

## CUBERT 5 – 6TH JUNE 2017

Position	Time	Name	Team	Category	Pace	No
1	0:26:43	BREWER, Tony	Mile High	Male Vet 35-39	05:20.5	152
2	0:26:47	CLAY, Jordan	Cornwall AC	Male under 35	05:21.3	636
3	0:26:55	SNOOK, Colin	Cornwall AC	Male Vet 40-44	05:22.9	646
4	0:27:16	BENNEY, Aaron	Mile High	Male Vet 35-39	05:27.1	263
5	0:27:30	MORANT, Jordan	Hayle Runners	Male under 35	05:29.9	327
6	0:27:33	MARTIN, Andrew	Mile High	Male Vet 35-39	05:30.5	150
7	0:27:33	WRIGHT, Tony	Newquay Road Runners	Male Vet 50-54	05:30.5	275
8	0:27:36	SMITH, Paul	Cornwall AC	Male Vet 40-44	05:31.1	92
9	0:27:42	RATCLIFFE, Floyd	Hayle Runners	Male under 20	05:32.3	337
10	0:27:51	BARTLETT, David	Newquay Road Runners	Male under 35	05:34.1	503
11	0:27:56	ARGALL, Joe	Cornwall AC	Male under 35	05:35.1	633
12	0:27:59	WHEAR, Paul	Cornwall AC	Male Vet 45-49	05:35.7	648
13	0:28:43	SALAMONE, Craig	Cornwall AC	Male under 35	05:44.5	645
14	0:28:44	SELLORS, Tristan	Mounts Bay Harriers	Male under 35	05:44.7	589
15	0:28:46	KIRTON, James	Truro Running Club	Male under 35	05:45.1	459
16	0:28:49	BARNET, James	Falmouth Road Runners	Male under 35	05:45.7	24
17	0:28:51	WILLIAMS, Simon S	St Austell Running Club	Male Vet 40-44	05:46.1	692
18	0:28:55	WHERRY, Steve	Hayle Runners	Male Vet 50-54	05:46.9	231
19	0:28:56	CARTHEY, Tom	Falmouth Road Runners	Male under 35	05:47.1	651
20	0:29:04	SOWERBY, Peter	Truro Running Club	Male Vet 50-54	05:48.7	465
21	0:29:11	GOODCHILD, Sam	Cornwall AC	Male under 20	05:50.1	667
22	0:29:14	STEPTO, Emma	Cornwall AC	Female Vet 45-49	05:50.7	86
23	0:29:19	WEBSTER, Mark	Cornwall AC	Male under 35	05:51.7	668
24	0:29:23	ORTON, Rob	Exmouth Harriers	Male Vet 35-39	05:52.5	279
25	0:29:25	LUTON, Tom	Newquay Road Runners	Male under 20	05:52.9	386
26	0:29:28	ABRAHAM, Scott	Hayle Runners	Male Vet 45-49	05:53.5	286
27	0:29:30	STEPHENSON, Jamie	Mile High	Male under 35	05:53.9	151
28	0:29:33	KNOWLES, Simon	Hayle Runners	Male Vet 40-44	05:54.5	317
29	0:29:41	SAVAGE, Rich	Hayle Runners	Male Vet 50-54	05:56.1	346
30	0:29:44	DEACON, Mark	Looe Pioneers	Male under 35	05:56.7	53
31	0:29:46	ALSOP, Dan	St Austell Running Club	Male Vet 35-39	05:57.1	728
32	0:29:47	RAMSDEN, Clive	Bodmin Road Runners	Male Vet 40-44	05:57.3	202
33	0:29:49	MURRANT, Kieran	Falmouth Road Runners	Male under 35	05:57.7	652
34	0:29:51	ROSENFELD, Thomas	Hayle Runners	Male Vet 35-39	05:58.1	341
35	0:29:52	MARPLES, Alex	Truro Running Club	Male Vet 35-39	05:58.3	658
36	0:29:52	TREGENZA, Heidi	Cornwall AC	Female under 35	05:58.3	631
37	0:29:56	COOKSON, Neill	Hayle Runners	Male Vet 50-54	05:59.1	299
38	0:30:05	CUTLAN, James	St Austell Running Club	Male under 35	06:00.9	683
39	0:30:06	STEVENS, Paul	St Austell Running Club	Male Vet 40-44	06:01.1	11
40	0:30:08	ELEMEN, Nathan	Cornwall AC	Male under 35	06:01.5	666
41	0:30:08	WILLIAMS, Dan	Cornwall AC	Male Vet 40-44	06:01.5	743
42	0:30:12	DAVIS, Glynn	Carn Runners	Male Vet 50-54	06:02.3	126
43	0:30:13	PASSINGHAM, Oliver	Newquay Road Runners	Male Vet 35-39	06:02.5	538
44	0:30:15	MOYLE, Ryan	Mile High	Male Vet 40-44	06:02.9	149
45	0:30:33	HOOPER, Gregg	Newquay Road Runners	Male Vet 35-39	06:06.5	520
46	0:30:34	PETERS, Joseph	Cornwall AC	Male under 35	06:06.7	644
47	0:30:34	BRYDON, James	Bodmin Road Runners	Male under 35	06:06.7	171
48	0:30:38	BERRYMAN, Tom	Mounts Bay Harriers	Male under 35	06:07.5	591
49	0:30:39	ADAMS, Tim	St Austell Running Club	Male Vet 45-49	06:07.7	674
50	0:30:47	DAVIES, Matt	Newquay Road Runners	Male Vet 40-44	06:09.3	502
51	0:30:55	ANDREWARTHA, David	Bude Rats	Male under 35	06:10.9	604
52	0:30:59	STANDING, Rob	Truro Running Club	Male Vet 40-44	06:11.7	467
53	0:31:03	MUTSAERS, Adrian	Cornwall AC	Male Vet 45-49	06:12.5	643
54	0:31:12	RENDLE, Steve	Newquay Road Runners	Male Vet 45-49	06:14.3	492
55	0:31:19	AXE, Jason	Newquay Road Runners	Male under 35	06:15.7	481
56	0:31:20	CHYNOWETH, Richard	Truro Running Club	Male Vet 35-39	06:15.9	452
57	0:31:21	WILLIAMS, James	Cornwall AC	Male under 20	06:16.1	669

58	0:31:22	SOLE, John	Bodmin Road Runners	Male Vet 35-39	06:16.3	157
59	0:31:23	SHIRLEY, Rich	St Austell Running Club	Male under 35	06:16.5	690
60	0:31:29	COULSON, Lee	Falmouth Road Runners	Male Vet 50-54	06:17.7	71
61	0:31:43	RAGGETT, Donna	Cornwall AC	Female Vet 45-49	06:20.5	628
62	0:31:50	EDDISON, Andrew	Cornwall AC	Male Vet 50-54	06:21.9	637
63	0:31:59	WOODLEY, Kevin		Male Vet 40-44	06:23.7	662
64	0:32:00	WRIGHT, Kallum	Cornwall AC	Male under 35	06:23.9	649
65	0:32:04	LETCHFORD, Geoff	Mounts Bay Harriers	Male Vet 65-69	06:24.7	581
66	0:32:04	LITTLEJOHNS, Mark	Falmouth Road Runners	Male Vet 45-49	06:24.7	99
67	0:32:05	STRICKLAND, Rhiannon	Cornwall AC	Female under 35	06:24.9	629
68	0:32:11	BURGESS, Kathryn	Cornwall AC	Female Vet 40-44	06:26.1	80
69	0:32:13	DAVIS, Megan	Newquay Road Runners	Female under 35	06:26.5	521
70	0:32:15	TIER, Naomi	Cornwall AC	Female under 35	06:26.9	630
71	0:32:16	ELLISON, Stephen	Mounts Bay Harriers	Male Vet 40-44	06:27.1	619
72	0:32:18	MANNING, James	Hayle Runners	Male Vet 35-39	06:27.5	319
73	0:32:18	TEDDER, Dale	Looe Pioneers	Male under 35	06:27.5	55
74	0:32:18	SPARKES, Tom	Bodmin Road Runners	Male under 35	06:27.5	530
75	0:32:19	RONNGARD, Mattias	Newquay Road Runners	Male Vet 45-49	06:27.7	493
76	0:32:20	WEBB, Jason	Cornwall AC	Male Vet 45-49	06:27.9	96
77	0:32:26	JAMES, Ian	Mounts Bay Harriers	Male Vet 50-54	06:29.1	617
78	0:32:29	TAPHOUSE, Joshua	Bodmin Road Runners	Male under 20	06:29.7	9
79	0:32:33	PRESCOTT, Alex	Looe Pioneers	Male under 35	06:30.5	62
80	0:32:46	WIDDERSHOVEN, Tim	Carn Runners	Male Vet 35-39	06:33.1	129
81	0:32:48	WILLIAMS, Alan	Tamar Trotters	Male Vet 35-39	06:33.5	433
82	0:32:52	GOLDING, Rich		Male Vet 35-39	06:34.3	573
83	0:32:53	COLEY, Alex	East Cornwall Harriers	Male under 35	06:34.5	397
84	0:32:57	MARSTON, Jeremy	Mounts Bay Harriers	Male Vet 45-49	06:35.3	618
85	0:33:02	WALKER, Iain	St Austell Running Club	Male Vet 60-64	06:36.3	722
86	0:33:05	WOOD, Bill	Falmouth Road Runners	Male Vet 50-54	06:36.9	111
87	0:33:05	ULLMAN, Chris	East Cornwall Harriers	Male Vet 45-49	06:36.9	419
88	0:33:06	ORCHARD, Ruby	Truro Running Club	Female Vet 35-39	06:37.1	269
89	0:33:12	BULLEN, Gary	Mile High	Male Vet 50-54	06:38.3	396
