

## NEWQUAY 10K – 5TH FEBRUARY 2017

Position	Time	Name	Team	Category	Pace	No
1	0:33:29	SNOOK, Colin	Cornwall AC	Male Vet 40-44	05:23.2	618
2	0:33:31	BREWER, Tony	Mile High	Male under 35	05:23.5	433
3	0:33:38	THOMAS, Justin	Cornwall AC	Male Vet 40-44	05:24.7	622
4	0:33:41	BENNEY, Aaron	Mile High	Male Vet 35-39	05:25.1	1671
5	0:33:52	KINDON, Noel	Cornwall AC	Male Vet 35-39	05:26.9	621
6	0:34:04	EDDY, Neil	Mounts Bay Harriers	Male under 35	05:28.8	580
7	0:34:13	MORANT, Jordan	Hayle Runners	Male under 35	05:30.3	277
8	0:34:20	MARTIN, Andrew	Mile High	Male Vet 35-39	05:31.4	585
9	0:34:23	COSTELLO, Daniel	Hayle Runners	Male under 35	05:31.9	289
10	0:34:32	SMITH, Paul	Cornwall AC	Male Vet 40-44	05:33.3	24
11	0:34:41	WHEAR, Paul	Cornwall AC	Male Vet 45-49	05:34.8	628
12	0:35:00	SLATTERY, Tom	Cornwall AC	Male under 20	05:37.8	616
13	0:35:15	BARTLETT, David	Newquay Road Runners	Male under 35	05:40.3	110
14	0:35:40	RATCLIFFE, Floyd	Hayle Runners	Male under 20	05:44.3	515
15	0:35:42	ANGELL, Dave	Mile High	Male under 35	05:44.6	483
16	0:35:46	PASCOE, Richard	Mile High	Male Vet 35-39	05:45.2	586
17	0:35:47	CARTHEY, Tom	Falmouth Road Runners	Male under 35	05:45.4	1636
18	0:35:54	CHAPMAN, Kyle	St Austell Running Club	Male under 35	05:46.5	125
19	0:36:12	DOBSON, Jacob	Falmouth Road Runners	Male under 35	05:49.4	1640
20	0:36:16	WHITMORE, Ceri	Cornwall AC	Male Vet 40-44	05:50.1	605
21	0:36:27	WILLIAMS, Simon S	St Austell Running Club	Male Vet 40-44	05:51.8	160
22	0:36:34	DANIELS, Alex	Newquay Road Runners	Male Vet 40-44	05:53.0	344
23	0:36:39	BARNET, James	Falmouth Road Runners	Male under 35	05:53.8	1631
24	0:36:41	WATTS, Robert	Hayle Runners	Male Vet 35-39	05:54.1	332
25	0:36:43	RAMSDEN, Clive	Bodmin Road Runners	Male Vet 40-44	05:54.4	236
26	0:36:49	YATES, Matt	Cornwall AC	Male under 35	05:55.4	629
27	0:36:52	KNOWLES, Simon	Hayle Runners	Male Vet 40-44	05:55.9	297
28	0:36:57	WHERRY, Steve	Hayle Runners	Male Vet 50-54	05:56.7	193
29	0:36:58	SAWFORD, Paul	Carn Runners	Male Vet 45-49	05:56.8	387
30	0:37:02	DAY, Justin	Cornwall AC	Male Vet 45-49	05:57.5	607
31	0:37:03	STEPTO, Emma	Cornwall AC	Female Vet 45-49	05:57.6	646
32	0:37:13	STRACHAN, Steven	Falmouth Road Runners	Male Vet 40-44	05:59.2	1666
33	0:37:21	WEBSTER, Mark	Cornwall AC	Male under 35	06:00.5	627
34	0:37:29	VINNICOMBE, Jason	Carn Runners	Male Vet 40-44	06:01.8	465
35	0:37:36	MURRANT, Kieran	Hayle Runners	Male under 35	06:02.9	271
36	0:37:37	TRUDGIAN, Andy	St Austell Running Club	Male Vet 45-49	06:03.1	159
37	0:37:41	GREEVES, Gareth	Newquay Road Runners	Male under 35	06:03.7	588
38	0:37:42	DAVIS, Glynn	Carn Runners	Male Vet 50-54	06:03.9	470
39	0:37:43	MANCER, Jez	St Austell Running Club	Male Vet 45-49	06:04.1	147
40	0:37:48	ROSENFELD, Thomas	Hayle Runners	Male under 35	06:04.9	273
41	0:37:50	SAVAGE, Rich	Hayle Runners	Male Vet 50-54	06:05.2	291
42	0:37:50	STEPHENSON, Jamie	Mile High	Male under 35	06:05.2	155
43	0:37:58	MORRALL, Zelah	Cornwall AC	Female Vet 45-49	06:06.5	638
44	0:38:12	SOLE, Paul	Cornwall AC	Male Vet 35-39	06:08.7	617
45	0:38:15	HALL, Craig	Carn Runners	Male Vet 40-44	06:09.2	441
46	0:38:18	DEACON, Mark	Looe Pioneers	Male under 35	06:09.7	394
47	0:38:28	TREGENZA, Heidi	Cornwall AC	Female under 35	06:11.3	650
48	0:38:31	DOWRICK, Mike	Cornwall AC	Male Vet 40-44	06:11.8	608
49	0:38:33	SELLORS, Tristan	Mounts Bay Harriers	Male under 35	06:12.1	215
50	0:38:44	CUTLAN, James	St Austell Running Club	Male under 35	06:13.9	122
51	0:38:48	PAULL, Emma	Hayle Runners	Female under 35	06:14.5	1
52	0:38:49	ABRAHAM, Scott	Hayle Runners	Male Vet 45-49	06:14.7	295
53	0:38:51	LEE, Matt	Bodmin Road Runners	Male Vet 35-39	06:15.0	233
54	0:39:02	EDDISON, Andrew	Cornwall AC	Male Vet 50-54	06:16.8	609
55	0:39:05	ADAMS, Tim	St Austell Running Club	Male Vet 45-49	06:17.3	118
56	0:39:07	RICHARDS, Gary	Mounts Bay Harriers	Male Vet 45-49	06:17.6	578
57	0:39:13	ANDERSON, Scott		Male under 35	06:18.6	358

58	0:39:16	WARMINGTON, Paul	Hayle Runners	Male Vet 35-39	06:19.0	226
59	0:39:21	CHIRGWIN, Rob	Truro Running Club	Male under 35	06:19.8	355
60	0:39:21	SOLE, John	Bodmin Road Runners	Male Vet 35-39	06:19.8	239
61	0:39:22	STEVENS, Paul		Male Vet 40-44	06:20.0	99
62	0:39:25	MUTSAERS, Adrian	Cornwall AC	Male Vet 45-49	06:20.5	614
63	0:39:40	KINGSTON, Dan	Mounts Bay Harriers	Male Vet 40-44	06:22.9	577
64	0:39:49	CROWLE, Ben	Bodmin Road Runners	Male Vet 35-39	06:24.3	235
65	0:39:51	STANDING, Rob	Truro Running Club	Male Vet 40-44	06:24.7	368
66	0:39:56	SOLE, Amy	Cornwall AC	Female under 35	06:25.5	645
67	0:39:56	MARSTON, Jeremy	Mounts Bay Harriers	Male Vet 45-49	06:25.5	576
68	0:39:58	RENDLE, Steve	Newquay Road Runners	Male Vet 45-49	06:25.8	667
69	0:39:59	FULLER, Stephen	Hayle Runners	Male Vet 45-49	06:26.0	276
70	0:40:00	COULSON, Lee	Falmouth Road Runners	Male Vet 45-49	06:26.1	1639
71	0:40:05	DAVIES, James	Truro Running Club	Male under 35	06:26.9	359
72	0:40:06	PETERS, Joseph	Cornwall AC	Male under 35	06:27.1	615
73	0:40:13	CHYNOWETH, Richard	Truro Running Club	Male Vet 35-39	06:28.2	354
74	0:40:15	WOLF, Jan	Mounts Bay Harriers	Male Vet 35-39	06:28.5	545
75	0:40:16	PHILP, David	East Cornwall Harriers	Male Vet 55-59	06:28.7	218
76	0:40:20	SHIRLEY, Rich	St Austell Running Club	Male under 35	06:29.3	140
77	0:40:24	PENNEY, Stefan	Falmouth Road Runners	Male under 35	06:30.0	1665
78	0:40:29	RAGGETT, Donna	Cornwall AC	Female Vet 45-49	06:30.8	643
79	0:40:36	RICKARD, Adam	Plymouth Musketeers	Male under 35	06:31.9	431
80	0:40:37	HAM, Richard		Male under 35	06:32.1	98
81	0:40:38	TREVAIL, Mathew	Newquay Road Runners	Male Vet 35-39	06:32.2	477
82	0:40:41	LOWDON, John	Hayle Runners	Male Vet 40-44	06:32.7	270
83	0:40:44	COCKLEY, James		Male under 35	06:33.2	721
84	0:40:46	HERD, Joanna	Newquay Road Runners	Female Vet 40-44	06:33.5	660
85	0:40:48	BAKER, Steve	Tamar Trotters	Male Vet 55-59	06:33.8	241
86	0:40:54	AUSTIN, Ben	Team H RC Plymouth	Male under 35	06:34.8	380
87	0:41:01	LEE, Laurie	St Austell Running Club	Male Vet 55-59	06:35.9	267
88	0:41:04	WATSON, Robin	Falmouth Road Runners	Male Vet 50-54	06:36.4	1662
89	0:41:08	BURGESS, Kathryn	Cornwall AC	Female Vet 35-39	06:37.1	631
90	0:41:11	TEW, Raymond	Plymouth Harriers	Male Vet 40-44	06:37.5	503
91	0:41:21	BUSCOMBE, Jessica	St Austell Running Club	Female under 35	06:39.1	144
