

## THE LAST TREVORNICK 10 – 7TH MAY 2017

Position	Time	Name	Team	Category	Pace
1	0:59:45	CLAY, Jordan	Cornwall AC	Male under 35	05:58.4
2	1:01:51	DOBSON, Jacob	Falmouth Road Runners	Male under 35	06:11.0
3	1:02:22	MORANT, Jordan	Hayle Runners	Male under 35	06:14.1
4	1:02:33	WHEAR, Paul	Cornwall AC	Male Vet 45-49	06:15.2
5	1:02:53	CARTHEY, Tom	Falmouth Road Runners	Male under 35	06:17.2
6	1:03:20	MCWILLIAMS, John	Mounts Bay Harriers	Male under 35	06:19.9
7	1:04:13	GOODWAY, Dan	Truro Running Club	Male under 35	06:25.2
8	1:04:40	KIRTON, James	Truro Running Club	Male under 35	06:27.9
9	1:04:58	WILLIAMS, Simon S	St Austell Running Club	Male Vet 40-44	06:29.7
10	1:05:20	WHERRY, Steve	Hayle Runners	Male Vet 50-54	06:31.9
11	1:05:38	SALAMONE, Craig	Cornwall AC	Male under 35	06:33.7
12	1:06:23	KNOWLES, Simon	Hayle Runners	Male Vet 40-44	06:38.2
13	1:06:43	ABRAHAM, Scott	Hayle Runners	Male Vet 45-49	06:40.2
14	1:06:48	STEPTO, Emma	Cornwall AC	Female Vet 45-49	06:40.7
15	1:07:00	SAVAGE, Rich	Hayle Runners	Male Vet 50-54	06:41.9
16	1:07:01	STRACHAN, Steven	Falmouth Road Runners	Male Vet 40-44	06:42.0
17	1:07:21	ORTON, Rob	Exmouth Harriers	Male Vet 35-39	06:44.0
18	1:07:23	MONTGOMERY-SMITH, Phil	St Austell Running Club	Male Vet 45-49	06:44.2
19	1:07:38	DOWRICK, Mike	Cornwall AC	Male Vet 40-44	06:45.7
20	1:07:39	ADAMS, Tim	St Austell Running Club	Male Vet 45-49	06:45.8
21	1:08:07	MURRANT, Kieran	Falmouth Road Runners	Male under 35	06:48.6
22	1:08:08	BRYDON, James	Bodmin Road Runners	Male under 35	06:48.7
23	1:08:21	RICHARDS, Gary	Mounts Bay Harriers	Male Vet 45-49	06:50.0
24	1:08:31	BARNET, James	Falmouth Road Runners	Male under 35	06:51.0
25	1:08:56	CUTLAN, James	St Austell Running Club	Male under 35	06:53.5
26	1:08:58	PAULL, Emma	Hayle Runners	Female under 35	06:53.7
27	1:09:08	DAVIS, Glynn	Carn Runners	Male Vet 50-54	06:54.7
28	1:09:37	ANDREWARTHA, David	Bude Rats	Male under 35	06:57.6
29	1:10:01	DAY, Justin	Cornwall AC	Male Vet 45-49	07:00.0
30	1:10:35	WEBB, Jason	Cornwall AC	Male Vet 45-49	07:03.4
31	1:11:06	DEACON, Mark	Looe Pioneers	Male under 35	07:06.5
32	1:11:09	TURNER, James		Male Vet 35-39	07:06.8
33	1:11:16	RENDLE, Steve	Newquay Road Runners	Male Vet 45-49	07:07.5
34	1:11:29	MAYES, Richard	Midland Masters	Male Vet 45-49	07:08.8
35	1:11:31	WARMINGTON, Paul	Hayle Runners	Male Vet 35-39	07:09.0
36	1:12:23	CHYNOWETH, Richard	Truro Running Club	Male Vet 35-39	07:14.2
37	1:12:32	STANDING, Rob	Truro Running Club	Male Vet 40-44	07:15.1
38	1:12:49	HERD, Joanna	Newquay Road Runners	Female Vet 40-44	07:16.8
39	1:13:01	PASSINGHAM, Oliver		Male under 35	07:18.0
40	1:13:07	BALL, Adrian	Cornwall AC	Male Vet 45-49	07:18.6
41	1:13:19	EDDISON, Andrew	Cornwall AC	Male Vet 50-54	07:19.8
42	1:13:30	BERRYMAN, Tom	Mounts Bay Harriers	Male under 35	07:20.9
43	1:13:51	SMITH, Nicola	St Austell Running Club	Female under 35	07:23.0
44	1:14:09	KING, Mark	Cornwall AC	Male Vet 50-54	07:24.8