90	0:33:14	POOLEY, Robert	Carn Runners	Male Vet 35-39	06:38.7	139
91	0:33:17	WATSON, Robin	Falmouth Road Runners	Male Vet 50-54	06:39.3	110
92	0:33:19	JOHNSON, Paul	St Austell Running Club	Male under 35	06:39.7	730
93	0:33:20	GILBERT, Michael	Launceston Road Runners	Male under 35	06:39.9	425
94	0:33:20	LITTLEWOOD, Ian	East Cornwall Harriers	Male Vet 35-39	06:39.9	176
95	0:33:20	EVANS, Oliver	Falmouth Road Runners	Male under 20	06:39.9	201
96	0:33:20	GRIMES, Richard	Newquay Road Runners	Male Vet 40-44	06:39.9	476
97	0:33:28	PICKERING, Stuart	Hayle Runners	Male Vet 50-54	06:41.5	333
98	0:33:33	COX, Daniel		Male under 35	06:42.5	16
99	0:33:34	PETERSEN, Guy	Tamar Trotters	Male Vet 45-49	06:42.7	404
100	0:33:37	PATRICK, Richard	Looe Pioneers	Male Vet 45-49	06:43.3	49
101	0:33:41	WEBBER, Simon	East Cornwall Harriers	Male Vet 60-64	06:44.1	158
102	0:33:41	SOPP, Thomas	Falmouth Road Runners	Male Vet 40-44	06:44.1	108
103	0:33:42	LAURIE, Andrew	Falmouth Road Runners	Male Vet 50-54	06:44.3	76
104	0:33:45	MORRIS, Tony	St Austell Running Club	Male Vet 50-54	06:44.9	717
105	0:33:47	GOODWAY, Lucy	Truro Running Club	Female under 35	06:45.3	456
106	0:33:48	GREER, Mike	St Austell Running Club	Male under 35	06:45.5	733
107	0:33:51	EVANS, Julian	Falmouth Road Runners	Male Vet 45-49	06:46.1	200
108	0:33:52	BRAY, Daniel	St Austell Running Club	Male under 35	06:46.3	703
109	0:33:56	SAVAGE, Faye	Hayle Runners	Female Vet 40-44	06:47.1	345
110	0:33:56	REID, Steve	St Austell Running Club	Male Vet 40-44	06:47.1	737
111	0:33:59	HERD, Joanna	Newquay Road Runners	Female Vet 40-44	06:47.7	543
112	0:34:02	ROBINSON, Joanne	Looe Pioneers	Female Vet 40-44	06:48.3	42
113	0:34:06	CHASE, Andy	St Austell Running Club	Male under 35	06:49.1	162
114	0:34:10	YOUNG, Curtis	Hayle Runners	Male Vet 40-44	06:49.9	517
115	0:34:11	TRERISE, Connor	Cornwall AC	Male under 20	06:50.1	647
116	0:34:11	PAWLEY, Chris	Looe Pioneers	Male Vet 40-44	06:50.1	65
117	0:34:13	FINDLAY, James	Carn Runners	Male under 35	06:50.5	140
118	0:34:14	CROWLE, Revis	East Cornwall Harriers	Female Vet 55-59	06:50.7	380

119	0:34:17	REDDICLIFFE, Nigel	Launceston Road Runners	Male Vet 50-54	06:51.3	391
120	0:34:25	JOSE, Amy	Hayle Runners	Female under 35	06:52.9	313
121	0:34:37	MOORE, David	Cornwall AC	Male Vet 45-49	06:55.3	747
122	0:34:38	BENNETT, Charlotte	Hayle Runners	Female Vet 40-44	06:55.5	289
123	0:34:40	FIRTH, Anthony	Tamar Trotters	Male Vet 45-49	06:55.9	440
124	0:34:41	TALLING, Glyn	Newquay Road Runners	Male Vet 45-49	06:56.1	514
125	0:34:42	BRAY, Vivian	Cornwall AC	Male Vet 50-54	06:56.3	635
126	0:34:43	FRANTZ, Derrick	Cornwall AC	Male Vet 50-54	06:56.5	90
127	0:34:44	HARRISON, Karen	Cornwall AC	Female Vet 45-49	06:56.7	624
128	0:34:51	WILES, Brian	Launceston Road Runners	Male Vet 70-74	06:58.1	175
129	0:34:53	ALLEN, Peter	Newquay Road Runners	Male Vet 60-64	06:58.5	226
130	0:34:54	HENRY, Steve	Newquay Road Runners	Male Vet 45-49	06:58.7	496
131	0:35:03	CROWLE, Ian	East Cornwall Harriers	Male Vet 55-59	07:00.5	381
132	0:35:07	BATHE, Colin	Truro Running Club	Male Vet 45-49	07:01.3	449
133	0:35:08	WILDING, David	Hayle Runners	Male Vet 40-44	07:01.5	360
134	0:35:09	BURFORD, Lee	Hayle Runners	Male Vet 35-39	07:01.7	294
135	0:35:10	GRASSAM, Mark	Looe Pioneers	Male Vet 45-49	07:01.9	68
136	0:35:10	PULLEY, Sean	Hayle Runners	Male Vet 55-59	07:01.9	336
137	0:35:11	TREVENA, Nigel	Cornwall AC	Male Vet 45-49	07:02.1	95
138	0:35:14	HARRISON, Nick	Launceston Road Runners	Male Vet 40-44	07:02.6	222
139	0:35:16	HUMPHREYS, John-Paul	Newquay Road Runners	Male Vet 40-44	07:03.0	405
140	0:35:16	MEDLOCK, Kirsty	Hayle Runners	Female Vet 35-39	07:03.0	10
141	0:35:16	REED, Luke	Newquay Road Runners	Male Vet 35-39	07:03.0	513
142	0:35:19	SYRETT, Paul	Falmouth Road Runners	Male Vet 45-49	07:03.6	109
143	0:35:22	MOSSOP, Emma	Falmouth Road Runners	Female Vet 40-44	07:04.2	105
144	0:35:23	PROSSER, Thomas	Mounts Bay Harriers	Male under 20	07:04.4	595
145	0:35:23	NEWCOMBE, Giles	Hayle Runners	Male Vet 60-64	07:04.4	328
146	0:35:25	POLGLASE, Tom	Carn Runners	Male Vet 65-69	07:04.8	131
147	0:35:25	WATERS, Ella	Launceston Road Runners	Female under 20	07:04.8	661
148	0:35:26	HARGREAVES, Pez	Falmouth Road Runners	Male Vet 45-49	07:05.0	73
149	0:35:31	HAWKE, Tim	Falmouth Road Runners	Male under 35	07:06.0	74
150	0:35:47	TILDESLEY, Daniel	Mounts Bay Harriers	Male under 35	07:09.2	610
151	0:35:50	CORTIS, Richard	Falmouth Road Runners	Male Vet 45-49	07:09.8	98
152	0:35:51	DAVIS, Lydia	Newquay Road Runners	Female under 35	07:10.0	522
153	0:35:52	RICHARDS, Stuart	St Austell Running Club	Male Vet 40-44	07:10.2	682
154	0:35:54	HARTILL, Taylor	Bodmin Road Runners	Male under 20	07:10.6	191
155	0:35:56	WILLIAMS, Kelly	Mounts Bay Harriers	Female under 35	07:11.0	594
156	0:35:59	BAKER, Sean	Looe Pioneers	Male Vet 40-44	07:11.6	474
157	0:36:00	PEARCE, Julia	Cornwall AC	Female Vet 40-44	07:11.8	627
158	0:36:01	TWIGGS, Tim	Hayle Runners	Male Vet 50-54	07:12.0	356
159	0:36:03	OWEN, Mark	St Austell Running Club	Male Vet 40-44	07:12.4	731
160	0:36:05	ANSELL, Terry		Male Vet 40-44	07:12.8	224
161	0:36:10	SHEPLEY, Phil	Looe Pioneers	Male Vet 40-44	07:13.8	182
162	0:36:11	DRAYSON (MAGUIRE), Natalie	Cornwall AC	Female Vet 40-44	07:14.0	625
163	0:36:12	GAY, Jennifer	Truro Running Club	Female under 35	07:14.2	455
164	0:36:12	WOOD, Glenn	East Cornwall Harriers	Male Vet 50-54	07:14.2	531
165	0:36:14	SPARKES, Vicki	Bodmin Road Runners	Female under 35	07:14.6	529
166	0:36:14	HILL, Nancy	Cornwall AC	Female Vet 45-49	07:14.6	81
167	0:36:15	WILLIAMS, Gary	Looe Pioneers	Male under 35	07:14.8	12
168	0:36:21	ANGOVE, Paul	Mounts Bay Harriers	Male Vet 50-54	07:16.0	528
169	0:36:22	DRAKE, Darren		Male Vet 35-39	07:16.2	612
170	0:36:23	MYFORD, Sarah	Newquay Road Runners	Female Vet 50-54	07:16.4	537
171	0:36:23	DALE, Steve	Newquay Road Runners	Male Vet 40-44	07:16.4	406
172	0:36:27	MITCHELL, Jon	Cornwall AC	Male Vet 45-49	07:17.2	642
173	0:36:28	MOORE, Thomas	Truro Running Club	Male Vet 35-39	07:17.4	463
174	0:36:31	CUTLAN, Hannah	St Austell Running Club	Female under 35	07:18.0	684
175	0:36:33	EDWARDS, Glynn	Newquay Road Runners	Male under 35	07:18.4	14
176	0:36:34	HARTILL, Gail	Bodmin Road Runners	Female Vet 40-44	07:18.6	190