92	0:41:22	MANNING, James	Hayle Runners	Male Vet 35-39	06:39.3	278
93	0:41:38	TREBILCOCK, Mark	Cornwall AC	Male Vet 55-59	06:41.9	623
94	0:41:40	BERRYMAN, Tom	Mounts Bay Harriers	Male under 35	06:42.2	573
95	0:41:45	POOLEY, Robert	Carn Runners	Male Vet 35-39	06:43.0	466
96	0:42:04	TIER, Naomi	Cornwall AC	Female under 35	06:46.1	630
97	0:42:06	COLEY, Alex	East Cornwall Harriers	Male under 20	06:46.4	501
98	0:42:13	PETERSON, Guy	Tamar Trotters	Male Vet 45-49	06:47.5	658
99	0:42:23	SAMPSON, Paul		Male under 35	06:49.1	1681
100	0:42:33	RONNGARD, Mattias	Newquay Road Runners	Male Vet 45-49	06:50.7	343
101	0:42:34	KEY, Andrew		Male under 35	06:50.9	393
102	0:42:34	KING, Mark	Cornwall AC	Male Vet 50-54	06:50.9	653
103	0:42:35	ULLMAN, Chris	East Cornwall Harriers	Male Vet 45-49	06:51.1	85
104	0:42:39	GOODWAY (WILLIAMS), Lucy	Truro Running Club	Female under 35	06:51.7	361
105	0:42:41	POPE, Kevin	Hayle Runners	Male Vet 35-39	06:52.0	272
106	0:42:43	WEBBER, Simon	East Cornwall Harriers	Male Vet 60-64	06:52.3	265
107	0:42:47	WALLBANK, Rob	St Austell Running Club	Male under 35	06:53.0	166
108	0:42:50	PICKERING, Stuart	Hayle Runners	Male Vet 50-54	06:53.5	292
109	0:42:53	JORDAN, Peter	Hayle Runners	Male Vet 35-39	06:54.0	306
110	0:43:03	WIDDERSHOVEN, Tim	Carn Runners	Male Vet 35-39	06:55.6	443
111	0:43:05	GRIMES, Richard	Newquay Road Runners	Male Vet 40-44	06:55.9	655
112	0:43:07	SNEYD, Paul	Hayle Runners	Male Vet 50-54	06:56.2	294
113	0:43:08	FIRTH, Anthony	Tamar Trotters	Male Vet 45-49	06:56.4	7
114	0:43:09	REDDICLIFFE, Nigel	Launceston Road Runners	Male Vet 50-54	06:56.5	58
115	0:43:10	SAVAGE, Jon	Hayle Runners	Male under 35	06:56.7	288
116	0:43:11	JOSE, Amy	Hayle Runners	Female under 35	06:56.8	275
117	0:43:17	CROWLE, Revis	East Cornwall Harriers	Female Vet 55-59	06:57.8	42
118	0:43:19	BENNETT, Charlotte	Hayle Runners	Female Vet 40-44	06:58.1	318

119	0:43:37	TALEN, Patrick	St Austell Running Club	Male Vet 40-44	07:01.0	142
120	0:43:39	WILLIAMS, Tim	Bodmin Road Runners	Male Vet 35-39	07:01.4	196
121	0:43:40	BRAY, Vivian	Cornwall AC	Male Vet 50-54	07:01.5	606
122	0:43:40	HEWITT, David		Male Vet 40-44	07:01.5	357
123	0:43:42	KIRWAN, Dee	Launceston Road Runners	Male Vet 40-44	07:01.8	1588
124	0:43:44	CHASE, Andy	St Austell Running Club	Male under 35	07:02.2	55
125	0:43:44	WALKER, Iain	St Austell Running Club	Male Vet 60-64	07:02.2	143
126	0:43:50	SLATEFORD, Neil		Male under 35	07:03.1	383
127	0:43:55	KERR, Thomas	Plymouth Harriers	Male Vet 40-44	07:03.9	493
128	0:44:00	EVA, Emma	Falmouth Road Runners	Female under 35	07:04.7	388
129	0:44:03	FINDLAY, James	Carn Runners	Male under 35	07:05.2	454
130	0:44:07	LETCHFORD, Geoff	Mounts Bay Harriers	Male Vet 65-69	07:05.9	533
131	0:44:13	BROWN, Josh	Storm Running Plymouth	Male under 35	07:06.8	691
132	0:44:14	WILES, Brian	Launceston Road Runners	Male Vet 70-74	07:07.0	34
133	0:44:17	CURTIS, Oisin	Hayle Runners	Male under 35	07:07.5	320
134	0:44:19	CAVES, Matt	Tamar Trotters	Male under 35	07:07.8	246
135	0:44:20	WILLIAMS, Kelly	Mounts Bay Harriers	Female under 35	07:07.9	539
136	0:44:23	NEWCOMBE, Giles	Hayle Runners	Male Vet 60-64	07:08.4	305
137	0:44:26	WILDING, David	Hayle Runners	Male Vet 40-44	07:08.9	333
138	0:44:30	TREVENA, Nigel	Cornwall AC	Male Vet 45-49	07:09.6	625
139	0:44:38	WILSON, Chris		Male Vet 45-49	07:10.8	60
140	0:44:38	DALTON, Tammy	Falmouth Road Runners	Female under 35	07:10.8	484
141	0:44:43	BURFORD, Lee	Hayle Runners	Male Vet 35-39	07:11.6	280
142	0:44:48	HARRISON, Karen	Cornwall AC	Female Vet 45-49	07:12.5	633
143	0:44:49	SOPP, Thomas	Falmouth Road Runners	Male Vet 40-44	07:12.6	1658
144	0:44:56	ROGERS, Laura	Cornwall AC	Female under 35	07:13.7	644
145	0:45:01	SAVAGE, Faye	Hayle Runners	Female Vet 40-44	07:14.5	290
146	0:45:05	OWEN, Mark	St Austell Running Club	Male Vet 40-44	07:15.2	173
147	0:45:07	DAW, Sharon	East Cornwall Harriers	Female Vet 50-54	07:15.5	481
148	0:45:07	MORGAN, Martin	Bodmin Road Runners	Male Vet 60-64	07:15.5	232
149	0:45:10	GORE, Louise	Newquay Road Runners	Female Vet 35-39	07:16.0	661
150	0:45:12	ROBERTS, Jon	Launceston Road Runners	Male Vet 45-49	07:16.3	40
151	0:45:16	HARRISON, Nick	Launceston Road Runners	Male Vet 40-44	07:17.0	163
152	0:45:20	SIMS, Andrew	East Cornwall Harriers	Male Vet 50-54	07:17.6	386
153	0:45:22	BROOKLAND, Alan	Newquay Road Runners	Male under 35	07:17.9	587
154	0:45:26	MEDLOCK, Kirsty	Hayle Runners	Female Vet 35-39	07:18.6	181
155	0:45:28	LEE, Timothy		Male under 35	07:18.9	1673
156	0:45:29	HARRIS, Andy		Male Vet 45-49	07:19.1	1417
157	0:45:32	PROSSER, Thomas	Mounts Bay Harriers	Male under 20	07:19.5	531
158	0:45:34	KEMPNY, Jiri	St Austell Running Club	Male Vet 40-44	07:19.9	221
159	0:45:38	PEARCE, Julia	Cornwall AC	Female Vet 40-44	07:20.5	642
160	0:45:43	CORTIS, Richard	Falmouth Road Runners	Male Vet 45-49	07:21.3	1638
161	0:45:44	NUGENT, Debbie	Cornwall AC	Female Vet 50-54	07:21.5	641
162	0:45:45	CLEMENTS, Colette	Newquay Road Runners	Female Vet 35-39	07:21.6	662
163	0:45:50	FRANTZ, Derrick	Cornwall AC	Male Vet 50-54	07:22.4	610
164	0:45:50	GAY, Jennifer	Truro Running Club	Female under 35	07:22.4	360
165	0:45:53	MUTTON, Lewis	Storm Running Plymouth	Male under 35	07:22.9	671
166	0:45:55	MCLEAN, Luke	Mounts Bay Harriers	Male Vet 35-39	07:23.2	536
167	0:45:57	MATTHEWS, Ian	Mounts Bay Harriers	Male Vet 50-54	07:23.6	575
168	0:46:00	SWEET, Kerry	St Austell Running Club	Female under 35	07:24.0	126
169	0:46:01	TAPP, Sara	Team H RC Plymouth	Female Vet 40-44	07:24.2	494
170	0:46:02	TILDESLEY, Daniel	Mounts Bay Harriers	Male under 35	07:24.4	563
171	0:46:04	MAGUIRE, Natalie	Cornwall AC	Female Vet 35-39	07:24.7	636
172	0:46:09	BAKER, Sean	Looe Pioneers	Male Vet 40-44	07:25.5	402
173	0:46:15	TALLING, Sophie	Newquay Road Runners	Female under 20	07:26.5	517
174	0:46:16	MCCLAY, Karen	Mounts Bay Harriers	Female Vet 50-54	07:26.6	543
175	0:46:19	GYNN, Stewart	Launceston Road Runners	Male Vet 45-49	07:27.1	350
176	0:46:25	LOCKETT, Pat	Newquay Road Runners	Male Vet 65-69	07:28.1	108
177	0:46:26	CHAPMAN, Peter	Carn Runners	Male Vet 60-64	07:28.2	452
178	0:46:29	SOLOMON, Pam	Bodmin Road Runners	Female Vet 55-59	07:28.7	230
179	0:46:29	HUGHES, Alan	Bodmin Road Runners	Male under 35	07:28.7	240

180	0:46:40	CHAPMAN, Zoe		Female under 35	07:30.5	1674
181	0:46:41	THOMAS, Rachael	Cornwall AC	Female Vet 40-44	07:30.6	648