45	1:14:21	BAYLY, Marc	Newquay Road Runners	Male Vet 40-44	07:26.0
46	1:14:38	WIDDERSHOVEN, Tim	Carn Runners	Male Vet 35-39	07:27.7
47	1:14:44	POWELL, Simon	Mud Crew Trail Runners	Male Vet 35-39	07:28.3
48	1:14:59	LLOYD, Nick		Male Vet 45-49	07:29.8
49	1:15:17	RONNGARD, Mattias	Newquay Road Runners	Male Vet 45-49	07:31.6
50	1:15:33	WILLIAMS, Alan	Tamar Trotters	Male Vet 35-39	07:33.2
51	1:15:47	WOLF, Jan	Mounts Bay Harriers	Male Vet 35-39	07:34.6
52	1:15:58	WATSON, Robin	Falmouth Road Runners	Male Vet 50-54	07:35.7
53	1:16:09	KEY, Andrew		Male under 35	07:36.8
54	1:16:14	PATRICK, Richard	Looe Pioneers	Male Vet 45-49	07:37.3
55	1:16:47	ROWE, Liam		Male under 35	07:40.6
56	1:16:55	CHASE, Andy	St Austell Running Club	Male under 35	07:41.4
57	1:17:07	BRAY, Daniel	St Austell Running Club	Male under 35	07:42.6
58	1:17:21	KING, Melissa	Newquay Road Runners	Female under 35	07:44.0

59	1:17:26	WORLEDGE, Mark	Mounts Bay Harriers	Male Vet 50-54	07:44.5
60	1:17:28	PICKERING, Stuart	Hayle Runners	Male Vet 50-54	07:44.7
61	1:17:44	WALKER, Iain	St Austell Running Club	Male Vet 60-64	07:46.3
62	1:18:05	MILLWARD, Andy	Carn Runners	Male Vet 55-59	07:48.4
63	1:18:13	WALKER, Elliott	Newquay Road Runners	Male Vet 45-49	07:49.2
64	1:18:20	DEVENEY, Callum	Falmouth Road Runners	Male Vet 45-49	07:49.9
65	1:18:23	JOHNSON, Paul	St Austell Running Club	Male under 35	07:50.2
66	1:18:32	COLEY, Alex	East Cornwall Harriers	Male under 35	07:51.1
67	1:18:36	SNEYD, Paul	Hayle Runners	Male Vet 50-54	07:51.5
68	1:18:41	SOLE, John	Bodmin Road Runners	Male Vet 35-39	07:52.0
69	1:18:45	CROWLE, Revis	East Cornwall Harriers	Female Vet 50-54	07:52.4
70	1:18:51	SAVAGE, Faye	Hayle Runners	Female Vet 40-44	07:53.0
71	1:19:03	HUSBAND, Jamie	East Cornwall Harriers	Male Vet 35-39	07:54.2
72	1:19:09	WILSON, Chris		Male Vet 45-49	07:54.8
73	1:19:17	ANGILLEY, Jayne	Cornwall AC	Female Vet 50-54	07:55.6
74	1:19:23	OWEN, Mark	St Austell Running Club	Male Vet 40-44	07:56.2
75	1:19:28	POOLEY, Robert	Carn Runners	Male Vet 35-39	07:56.7
76	1:19:28	BENNETT, Charlotte	Hayle Runners	Female Vet 40-44	07:56.7
77	1:19:28	SAVAGE, Jon	Hayle Runners	Male under 35	07:56.7
78	1:19:31	REDDICLIFFE, Nigel	Launceston Road Runners	Male Vet 50-54	07:57.0
79	1:19:39	COULSON, Lee	Falmouth Road Runners	Male Vet 45-49	07:57.8
80	1:19:46	GREER, Mike		Male under 35	07:58.5
81	1:19:54	REED, Luke	Newquay Road Runners	Male Vet 35-39	07:59.3
82	1:19:54	LLOYD, James	Truro Running Club	Male Vet 40-44	07:59.3
83	1:19:54	WALKER, Charlie		Male Vet 35-39	07:59.3
84	1:20:39	SZYMANSKI, Pawel	Launceston Road Runners	Male under 35	08:03.8
85	1:20:51	CORTIS, Richard	Falmouth Road Runners	Male Vet 45-49	08:05.0
86	1:20:53	GWYNNE, Paul	Mud Crew Trail Runners	Male Vet 50-54	08:05.2
87	1:20:54	FERGUSON, Andrew	Mud Crew Trail Runners	Male Vet 50-54	08:05.3
88	1:20:58	WILSON, Michael	Truro Running Club	Male Vet 55-59	08:05.7