177	0:36:36	DAVIES, Nikki	Newquay Road Runners	Female Vet 35-39	07:19.0	477
178	0:36:37	SMITH, Derek	Hayle Runners	Male Vet 55-59	07:19.2	349
179	0:36:38	WILSON, Matthew		Male Vet 40-44	07:19.4	376

180	0:36:39	GIBSON, Amanda	Looe Pioneers	Female Vet 40-44	07:19.6	41
181	0:36:40	DAW, Sharon	East Cornwall Harriers	Female Vet 50-54	07:19.8	274
182	0:36:41	TALLING, Sophie	Newquay Road Runners	Female under 20	07:20.0	516
183	0:36:42	WATERS, Claire	Launceston Road Runners	Female Vet 45-49	07:20.2	660
184	0:36:43	WARD, James		Male under 35	07:20.4	526
185	0:36:44	WOOD, Jules	Falmouth Road Runners	Female Vet 45-49	07:20.6	112
186	0:36:45	ELLIS, Andrew	Hayle Runners	Male Vet 45-49	07:20.8	306
187	0:36:48	ROBINS, Sara	Newquay Road Runners	Female under 35	07:21.4	281
188	0:36:50	BURNS, Julia	Hayle Runners	Female Vet 50-54	07:21.8	296
189	0:36:51	SOLOMON, Pam	Bodmin Road Runners	Female Vet 55-59	07:22.0	156
190	0:36:53	MATTHEWS, Ian	Mounts Bay Harriers	Male Vet 50-54	07:22.4	607
191	0:36:56	WILLS, Marcus	East Cornwall Harriers	Male Vet 35-39	07:23.0	565
192	0:36:56	CHESTERFIELD, Caroline	Hayle Runners	Female Vet 50-54	07:23.0	298
193	0:36:57	SPENCER, Leigh	Newquay Road Runners	Female under 20	07:23.2	278
194	0:37:00	LITTLEWOOD, Louise	East Cornwall Harriers	Female Vet 45-49	07:23.8	177
195	0:37:00	THOMAS, Rachael	Cornwall AC	Female Vet 40-44	07:23.8	88
196	0:37:00	HUNT, Jenna	Falmouth Road Runners	Female under 35	07:23.8	75
197	0:37:04	RUSSELL, Barry	St Austell Running Club	Male Vet 35-39	07:24.6	732
198	0:37:06	TALLING, Lisa	Newquay Road Runners	Female Vet 45-49	07:25.0	515
199	0:37:10	BROOKLAND, Alan	Newquay Road Runners	Male Vet 35-39	07:25.8	523
200	0:37:11	NUGENT, Debbie	Cornwall AC	Female Vet 50-54	07:26.0	84
201	0:37:19	JONES, Stephen CR	Carn Runners	Male Vet 45-49	07:27.6	115
202	0:37:21	KNAB, Tim	Bodmin Road Runners	Male Vet 45-49	07:28.0	195
203	0:37:22	GORE, Louise	Newquay Road Runners	Female Vet 35-39	07:28.2	544
204	0:37:23	ROCHOWIAK, Robert	Carn Runners	Male Vet 55-59	07:28.4	113
205	0:37:26	BATCHELOR, David	Hayle Runners	Male Vet 55-59	07:29.0	288
206	0:37:28	MORTON, Richard	Tamar Trotters	Male Vet 60-64	07:29.4	431
207	0:37:30	PIPET, Martin	Bodmin Road Runners	Male Vet 40-44	07:29.8	264
208	0:37:31	STEPHENS, Emma	Bodmin Road Runners	Female under 35	07:30.0	170
209	0:37:32	PRANGLEY, Michael		Male Vet 50-54	07:30.2	426
210	0:37:41	THOMAS, Helen	Carn Runners	Female Vet 45-49	07:32.0	120
211	0:37:47	CRABB, Andy	Looe Pioneers	Male Vet 40-44	07:33.2	48
212	0:37:48	COAD, Rewan		Male under 35	07:33.4	742
213	0:37:50	GLOVER, Ruth	Mounts Bay Harriers	Female under 35	07:33.8	267
214	0:37:53	COOK, Matthew	Mounts Bay Harriers	Male under 35	07:34.4	614
215	0:37:54	RUNDLE, Wayne	Launceston Road Runners	Male Vet 40-44	07:34.6	659
216	0:37:56	BRADBURY, Rosie	Falmouth Road Runners	Female under 35	07:35.0	70
217	0:37:58	GOSSAN, John	Looe Pioneers	Male Vet 65-69	07:35.4	424
218	0:37:58	WEBB, Kirsty	Looe Pioneers	Female under 35	07:35.4	43
219	0:38:01	GOLDBERG, Jessica	Launceston Road Runners	Female under 35	07:36.0	221
220	0:38:07	ELSTONE, Meryl	Carn Runners	Female Vet 50-54	07:37.2	117
221	0:38:10	WILCOX, David	Truro Running Club	Male Vet 40-44	07:37.8	471
222	0:38:11	SCRACE, Shaun	St Austell Running Club	Male Vet 45-49	07:38.0	738
223	0:38:13	LAWRY, Ross	St Austell Running Club	Male Vet 40-44	07:38.4	734
224	0:38:18	STACKHOUSE, Helena	Cornwall AC	Female under 35	07:39.4	85
225	0:38:19	KEOGH, Kelly		Female under 35	07:39.6	501
226	0:38:21	UNSWORTH, Sophie	Bodmin Road Runners	Female under 35	07:40.0	169
227	0:38:24	CROWLE, Jonathan	Truro Running Club	Male Vet 45-49	07:40.6	453
228	0:38:24	CODE, Jenny	Newquay Road Runners	Female Vet 35-39	07:40.6	546
229	0:38:26	FURLONGER, Neill	Newquay Road Runners	Male under 35	07:41.0	364
230	0:38:28	STORER, Graham	Cornwall AC	Male Vet 55-59	07:41.4	94
231	0:38:28	MARKS, Stacie	St Austell Running Club	Female under 35	07:41.4	387
232	0:38:30	JEFFREY-JONES, Monique	Bodmin Womens RC	Female Vet 45-49	07:41.8	253
233	0:38:31	GOULD, Marie	Cornwall AC	Female Vet 45-49	07:42.0	623
234	0:38:31	ARKLEY, Laura	Looe Pioneers	Female Vet 40-44	07:42.0	52
235	0:38:35	ELLIS, Sara	Newquay Road Runners	Female Vet 35-39	07:42.8	500
236	0:38:40	THOMAS, Alison	Hayle Runners	Female Vet 40-44	07:43.8	353
237	0:38:42	ROONEY, Michael	Mounts Bay Harriers	Male under 35	07:44.2	370
238	0:38:44	HYNES, Jaine	Launceston Road Runners	Female Vet 50-54	07:44.6	181
239	0:38:46	WILSHER, Rachael	Bodmin Road Runners	Female Vet 50-54	07:45.0	217
240	0:38:49	POTTER, Alison	Newquay Road Runners	Female Vet 40-44	07:45.6	545

241	0:38:50	LETHBRIDGE, Georgie	Bodmin Womens RC	Female under 35	07:45.8	236
242	0:38:50	TRETHEWEY, Martin	St Austell Running Club	Male Vet 45-49	07:45.8	716
243	0:38:51	HILL, Sarah	Newquay Road Runners	Female Vet 45-49	07:46.0	277
244	0:38:51	KNUCKEY, Nigel	Truro Running Club	Male Vet 60-64	07:46.0	458
245	0:38:51	GIBSON, Philip	Looe Pioneers	Male Vet 40-44	07:46.0	40
246	0:38:51	ROWE, Melissa	St Austell Running Club	Female Vet 40-44	07:46.0	677
247	0:38:52	BULLEN, Debbie		Female Vet 55-59	07:46.2	739
248	0:38:53	PRITCHARD, Christopher	Launceston Road Runners	Male Vet 55-59	07:46.4	196
249	0:38:56	BARRETT, Dean	Tamar Trotters	Male Vet 50-54	07:47.0	532
250	0:38:56	SARGENT, Pete	Newquay Road Runners	Male Vet 70-74	07:47.0	382
251	0:38:58	BROAS, Cheryl	Looe Pioneers	Female Vet 55-59	07:47.4	564
252	0:38:58	BAZIN, Peter	St Austell Running Club	Male Vet 50-54	07:47.4	698
253	0:39:01	PASCOE, Anna	Mud Crew Trail Runners	Female Vet 35-39	07:48.0	654
254	0:39:03	GERRARD, Corinne	Hayle Runners	Female Vet 45-49	07:48.4	308
255	0:39:03	MASTERS, Nick	Hayle Runners	Male Vet 50-54	07:48.4	321
256	0:39:05	RULE, Helen	Hayle Runners	Female Vet 35-39	07:48.8	343
257	0:39:05	LYDALL, Denise	Falmouth Road Runners	Female Vet 45-49	07:48.8	103
258	0:39:06	BENNETT, Emily	Hayle Runners	Female under 20	07:49.0	290
259	0:39:07	LANGSTAFF, Emma	Looe Pioneers	Female Vet 40-44	07:49.2	56
260	0:39:09	DUNCAN, Jeanette	Newquay Road Runners	Female Vet 55-59	07:49.6	410
261	0:39:10	REDD, Hazel		Female under 35	07:49.8	413
262	0:39:11	MCKENZIE, Tracy	Newquay Road Runners	Female Vet 35-39	07:50.0	282