182	0:46:44	HILL, Nancy	Cornwall AC	Female Vet 45-49	07:31.1	634
183	0:47:03	CLITHEROW, Hana	Truro Running Club	Female Vet 50-54	07:34.2	725
184	0:47:04	MCCARTHY, David	Storm Running Plymouth	Male under 35	07:34.3	679
185	0:47:07	ANGOVE, Paul	Mounts Bay Harriers	Male Vet 50-54	07:34.8	197
186	0:47:10	BIGNELL, Daniel	Storm Running Plymouth	Male under 35	07:35.3	674
187	0:47:11	ROCHOWIAK, Robert	Carn Runners	Male Vet 55-59	07:35.5	450
188	0:47:12	EASTERBROOK, Jo	Mounts Bay Harriers	Male under 35	07:35.6	562
189	0:47:15	SYRETT, Paul	Falmouth Road Runners	Male Vet 45-49	07:36.1	1659
190	0:47:16	SMITH, Derek	Hayle Runners	Male Vet 55-59	07:36.3	310
191	0:47:19	HARVEY, Ceri	Carn Runners	Female Vet 35-39	07:36.8	459
192	0:47:20	SKINNER, Steve	Looe Pioneers	Male under 35	07:36.9	396
193	0:47:22	CUTLAN, Hannah	St Austell Running Club	Female under 35	07:37.2	123
194	0:47:26	ALLEN, Peter	Newquay Road Runners	Male Vet 55-59	07:37.9	100
195	0:47:29	BARRETT, Dean	Tamar Trotters	Male Vet 50-54	07:38.4	490
196	0:47:29	DAVIES, Nikki	Newquay Road Runners	Female Vet 35-39	07:38.4	519
197	0:47:30	PRITCHARD, Christopher	Launceston Road Runners	Male Vet 55-59	07:38.5	15
198	0:47:30	HARGREAVES, Pez	Falmouth Road Runners	Male Vet 45-49	07:38.5	1645
199	0:47:30	GIBSON, Amanda	Looe Pioneers	Female Vet 40-44	07:38.5	408
200	0:47:31	ROBINS, Sara	Newquay Road Runners	Female under 35	07:38.7	112
201	0:47:31	BRADBURY, Rosie	Falmouth Road Runners	Female under 35	07:38.7	1634
202	0:47:34	BATCHELOR, David	Hayle Runners	Male Vet 55-59	07:39.2	282
203	0:47:36	TODD, Claire	St Austell Running Club	Female Vet 45-49	07:39.5	256
204	0:47:37	GLOVER, Ruth	Mounts Bay Harriers	Female under 35	07:39.6	541
205	0:47:41	BURNS, Julia	Hayle Runners	Female Vet 50-54	07:40.3	308
206	0:47:43	HARTILL, Gail	Bodmin Road Runners	Female Vet 40-44	07:40.6	231
207	0:47:45	ELSTONE, Meryl	Carn Runners	Female Vet 45-49	07:40.9	447
208	0:47:48	ANSELL, Terry		Male Vet 40-44	07:41.4	432
209	0:47:50	GRASSAM, Mark	Looe Pioneers	Male Vet 45-49	07:41.7	416
210	0:47:51	WORTH, Sarah	Launceston Road Runners	Female Vet 40-44	07:41.9	372
211	0:47:53	WOODARD, Stephen	East Cornwall Harriers	Male Vet 55-59	07:42.2	426
212	0:47:56	MOORE, Thomas	Truro Running Club	Male Vet 35-39	07:42.7	364
213	0:47:58	STEPHENS, Emma	Bodmin Road Runners	Female under 35	07:43.0	227
214	0:48:11	EDWARDS, Glynn		Male under 35	07:45.1	41
215	0:48:13	WHITEHEAD, Kelly	Hayle Runners	Female under 35	07:45.4	316
216	0:48:17	GOSSAN, John	Looe Pioneers	Male Vet 65-69	07:46.1	198
217	0:48:19	HUDDON, Jaine	Storm Running Plymouth	Female Vet 35-39	07:46.4	714
218	0:48:21	BATHE, Colin	Truro Running Club	Male Vet 45-49	07:46.7	352
219	0:48:22	HARRIS, Geoff	Newquay Road Runners	Male Vet 55-59	07:46.9	508
220	0:48:22	STACEY, Hayley	East Cornwall Harriers	Female Vet 35-39	07:46.9	207
221	0:48:27	RINGWOOD, Michael	Mounts Bay Harriers	Male Vet 50-54	07:47.7	534
222	0:48:30	PIPET, Martin	Bodmin Road Runners	Male Vet 40-44	07:48.2	237
223	0:48:31	HILL, Sarah	Newquay Road Runners	Female Vet 45-49	07:48.3	509
224	0:48:35	WILSON, Michael	Truro Running Club	Male Vet 55-59	07:49.0	94
225	0:48:36	GREEN, Alan	East Cornwall Harriers	Male Vet 60-64	07:49.1	178
226	0:48:40	THOMAS, Helen	Carn Runners	Female Vet 45-49	07:49.8	446
227	0:48:46	EAGLING, Nigel	Truro Running Club	Male Vet 65-69	07:50.7	214
228	0:48:50	WILLIAMS, Ella	Newquay Road Runners	Female Vet 40-44	07:51.4	505
229	0:48:51	ALLBUTT, Gary	Plymouth Musketeers	Male Vet 50-54	07:51.6	727
230	0:48:51	TAPP, Mark	Team H RC Plymouth	Male Vet 40-44	07:51.6	495
231	0:48:52	MARQUIS, Peter		Male Vet 60-64	07:51.7	81
232	0:48:57	MORTON, Richard	Tamar Trotters	Male Vet 60-64	07:52.5	243
233	0:49:01	SPENCER, Leigh	Newquay Road Runners	Female under 20	07:53.2	113
234	0:49:06	TREBILCOCK, Liz	Truro Running Club	Female Vet 50-54	07:54.0	338
235	0:49:07	RULE, Helen	Hayle Runners	Female Vet 35-39	07:54.1	298
236	0:49:08	BLACKBURN, Simon	Mounts Bay Harriers	Male Vet 55-59	07:54.3	491
237	0:49:13	HUNT, Jenna	Falmouth Road Runners	Female under 35	07:55.1	1647
238	0:49:13	TALLING, Lisa	Newquay Road Runners	Female Vet 45-49	07:55.1	518
239	0:49:16	JEFFERY-JONES, Monique	Bodmin Womens RC	Female Vet 40-44	07:55.6	91
240	0:49:20	THOMAS, Alison	Hayle Runners	Female Vet 40-44	07:56.2	313

241	0:49:22	LYDALL, Denise	Falmouth Road Runners	Female Vet 45-49	07:56.5	1650
242	0:49:23	SAMPSON, Rhianne		Female under 35	07:56.7	1682
243	0:49:26	WILLIAMS, Lee		Male Vet 40-44	07:57.2	492
244	0:49:28	ROWETT, Gareth	St Austell Running Club	Male under 35	07:57.5	167
245	0:49:29	SILVERTHORN, Kevin	Mounts Bay Harriers	Male Vet 55-59	07:57.7	552
246	0:49:30	RUSSELL, Barry	St Austell Running Club	Male Vet 35-39	07:57.8	172
247	0:49:31	TILEY, Chris		Male Vet 45-49	07:58.0	488
248	0:49:33	WHITMORE, Paul	Storm Running Plymouth	Male under 35	07:58.3	683
249	0:49:37	MILES, Becky	Newquay Road Runners	Female Vet 35-39	07:59.0	106
250	0:49:38	FURLONGER, Neill	Newquay Road Runners	Male under 35	07:59.1	475
251	0:49:41	BALDWIN, Mike	Hayle Runners	Male Vet 50-54	07:59.6	293
252	0:49:44	PLAYER, Lisa	Newquay Road Runners	Female Vet 55-59	08:00.1	516
253	0:49:45	BOX, Philip	Launceston Road Runners	Male Vet 65-69	08:00.2	78
254	0:49:46	TOWNEND, Stewart	Hayle Runners	Male Vet 70-74	08:00.4	95
<b>255</b>	<b>0:49:50</b>	<b>TYAS, Adrian</b>	<b>Truro Running Club</b>	<b>Male Vet 65-69</b>	<b>08:01.0</b>	<b>369</b>
256	0:49:51	MOORE, Kelly	Hayle Runners	Female under 35	08:01.2	274
257	0:49:55	CLARK, Julie	Mounts Bay Harriers	Female Vet 50-54	08:01.9	570
258	0:49:58	MCLEAN, Dee	Mounts Bay Harriers	Female Vet 35-39	08:02.3	537
259	0:49:59	GOLDBERG, Jessica	Launceston Road Runners	Female under 20	08:02.5	77
260	0:50:02	GODFREY, Michael	Storm Running Plymouth	Male Vet 35-39	08:03.0	700
261	0:50:05	JONES, Stephen CR	Carn Runners	Male Vet 45-49	08:03.5	453
262	0:50:06	LEE, Simon		Male Vet 35-39	08:03.6	1672
263	0:50:06	MACLAREN, Steve	Hayle Runners	Male Vet 45-49	08:03.6	287
264	0:50:06	LAWRY, Ross	St Austell Running Club	Male Vet 40-44	08:03.6	120
265	0:50:10	DOYLE, Steven		Male Vet 55-59	08:04.3	179
266	0:50:12	BUNCE, Richard	Mounts Bay Harriers	Male Vet 50-54	08:04.6	549
267	0:50:12	BOWDEN, Jemma	Storm Running Plymouth	Female Vet 35-39	08:04.6	692