89	1:20:58	PIEROTTI, Dylan	Newquay Road Runners	Male under 35	08:05.7
90	1:21:03	NEWSON, Mark	Honiton R C	Male Vet 50-54	08:06.2
91	1:21:07	SYRETT, Paul	Falmouth Road Runners	Male Vet 45-49	08:06.6
92	1:21:11	CROWLE, Ian	East Cornwall Harriers	Male Vet 55-59	08:07.0
93	1:21:12	MILLS, Jenny	Launceston Road Runners	Female Vet 65-69	08:07.1
94	1:21:14	SOPP, Thomas	Falmouth Road Runners	Male Vet 40-44	08:07.3
95	1:21:22	HARGREAVES, Pez	Falmouth Road Runners	Male Vet 45-49	08:08.1
96	1:21:33	WILES, Brian	Launceston Road Runners	Male Vet 70-74	08:09.2
97	1:21:35	KEMPNY, Jiri	St Austell Running Club	Male Vet 40-44	08:09.4
98	1:21:37	ANGOVE, Paul	Mounts Bay Harriers	Male Vet 50-54	08:09.6
99	1:21:46	POLGLASE, Tom	Carn Runners	Male Vet 65-69	08:10.5
100	1:22:00	TOY, Scott	Falmouth Road Runners	Male Vet 35-39	08:11.9
101	1:22:07	GAY, Jennifer	Truro Running Club	Female under 35	08:12.6
102	1:22:16	BARRETT, Chris	Truro Running Club	Male Vet 45-49	08:13.5
103	1:22:26	HARRISON, Nick	Launceston Road Runners	Male Vet 40-44	08:14.5
104	1:22:53	TWIGGS, Tim	Hayle Runners	Male Vet 50-54	08:17.2
105	1:23:20	DEZORZI, Dino	St Austell Running Club	Male Vet 45-49	08:19.9
106	1:23:22	RICHARDS, Stuart	St Austell Running Club	Male Vet 40-44	08:20.1
107	1:23:23	MORAN, Tim	Carn Runners	Male Vet 35-39	08:20.2
108	1:23:27	ROBINSON, Joanne	Looe Pioneers	Female Vet 40-44	08:20.6
109	1:23:45	RICHARDS, Robert	Hayle Runners	Male Vet 60-64	08:22.4
110	1:23:46	NUGENT, Debbie	Cornwall AC	Female Vet 50-54	08:22.5
111	1:23:51	BREEN, Donal	Truro Running Club	Male Vet 45-49	08:23.0
112	1:23:58	GRASSAM, Mark	Looe Pioneers	Male Vet 45-49	08:23.7
113	1:24:03	WILLIAMS, Gary	Looe Pioneers	Male under 35	08:24.2
114	1:24:05	FRANTZ, Derrick	Cornwall AC	Male Vet 50-54	08:24.4
115	1:24:09	ROSS, Andrew	Bodmin Road Runners	Male Vet 50-54	08:24.8
116	1:24:17	HARDING, Ben	East Cornwall Harriers	Male Vet 35-39	08:25.6
117	1:24:18	MYFORD, Sarah	Newquay Par AC	Female Vet 50-54	08:25.7
118	1:24:19	MEDLOCK, Kirsty	Hayle Runners	Female Vet 35-39	08:25.8
119	1:24:32	ALLEN, Peter	Newquay Road Runners	Male Vet 55-59	08:27.1

120	1:24:34	HARTILL, Gail	Bodmin Road Runners	Female Vet 40-44	08:27.3
121	1:24:35	HILL, Nancy	Cornwall AC	Female Vet 45-49	08:27.4
122	1:24:42	ELLIS, Andrew	Hayle Runners	Male Vet 45-49	08:28.1
123	1:24:46	WILLIAMS, Kelly	Mounts Bay Harriers	Female under 35	08:28.5
124	1:24:47	ARMSTRONG, Chris		Male under 35	08:28.6
125	1:24:49	BLACKBURN, Amy	Mile High	Female under 35	08:28.8
126	1:24:49	CARTER, Steven		Male Vet 40-44	08:28.8
127	1:25:15	WEEKS, Liam		Male under 35	08:31.4
128	1:25:17	PATTERSON, Kaye	East Cornwall Harriers	Female under 35	08:31.6
129	1:25:28	PAULL, Lucy	Hayle Runners	Female under 35	08:32.7
130	1:25:39	ANSELL, Terry		Male Vet 40-44	08:33.8
131	1:25:55	LOWE, Toby		Male Vet 45-49	08:35.4
132	1:26:01	EASTERBROOK, Joe	Mounts Bay Harriers	Male under 35	08:36.0
