simon		Male Vet 40-44	11:06.1	77
390	1:17:59	HARVEY, Sally	Bodmin Womens RC	Female Vet 50-54	11:08.3	21
391	1:18:32	JAY, Nadia	St Austell Running Club	Female Vet 40-44	11:13.0	100
392	1:19:01	OSBORNE, Simon		Male Vet 40-44	11:17.1	136
393	1:19:07	SQUIRE, Mark	Mounts Bay Harriers	Male Vet 60-64	11:18.0	208
394	1:20:02	DRANSFIELD, George		Male Vet 75-79	11:25.8	150
395	1:20:16	SQUIRE, Helen	Mounts Bay Harriers	Female Vet 55-59	11:27.8	209
396	1:20:30	MILLS, Suzie	Teignbridge Trotters	Male Vet 35-39	11:29.8	241
397	1:20:49	TALBOT, Bev	St Austell Running Club	Female Vet 50-54	11:32.5	91
398	1:20:51	JENKIN, Peter	Falmouth Road Runners	Male Vet 60-64	11:32.8	293
399	1:21:04	FLOREY, Vicky		Female Vet 35-39	11:34.7	35
400	1:21:14	JAMES, Alison	Plymouth Musketeers	Female Vet 40-44	11:36.1	359
401	1:21:14	SHADDICK, Michelle		Female Vet 45-49	11:36.1	402
402	1:21:15	BRUMHEAD, Kelly	Plymouth Musketeers	Female Vet 40-44	11:36.3	324
403	1:21:21	BOXALL, Melanie	Falmouth Road Runners	Female Vet 50-54	11:37.1	288
404	1:21:27	LOOSLEY, Alison	St Austell Running Club	Female Vet 50-54	11:38.0	89
405	1:21:27	ADAMS, Hannah	St Austell Running Club	Female Vet 35-39	11:38.0	305
406	1:22:01	SQUIRE, Rosalyn	Storm Running Plymouth	Female Vet 40-44	11:42.8	73
407	1:22:11	BOWDEN, Sally	Newquay Road Runners	Female Vet 50-54	11:44.3	267
408	1:22:27	SCOTT, Rachel	Plymouth Musketeers	Female Vet 50-54	11:46.5	176
409	1:22:52	BUCKMAN, Elizabeth	Plymouth Musketeers	Female Vet 35-39	11:50.1	381
410	1:23:09	LAKE, Christina	Falmouth Road Runners	Female Vet 55-59	11:52.5	294
411	1:23:41	CHAPPLE, David	Tamar Trotters	Male Vet 50-54	11:57.1	180
412	1:23:41	CHAPPLE, Carole		Female Vet 55-59	11:57.1	181
413	1:24:04	LATHAM, Donna	Bodmin Womens RC	Female Vet 40-44	12:00.4	388
414	1:24:31	ROBERTS, Nigel	Falmouth Road Runners	Male Vet 35-39	12:04.3	298
415	1:24:35	EASTERBROOK, Liz	Mounts Bay Harriers	Female Vet 65-69	12:04.8	255
416	1:24:37	TAPHOUSE, Lesley	Bodmin Road Runners	Female Vet 55-59	12:05.1	120
417	1:24:40	BUSFIELD, Gemma	Storm Running Plymouth	Female Vet 35-39	12:05.5	317
418	1:24:40	FARR, Susan	Storm Running Plymouth	Female Vet 55-59	12:05.5	322
419	1:24:40	FREER, Carol	Storm Running Plymouth	Female Vet 50-54	12:05.5	319
420	1:24:43	FARR, James	Storm Running Plymouth	Male Vet 60-64	12:06.0	326
421	1:24:54	BOWDEN, Jenny	Newquay Road Runners	Female Vet 50-54	12:07.5	429
422	1:24:56	O'CONNELL, Pat		Female Vet 45-49	12:07.8	1
423	1:25:26	ADAMS, Sharon	Plymouth Musketeers	Female Vet 40-44	12:12.1	399

424	1:25:26	HADFIELD-BENNETT, Penny	Plymouth Harriers	Female Vet 45-49	12:12.1	335
425	1:25:26	BECKENKRAGER, Sharon	Plymouth Harriers	Female Vet 45-49	12:12.1	334
426	1:25:26	MCGHEE, Christine	Plymouth Harriers	Female Vet 60-64	12:12.1	398
427	1:25:39	TREWEEK, Paul	Truro Running Club	Male Vet 55-59	12:14.0	168
428	1:26:12	HORNE, Suzanne	Tamar Trotters	Female under 35	12:18.7	405
429	1:27:41	LAWRENCE, Steven	Falmouth Road Runners	Male Vet 60-64	12:31.4	295
430	1:27:48	CIOPPA, Robert	Looe Pioneers	Male Vet 75-79	12:32.4	185
431	1:28:18	OUTLAW, Anita	Storm Running Plymouth	Female Vet 40-44	12:36.7	372
432	1:28:29	WILLIAMS, Laura	Hayle Runners	Female under 35	12:38.2	234
433	1:28:36	ROSS, Davina	Tamar Trotters	Female Vet 40-44	12:39.2	125
434	1:29:52	LAY, Jo	Hayle Runners	Female Vet 50-54	12:50.1	233
435	1:30:13	BLIGHT, Mandy	St Austell Running Club	Female Vet 60-64	12:53.1	98
436	1:30:13	WEBBER, Sharon	St Austell Running Club	Female Vet 45-49	12:53.1	97
437	1:32:59	OVERD, Lynne	Looe Pioneers	Female Vet 55-59	13:16.8	332
438	1:35:14	SLATEFORD, Nicola	St Austell Running Club	Female Vet 50-54	13:36.1	95
439	1:35:24	DAVIS, Sarah	Storm Running Plymouth	Female under 35	13:37.5	316
440	1:35:24	POWELL, Matt	Storm Running Plymouth	Male Vet 45-49	13:37.5	330
441	1:35:24	LOCKE, Justin	Storm Running Plymouth	Male Vet 40-44	13:37.5	232
442	1:35:38	NEAL, Steve	Plymouth Musketeers	Male Vet 55-59	13:39.5	133
443	1:37:40	WILLIAMS, Darren	Plymouth Musketeers	Male Vet 45-49	13:56.9	72
444	1:44:15	MORRISSEY, Angela	Bodmin Womens RC	Female Vet 50-54	14:53.4	387
445	1:44:15	ARCHER, Helen	Bodmin Womens RC	Female Vet 50-54	14:53.4	389