268	0:50:16	DREW, Peter	Carn Runners	Male Vet 65-69	08:05.2	457
269	0:50:17	CARTER, Lee		Male under 35	08:05.4	423
270	0:50:18	BULLOCK, Katie	Newquay Road Runners	Female under 35	08:05.6	101
271	0:50:19	HAYNES, Patrick	St Austell Running Club	Male Vet 50-54	08:05.7	252
272	0:50:21	LILLIS, John	Newquay Road Runners	Male Vet 70-74	08:06.0	107
273	0:50:23	MCAUGHEY, Peter	Launceston Road Runners	Male Vet 45-49	08:06.4	9
274	0:50:24	EDWARDS, Jade	Mounts Bay Harriers	Female under 35	08:06.5	560
275	0:50:36	BENNETT, Emily	Hayle Runners	Female under 20	08:08.4	319
276	0:50:39	CAIRNEY, Shirley	St Austell Running Club	Female Vet 50-54	08:08.9	247
277	0:50:45	CARTER, Anna		Female under 35	08:09.9	424
278	0:50:46	GREGORY, Amy	Newquay Road Runners	Female under 35	08:10.1	514
<b>279</b>	<b>0:50:54</b>	<b>JOHN, Will</b>	<b>Truro Running Club</b>	<b>Male Vet 50-54</b>	<b>08:11.3</b>	<b>1590</b>
280	0:50:55	NORRIS, Chris	Launceston Road Runners	Male Vet 40-44	08:11.5	216
281	0:50:58	THOMAS, Steven	Carn Runners	Male Vet 35-39	08:12.0	473
282	0:50:59	COWBURN, Sarah	Mud Crew Trail Runners	Female Vet 40-44	08:12.1	347
283	0:50:59	GILES, Nicholas		Male Vet 45-49	08:12.1	439
284	0:51:03	TRERISE, Connor	Cornwall AC	Male under 20	08:12.8	624
285	0:51:09	JAY, Andrew	St Austell Running Club	Male Vet 40-44	08:13.8	148
286	0:51:13	BOSWORTH, Ian	Falmouth Road Runners	Male Vet 45-49	08:14.4	1632
287	0:51:15	LAWES, Helen	Looe Pioneers	Female Vet 45-49	08:14.7	74
288	0:51:16	BRANDHAM, Lois	Newquay Road Runners	Female under 35	08:14.9	523
289	0:51:20	LITTLEJOHNS, Alan	Launceston Road Runners	Male Vet 65-69	08:15.5	391
290	0:51:21	LOCKYER, James	East Cornwall Harriers	Male Vet 60-64	08:15.7	422
291	0:51:23	CRABB, Sally	Looe Pioneers	Female Vet 40-44	08:16.0	406
292	0:51:23	CRABB, Andy	Looe Pioneers	Male Vet 40-44	08:16.0	407
293	0:51:27	TONKIN, Craig	Hayle Runners	Male Vet 45-49	08:16.7	476
294	0:51:29	NORMAN, Joeu		Female under 35	08:17.0	722
295	0:51:39	THOMAS, Fiona	St Austell Running Club	Female under 35	08:18.6	259
296	0:51:45	WARREN, Diane	Hayle Runners	Female Vet 60-64	08:19.5	300
297	0:51:47	MUTSAERS, Kirstie	Cornwall AC	Female Vet 45-49	08:19.9	640
<b>298</b>	<b>0:51:48</b>	<b>BALES, Jo</b>	<b>Truro Running Club</b>	<b>Female Vet 35-39</b>	<b>08:20.0</b>	<b>363</b>
299	0:51:50	HARRIS, Natalie		Female under 35	08:20.4	726
300	0:51:53	CATNACH, Alison	Looe Pioneers	Female Vet 40-44	08:20.8	224
301	0:51:55	RICKWOOD, Richard	Newquay Road Runners	Male Vet 40-44	08:21.2	512

302	0:51:57	CAFF, Wayne	Newquay Road Runners	Male Vet 45-49	08:21.5	103
303	0:52:02	WEBB, Kieran		Male under 20	08:22.3	1680
304	0:52:02	GREGORY, Martin	Looe Pioneers	Male Vet 50-54	08:22.3	401
305	0:52:06	WILDING, Rebecca	Mounts Bay Harriers	Female under 35	08:22.9	538
306	0:52:07	FAITHFULL, Claire	Storm Running Plymouth	Female under 35	08:23.1	713
307	0:52:11	COLEY, Simon	East Cornwall Harriers	Male Vet 50-54	08:23.7	502
308	0:52:15	HIBBERT, Clive	Mounts Bay Harriers	Male Vet 70-74	08:24.4	579
309	0:52:19	HEYWOOD, Peter	Looe Pioneers	Male Vet 70-74	08:25.0	412
310	0:52:20	UNSWORTH, Sophie	Bodmin Road Runners	Female under 35	08:25.2	234
311	0:52:21	MACKENZIE, Alan	Falmouth Road Runners	Male Vet 50-54	08:25.3	1651
312	0:52:28	CARVETH, Debbie	Hayle Runners	Female Vet 40-44	08:26.5	285
313	0:52:28	BURROWS, Robert	Mounts Bay Harriers	Male Vet 60-64	08:26.5	567
314	0:52:29	COOK, Damian	Mounts Bay Harriers	Male Vet 45-49	08:26.6	526
315	0:52:29	PIERCE, Ruth	Hayle Runners	Female Vet 50-54	08:26.6	301
316	0:52:30	ROBB, Gary	Storm Running Plymouth	Male Vet 35-39	08:26.8	707
317	0:52:32	MARTIN, Steven	Storm Running Plymouth	Male Vet 50-54	08:27.1	668
318	0:52:33	SHAW, Sian	Newquay Road Runners	Female Vet 40-44	08:27.3	114
319	0:52:33	LYNCH, Kelsey	Mounts Bay Harriers	Female under 35	08:27.3	569
320	0:52:37	GUMMOW, Katie	Looe Pioneers	Female Vet 35-39	08:27.9	397
321	0:52:40	JORDAN, Rob	Hayle Runners	Male Vet 50-54	08:28.4	324
322	0:52:46	TAYLOR, Jeff		Male Vet 55-59	08:29.4	52
323	0:52:47	LEE, Rebecca	Erme Valley Harriers	Female Vet 35-39	08:29.5	435
324	0:52:47	MASKELL, Melanie	St Austell Running Club	Female Vet 45-49	08:29.5	170
325	0:52:49	BOWDEN, John	Looe Pioneers	Male Vet 55-59	08:29.8	47
326	0:52:49	MATTHEWS, Hattie		Female under 35	08:29.8	11
327	0:52:50	OLIVER, Martin	Mounts Bay Harriers	Male Vet 60-64	08:30.0	565
328	0:52:51	LEE, Becky	Hayle Runners	Female Vet 45-49	08:30.2	299
329	0:52:52	ROWSWELL, Huw		Male Vet 45-49	08:30.3	50
330	0:52:54	LEAN, David	East Cornwall Harriers	Male Vet 55-59	08:30.7	187
331	0:52:54	HICKS, Katie		Female Vet 35-39	08:30.7	184
332	0:52:55	DUNCAN, Jeanette	Newquay Road Runners	Female Vet 55-59	08:30.8	104
333	0:52:55	MCKENZIE, Tracy	Newquay Road Runners	Female Vet 35-39	08:30.8	111
334	0:53:00	RICHARDS, Aidan		Male under 35	08:31.6	86
335	0:53:00	PEARCE, Deborah	Hayle Runners	Female Vet 45-49	08:31.6	329
336	0:53:01	CAMERON, Neil	Tewkesbury AC	Male Vet 70-74	08:31.8	429
337	0:53:03	KNIGHT, Mark		Male Vet 40-44	08:32.1	1597
338	0:53:04	LOTON, Andrew	Tamar Trotters	Male Vet 35-39	08:32.3	269
339	0:53:07	COPE, Jackie	Falmouth Road Runners	Female Vet 60-64	08:32.7	498
340	0:53:08	MERRIN, Mike	Storm Running Plymouth	Male Vet 45-49	08:32.9	1696
341	0:53:08	ROONEY, Michael	Mounts Bay Harriers	Male under 35	08:32.9	542
342	0:53:11	TAYLOR, Sue	Mounts Bay Harriers	Female Vet 60-64	08:33.4	12
343	0:53:11	JENKIN, Steve	Cornwall AC	Male Vet 40-44	08:33.4	611
344	0:53:19	EMMETT, Lucie	Newquay Road Runners	Female Vet 40-44	08:34.7	105
345	0:53:22	SMITH, Hannah	Hayle Runners	Female under 35	08:35.2	309
346	0:53:22	MATTHEWS, Jonny	Storm Running Plymouth	Male Vet 35-39	08:35.2	698
347	0:53:24	BROWN, Adrian	Launceston Road Runners	Male Vet 40-44	08:35.5	217
348	0:53:29	PATEMAN, Gemma	St Austell Running Club	Female Vet 35-39	08:36.3	254
349	0:53:30	MCBAIN, Vanessa May	Newquay Road Runners	Female under 35	08:36.4	521
350	0:53:35	MORRISSEY-HAINES, Rosalie		Female under 35	08:37.2	90
351	0:53:38	GREEN, Julie	Carn Runners	Female Vet 50-54	08:37.7	456
352	0:53:39	GRAY, Neil		Male Vet 45-49	08:37.9	1667
353	0:53:39	GOATMAN, Charlotte	Bodmin Womens RC	Female under 35	08:37.9	97
354	0:53:40	MARSHALL, Nigel	St Austell Running Club	Male Vet 45-49	08:38.1	131
355	0:53:41	HARRISON, Brad		Male Vet 40-44	08:38.2	436