133	1:26:18	POPPERWELL, Beth	Mile High	Female Vet 40-44	08:37.7
134	1:26:42	FOX, Hannah	Mile High	Female Vet 40-44	08:40.1
135	1:26:47	CHESTERFIELD, Caroline	Hayle Runners	Female Vet 50-54	08:40.6
136	1:26:57	SMITH, Derek	Hayle Runners	Male Vet 55-59	08:41.6
137	1:27:04	VALENCIA, Homer		Male under 35	08:42.3
138	1:27:27	TREBILCOCK, Liz	Truro Running Club	Female Vet 50-54	08:44.6
139	1:27:30	DAVIES, Nikki	Newquay Road Runners	Female Vet 35-39	08:44.9
140	1:27:43	CUTLAN, Hannah	St Austell Running Club	Female under 35	08:46.2
141	1:27:55	LITTLEWOOD, Louise	East Cornwall Harriers	Female Vet 45-49	08:47.4
142	1:27:57	BURNS, Julia	Hayle Runners	Female Vet 50-54	08:47.6
143	1:27:59	TUCKER, David	Tamar Trotters	Male Vet 35-39	08:47.8
144	1:28:05	DALE, Steve	Newquay Road Runners	Male Vet 40-44	08:48.4
145	1:28:17	TALLING, Lisa	Newquay Road Runners	Female Vet 45-49	08:49.6
146	1:28:17	GIBSON, Amanda	Looe Pioneers	Female Vet 40-44	08:49.6
147	1:28:24	SOLOMON, Pam	Bodmin Road Runners	Female Vet 55-59	08:50.3
148	1:28:38	FORD-DUNN, Jonathan	Truro Running Club	Male Vet 60-64	08:51.7
149	1:28:44	MITCHELL, Jon	Cornwall AC	Male Vet 45-49	08:52.3
150	1:29:00	MOORE, Thomas	Truro Running Club	Male Vet 35-39	08:53.9
151	1:29:07	MCLEOD, Matthew		Male Vet 45-49	08:54.6
152	1:29:19	MARQUIS, Peter		Male Vet 60-64	08:55.8
153	1:29:23	RUNDLE, Wayne	Launceston Road Runners	Male Vet 40-44	08:56.2
154	1:29:28	THOMAS, Alison	Hayle Runners	Female Vet 40-44	08:56.7
155	1:29:41	POLLARD-RICE, Owen		Male Vet 40-44	08:58.0
156	1:29:43	WORTH, Emily		Female under 35	08:58.2
157	1:29:50	GERRARD, Corinne	Hayle Runners	Female Vet 45-49	08:58.9
158	1:29:54	LOCKETT, Pat	Newquay Road Runners	Male Vet 65-69	08:59.3
159	1:29:59	WILCOX, David	Truro Running Club	Male Vet 40-44	08:59.8
160	1:30:06	THOMAS, Helen	Carn Runners	Female Vet 45-49	09:00.5
161	1:30:07	WRIGHT, David	Hayle Runners	Male Vet 50-54	09:00.6
162	1:30:12	MACKENZIE, Alan	Falmouth Road Runners	Male Vet 50-54	09:01.1
163	1:30:13	LANGSTAFF, Emma	Looe Pioneers	Female Vet 40-44	09:01.2
164	1:30:16	PICK, Robert	East Cornwall Harriers	Male Vet 60-64	09:01.5
165	1:30:58	BRANDHAM, Lois	Newquay Road Runners	Female under 35	09:05.7
166	1:31:04	KNUCKEY, Nigel	Truro Running Club	Male Vet 60-64	09:06.3
167	1:31:10	BONAR, David	Hayle Runners	Male Vet 50-54	09:06.9
168	1:31:13	HYNES, Jaine	Launceston Road Runners	Female Vet 50-54	09:07.2
169	1:31:16	RUSSELL, Barry	St Austell Running Club	Male Vet 35-39	09:07.5
170	1:31:18	SULLIVAN, Sharon	Carn Runners	Female Vet 40-44	09:07.7
171	1:31:21	CATNACH, Alison	Looe Pioneers	Female Vet 40-44	09:08.0
172	1:31:26	HITCHENS, Wietske	Carn Runners	Female Vet 50-54	09:08.5
173	1:31:27	DREW, Peter	Carn Runners	Male Vet 65-69	09:08.6
174	1:32:03	WEBSTER, David		Male Vet 50-54	09:12.2
175	1:32:10	STACKHOUSE, Helena	Cornwall AC	Female under 35	09:12.9
176	1:32:31	BURKE, Miranda	Plymouth Harriers	Female Vet 45-49	09:15.0