263	0:39:16	COLEY, Simon	East Cornwall Harriers	Male Vet 50-54	07:51.0	398
264	0:39:19	SAUNDERS, Mike		Male Vet 55-59	07:51.6	207
265	0:39:20	DREW, Peter	Carn Runners	Male Vet 65-69	07:51.8	145
266	0:39:20	MARQUIS, Peter		Male Vet 60-64	07:51.8	198
267	0:39:22	STEPHENS, Rachel		Female Vet 35-39	07:52.2	663
268	0:39:23	PALMER, Stefan	Bodmin Road Runners	Male Vet 45-49	07:52.4	178
269	0:39:27	CATNACH, Alison	Looe Pioneers	Female Vet 40-44	07:53.2	395
270	0:39:30	MCKEE, Clare		Female Vet 35-39	07:53.8	558
271	0:39:31	OLLIVIER, Louise	Hayle Runners	Female Vet 50-54	07:54.0	331
272	0:39:31	MENSING, Claire	Truro Running Club	Female Vet 40-44	07:54.0	460
273	0:39:32	ROWETT, Gareth	St Austell Running Club	Male under 35	07:54.2	708
274	0:39:33	PELL, David	Cornwall AC	Male Vet 50-54	07:54.4	748
275	0:39:33	TOWNEND, Stewart	Hayle Runners	Male Vet 70-74	07:54.4	355
276	0:39:36	LYNCH, Kelsey	Mounts Bay Harriers	Female under 35	07:55.0	609
277	0:39:38	BUNTING, Maggie	Tamar Trotters	Female Vet 45-49	07:55.4	443
278	0:39:40	APPLETON, Jane	St Austell Running Club	Female Vet 35-39	07:55.8	714
279	0:39:41	STEWART, Juliet	Truro Running Club	Female Vet 50-54	07:56.0	468
280	0:39:42	TONKIN, Craig	Hayle Runners	Male Vet 45-49	07:56.2	354
281	0:39:44	HAYNES, Patrick	St Austell Running Club	Male Vet 50-54	07:56.6	679
282	0:39:44	CLARK, Julie	Mounts Bay Harriers	Female Vet 50-54	07:56.6	598
283	0:39:47	SKINNER, Steve	Looe Pioneers	Male under 35	07:57.2	46
284	0:39:47	GREEN, Alan	East Cornwall Harriers	Male Vet 60-64	07:57.2	228
285	0:39:49	GUMMOW, Katie	Looe Pioneers	Female Vet 35-39	07:57.6	57
286	0:39:50	JAY, Andrew	St Austell Running Club	Male Vet 40-44	07:57.8	706
287	0:39:56	CHALK, Dawn	Looe Pioneers	Female Vet 40-44	07:59.0	58
288	0:39:57	MOORE, Kelly	Hayle Runners	Female under 35	07:59.2	303
289	0:39:59	LOCKETT, Pat	Newquay Road Runners	Male Vet 70-74	07:59.6	271
290	0:40:00	ROWE, Gareth	Newquay Road Runners	Male Vet 60-64	07:59.8	541
291	0:40:00	BULLOCK, Katie	Newquay Road Runners	Female under 35	07:59.8	475
292	0:40:04	MAMO, Chris	Newquay Road Runners	Male under 35	08:00.6	510
293	0:40:12	BROWN, Adrian	Launceston Road Runners	Male Vet 40-44	08:02.2	571
294	0:40:13	HOWARD, Tiffany	Bodmin Womens RC	Female under 35	08:02.4	260
295	0:40:14	WRIGHT, David	Hayle Runners	Male Vet 50-54	08:02.6	362
296	0:40:16	OLD, Josh		Male under 35	08:03.0	114
297	0:40:16	KNOWLES, Juliet	Carn Runners	Female Vet 45-49	08:03.0	144
298	0:40:17	UREN, Lisa	Carn Runners	Female Vet 35-39	08:03.2	133
299	0:40:18	LEWIS, Bridget	Mounts Bay Harriers	Female Vet 45-49	08:03.4	580
300	0:40:19	WALE, Matthew	Newquay Road Runners	Male under 35	08:03.6	491
301	0:40:20	HORN, Chris	Shenley Striders	Male Vet 50-54	08:03.8	562

302	0:40:23	BUNT, Philip		Male Vet 60-64	08:04.4	206
303	0:40:24	RINGER, Ian	Bodmin Road Runners	Male Vet 70-74	08:04.6	17
304	0:40:25	CAFF, Wayne	Newquay Road Runners	Male Vet 45-49	08:04.8	498
305	0:40:26	PIERCE, Ruth	Hayle Runners	Female Vet 50-54	08:05.0	334
306	0:40:26	BONAR, David	Hayle Runners	Male Vet 50-54	08:05.0	293
307	0:40:28	BAKER, Emma	Looe Pioneers	Female Vet 40-44	08:05.4	47
308	0:40:30	BURROWS, Robert	Mounts Bay Harriers	Male Vet 60-64	08:05.8	593
309	0:40:30	AINSWORTH, John	Tamar Trotters	Male Vet 50-54	08:05.8	437
310	0:40:30	STEPHENS, Jane	Bodmin Road Runners	Female Vet 50-54	08:05.8	225
311	0:40:34	GROVES, Richard	Newquay Road Runners	Male Vet 35-39	08:06.6	495
312	0:40:35	TURNER, Clare		Female Vet 35-39	08:06.8	560
313	0:40:36	JENKIN, Steve	Cornwall AC	Male Vet 45-49	08:07.0	638
314	0:40:40	COYLE, Sean		Male Vet 55-59	08:07.8	223
315	0:40:41	GREGORY, Amy	Newquay Road Runners	Female under 35	08:08.0	284
316	0:40:42	HOLDING, Ruth	Mile High	Female Vet 50-54	08:08.2	561
317	0:40:42	THOMAS, Fiona	St Austell Running Club	Female under 35	08:08.2	686
318	0:40:43	WILLCOCKS, Bob	Falmouth Road Runners	Male Vet 55-59	08:08.4	36
319	0:40:45	STEAD, Rob	Looe Pioneers	Male under 35	08:08.8	533
320	0:40:46	MANSFIELD, Sue	Truro Running Club	Female Vet 50-54	08:09.0	266
321	0:40:46	BRANDHAM, Lois	Newquay Road Runners	Female under 35	08:09.0	490
322	0:40:48	BARRIBALL, Julie	Launceston Road Runners	Female Vet 50-54	08:09.4	199
323	0:40:53	ELLIOTT, Paul	Carn Runners	Male Vet 40-44	08:10.4	137
324	0:40:57	HIBBERT, Clive	Mounts Bay Harriers	Male Vet 70-74	08:11.2	740
325	0:40:58	CATTERALL, Diane	Carn Runners	Female under 35	08:11.4	127
326	0:41:07	OLDHAM, Lucy	East Cornwall Harriers	Female Vet 40-44	08:13.2	204
327	0:41:12	COPE, Jackie	Falmouth Road Runners	Female Vet 60-64	08:14.2	26
328	0:41:15	NORRIS, Chris	Launceston Road Runners	Male Vet 40-44	08:14.8	572
329	0:41:17	BARBERY-REDD, Kat	Tretherras School	Female under 35	08:15.2	550
330	0:41:19	REED, Michael	Bodmin Road Runners	Male Vet 50-54	08:15.6	216
331	0:41:20	MASTERS, Karen	Newquay Road Runners	Female Vet 45-49	08:15.8	485
332	0:41:22	NEEDHAM, Sara	Newquay Road Runners	Female Vet 35-39	08:16.2	153
333	0:41:27	MOUNTFORD, Darren	Newquay Road Runners	Male under 35	08:17.2	511
334	0:41:28	ELLISON, Eleanor	Newquay Road Runners	Female Vet 60-64	08:17.4	272
335	0:41:29	COOK, Damian	Mounts Bay Harriers	Male Vet 45-49	08:17.6	592
336	0:41:31	LOVEDAY, Allan	Newquay Road Runners	Male Vet 65-69	08:18.0	494
337	0:41:35	SAVIN, Nick	Newquay Road Runners	Male under 35	08:18.8	276
338	0:41:36	COFFMAN-FORDER, Lyn	Tamar Trotters	Female Vet 45-49	08:19.0	442
339	0:41:37	JACKSON, Angus		Male Vet 40-44	08:19.2	536
340	0:41:40	STEPTO, Brett	Cornwall AC	Male Vet 40-44	08:19.8	93
341	0:41:43	VAUGHNLEY, Craig	East Cornwall Harriers	Male Vet 45-49	08:20.4	657
342	0:41:44	NORRIS, David		Male Vet 50-54	08:20.6	384
343	0:41:47	MAYWOOD, Bryan	Looe Pioneers	Male Vet 50-54	08:21.2	164
344	0:41:49	WRIGHT, David		Male Vet 50-54	08:21.6	576
345	0:41:53	HUTTON, Craig		Male Vet 55-59	08:22.4	213
346	0:41:55	BENNETTS, Shaun	Hayle Runners	Male Vet 50-54	08:22.8	291
347	0:41:58	ADAMS, Elaine	Hayle Runners	Female Vet 40-44	08:23.4	338
348	0:41:58	BROBIN, Cody	Newquay Road Runners	Male under 20	08:23.4	280
349	0:42:01	BOWDEN, John	Looe Pioneers	Male Vet 60-64	08:24.0	20
350	0:42:03	SENIOR, Ann	Hayle Runners	Female Vet 60-64	08:24.4	347