356	0:53:42	MARSHALL, Debbie	St Austell Running Club	Female Vet 40-44	08:38.4	130
357	0:53:42	NORRIS, Mick		Male Vet 50-54	08:38.4	200
358	0:53:44	PAULING, Kim	Bodmin Womens RC	Female under 35	08:38.7	263
359	0:53:47	BRENTON, Nicky		Female Vet 45-49	08:39.2	28
360	0:53:51	POTHECARY, Lesley		Female Vet 40-44	08:39.8	195
361	0:53:51	TURNER, Clare		Female Vet 35-39	08:39.8	212
362	0:53:52	STUTHRIDGE, Helen	St Austell Running Club	Female Vet 45-49	08:40.0	134

363	0:53:53	LONG, Fran	Hayle Runners	Female Vet 55-59	08:40.1	284
364	0:53:55	STORER, Graham	Cornwall AC	Male Vet 55-59	08:40.5	620
365	0:53:55	WEBB, Kirsty	Looe Pioneers	Female under 35	08:40.5	404
366	0:53:57	WOODFINE-BEARD, Kelly	Newquay Road Runners	Female Vet 35-39	08:40.8	115
367	0:53:59	STANFORD, Philippa	Bodmin Womens RC	Female Vet 35-39	08:41.1	80
368	0:54:01	SENIOR, Ann	Hayle Runners	Female Vet 55-59	08:41.4	315
369	0:54:01	SPEAKE, Georgina	St Austell Running Club	Female Vet 35-39	08:41.4	250
370	0:54:01	CICHY, Jason	Storm Running Plymouth	Male Vet 40-44	08:41.4	1694
371	0:54:03	WILCOX, David	Truro Running Club	Male Vet 40-44	08:41.8	370
372	0:54:05	MORGADO, Chloe	Cornwall AC	Female Vet 40-44	08:42.1	639
373	0:54:09	FLOYD-NORRIS, Sue	St Austell Running Club	Female Vet 45-49	08:42.7	149
374	0:54:11	SCALLAN, Dawn	Carn Runners	Female Vet 45-49	08:43.0	468
375	0:54:12	RAPSON, Sharlotte	Storm Running Plymouth	Female under 35	08:43.2	708
376	0:54:13	PARKIN, Eleanor	Truro Running Club	Female under 35	08:43.4	356
377	0:54:21	DE ROZARIEUX, Nathan	Hayle Runners	Male Vet 40-44	08:44.6	321
378	0:54:25	WISNER, Kath	St Austell Running Club	Female Vet 45-49	08:45.3	146
379	0:54:25	WISNER, John	St Austell Running Club	Male Vet 45-49	08:45.3	145
380	0:54:27	HILL, Jessica		Female under 35	08:45.6	403
381	0:54:30	WONNACOTT, Sarah		Female Vet 35-39	08:46.1	482
382	0:54:31	TURNER, Kerry		Female Vet 35-39	08:46.3	127
383	0:54:34	MIDDLEDITCH, Kay	Newquay Road Runners	Female Vet 35-39	08:46.7	109
384	0:54:35	DAVISON, Mick	Newquay Road Runners	Male Vet 45-49	08:46.9	522
385	0:54:36	PENGELLY, Ian	WalkRun NRR	Male Vet 50-54	08:47.1	592
386	0:54:40	CATTERALL, Diane	Carn Runners	Female under 35	08:47.7	463
387	0:54:41	PARSONS, Alison	Bodmin Womens RC	Female Vet 45-49	08:47.9	73
388	0:54:41	MAYWOOD, Kirstie	Looe Pioneers	Female Vet 50-54	08:47.9	66
389	0:54:43	FOSTER, Diane	Looe Pioneers	Female Vet 45-49	08:48.2	395
390	0:54:45	PRIAULX, Darren		Male under 35	08:48.5	345
391	0:54:45	MASTERS, Karen	WalkRun NRR	Female Vet 45-49	08:48.5	597
392	0:54:46	WIDDERSHOVEN, Demelza	Carn Runners	Female under 35	08:48.7	442
393	0:54:46	ENGLAND, Emma	Bodmin Womens RC	Female Vet 45-49	08:48.7	63
394	0:54:50	LOWE, Wendy	Bodmin Womens RC	Female Vet 60-64	08:49.3	723
395	0:54:52	CHELL, Nina	Falmouth Road Runners	Female Vet 40-44	08:49.6	1637
396	0:54:53	VERCESI, Gemma	Mounts Bay Harriers	Female Vet 35-39	08:49.8	540
397	0:54:56	HUDSON, Patrick		Male Vet 45-49	08:50.3	1628
398	0:54:58	CARROLL, Rosie	Hayle Runners	Female under 35	08:50.6	281
399	0:55:01	MEEHAN, Shane		Male under 35	08:51.1	262
400	0:55:03	OSBORN, Kathryn	Hayle Runners	Female Vet 55-59	08:51.4	37
401	0:55:04	SPEEDIE, Sinead	Storm Running Plymouth	Female under 35	08:51.6	684
402	0:55:04	HOWARD, Tiffany		Female under 35	08:51.6	1599
403	0:55:05	BELL, Alice		Female Vet 35-39	08:51.7	266
404	0:55:05	COLLINSON, Michelle		Female Vet 40-44	08:51.7	376
405	0:55:05	BELL, Natalie	Looe Pioneers	Female Vet 35-39	08:51.7	414
406	0:55:15	DAVEY, Tamzin	Cornwall AC	Female Vet 45-49	08:53.3	632
407	0:55:18	KING, Sarah	Mounts Bay Harriers	Female Vet 40-44	08:53.8	79
408	0:55:20	TRETHEWEY, Martin	St Austell Running Club	Male Vet 45-49	08:54.1	117
409	0:55:25	WILBY, Shannon	Falmouth Road Runners	Female under 35	08:54.9	1657
410	0:55:32	DICKINSON, Tina	Leeds & Bradford Triathlon	Female Vet 55-59	08:56.1	18
411	0:55:34	SAUNTER, Jenny	Bodmin Womens RC	Female Vet 50-54	08:56.4	57
412	0:55:37	CUFF, Linda	Looe Pioneers	Female Vet 50-54	08:56.9	415
413	0:55:39	FARR, Georgie	Storm Running Plymouth	Female under 35	08:57.2	5
414	0:55:41	LOCKE, Justin	Storm Running Plymouth	Male Vet 40-44	08:57.5	676
415	0:55:41	VISICK, Michael	Looe Pioneers	Male Vet 45-49	08:57.5	400
416	0:55:42	WILDING, Sarah	Hayle Runners	Female Vet 40-44	08:57.7	548
417	0:55:59	SIMS, Karen	East Cornwall Harriers	Female Vet 50-54	09:00.4	385
418	0:56:00	HOWELL, Peter		Male Vet 40-44	09:00.6	202
419	0:56:03	MAYWOOD, Bryan	Looe Pioneers	Male Vet 50-54	09:01.1	67
420	0:56:12	MCFADDEN, Tracy	Bodmin Womens RC	Female Vet 50-54	09:02.5	189
421	0:56:13	TONKINS, Richard	St Austell Running Club	Male Vet 45-49	09:02.7	139
422	0:56:14	RALLS, Patsy	St Austell Running Club	Female Vet 50-54	09:02.8	158
423	0:56:23	ANDREWS, Becky		Female Vet 35-39	09:04.3	206

424	0:56:25	HEWITT, Julie		Female Vet 35-39	09:04.6	83
425	0:56:29	ROSKILLY, Michelle	Hayle Runners	Female Vet 45-49	09:05.2	331
426	0:56:30	WILKINSON, Judith	Tamar Trotters	Female Vet 55-59	09:05.4	339
427	0:56:30	PRITCHARD, Jane	Launceston Road Runners	Female Vet 50-54	09:05.4	14
428	0:56:31	TRETHERWEY, Charlie	St Austell Running Club	Female Vet 40-44	09:05.6	116
429	0:56:31	TOZER, Nicola	Cornwall AC	Female Vet 40-44	09:05.6	649
430	0:56:32	MARTIN, Lorna	Cornwall AC	Female Vet 35-39	09:05.7	637
431	0:56:38	RINGER, Ian	Bodmin Road Runners	Male Vet 65-69	09:06.7	2
432	0:56:43	COLLINS, Sarah	East Cornwall Harriers	Female Vet 40-44	09:07.5	371
433	0:56:47	DAVIES, Sarah	Newquay Road Runners	Female Vet 40-44	09:08.1	135
434	0:56:57	JAMIESON, Sandy	Carn Runners	Female Vet 60-64	09:09.8	264
435	0:56:58	MARKS, Victoria	Hayle Runners	Female Vet 40-44	09:09.9	326
436	0:57:00	WILTON, David	Falmouth Road Runners	Male Vet 60-64	09:10.2	1664
437	0:57:05	ROBERTS, Mary	Launceston Road Runners	Female Vet 45-49	09:11.0	39
438	0:57:13	SYMONS, Paula		Female Vet 35-39	09:12.3	417
439	0:57:13	BLACKMORE, Jo		Female Vet 35-39	09:12.3	418
440	0:57:15	BILLINGTON, Melanie	Hayle Runners	Female Vet 45-49	09:12.6	314
441	0:57:16	LEWIS, Deborah	Hayle Runners	Female Vet 50-54	09:12.8	325
442	0:57:20	HARRIS, Rebecca		Female Vet 40-44	09:13.5	337
443	0:57:26	MIDDLEITCH, Emily	Falmouth Road Runners	Female Vet 45-49	09:14.4	1652
444	0:57:29	ROBERTS, Kevin		Male Vet 40-44	09:14.9	663
445	0:57:31	PARKIN, Harriet	Bodmin Womens RC	Female under 35	09:15.2	209