177	1:32:40	WEBB, Kirsty	Looe Pioneers	Female under 35	09:15.9
178	1:32:45	ROGERS, Laura	Cornwall AC	Female under 35	09:16.4
179	1:32:45	STORER, Graham	Cornwall AC	Male Vet 55-59	09:16.4
180	1:33:05	GLOVER, Ruth	Mounts Bay Harriers	Female under 35	09:18.4

181	1:33:11	GREEN, Alan	East Cornwall Harriers	Male Vet 60-64	09:19.0
182	1:33:23	ROWE, Gareth	Newquay Road Runners	Male Vet 55-59	09:20.2
183	1:33:43	HEATH, Vik		Male under 35	09:22.2
184	1:33:48	STEPHENS, Emma	Bodmin Road Runners	Female under 35	09:22.7
185	1:34:06	BRYDON, Jackie	Bodmin Road Runners	Female Vet 50-54	09:24.4
186	1:34:36	TUGWELL, Lesley	Worthing & District Harriers	Female Vet 40-44	09:27.4
187	1:34:46	MARKS, Stacie	St Austell Running Club	Female under 35	09:28.4
188	1:34:48	NICHOLLS, Ruth		Female Vet 50-54	09:28.6
189	1:35:01	PASCOE, Anna	Mud Crew Trail Runners	Female Vet 35-39	09:29.9
190	1:35:20	MACLAREN, Steve	Hayle Runners	Male Vet 45-49	09:31.8
191	1:35:29	GANDY, Jessica	Hayle Runners	Female under 35	09:32.7
192	1:35:30	HILL, Sarah	Newquay Road Runners	Female Vet 45-49	09:32.8
193	1:35:44	MANSFIELD, Sue	Truro Running Club	Female Vet 50-54	09:34.2
194	1:35:47	COPE, Jackie	Falmouth Road Runners	Female Vet 60-64	09:34.5
195	1:35:48	HOLDING, Ruth	Mile High	Female Vet 50-54	09:34.6
196	1:35:50	BUNTING, Maggie	Tamar Trotters	Female Vet 45-49	09:34.8
197	1:35:51	WONNACOTT, Sarah		Female Vet 35-39	09:34.9
198	1:36:04	BAKER, Emma	Looe Pioneers	Female Vet 40-44	09:36.2
199	1:36:12	UNSWORTH, Sophie	Bodmin Road Runners	Female under 35	09:37.0
200	1:36:14	BULLOCK, Katie	Newquay Road Runners	Female under 35	09:37.2
201	1:36:22	FURLONGER, Neill	Newquay Road Runners	Male under 35	09:38.0
202	1:36:35	PALMER, Stefan	Bodmin Road Runners	Male Vet 45-49	09:39.3
203	1:36:35	BATEMAN, Rebecca	Bodmin Road Runners	Female Vet 40-44	09:39.3
204	1:36:38	HAYNES, Patrick	St Austell Running Club	Male Vet 50-54	09:39.6
205	1:36:48	BARRIBALL, Julie	Launceston Road Runners	Female Vet 50-54	09:40.6
206	1:36:50	MCLEAN, Luke	Mounts Bay Harriers	Male Vet 35-39	09:40.8
207	1:36:55	LAWRY, Ross	St Austell Running Club	Male Vet 40-44	09:41.3
208	1:36:56	LETCHFORD, Geoff	Mounts Bay Harriers	Male Vet 65-69	09:41.4
209	1:36:58	BURNETT, Ian		Male Vet 35-39	09:41.6
210	1:37:07	CRABB, Sally	Looe Pioneers	Female Vet 40-44	09:42.5
211	1:37:21	IRVING, Angela		Female Vet 35-39	09:43.9
212	1:37:21	DAVEY, Tamzin	Cornwall AC	Female Vet 45-49	09:43.9
213	1:37:26	ELLIOTT, Paul	Carn Runners	Male Vet 40-44	09:44.4
214	1:37:33	BEARD, Robert	Bodmin Road Runners	Male Vet 50-54	09:45.1
215	1:37:38	MOORE, Andy	Hayle Runners	Male Vet 55-59	09:45.6
216	1:37:39	GUMMOW, Katie	Looe Pioneers	Female Vet 35-39	09:45.7
217	1:37:42	RICHARDS, Emma	Mounts Bay Harriers	Female Vet 35-39	09:46.0
218	1:37:45	ADAMS, Elaine	Hayle Runners	Female Vet 35-39	09:46.3
219	1:37:50	UREN, Lisa	Carn Runners	Female Vet 35-39	09:46.8
220	1:37:51	DREW, Barry	Carn Runners	Male Vet 65-69	09:46.9