351	0:42:04	LEGGO (KING), Sarah	Mounts Bay Harriers	Female Vet 40-44	08:24.6	620
352	0:42:04	DE ROZARIEUX, Nathan	Hayle Runners	Male Vet 45-49	08:24.6	304
353	0:42:04	LEAN, David	East Cornwall Harriers	Male Vet 55-59	08:24.6	212
354	0:42:05	DAVEY, Tamzin	Cornwall AC	Female Vet 45-49	08:24.8	750
355	0:42:07	BARNES, John	Launceston Road Runners	Male Vet 55-59	08:25.2	2
356	0:42:10	PAYNE, Holly	St Austell Running Club	Female under 35	08:25.8	727
357	0:42:11	MAYWOOD, Kirstie	Looe Pioneers	Female Vet 50-54	08:26.0	163
358	0:42:11	IACONIANNI, Gennara	St Austell Running Club	Female under 35	08:26.0	704
359	0:42:12	FOSTER, Diane	Looe Pioneers	Female Vet 45-49	08:26.2	45
360	0:42:16	OLIVER, Martin	Mounts Bay Harriers	Male Vet 60-64	08:27.0	597
361	0:42:17	BATHE, Nicola	Truro Running Club	Female Vet 40-44	08:27.2	450
362	0:42:21	FLOYD-NORRIS, Sue	St Austell Running Club	Female Vet 45-49	08:28.0	723

363	0:42:21	MATHEWS, Rachael	Mud Crew Trail Runners	Female Vet 40-44	08:28.0	369
364	0:42:25	CARROLL, Rosie	Hayle Runners	Female under 35	08:28.8	297
365	0:42:32	DAVIES, Sarah	Newquay Road Runners	Female Vet 40-44	08:30.2	488
366	0:42:33	ROSKILLY, Michelle	Hayle Runners	Female Vet 45-49	08:30.4	342
367	0:42:34	STEELE (JONES), Michelle	Newquay Road Runners	Female under 35	08:30.6	519
368	0:42:36	DAVIE, Katie	St Austell Running Club	Female under 35	08:31.0	715
369	0:42:41	BUDGE, Claire	St Austell Running Club	Female Vet 40-44	08:32.0	671
370	0:42:44	SHAW, Sian	Newquay Road Runners	Female Vet 40-44	08:32.6	285
371	0:42:45	STUTHRIDGE, Helen	St Austell Running Club	Female Vet 45-49	08:32.8	678
372	0:42:48	WISNER, Kath	St Austell Running Club	Female Vet 45-49	08:33.4	685
373	0:42:49	SMITH, Hannah	Hayle Runners	Female under 35	08:33.6	348
374	0:42:49	KELLY, Debbie	Bodmin Womens RC	Female Vet 45-49	08:33.6	238
375	0:42:49	FARRAR, Katie	Bodmin Womens RC	Female under 35	08:33.6	247
376	0:42:54	ROBERTS, Mary	Launceston Road Runners	Female Vet 45-49	08:34.6	215
377	0:42:56	BUTLER, Makayla-Rose	Carn Runners	Female under 35	08:35.0	142
378	0:43:01	EVANS, Alun	Hayle Runners	Male Vet 45-49	08:36.0	186
379	0:43:09	SAUNDERS, Lyndsey	East Cornwall Harriers	Female Vet 35-39	08:37.6	268
380	0:43:11	BROOKS, Amanda	Newquay Road Runners	Female under 35	08:38.0	483
381	0:43:15	HADFIELD, Angeline	Truro Running Club	Female under 35	08:38.8	457
382	0:43:17	HARRINGTON, Mark	Carn Runners	Male Vet 50-54	08:39.2	125
383	0:43:18	BANBURY, David		Male Vet 50-54	08:39.4	232
384	0:43:18	HUNKIN, Samantha	East Cornwall Harriers	Female Vet 45-49	08:39.4	210
385	0:43:19	PARSONS, Alison	Bodmin Womens RC	Female Vet 45-49	08:39.6	254
386	0:43:23	SAUNTER, Jenny	Bodmin Womens RC	Female Vet 50-54	08:40.4	189
387	0:43:24	BERTHO, Nicola	St Austell Running Club	Female Vet 40-44	08:40.6	688
388	0:43:26	LOWE, Wendy	Bodmin Womens RC	Female Vet 60-64	08:41.0	534
389	0:43:33	ROWE, Jane		Female Vet 55-59	08:42.4	577
390	0:43:37	ORCHARD, John		Male Vet 55-59	08:43.2	270
391	0:43:39	PRITCHARD, Jane	Launceston Road Runners	Female Vet 50-54	08:43.6	197
392	0:43:42	DYMOND, Amanda	Bodmin Womens RC	Female Vet 40-44	08:44.2	211
393	0:43:44	KERSWELL, Richard		Male Vet 35-39	08:44.6	681
394	0:43:46	MORGADO, Chloe	Cornwall AC	Female Vet 40-44	08:45.0	83
395	0:43:49	TRELEVEN, Sandra	Mounts Bay Harriers	Female Vet 45-49	08:45.6	587
396	0:43:54	WIDDERSHOVEN, Demelza	Carn Runners	Female Vet 35-39	08:46.6	128
397	0:43:55	WILKINSON, Judith	Tamar Trotters	Female Vet 55-59	08:46.8	435
398	0:43:58	MATTHEWS, Susan	Mounts Bay Harriers	Female Vet 55-59	08:47.4	606
399	0:44:07	VOSPER, Francis	Bodmin Road Runners	Male Vet 55-59	08:49.2	6
400	0:44:08	BELL, Natalie	Looe Pioneers	Female Vet 35-39	08:49.4	59
401	0:44:10	MONTGOMERY-SMITH, Taryn	St Austell Running Club	Female Vet 35-39	08:49.8	721
402	0:44:11	MARSHALL, Debbie	St Austell Running Club	Female Vet 40-44	08:50.0	673
403	0:44:11	GIBSON, Faye	Carn Runners	Female Vet 40-44	08:50.0	121
404	0:44:14	MILLWARD, Laura	Carn Runners	Female Vet 55-59	08:50.6	136
405	0:44:16	SMITH, Sharon	Carn Runners	Female Vet 40-44	08:51.0	124
406	0:44:16	MURRAY, Sam	Carn Runners	Female Vet 50-54	08:51.0	146
407	0:44:18	MCFADDEN, Tracy	Bodmin Womens RC	Female Vet 50-54	08:51.4	251
408	0:44:30	RUTKOWSKA, Ola	Falmouth Road Runners	Female under 35	08:53.8	107
409	0:44:31	HEYWOOD, Peter	Looe Pioneers	Male Vet 70-74	08:54.0	54
410	0:44:33	EMMETT, Lucie	Newquay Road Runners	Female Vet 40-44	08:54.4	509
411	0:44:36	EVANS, Mollie	Carn Runners	Female Vet 40-44	08:55.0	119
412	0:44:38	PENTREATH, Nick	Falmouth Road Runners	Male Vet 50-54	08:55.4	33
413	0:44:39	KITCHEN, Amelia	Hayle Runners	Female Vet 40-44	08:55.6	316
414	0:44:43	CHELL, Nina	Falmouth Road Runners	Female Vet 40-44	08:56.4	27
415	0:44:44	BURGESS, Mel	Hayle Runners	Female Vet 50-54	08:56.6	295
416	0:44:47	WILDING, Sarah	Hayle Runners	Female Vet 40-44	08:57.2	359
417	0:44:51	PEARCE, Deborah	Hayle Runners	Female Vet 45-49	08:58.0	332
418	0:44:51	ROOSE, Alison	Newquay Road Runners	Female Vet 40-44	08:58.0	489
419	0:44:55	MCLEAN, Andrew	St Austell Running Club	Male Vet 50-54	08:58.8	699
420	0:44:56	WILLIAMS, Tanya		Female Vet 40-44	08:59.0	741
421	0:44:56	POCHEE, Amanda	Hayle Runners	Female Vet 40-44	08:59.0	335
422	0:45:00	HEWITT, Lucy	Newquay Road Runners	Female Vet 50-54	08:59.8	484
423	0:45:01	SMALL, Kimberley	St Austell Running Club	Female Vet 45-49	09:00.0	735

424	0:45:03	LATHOM, Janet	Launceston Road Runners	Female Vet 60-64	09:00.4	377
425	0:45:03	MARTINDALE, Anthony	Bodmin Road Runners	Male Vet 50-54	09:00.4	366
426	0:45:09	PARKIN, Eleanor	Truro Running Club	Female under 35	09:01.6	461
427	0:45:09	ENGLAND, Emma	Bodmin Womens RC	Female Vet 45-49	09:01.6	235
428	0:45:13	HAMPTON, David	St Austell Running Club	Male Vet 40-44	09:02.4	702
429	0:45:13	HAGHANI, Laura	Hayle Runners	Female Vet 35-39	09:02.4	310
430	0:45:15	GODFREY, Nicola	Bodmin Womens RC	Female Vet 35-39	09:02.8	265
431	0:45:16	WILTON, David	Falmouth Road Runners	Male Vet 60-64	09:03.0	37
432	0:45:17	ANNING, Lyndsay		Female Vet 45-49	09:03.2	579
433	0:45:19	WILLIAMS, Nikki	Looe Pioneers	Female Vet 40-44	09:03.6	44
434	0:45:22	AITKEN, Simon	Mounts Bay Harriers	Male Vet 40-44	09:04.2	621