446	0:57:31	CLARK, Emma	Looe Pioneers	Female under 35	09:15.2	61
447	0:57:36	DAVIES, Richard	Newquay Road Runners	Male Vet 45-49	09:16.0	513
448	0:57:37	BERRY, Tony	Truro Running Club	Male Vet 80+	09:16.2	353
449	0:57:38	SHORTT, John		Male under 35	09:16.3	1587
450	0:58:00	TRELEVEN, Sandra	Mounts Bay Harriers	Female Vet 45-49	09:19.9	572
451	0:58:00	POCHEE, Amanda	Hayle Runners	Female Vet 40-44	09:19.9	328
452	0:58:00	NEEDHAM, Sara	WalkRun NRR	Female Vet 35-39	09:19.9	596
453	0:58:04	BUCKINGHAM-WELLS, Tanya		Female Vet 35-39	09:20.5	1670
454	0:58:08	CATNACH, Peter	Looe Pioneers	Male Vet 55-59	09:21.2	223
455	0:58:10	HARRINGTON, Mark	Carn Runners	Male Vet 50-54	09:21.5	460
456	0:58:10	GIBSON, Faye	Carn Runners	Female Vet 40-44	09:21.5	467
457	0:58:10	MULLEN, Shona	Truro Running Club	Female Vet 50-54	09:21.5	188
458	0:58:12	MORGAN, Iain		Male Vet 55-59	09:21.8	1669
459	0:58:12	TUCKER, Nicky	Storm Running Plymouth	Female Vet 40-44	09:21.8	716
460	0:58:13	BUTLER, Makayla-Rose	Carn Runners	Female under 35	09:22.0	462
461	0:58:14	KING, Amanda	Newquay Road Runners	Female Vet 35-39	09:22.1	504
462	0:58:17	SKYBA, Joanna		Female under 35	09:22.6	88
463	0:58:18	CREHAN, Kate		Female Vet 35-39	09:22.8	182
464	0:58:21	MATTHEWS, Susan	Mounts Bay Harriers	Female Vet 55-59	09:23.3	574
465	0:58:25	VOSPER, Francis	Bodmin Road Runners	Male Vet 55-59	09:23.9	22
466	0:58:27	BOWDEN, Geraldine	Looe Pioneers	Female Vet 55-59	09:24.2	46
467	0:58:28	HAMPTON, David	St Austell Running Club	Male Vet 40-44	09:24.4	249
468	0:58:28	HOWELL, Lucy	Plymouth Musketeers	Female Vet 35-39	09:24.4	204
469	0:58:28	CLEMO, Richard		Male Vet 35-39	09:24.4	478
470	0:58:29	SAUNTER, David		Male Vet 50-54	09:24.6	56
471	0:58:34	WILLCOCK, Graham		Male Vet 45-49	09:25.4	191
472	0:58:39	BROOKS, Amanda	Newquay Road Runners	Female under 35	09:26.2	666
473	0:58:41	RICHARDS, Sara		Female under 35	09:26.5	183
474	0:58:41	THOMAS, Louise	Bodmin Womens RC	Female under 35	09:26.5	225
475	0:58:42	ARNOLD, Steven		Male Vet 35-39	09:26.6	203
476	0:58:43	HAMSHIRE, Cordelia		Female under 35	09:26.8	180
477	0:58:45	BUDGE, Andrew	St Austell Running Club	Male Vet 50-54	09:27.1	258
478	0:58:46	ROBERTS, Debbie	Carn Runners	Female Vet 40-44	09:27.3	479
479	0:58:49	MOORE, Michelle	St Austell Running Club	Female Vet 40-44	09:27.8	257
480	0:58:50	JAMESON, Judy	Carn Runners	Female Vet 55-59	09:27.9	449
481	0:58:56	HEWITT, Lucy	WalkRun NRR	Female Vet 45-49	09:28.9	598
482	0:59:00	JENKIN, Jacqueline	Cornwall AC	Female Vet 65-69	09:29.5	635
483	0:59:01	JENKIN, Richard	Cornwall AC	Male Vet 70-74	09:29.7	612
484	0:59:02	CROSSE, Lexie	Mounts Bay Harriers	Female under 35	09:29.9	525



485	0:59:03	KOMBOSTIOTIS, Kostas	Looe Pioneers	Male Vet 45-49	09:30.0	409
486	0:59:05	RICHARDSON, Christina	Carn Runners	Female Vet 35-39	09:30.3	461
487	0:59:05	HALL, Becky	WalkRun NRR	Female under 35	09:30.3	595
488	0:59:07	DAVISON, Cathryn		Female Vet 40-44	09:30.7	27
489	0:59:10	COURTNEY, Stacey	Newquay Road Runners	Female under 35	09:31.2	342
490	0:59:11	GODFREY, Nicola	Bodmin Womens RC	Female Vet 35-39	09:31.3	201
491	0:59:15	STROUT, Karen		Female Vet 45-49	09:32.0	487
492	0:59:15	EDWARDS, Robert		Male Vet 50-54	09:32.0	486
493	0:59:18	MONTGOMERY-SMITH, Taryn	St Austell Running Club	Female Vet 35-39	09:32.4	165
494	0:59:20	KENT, Emma	Newquay Road Runners	Female Vet 35-39	09:32.8	507
495	0:59:26	VAGGERS, Tracy	Tamar Trotters	Female Vet 50-54	09:33.7	1591
496	0:59:26	WEBB, Sarah		Female Vet 40-44	09:33.7	1679
497	0:59:28	WHITE, Clare	Storm Running Plymouth	Female Vet 35-39	09:34.0	682
498	0:59:35	CADDY, Chantelle	Mounts Bay Harriers	Female Vet 40-44	09:35.2	535
499	0:59:39	SAVIN, Nick	Newquay Road Runners	Male under 35	09:35.8	222
500	0:59:41	BERRY, Dave	Storm Running Plymouth	Male Vet 55-59	09:36.1	1689
501	0:59:44	COKER, Kelvin	Storm Running Plymouth	Male under 35	09:36.6	1698
502	0:59:46	SMITH, Daniel		Male Vet 35-39	09:36.9	36
503	0:59:47	SARGENT, Pete	Newquay Road Runners	Male Vet 70-74	09:37.1	524
504	0:59:50	WAKE, Darren	Storm Running Plymouth	Male Vet 45-49	09:37.6	680
505	0:59:50	WAKE, Katie	Storm Running Plymouth	Female under 35	09:37.6	681
506	0:59:52	GREEN, Marie	Falmouth Road Runners	Female Vet 40-44	09:37.9	1644
507	0:59:58	CHADWICK, Kim		Female Vet 45-49	09:38.9	1668
508	1:00:00	BLACKBURN, Hannah		Female under 35	09:39.2	335
509	1:00:00	ROBERTSON, Rachel		Female under 35	09:39.2	334
510	1:00:01	ROBERTS-GRIGGS, Amy		Female Vet 40-44	09:39.4	30
511	1:00:01	GRIGGS, Paul		Male Vet 40-44	09:39.4	29
512	1:00:02	TEFT, Becky	Storm Running Plymouth	Female Vet 40-44	09:39.5	669
513	1:00:03	PENREATH, Nic	Falmouth Road Runners	Male Vet 50-54	09:39.7	1654
514	1:00:05	NORMAN, Maria		Female under 20	09:40.0	480
515	1:00:07	SPENCER, Julie	Storm Running Plymouth	Female Vet 50-54	09:40.3	20
516	1:00:07	BRENNAN, Rachel	St Austell Running Club	Female under 35	09:40.3	153
517	1:00:07	KOWALSKI, Claire	Storm Running Plymouth	Female Vet 35-39	09:40.3	705
518	1:00:07	ELLIOTT, Sarah	Storm Running Plymouth	Female Vet 45-49	09:40.3	33
519	1:00:11	VOSPER, Nicola	Bodmin Road Runners	Female Vet 55-59	09:41.0	21
520	1:00:13	STANESCU, Norbert	Cornwall AC	Male under 35	09:41.3	619
521	1:00:14	CHAPMAN, Peter		Male Vet 40-44	09:41.4	374
522	1:00:14	CHAPMAN, Amanda	Launceston Road Runners	Female Vet 35-39	09:41.4	375
523	1:00:15	PLAYER, Shirley	Bodmin Womens RC	Female Vet 45-49	09:41.6	65
524	1:00:17	PENHALLURICK, Emma		Female Vet 35-39	09:41.9	719
525	1:00:18	FARR, Susan	Storm Running Plymouth	Female Vet 55-59	09:42.1	3
526	1:00:18	MACQUEEN, Craig		Male under 35	09:42.1	390
527	1:00:18	MACQUEEN, Bethany		Female under 35	09:42.1	389
528	1:00:25	PASCOE, Peter		NDB	09:43.2	654
529	1:00:27	ARNOLD, Jo	Plymouth Musketeers	Female Vet 40-44	09:43.5	205
530	1:00:29	WILKINSON, Tim		Male Vet 55-59	09:43.9	425
531	1:00:31	BRADLEY, Caroline	WalkRun NRR	Female Vet 40-44	09:44.2	602
532	1:00:35	BRUMBY, Tandy	Falmouth Road Runners	Female Vet 50-54	09:44.8	1635
533	1:00:37	HALLETT, Ellen		Female under 35	09:45.1	211
534	1:00:37	OLLIVIER, Louise	Hayle Runners	Female Vet 45-49	09:45.1	210
535	1:00:43	CLEMENTS, John		Male Vet 50-54	09:46.1	219
536	1:00:50	NICHOLSON, Diane	Tamar Trotters	Female Vet 55-59	09:47.2	245
537	1:00:53	KINGTON, Norris	Cornwall AC	Male Vet 75-79	09:47.7	613