221	1:38:01	PICKARD, Linda	Launceston Road Runners	Female Vet 50-54	09:47.9
222	1:38:07	JAY, Andrew	St Austell Running Club	Male Vet 40-44	09:48.5
223	1:38:12	SENIOR, Ann	Hayle Runners	Female Vet 55-59	09:49.0
224	1:38:24	LEWIS, Bridget	Mounts Bay Harriers	Female Vet 45-49	09:50.2
225	1:38:28	LYDALL, Denise	Falmouth Road Runners	Female Vet 45-49	09:50.6
226	1:38:35	RINGER, Ian	Bodmin Road Runners	Male Vet 65-69	09:51.3
227	1:38:36	CROWLE, Jonathan	Truro Running Club	Male Vet 40-44	09:51.4
228	1:38:38	OLIVER, Adam	Mounts Bay Harriers	Male under 35	09:51.6
229	1:39:00	TRETHEWEY, Martin	St Austell Running Club	Male Vet 45-49	09:53.8
230	1:39:18	STUTHRIDGE, Helen	St Austell Running Club	Female Vet 45-49	09:55.6
231	1:39:24	GARROD, Zoe	Bodmin Road Runners	Female under 35	09:56.2
232	1:39:26	NASH, Samanta		Female Vet 35-39	09:56.4
233	1:39:31	BARRITT, James		Male Vet 40-44	09:56.9
234	1:39:41	BROAS, Cheryl	Looe Pioneers	Female Vet 55-59	09:57.9
235	1:40:21	TAYLOR, Sue	Mounts Bay Harriers	Female Vet 60-64	10:01.9
236	1:40:30	MARSHALL, Debbie	St Austell Running Club	Female Vet 40-44	10:02.8
237	1:40:33	WILLCOCKS, Bob	Falmouth Road Runners	Male Vet 55-59	10:03.1
238	1:40:40	RICHARDSON, Christina	Carn Runners	Female Vet 35-39	10:03.8
239	1:40:53	OLDHAM, Lucy	East Cornwall Harriers	Female Vet 40-44	10:05.1
240	1:41:43	DE ROZARIEUX, Nathan	Hayle Runners	Male Vet 40-44	10:10.1
241	1:42:13	NORTHEY, Joanna	Launceston Road Runners	Female Vet 40-44	10:13.1

242	1:42:17	BARNES, John	Launceston Road Runners	Male Vet 55-59	10:13.5
243	1:42:20	CARTHEW, Elizabeth	Bodmin Womens RC	Female Vet 40-44	10:13.8
244	1:42:25	MAYWOOD, Kirstie	Looe Pioneers	Female Vet 50-54	10:14.3
245	1:42:26	FOSTER, Diane	Looe Pioneers	Female Vet 45-49	10:14.4
246	1:42:27	SKINNER, Steve	Looe Pioneers	Male under 35	10:14.5
247	1:42:35	SAUNTER, Jenny	Bodmin Womens RC	Female Vet 50-54	10:15.3
248	1:43:13	SMITH, Hannah	Hayle Runners	Female under 35	10:19.1
249	1:43:18	OLIVER, Martin	Mounts Bay Harriers	Male Vet 60-64	10:19.6
250	1:43:38	THOMAS, Fiona	St Austell Running Club	Female under 35	10:21.6
251	1:43:45	WIDDERSHOVEN, Demelza	Carn Runners	Female under 35	10:22.3
252	1:43:45	REEVE, Paul	Carn Runners	Male Vet 45-49	10:22.3
253	1:44:09	GORTON, John	Mounts Bay Harriers	Male Vet 60-64	10:24.7
254	1:44:10	SAUNDERS, Lyndsey	East Cornwall Harriers	Female Vet 35-39	10:24.8
255	1:44:11	BEARD, Sharon	Bodmin Road Runners	Female Vet 40-44	10:24.9
256	1:44:48	WILTON, David	Falmouth Road Runners	Male Vet 60-64	10:28.6
257	1:45:10	HIBBERT, Clive	Mounts Bay Harriers	Male Vet 70-74	10:30.8
258	1:45:13	WISNER, Kath	St Austell Running Club	Female Vet 45-49	10:31.1
259	1:45:40	WORTH, Joanna		Female Vet 45-49	10:33.8
260	1:46:13	LOWE, Wendy	Bodmin Womens RC	Female Vet 60-64	10:37.1
261	1:46:15	LIPHOTT, Alison		Female Vet 45-49	10:37.3
262	1:46:23	HORTON, Joanna		Female Vet 40-44	10:38.1