435	0:45:25	BUDGE, Andrew	St Austell Running Club	Male Vet 50-54	09:04.8	675
436	0:45:34	ROGERS, Zenna	Hayle Runners	Female Vet 35-39	09:06.6	340
437	0:45:35	NICHOLLS, Tracey	Mounts Bay Harriers	Female Vet 50-54	09:06.8	586
438	0:45:37	JONES, Jon	Looe Pioneers	Male Vet 45-49	09:07.2	51
439	0:45:37	PRYOR, Laura	Carn Runners	Female under 35	09:07.2	141
440	0:45:43	GREEN, Marie	Falmouth Road Runners	Female Vet 40-44	09:08.4	104
441	0:45:44	CUNDY-COOPER, Emma	Bodmin Womens RC	Female under 35	09:08.6	245
442	0:45:45	JACKSON, Hester		Female Vet 40-44	09:08.8	535
443	0:45:45	CADDY, Chantelle	Mounts Bay Harriers	Female Vet 40-44	09:08.8	599
444	0:45:47	GOWER, Lisa	Carn Runners	Female Vet 45-49	09:09.2	147
445	0:45:49	MARTIN, Jacqui	St Austell Running Club	Female Vet 45-49	09:09.6	711
446	0:45:50	MARTIN, Steve	St Austell Running Club	Male Vet 40-44	09:09.8	701
447	0:45:50	HACKMAN, Tom	Newquay Road Runners	Male Vet 65-69	09:09.8	407
448	0:45:51	NYE, Cheryl	St Austell Running Club	Female under 35	09:10.0	719
449	0:45:54	BOWDEN, Geraldine	Looe Pioneers	Female Vet 55-59	09:10.6	21
450	0:46:06	JENKIN, Jacqueline	Cornwall AC	Female Vet 65-69	09:13.0	82
451	0:46:06	BREAKSPEAR, Hannah	Cornwall AC	Female under 35	09:13.0	79
452	0:46:07	JENKIN, Richard	Cornwall AC	Male Vet 70-74	09:13.2	91
453	0:46:10	HOLT, Grace	Mounts Bay Harriers	Female under 35	09:13.8	611
454	0:46:10	EVANS, Emma		Female Vet 55-59	09:13.8	372
455	0:46:10	FOLEY, Clare		Female Vet 35-39	09:13.8	371
456	0:46:12	MORSE, Nicky	Mounts Bay Harriers	Male Vet 55-59	09:14.2	588
457	0:46:18	MORGAN, Janet	Plymouth Musketeers	Female Vet 55-59	09:15.4	567
458	0:46:23	HARVEY, Lynn	Newquay Road Runners	Female Vet 65-69	09:16.4	408
459	0:46:26	GREGORY, Jasmine	Looe Pioneers	Female under 20	09:17.0	23
460	0:46:28	STANESCU, Norbert	Cornwall AC	Male under 35	09:17.4	745
461	0:46:35	VISICK, Michael	Looe Pioneers	Male Vet 45-49	09:18.8	394
462	0:46:38	CUTLAN, Tim	St Austell Running Club	Male Vet 45-49	09:19.4	691
463	0:46:39	BEAZLEY, Steve	East Cornwall Harriers	Male Vet 55-59	09:19.6	566
464	0:46:41	BARLOW, Claire	Bodmin Road Runners	Female Vet 40-44	09:20.0	185
465	0:46:45	BRAY, Helen	Tretherras School	Female Vet 35-39	09:20.8	551
466	0:46:48	BAWDEN, Mike	Cornwall AC	Male Vet 55-59	09:21.4	634
467	0:46:49	PRUTTON, Kelly	Looe Pioneers	Female under 35	09:21.6	174
468	0:46:51	BERRY, Tony	Truro Running Club	Male Vet 80+	09:22.0	451
469	0:46:53	WOOLLETT, Mandy	Looe Pioneers	Female Vet 45-49	09:22.4	161
470	0:46:55	MIDDLEDITCH, Emily	Falmouth Road Runners	Female Vet 45-49	09:22.8	77
471	0:46:56	LAWES, Helen	Looe Pioneers	Female Vet 45-49	09:23.0	50
472	0:46:57	CAFF, Tristan		Male under 20	09:23.2	542
473	0:46:57	JONES, Susan	Looe Pioneers	Female Vet 45-49	09:23.2	19
474	0:46:58	MANKEE, Emma	Carn Runners	Female Vet 45-49	09:23.4	123
475	0:46:59	KEMPNA, Lucie		Female under 20	09:23.6	422
476	0:46:59	MARKS, Victoria	Hayle Runners	Female Vet 40-44	09:23.6	320
477	0:46:59	KEMPNY, Jiri	St Austell Running Club	Male Vet 40-44	09:23.6	420
478	0:47:00	PARKIN, Harriet		Female under 35	09:23.8	525
479	0:47:01	SHEPPARD, Nina		Female Vet 35-39	09:24.0	559
480	0:47:04	GRAY, Helen	St Austell Running Club	Female Vet 35-39	09:24.6	374
481	0:47:05	KNUCKEY, Jo		Female Vet 45-49	09:24.8	375
482	0:47:05	GRIGG, Neil	St Austell Running Club	Male Vet 35-39	09:24.8	725
483	0:47:06	FLOWER, Naomi	Newquay Road Runners	Female under 35	09:25.0	392
484	0:47:08	ROSSALL, Cassi	Truro Running Club	Female under 35	09:25.4	205



485	0:47:10	BOTTRILL, Darren	St Austell Running Club	Male Vet 45-49	09:25.8	724
486	0:47:12	GREGORY, Nicola	Bodmin Womens RC	Female Vet 35-39	09:26.2	261
487	0:47:13	WELLS, Wes	Tamar Trotters	Male Vet 35-39	09:26.4	432
488	0:47:13	DUDLEY, Michelle	St Austell Running Club	Female Vet 45-49	09:26.4	696
489	0:47:15	LEEDS, Brendon	Looe Pioneers	Male Vet 40-44	09:26.8	172
490	0:47:17	HOCKING, Deborah	Carn Runners	Female Vet 45-49	09:27.2	118
491	0:47:19	EDLIN, David		Male Vet 45-49	09:27.6	622
492	0:47:22	TONKINS, Richard	St Austell Running Club	Male Vet 45-49	09:28.2	720
493	0:47:24	MENZIES, Roger	Newquay Road Runners	Male Vet 45-49	09:28.6	539
494	0:47:38	VOSPER, Nicola	Bodmin Road Runners	Female Vet 55-59	09:31.4	7
495	0:47:41	LEWINGTON, Leah	Mounts Bay Harriers	Female Vet 40-44	09:32.0	608
496	0:47:47	LIVONEN-GRAY, Katri	Hayle Runners	Female Vet 35-39	09:33.2	311
497	0:47:51	HIGGINS, Lucy	Newquay Road Runners	Female under 35	09:34.0	479
498	0:47:52	WEBB, Tabi	Newquay Road Runners	Female Vet 35-39	09:34.2	507
499	0:47:54	TREGEAR, Sarah	Mounts Bay Harriers	Female under 35	09:34.6	613
500	0:47:56	HALL, Becky	Newquay Road Runners	Female under 35	09:35.0	409
501	0:47:59	MARSHALL, Lavinia	Launceston Road Runners	Female Vet 60-64	09:35.6	203
502	0:48:02	CROWE, Sharron	Bodmin Womens RC	Female Vet 40-44	09:36.2	244
503	0:48:04	TULLY, Claire	Bodmin Womens RC	Female Vet 40-44	09:36.6	257
504	0:48:05	HAYNES, Howard	Hayle Runners	Male Vet 75-79	09:36.8	418
505	0:48:08	PASCOE, Peter	Carn Runners	Male Vet 50-54	09:37.4	148
506	0:48:12	WHEELER, Mark		Male Vet 45-49	09:38.2	480
507	0:48:12	ALEXANDER, Samantha	Cornwall AC	Female Vet 50-54	09:38.2	665
508	0:48:15	MARTIN, Lorna	Cornwall AC	Female Vet 35-39	09:38.8	626
509	0:48:17	CUFF, Linda	Looe Pioneers	Female Vet 50-54	09:39.2	63
510	0:48:19	SOWERBY, Nicky	Truro Running Club	Female Vet 50-54	09:39.6	464
511	0:48:26	TAMBLYN, Sharon	Bodmin Womens RC	Female Vet 50-54	09:41.0	3
512	0:48:29	HUNTER, Vickie	WalkRun NRR	Female under 35	09:41.6	487
513	0:48:31	BRUMBY, Tandy	Falmouth Road Runners	Female Vet 55-59	09:42.0	97
514	0:48:35	FARRAR, Julie	Bodmin Womens RC	Female Vet 55-59	09:42.8	248
515	0:48:36	BUSCOMBE, Lisa	Truro Running Club	Female Vet 40-44	09:43.0	448
516	0:48:38	LOOSLEY, Alison	St Austell Running Club	Female Vet 50-54	09:43.4	689
517	0:48:40	RICHARDS, Clair	Carn Runners	Female Vet 40-44	09:43.8	143
518	0:48:41	DEERE, Louise	Hayle Runners	Female Vet 50-54	09:44.0	305
519	0:48:44	KENNEY, Charlotte	Hayle Runners	Female under 35	09:44.6	301
520	0:48:45	GIBBS, Natalie	Mounts Bay Harriers	Female Vet 35-39	09:44.8	605
521	0:48:48	HARDING, Karen	Newquay Road Runners	Female Vet 35-39	09:45.4	505
522	0:48:50	SAUNTER, David		Male Vet 50-54	09:45.8	188