538	1:00:57	DIXON, Dawn	Storm Running Plymouth	Female Vet 40-44	09:48.4	678
539	1:00:58	FARR, James	Storm Running Plymouth	Male Vet 60-64	09:48.5	4
540	1:00:58	KING, Gary	Mounts Bay Harriers	Male Vet 40-44	09:48.5	546
541	1:00:59	MANKEE, Emma	Carn Runners	Female Vet 45-49	09:48.7	458
542	1:01:03	HOCKING, Deborah	Carn Runners	Female Vet 45-49	09:49.3	451
543	1:01:05	JONES, Karen	Storm Running Plymouth	Female Vet 45-49	09:49.7	76
544	1:01:05	CORNALL, Melissa	WalkRun NRR	Female under 35	09:49.7	589
545	1:01:05	BAWDEN, Mike	Cornwall AC	Male Vet 55-59	09:49.7	604

546	1:01:08	HODGES, Jamie		Male under 35	09:50.1	398
547	1:01:12	MCGINNES, Jason		Male Vet 40-44	09:50.8	428
548	1:01:12	DENNIS, Pauline	Bodmin Womens RC	Female Vet 55-59	09:50.8	62
549	1:01:12	WADE, Margaret	Carn Runners	Female Vet 65-69	09:50.8	96
550	1:01:13	TOMLINSON, Jane		Female Vet 40-44	09:50.9	720
551	1:01:14	MCLEAN, Andrew	St Austell Running Club	Male Vet 50-54	09:51.1	138
552	1:01:15	TREWIN, Emily	Falmouth Road Runners	Female under 35	09:51.3	1660
553	1:01:15	JOLLIFF, Christy	Bodmin Road Runners	Female under 35	09:51.3	229
554	1:01:20	JOHNS, Sue	Mounts Bay Harriers	Female Vet 60-64	09:52.1	568
555	1:01:21	FLOWER, Naomi	Newquay Road Runners	Female under 35	09:52.2	656
556	1:01:28	TRAVERS, Philippa	Hayle Runners	Female under 35	09:53.4	307
557	1:01:33	BOARD, Julie	Plymouth Harriers	Female Vet 40-44	09:54.2	93
558	1:01:37	NEWCOMBE, Jo	Hayle Runners	Female Vet 60-64	09:54.8	304
559	1:01:49	LODER, Kat	Mounts Bay Harriers	Female Vet 35-39	09:56.7	554
560	1:01:55	THOMAS, Jane	St Austell Running Club	Female Vet 55-59	09:57.7	136
561	1:02:01	BARRETT, Liz	St Austell Running Club	Female Vet 55-59	09:58.7	141
562	1:02:03	CAMERON, Pat	Tewkesbury AC	Female Vet 65-69	09:59.0	430
563	1:02:06	O'REILLY, Kevin	Tamar Trotters	Male Vet 60-64	09:59.5	340
564	1:02:17	JAYNE, Samantha		Female Vet 45-49	10:01.2	38
565	1:02:18	UREN, Gina	Hayle Runners	Female Vet 40-44	10:01.4	311
566	1:02:18	SYCAMORE, Grace	Hayle Runners	Female under 35	10:01.4	564
567	1:02:22	PERKS, Wendy		Female Vet 45-49	10:02.0	438
568	1:02:22	HOBBS, Nikki		Female Vet 45-49	10:02.0	437
569	1:02:31	HARVEY, Lynn	Newquay Road Runners	Female Vet 65-69	10:03.5	510
570	1:02:38	MATRAVES, Julie	Carn Runners	Female Vet 45-49	10:04.6	448
571	1:02:42	DAWE, Lisa		Female under 35	10:05.3	1675
572	1:02:44	KNIGHT, Anne Marie	St Austell Running Club	Female Vet 40-44	10:05.6	1589
573	1:02:44	MCCULLOUGH, Lyndsey	St Austell Running Club	Female under 35	10:05.6	427
574	1:02:44	TREGEAR, Sarah	Mounts Bay Harriers	Female under 35	10:05.6	583
575	1:02:47	MITCHELL, Ruby		Female under 35	10:06.1	392
576	1:02:49	ROWLANDS, Kate	Falmouth Road Runners	Female under 35	10:06.4	1656
577	1:02:51	MARSH, Kathryn	Carn Runners	Female Vet 40-44	10:06.7	455
578	1:02:53	FLANAGAN, Rachel	Falmouth Road Runners	Female Vet 50-54	10:07.0	1641
579	1:02:56	MARTIN, Jacqui	St Austell Running Club	Female Vet 45-49	10:07.5	121
580	1:02:58	ADAMS, Hannah	St Austell Running Club	Female Vet 35-39	10:07.8	119
581	1:03:00	DAVIES, Kathy		Female Vet 40-44	10:08.2	421
582	1:03:00	SOWERBY, Nicky	Truro Running Club	Female Vet 50-54	10:08.2	366
583	1:03:06	STONE, Jackie	Mounts Bay Harriers	Female Vet 50-54	10:09.1	571
584	1:03:09	SHEPLEY, Phil	Looe Pioneers	Male Vet 35-39	10:09.6	384
585	1:03:09	KING, Lucy		Female Vet 35-39	10:09.6	1629
586	1:03:10	OLLERENSHAW, Claire		Female Vet 35-39	10:09.8	268
587	1:03:16	OSBORNE, Louise	Falmouth Road Runners	Female Vet 35-39	10:10.7	1653
588	1:03:18	ANDREWS, George	Mounts Bay Harriers	Male Vet 65-69	10:11.1	556
589	1:03:40	SNELLING, Rachel	Storm Running Plymouth	Female under 35	10:14.6	718
590	1:03:41	NOBBS, Timothy	Storm Running Plymouth	Male Vet 50-54	10:14.8	688
591	1:03:50	BOUNSALL, Katie	Storm Running Plymouth	Female under 20	10:16.2	690
592	1:03:52	DUDLEY, Michelle	St Austell Running Club	Female Vet 45-49	10:16.5	161
593	1:03:53	COWBURN, Ian		Male Vet 50-54	10:16.7	346
594	1:03:55	TOTTLE, Louisa	Mounts Bay Harriers	Female Vet 45-49	10:17.0	553
595	1:03:55	LEIWORTHY, Emily	Mounts Bay Harriers	Female under 35	10:17.0	566
596	1:03:58	TALBOT, Bev	St Austell Running Club	Female Vet 50-54	10:17.5	137
597	1:04:00	COX, Alison	Bodmin Womens RC	Female Vet 50-54	10:17.8	10
598	1:04:00	PHILLIPS, Sarah	Storm Running Plymouth	Female under 35	10:17.8	689
599	1:04:00	WARD, Claire	Storm Running Plymouth	Female under 35	10:17.8	687
600	1:04:02	WELLS, Wes	Tamar Trotters	Male Vet 35-39	10:18.1	244
601	1:04:10	FREER, Carol	Storm Running Plymouth	Female Vet 50-54	10:19.4	25
602	1:04:10	BUTLER, Ian		Male Vet 45-49	10:19.4	176
603	1:04:12	CAFF, Jane	Newquay Road Runners	Female Vet 55-59	10:19.7	102
604	1:04:12	KEMP, Mandy	Lowenek Runners	Female Vet 55-59	10:19.7	186
605	1:04:14	FIRTH, Becky	Tamar Trotters	Female Vet 45-49	10:20.1	8
606	1:04:16	NEVILLE, Karena		Female Vet 40-44	10:20.4	87

607	1:04:19	JAY, Nadia	St Austell Running Club	Female Vet 40-44	10:20.9	151
608	1:04:21	PAYNE, Claire	Carn Runners	Female Vet 45-49	10:21.2	472
609	1:04:39	FORD, Amanda		Female Vet 45-49	10:24.1	26
610	1:04:43	MILLER, Amanda	Hayle Runners	Female Vet 45-49	10:24.7	327
611	1:04:52	BUCK, Emily	East Cornwall Harriers	Female under 35	10:26.2	1593
612	1:04:53	RAY, Pamela	Hayle Runners	Female Vet 45-49	10:26.3	286
613	1:04:55	PHILLIPS, David	Storm Running Plymouth	Male Vet 45-49	10:26.7	1686
614	1:04:57	OSBORNE, Simon		Male Vet 40-44	10:27.0	379
615	1:04:58	VINNICOMBE, Caroline	Carn Runners	Female Vet 40-44	10:27.1	464
616	1:05:11	SILVERTHORN, Gillian	Mounds Bay Harriers	Female Vet 55-59	10:29.2	551
617	1:05:11	HUBAND, Sophie	Mounds Bay Harriers	Female Vet 45-49	10:29.2	582
618	1:05:12	WEBB, Tabi		Female Vet 35-39	10:29.4	601
619	1:05:16	RALLS, David	St Austell Running Club	Male Vet 50-54	10:30.0	157
620	1:05:18	DOWRICK, Jane	Storm Running Plymouth	Female Vet 50-54	10:30.4	16
621	1:05:24	PASCOE, Clare	Grit and Grin	Female Vet 50-54	10:31.3	489
622	1:05:31	THOMAS, Tania	WalkRun NRR	Female Vet 45-49	10:32.5	593
623	1:05:32	BOXALL, Melanie	Falmouth Road Runners	Female Vet 50-54	10:32.6	1633
624	1:05:35	WALTERS, Adam	Newquay Road Runners	Male Vet 35-39	10:33.1	511
625	1:05:37	NICHOLLS, Tracey	Mounds Bay Harriers	Female Vet 50-54	10:33.4	555
626	1:05:38	WALL, Ashley	Falmouth Road Runners	Female Vet 45-49	10:33.6	1661