263	1:46:45	CATNACH, Peter	Looe Pioneers	Male Vet 55-59	10:40.3
264	1:46:45	MAYWOOD, Bryan	Looe Pioneers	Male Vet 50-54	10:40.3
265	1:46:56	RUTKOWSKA, Ola	Falmouth Road Runners	Female under 35	10:41.4
266	1:46:57	STEPHENS, Jane	Bodmin Road Runners	Female Vet 45-49	10:41.5
267	1:46:58	DOYLE (JOEL), Tryphaena	Carn Runners	Female Vet 40-44	10:41.6
268	1:47:11	EVANS, Alun	Hayle Runners	Male Vet 45-49	10:42.9
269	1:47:12	EVANS, Mollie	Carn Runners	Female Vet 35-39	10:43.0
270	1:47:15	PICKARD, David	Launceston Road Runners	Male Vet 55-59	10:43.3
271	1:49:29	COLEY, Simon	East Cornwall Harriers	Male Vet 50-54	10:56.7
272	1:49:31	BUTLER, Makayla-Rose	Carn Runners	Female under 35	10:56.9
273	1:49:44	WARREN, Diane	Hayle Runners	Female Vet 60-64	10:58.2
274	1:49:59	JEWELS, Lucy	St Austell Running Club	Female Vet 45-49	10:59.7
275	1:50:14	HEYWOOD, Peter	Looe Pioneers	Male Vet 70-74	11:01.2
276	1:50:29	MACEY, Marcia	Bere Alston Trekkers	Female Vet 55-59	11:02.7
277	1:50:38	KING, Amanda	Newquay Road Runners	Female Vet 35-39	11:03.6
278	1:50:48	BURGESS, Mel	Hayle Runners	Female Vet 50-54	11:04.6
279	1:50:54	MARKS, Victoria	Hayle Runners	Female Vet 40-44	11:05.2
280	1:50:57	MARTIN, Jacqui	St Austell Running Club	Female Vet 45-49	11:05.5
281	1:51:14	WILSON, Jon		Male Vet 35-39	11:07.2
282	1:51:17	MANKEE, Emma	Carn Runners	Female Vet 45-49	11:07.5
283	1:51:17	PRYOR, Laura	Carn Runners	Female under 35	11:07.5
284	1:51:20	SIMS, Martin		Male Vet 65-69	11:07.8
285	1:51:32	PEARCE, Deborah	Hayle Runners	Female Vet 45-49	11:09.0
286	1:51:42	SPARGO, Philip	Truro Running Club	Male Vet 60-64	11:10.0
287	1:51:57	PAGANO, Angelina	St Austell Running Club	Female Vet 45-49	11:11.5
288	1:51:58	MACK, Mike	Carn Runners	Male Vet 65-69	11:11.6
289	1:51:58	DUDLEY, Michelle	St Austell Running Club	Female Vet 45-49	11:11.6
290	1:52:54	KITCHEN, Amelia	Hayle Runners	Female Vet 40-44	11:17.2
291	1:52:57	BILLINGTON, Melanie	Hayle Runners	Female Vet 45-49	11:17.5
292	1:54:18	MONTGOMERY-SMITH, Taryn	St Austell Running Club	Female Vet 35-39	11:25.6
293	1:54:24	SAVIN, Nick	Newquay Road Runners	Male under 35	11:26.2
294	1:54:37	DOWLING, John		Male Vet 65-69	11:27.5
295	1:54:59	HART, Michelle	Carn Runners	Female under 35	11:29.7
296	1:55:21	BAILEY, Joshua		Male Vet 40-44	11:31.9
297	1:55:56	KING, Julie		Female Vet 35-39	11:35.4
298	1:55:56	HICKS, Christina		Female under 35	11:35.4
299	1:56:08	MARTIN, Hayley	Carn Runners	Female Vet 35-39	11:36.6
300	1:56:27	WADE, Margaret	Carn Runners	Female Vet 65-69	11:38.5
301	1:56:40	ROSS, Sarah	Tamar Trotters	Female Vet 50-54	11:39.8
302	1:56:48	DAY, Samantha	Looe Pioneers	Female under 35	11:40.6



303	1:56:52	VINNICOMBE, Caroline	Carn Runners	Female Vet 40-44	11:41.0
304	1:56:59	THOMAS, Jane	St Austell Running Club	Female Vet 55-59	11:41.7
<b>305</b>	<b>1:57:23</b>	<b>SOWERBY, Nicky</b>	<b>Truro Running Club</b>	<b>Female Vet 50-54</b>	<b>11:44.1</b>
306	1:57:32	BARRITT, Mini		Female Vet 40-44	11:45.0