523	0:48:51	HARRIS, Olivia		Female under 35	09:46.0	367
524	0:48:52	JAY, Nadia	St Austell Running Club	Female Vet 40-44	09:46.2	676
525	0:48:54	THOMAS, Jane	St Austell Running Club	Female Vet 55-59	09:46.6	700
526	0:48:55	BOLT, Adrian	Truro Running Club	Male Vet 50-54	09:46.8	389
527	0:48:56	WALTERS, Karen	Newquay Road Runners	Female Vet 45-49	09:47.0	411
528	0:49:01	BULLEN, Mark		Male Vet 50-54	09:48.0	729
529	0:49:07	BILLS, Kelly	Carn Runners	Female Vet 40-44	09:49.2	122
530	0:49:08	LANE, Samantha	East Cornwall Harriers	Female under 35	09:49.4	570
531	0:49:09	DAY, Samantha	Looe Pioneers	Female under 35	09:49.6	64
532	0:49:14	PASCOE, Wendy	Hayle Runners	Female Vet 50-54	09:50.6	315
533	0:49:16	COX, Alison	Bodmin Womens RC	Female Vet 50-54	09:51.0	15
534	0:49:25	ROWLANDS, Kate	Falmouth Road Runners	Female under 35	09:52.8	35
535	0:49:28	VINNICOMBE, Caroline	Carn Runners	Female Vet 40-44	09:53.4	132
536	0:49:31	O'REILLY, Kevin	Tamar Trotters	Male Vet 60-64	09:54.0	434
537	0:49:34	FOSTER, Tracey		Female Vet 40-44	09:54.6	4
538	0:49:36	ANDREWS, George	Mounts Bay Harriers	Male Vet 65-69	09:55.0	584
539	0:49:47	JOLLIFF, Christy	Bodmin Road Runners	Female Vet 35-39	09:57.2	5
540	0:49:49	DALTON, Martin	Falmouth Road Runners	Male Vet 65-69	09:57.6	72
541	0:49:50	SYCAMORE, Grace	Hayle Runners	Female under 35	09:57.8	352
542	0:49:59	MOORE, Sue	Hayle Runners	Female Vet 60-64	09:59.6	326
543	0:50:00	MOORE, Andy	Hayle Runners	Male Vet 55-59	09:59.8	325
544	0:50:03	MORGAN, Iain	Newquay Road Runners	Male Vet 55-59	10:00.4	429
545	0:50:04	OSBORNE, Simon		Male Vet 40-44	10:00.6	379

546	0:50:07	GIBSON, Tiede	Looe Pioneers	Female under 20	10:01.2	39
547	0:50:08	MARTIN, Hayley	Carn Runners	Female Vet 35-39	10:01.4	130
548	0:50:08	BOND, Nina	Looe Pioneers	Female under 35	10:01.4	415
549	0:50:18	ROBERTS, Samantha	Bodmin Womens RC	Female Vet 35-39	10:03.4	233
550	0:50:30	ANDREWS, Greta	Mounts Bay Harriers	Female Vet 40-44	10:05.8	585
551	0:50:35	WALL, Ashley	Falmouth Road Runners	Female Vet 50-54	10:06.8	100
552	0:50:38	BOWDEN, Sally	Newquay Road Runners	Female Vet 50-54	10:07.4	283
553	0:50:45	MARSH, Stuart	Hayle Runners	Male Vet 45-49	10:08.8	518
554	0:50:46	BROMFIELD, Katrina		Female Vet 50-54	10:09.0	368
555	0:50:48	VERCESI, Gemma	Mounts Bay Harriers	Female Vet 35-39	10:09.4	590
556	0:50:52	LODER, Kat	Mounts Bay Harriers	Female Vet 35-39	10:10.2	596
557	0:50:54	CUTLAN, Jean	St Austell Running Club	Female Vet 50-54	10:10.6	680
558	0:50:59	NEWCOMBE, Jo	Hayle Runners	Female Vet 60-64	10:11.6	329
559	0:51:01	SHAND, Sam		Female Vet 40-44	10:12.0	399
560	0:51:02	ATKINSON, Laurel	WalkRun NRR	Female under 35	10:12.2	486
561	0:51:04	CARSWELL, Sarah	Carn Runners	Female Vet 40-44	10:12.6	116
562	0:51:07	TOY, Jeanette	Carn Runners	Female Vet 45-49	10:13.2	138
563	0:51:10	MITCHELL, Dan	Cornwall AC	Male Vet 40-44	10:13.8	641
564	0:51:11	HOWARD, Sarah	Bodmin Womens RC	Female Vet 45-49	10:14.0	259
565	0:51:13	CHILCOTT, Lucy	Bodmin Womens RC	Female Vet 40-44	10:14.4	167
566	0:51:19	HOUGHTON, Melanie		Female Vet 35-39	10:15.6	13
567	0:51:24	MATES, Lauren	Hayle Runners	Female under 35	10:16.6	322
568	0:51:24	KEMP, Mandy	Looe Pioneers	Female Vet 55-59	10:16.6	66
569	0:51:30	BOXALL, Melanie	Falmouth Road Runners	Female Vet 50-54	10:17.8	25
570	0:51:36	HARVEY, Debbie	Bodmin Womens RC	Female Vet 40-44	10:19.0	249
571	0:51:37	HOSKIN, Marie	Bodmin Womens RC	Female Vet 40-44	10:19.2	250
572	0:51:37	DORMER, Kathran	Falmouth Road Runners	Female Vet 65-69	10:19.2	28
573	0:51:40	OSBORNE, Louise	Falmouth Road Runners	Female Vet 35-39	10:19.8	378
574	0:51:41	HOCKING, Stacey		Female under 35	10:20.0	358
575	0:51:46	SUMMERS, Kate	Tretherras School	Female under 35	10:21.0	553
576	0:51:49	WHITRIDGE, Tilly	Cornwall AC	Female Vet 45-49	10:21.6	89
577	0:51:51	FURLONGER, Gemma		Female under 35	10:22.0	365
578	0:51:54	TALBOT, Amy	Tretherras School	Female under 35	10:22.6	554
579	0:52:01	KING, Lucy	Looe Pioneers	Female Vet 35-39	10:24.0	69
580	0:52:03	NORRIS, Lynda		Female Vet 50-54	10:24.4	385
581	0:52:07	TALBOT, Bev	St Austell Running Club	Female Vet 50-54	10:25.2	697
582	0:52:11	JENKIN, Peter	Falmouth Road Runners	Male Vet 60-64	10:26.0	102
583	0:52:13	SAVAGE, Suzie	Hayle Runners	Female under 35	10:26.4	344
584	0:52:16	POOLE, Wendy	St Austell Running Club	Female Vet 55-59	10:27.0	705
585	0:52:18	EWART, Sam	St Austell Running Club	Female Vet 40-44	10:27.4	695
586	0:52:22	SMITH, Mike		Male Vet 45-49	10:28.2	472
587	0:52:29	SUTTON, Andrew		Male Vet 35-39	10:29.6	230
588	0:52:32	MARTIN, Julie	Bodmin Womens RC	Female Vet 35-39	10:30.2	262
589	0:52:36	TREWEEK, Paul	Truro Running Club	Male Vet 55-59	10:31.0	469
590	0:52:49	LATHAM, Donna	Bodmin Womens RC	Female Vet 40-44	10:33.6	168
591	0:52:50	RANDALL, Mick		Male Vet 60-64	10:33.8	393
592	0:52:51	TODD, Christine	St Austell Running Club	Female Vet 55-59	10:34.0	693
593	0:52:52	RICHARDS, April		Female under 35	10:34.2	193
594	0:52:53	EDDY, Hannah		Female under 35	10:34.4	160
595	0:52:54	SULLIVAN, Paul		Male Vet 50-54	10:34.6	568
596	0:52:59	JOHNS, Sarah	Mounts Bay Harriers	Female Vet 35-39	10:35.6	229
597	0:53:00	HOOPER, Paul	Mounts Bay Harriers	Male Vet 55-59	10:35.8	218
598	0:53:01	TAPHOUSE, Lesley	Bodmin Road Runners	Female Vet 55-59	10:36.0	8
599	0:53:02	CAFF, Jane	Newquay Road Runners	Female Vet 55-59	10:36.2	497
600	0:53:05	KINGTON, Norris	Cornwall AC	Male Vet 75-79	10:36.8	640
601	0:53:06	COSWAY, Sarah	Bodmin Womens RC	Female Vet 50-54	10:37.0	242
602	0:53:08	LOZYNSKI, Kirska	Looe Pioneers	Female under 35	10:37.4	428
603	0:53:11	LAKE, Christina	Falmouth Road Runners	Female Vet 55-59	10:38.0	30
604	0:53:14	SLATER, Kirstie	Truro Running Club	Female Vet 40-44	10:38.6	466
605	0:53:14	VINE, Sheri	Truro Running Club	Female under 35	10:38.6	470
606	0:53:21	GREENWOOD, Nik	Newquay Road Runners	Male under 35	10:40.0	512

607	0:53:24	TRERISE, Catherine	Cornwall AC	Female Vet 45-49	10:40.6	632
608	0:53:26	BATEMAN, Collette	Mounts Bay Harriers	Female Vet 35-39	10:41.0	583
609	0:53:27	RICHARDS, Chantelle		Female Vet 40-44	10:41.2	527
610	0:53:27	FOSTER, Ann	Tamar Trotters	Female Vet 65-69	10:41.2	430
611	0:53:27	FIRTH, Becky	Tamar Trotters	Female Vet 45-49	10:41.2	441