307	1:58:13	JAMESON, Judy	Carn Runners	Female Vet 55-59	11:49.1
308	1:58:38	TALBOT, Cornilia		Female Vet 35-39	11:51.6
309	1:58:40	COURTNEY, Stacey	Newquay Road Runners	Female under 35	11:51.8
310	1:59:24	BILLS, Kelly	Carn Runners	Female Vet 40-44	11:56.2
311	2:00:03	TRUSCOTT, Neil	St Austell Running Club	Male Vet 40-44	12:00.1
312	2:00:20	DALTON, Martin	Falmouth Road Runners	Male Vet 65-69	12:01.8
313	2:00:41	TALBOT, Bev	St Austell Running Club	Female Vet 50-54	12:03.9
314	2:00:44	HOCKING, Deborah	Carn Runners	Female Vet 45-49	12:04.2
315	2:02:35	CARSWELL, Sarah	Carn Runners	Female Vet 40-44	12:15.3
316	2:03:15	ANDREWS, George	Mounts Bay Harriers	Male Vet 65-69	12:19.3
317	2:03:50	VOSPER, Nicola	Bodmin Road Runners	Female Vet 55-59	12:22.8
318	2:03:51	VOSPER, Francis	Bodmin Road Runners	Male Vet 55-59	12:22.9
319	2:04:06	LOOSLEY, Alison	St Austell Running Club	Female Vet 45-49	12:24.4
320	2:04:06	BUDGE, Andrew	St Austell Running Club	Male Vet 50-54	12:24.4
321	2:05:15	OSBORNE, Anthea	Hayle Runners	Female Vet 45-49	12:31.3
322	2:05:15	BREAKSPEAR, Hannah	Cornwall AC	Female under 35	12:31.3
323	2:05:27	TAMBLYN, Sharon	Bodmin Womens RC	Female Vet 50-54	12:32.5
<b>324</b>	<b>2:06:17</b>	<b>TREWEEK, Paul</b>	<b>Truro Running Club</b>	<b>Male Vet 55-59</b>	<b>12:37.5</b>
325	2:06:18	HYDE-LINAKER, Elaine	St Austell Running Club	Female Vet 50-54	12:37.6
326	2:06:20	OSBORNE, Paula	Bodmin Road Runners	Female Vet 40-44	12:37.8
327	2:06:21	OSBORNE, Barry	Mud Crew Trail Runners	Male Vet 40-44	12:37.9
328	2:10:36	NICHOLLS, Tracey	Mounts Bay Harriers	Female Vet 50-54	13:03.4
329	2:10:39	ANDREWS, Greta	Mounts Bay Harriers	Female Vet 40-44	13:03.7
330	2:12:50	EWART, Sam	St Austell Running Club	Female Vet 40-44	13:16.8
331	2:12:59	BOXALL, Melanie	Falmouth Road Runners	Female Vet 50-54	13:17.7
332	2:13:00	LAKE, Christina	Falmouth Road Runners	Female Vet 55-59	13:17.8
333	2:13:11	POOLE, Wendy	St Austell Running Club	Female Vet 55-59	13:18.9
334	2:14:04	ADAMS, Hannah	St Austell Running Club	Female Vet 35-39	13:24.2
335	2:14:04	JAY, Nadia	St Austell Running Club	Female Vet 40-44	13:24.2
336	2:14:42	TODD, Christine	St Austell Running Club	Female Vet 55-59	13:28.0
<b>337</b>	<b>2:16:19</b>	<b>SLATER, Kirstie</b>	<b>Truro Running Club</b>	<b>Female Vet 40-44</b>	<b>13:37.7</b>
338	2:17:04	DREW, Carole	Carn Runners	Female Vet 65-69	13:42.2
339	2:22:25	MCLEAN, Dee	Mounts Bay Harriers	Female Vet 35-39	14:14.3
340	2:27:39	TAPHOUSE, Lesley	Bodmin Road Runners	Female Vet 50-54	14:45.7
341	2:30:54	ROBERTS, Nigel	Falmouth Road Runners	Male Vet 35-39	15:05.2
342	2:37:36	WEBBER, Sharon	St Austell Running Club	Female Vet 45-49	15:45.4
343	2:37:36	BLIGHT, Mandy	St Austell Running Club	Female Vet 60-64	15:45.4
344	2:37:59	WONG-BROOKS, Lai-yin	Plymouth Musketeers	Female Vet 45-49	15:47.7
345	2:38:00	EASTERBROOK, Liz	Mounts Bay Harriers	Female Vet 65-69	15:47.8