612	0:53:28	COFFMAN-FORDER, Jane	Tamar Trotters	Female Vet 45-49	10:41.4	444
613	0:53:29	KAYE, Emma	Newquay Road Runners	Female under 35	10:41.6	273
614	0:53:29	PRIDEAUX, Rachel	Bodmin Womens RC	Female Vet 40-44	10:41.6	243
615	0:53:30	JARVIS, Tanya	Launceston Road Runners	Female Vet 45-49	10:41.8	383
616	0:53:31	PARSONS, Janet	Bodmin Womens RC	Female Vet 50-54	10:42.0	255
617	0:53:35	ALDRIDGE, Angela	Looe Pioneers	Female Vet 35-39	10:42.8	416
<b>618</b>	<b>0:54:06</b>	<b>TRIPP, Lisa</b>	<b>Truro Running Club</b>	<b>Female Vet 35-39</b>	<b>10:49.0</b>	<b>454</b>
619	0:54:08	LAWRENCE, Steven	Falmouth Road Runners	Male Vet 60-64	10:49.4	31
620	0:54:09	GARRARD, David	Falmouth Road Runners	Male Vet 70-74	10:49.6	29
621	0:54:20	PITMAN, Debbie	Tamar Trotters	Female Vet 55-59	10:51.8	446
622	0:54:20	PITMAN, Vinny	Tamar Trotters	Male Vet 50-54	10:51.8	445
623	0:54:31	COOKE-DAVIES, Louise	WalkRun NRR	Female Vet 45-49	10:54.0	499
624	0:54:36	HOLLADAY, Michelle	Newquay Road Runners	Female Vet 40-44	10:55.0	414
625	0:54:36	OSBORNE, Paula	Newquay Road Runners	Female Vet 40-44	10:55.0	412
626	0:54:38	ADAMS, Hannah	St Austell Running Club	Female Vet 35-39	10:55.4	718
627	0:54:39	KENNEDY, Martin		Male Vet 40-44	10:55.6	656
628	0:54:40	HEMSLEY, Sarah	Newquay Road Runners	Female Vet 40-44	10:55.8	403
629	0:54:55	WALTERS, Danielle		Female under 35	10:58.8	504
630	0:55:02	MORTLOCK, Jo		Female Vet 55-59	11:00.2	575
631	0:55:12	OLIVER, Lucy	Looe Pioneers	Female under 35	11:02.2	427
632	0:55:32	GREGORY, Julie	Looe Pioneers	Female Vet 45-49	11:06.2	22
633	0:55:34	NEVILLE, Jody		Female Vet 40-44	11:06.6	219
634	0:55:34	WEBB, Sarah		Female Vet 40-44	11:06.6	220
635	0:55:54	MAY, Josephine		Female Vet 35-39	11:10.6	390
636	0:55:54	COLLEDGE, Helina	Newquay Road Runners	Female under 35	11:10.6	508
637	0:55:55	COLLINGS, Louise		Female under 35	11:10.8	208
638	0:55:56	MURLEY, Louise	Mounts Bay Harriers	Female Vet 50-54	11:11.0	615
639	0:56:02	EASTERBROOK, Liz	Mounts Bay Harriers	Female Vet 65-69	11:12.2	603
640	0:56:04	SMITH, Terri		Female Vet 45-49	11:12.6	473
641	0:56:10	ANDREWS, Emma	Bodmin Womens RC	Female under 35	11:13.8	237
642	0:56:12	WILLIAMS, Laura	Hayle Runners	Female under 35	11:14.2	361
643	0:56:14	JONES, Mary	Hayle Runners	Female under 35	11:14.6	312
644	0:56:14	GRAY, Kelly	Hayle Runners	Female under 35	11:14.6	309
645	0:56:17	TREVARTHON, Rachel	Tretherras School	Female under 35	11:15.2	548
646	0:56:29	LAY, Jo	Hayle Runners	Female Vet 50-54	11:17.6	318
647	0:56:38	WOOD, Lorna	Falmouth Road Runners	Female Vet 60-64	11:19.4	38
648	0:56:47	WRIGHT, Mike	Hayle Runners	Male Vet 65-69	11:21.2	155
649	0:57:11	THOMAS, Kathryn	Cornwall AC	Female Vet 40-44	11:26.0	87
650	0:57:13	PENDER, Natalie	Tretherras School	Female Vet 40-44	11:26.4	555
651	0:57:18	TAYLOR, Sandra	Bodmin Womens RC	Female Vet 45-49	11:27.4	159
652	0:57:27	CARTHEW, Samantha	Bodmin Womens RC	Female Vet 45-49	11:29.2	184
653	0:57:28	WYATT, Liz	St Austell Running Club	Female Vet 45-49	11:29.4	672
654	0:57:32	COOPER, Guy	Looe Pioneers	Male Vet 45-49	11:30.2	18
655	0:57:39	SHAND, Julie		Female Vet 45-49	11:31.6	400
656	0:57:46	OLSEN, Nikki		Female Vet 45-49	11:33.0	402
657	0:57:56	MASTERS, Rebecca		Female Vet 35-39	11:35.0	540
658	0:57:57	MASTERS, Stephen		Male Vet 40-44	11:35.2	578
659	0:58:00	GOODMAN, Emma	Falmouth Road Runners	Female Vet 45-49	11:35.8	101
660	0:58:00	ROBERTS, Nigel	Falmouth Road Runners	Male Vet 35-39	11:35.8	34
661	0:58:13	FRANCIS, Donna	Newquay Road Runners	Female Vet 65-69	11:38.4	478
662	0:58:27	KEMPNA, Lenka		Female Vet 40-44	11:41.2	421
663	0:58:35	CAREY, Chloe	Bodmin Womens RC	Female Vet 40-44	11:42.8	239
664	0:58:47	BLIGHT, Mandy	St Austell Running Club	Female Vet 60-64	11:45.2	694
665	0:58:47	WEBBER, Sharon	St Austell Running Club	Female Vet 45-49	11:45.2	707
666	0:58:52	CIOPPA, Robert	Looe Pioneers	Male Vet 70-74	11:46.2	563
667	0:59:07	MCNAUGHTON-JAMES, Sarah	Hayle Runners	Female Vet 35-39	11:49.2	323

668	0:59:07	O'KEEFFE, Jackie	Hayle Runners	Female Vet 50-54	11:49.2	330
669	0:59:08	BAINES, Tracie		Female Vet 50-54	11:49.4	569
670	0:59:13	SLATEFORD, Nicola	St Austell Running Club	Female Vet 50-54	11:50.4	726
671	0:59:14	BARBER, Carley	Tretherras School	Female under 35	11:50.6	556
672	0:59:14	COOMBES, Hayley	Tretherras School	Female Vet 35-39	11:50.6	557
673	1:00:22	FOSTER, Graham	Looe Pioneers	Male Vet 50-54	12:04.2	173
674	1:00:22	GIBBS, Kathleen	Looe Pioneers	Female Vet 55-59	12:04.2	67
675	1:00:34	FORD, Rosie	Bodmin Womens RC	Female under 35	12:06.6	234
676	1:00:39	COLLINGS, Fiona	Bodmin Womens RC	Female Vet 45-49	12:07.6	241
677	1:01:43	MONTGOMERY, Pauline Claire	Bodmin Womens RC	Female Vet 35-39	12:20.4	252
678	1:01:43	ELLIS, Rebecca	Bodmin Womens RC	Female under 35	12:20.4	417
679	1:01:51	BARNES, Sarah	Launceston Road Runners	Female Vet 45-49	12:22.0	388
680	1:01:58	JENKINS, Steve	Mounts Bay Harriers	Male Vet 45-49	12:23.4	601
681	1:02:18	DAVEY, Amanda		Female Vet 40-44	12:27.4	373
682	1:02:41	CHARNLEY, Teresa	Bodmin Womens RC	Female Vet 50-54	12:32.0	240
683	1:03:00	OVERD, Lynne	Looe Pioneers	Female Vet 55-59	12:35.8	61
684	1:04:10	PEAKE, Sharon	Bodmin Womens RC	Female Vet 50-54	12:49.8	256
685	1:04:10	VOSPER, Lisa	Bodmin Womens RC	Female Vet 40-44	12:49.8	258
686	1:04:24	HAWSON, Bel	Tretherras School	Female Vet 35-39	12:52.6	552
687	1:04:35	ELLIOT, Jen	Tretherras School	Female under 35	12:54.8	547
688	1:04:55	HICKMAN, Carolyn		Female Vet 45-49	12:58.8	401
689	1:05:30	DEAR, Anne	Bodmin Womens RC	Female Vet 50-54	13:05.8	246
690	1:07:26	COATES, Sue	Mounts Bay Harriers	Female Vet 40-44	13:29.0	602
691	1:07:27	MCNEVIN, Iva	Mounts Bay Harriers	Female Vet 60-64	13:29.2	582
692	1:07:28	MORRISSEY, Angela	Bodmin Womens RC	Female Vet 50-54	13:29.4	165
693	1:07:29	ARCHER, Helen	Bodmin Womens RC	Female Vet 50-54	13:29.6	166
694	1:09:00	GIDDY, Sabrina	Looe Pioneers	Female under 35	13:47.7	574
695	1:09:08	ORPWOOD, Jenny	Mounts Bay Harriers	Female Vet 50-54	13:49.3	600
696	1:09:20	DAY, Philippa	Looe Pioneers	Female Vet 50-54	13:51.7	60
697	1:09:20	SOUTHALL, Lynne	Plymouth Musketeers	Female Vet 55-59	13:51.7	655
698	1:12:41	WILLCOCK, Louise	Mud Crew Trail Runners	Female Vet 45-49	14:31.9	423