627	1:05:42	EASTERBROOK, Liz	Mounds Bay Harriers	Female Vet 65-69	10:34.2	561
628	1:05:48	FURLONGER, Gemma		Female under 35	10:35.2	341
629	1:05:49	BOWDEN, Sally	Newquay Road Runners	Female Vet 50-54	10:35.3	506
630	1:05:50	WHITE, Andrew		Male Vet 50-54	10:35.5	724
631	1:05:53	HOPKINS, Joseph		Male Vet 50-54	10:36.0	377
632	1:06:00	WHITFIELD, Justine	WalkRun NRR	Female under 35	10:37.1	599
633	1:06:04	NORRIS, Lynda		Female Vet 50-54	10:37.8	199
634	1:06:07	COLLINS, Joanna	St Austell Running Club	Female under 35	10:38.2	150
635	1:06:15	CHANNING, Abi	St Austell Running Club	Female under 35	10:39.5	251
<b>636</b>	<b>1:06:22</b>	<b>HASELL, Elizabeth</b>	<b>Truro Running Club</b>	<b>Female Vet 35-39</b>	<b>10:40.7</b>	<b>500</b>
637	1:06:24	BARNES, Gavin		Male Vet 50-54	10:41.0	336
638	1:06:28	SCRACE, Charmaine	St Austell Running Club	Female Vet 45-49	10:41.6	248
639	1:06:29	SMITH, Nikki	WalkRun NRR	Female Vet 45-49	10:41.8	499
640	1:06:39	ANDREWS, Greta	Mounds Bay Harriers	Female Vet 40-44	10:43.4	557
641	1:06:47	STONE, Lee	Storm Running Plymouth	Male Vet 35-39	10:44.7	717
642	1:06:55	GIBBS, Natalie	Mounds Bay Harriers	Female Vet 35-39	10:46.0	550
643	1:07:00	PERRING, Sharon	Bodmin Womens RC	Female Vet 45-49	10:46.8	373
644	1:07:06	HOPKINS, Karen		Female Vet 45-49	10:47.7	378
645	1:07:08	WILLIAMS, Janine	WalkRun NRR	Female under 35	10:48.1	420
646	1:07:10	HEMSLEY, Sarah	WalkRun NRR	Female Vet 40-44	10:48.4	591
<b>647</b>	<b>1:07:16</b>	<b>SLATER, Kirstie</b>	<b>Truro Running Club</b>	<b>Female Vet 40-44</b>	<b>10:49.3</b>	<b>365</b>
648	1:07:16	SMITH, Angie	Storm Running Plymouth	Female Vet 55-59	10:49.3	31
649	1:07:19	LAKE, Christina	Falmouth Road Runners	Female Vet 55-59	10:49.8	1648
650	1:07:21	MARTIN, Hayley	Carn Runners	Female Vet 35-39	10:50.2	469
651	1:07:26	TOY, Jeanette	Carn Runners	Female Vet 45-49	10:51.0	474
652	1:07:42	FOSTER, Ann	Tamar Trotters	Female Vet 65-69	10:53.5	242
653	1:07:45	YATES, Angela	St Austell Running Club	Female Vet 60-64	10:54.0	124
654	1:07:48	STEPHENS, Caroline	East Cornwall Harriers	Female under 35	10:54.5	382
655	1:07:50	HOWARD, Sarah	Bodmin Womens RC	Female Vet 40-44	10:54.8	1595
656	1:07:50	CORRENTI, Sarah	Hayle Runners	Female under 35	10:54.8	283
657	1:07:51	TRUDGEON, Susan	St Austell Running Club	Female Vet 55-59	10:55.0	255
658	1:07:54	WILLIAMS, Helen	Mounds Bay Harriers	Female Vet 55-59	10:55.5	584
659	1:07:58	BARNES, John	Launceston Road Runners	Male Vet 55-59	10:56.1	48
660	1:08:01	PARKER, Victoria		Female under 35	10:56.6	351
661	1:08:02	MAY, Josephine		Female Vet 35-39	10:56.7	1678
662	1:08:03	BAINES, Tracie		Female Vet 50-54	10:56.9	349
663	1:08:07	ARMSTRONG, Maxine	Hayle Runners	Female Vet 35-39	10:57.6	312
664	1:08:13	ATHERTON, Julie	Hayle Runners	Female Vet 50-54	10:58.5	317
665	1:08:15	WATKINS, Yvonne	Mounds Bay Harriers	Female Vet 55-59	10:58.8	544
666	1:08:16	EVANS, Helen	Mounds Bay Harriers	Female Vet 45-49	10:59.0	559
667	1:08:32	JAMES, Amanda	Mounds Bay Harriers	Female Vet 60-64	11:01.6	528

668	1:08:40	SQUIRE, Helen	Mounts Bay Harriers	Female Vet 50-54	11:02.9	547
669	1:08:45	PASCOE, Jenna	Hayle Runners	Female under 35	11:03.7	279
670	1:08:46	MACKINTOSH, Susie	Hayle Runners	Female Vet 45-49	11:03.8	303
671	1:08:52	HOUGHTON, Melanie		Female Vet 35-39	11:04.8	192
672	1:09:02	ELGAR, Laura	Hayle Runners	Female Vet 35-39	11:06.4	323
673	1:09:03	ELGAR, Rebecca	Hayle Runners	Female Vet 35-39	11:06.6	322
674	1:09:10	THOMAS-HORTON, Michaela	St Austell Running Club	Female Vet 50-54	11:07.7	164
675	1:09:13	LAWRENCE, Steven	Falmouth Road Runners	Male Vet 60-64	11:08.2	1649
676	1:09:16	MORRIS, Victoria		Female under 35	11:08.7	35
677	1:09:18	PORRITT, Richard	Storm Running Plymouth	Male Vet 40-44	11:09.0	704
678	1:09:18	ROWBERRY, Matt	Storm Running Plymouth	Male Vet 40-44	11:09.0	709
679	1:09:18	PRISK, Lauren	Mounts Bay Harriers	Female under 20	11:09.0	71
680	1:09:30	LAST, Natalie		Female Vet 40-44	11:10.9	1630
681	1:09:45	JAMISON, Julie	WalkRun NRR	Female Vet 55-59	11:13.3	600
682	1:09:45	HATTO, Lorna	WalkRun NRR	Female Vet 40-44	11:13.3	659
683	1:09:51	TODD, Christine	St Austell Running Club	Female Vet 55-59	11:14.3	129
684	1:09:52	EWART, Sam	St Austell Running Club	Female Vet 40-44	11:14.4	128
685	1:09:52	HILLIER, Sally	Falmouth Road Runners	Female Vet 50-54	11:14.4	1646
686	1:10:05	ANDREWS, Emma	Bodmin Womens RC	Female under 35	11:16.5	1592
687	1:10:10	OSBORNE, Paula	Bodmin Road Runners	Female Vet 40-44	11:17.3	238
688	1:10:25	SARDU, Daniela	Storm Running Plymouth	Female under 35	11:19.8	1695
689	1:10:30	TAPHOUSE, Lesley	Bodmin Road Runners	Female Vet 55-59	11:20.6	228
690	1:10:32	REDGERS, Clare	Carn Runners	Female Vet 40-44	11:20.9	444
691	1:10:32	GOODWIN, Hannah	Storm Running Plymouth	Female Vet 35-39	11:20.9	706
692	1:10:32	REDGERS, Kevin	Carn Runners	Male Vet 45-49	11:20.9	445
693	1:10:32	VENN, Kathy	Storm Running Plymouth	Female Vet 45-49	11:20.9	710
694	1:10:36	PROSSER, Amanda	Mounts Bay Harriers	Female Vet 40-44	11:21.5	532
695	1:10:39	PLUMB, Emily	Storm Running Plymouth	Female under 35	11:22.0	715
696	1:10:58	COOPER, Guy	Looe Pioneers	Male Vet 45-49	11:25.1	411
697	1:11:06	ADDERLEY, Danielle	Carn Runners	Female under 35	11:26.4	440
698	1:11:09	LATHAM, Donna	Bodmin Womens RC	Female Vet 40-44	11:26.8	44
699	1:11:11	SMALE, Lucy	East Cornwall Harriers	Female under 35	11:27.2	381
700	1:11:13	NEVILLE, Claire	Storm Running Plymouth	Female Vet 40-44	11:27.5	696
701	1:11:22	RICHARDS, Charlotte		Female Vet 40-44	11:28.9	485
702	1:11:23	HARVEY, Cheryl		Female Vet 45-49	11:29.1	496
703	1:11:23	MACKELLAR, Tracey	WalkRun NRR	Female Vet 40-44	11:29.1	594
704	1:11:25	POOK, Matt	Storm Running Plymouth	Male Vet 40-44	11:29.4	1685
705	1:11:34	CARDY, Michelle		Female Vet 45-49	11:30.9	497
706	1:11:42	GARRARD, David	Falmouth Road Runners	Male Vet 70-74	11:32.1	1642
707	1:11:43	MANSFIELD, Sara	Storm Running Plymouth	Female under 35	11:32.3	673
708	1:11:43	LOBB, Mark	Storm Running Plymouth	Male Vet 45-49	11:32.3	672
709	1:12:09	ROBERTS, Nigel	Falmouth Road Runners	Male Vet 35-39	11:36.5	1655
710	1:12:09	HALL, Emma	Storm Running Plymouth	Female under 35	11:36.5	1691
711	1:12:10	HARPER, Camille	Storm Running Plymouth	Female under 35	11:36.7	699
712	1:12:11	WHITRIDGE, Tilly	Cornwall AC	Female Vet 45-49	11:36.8	652
713	1:12:14	SALLOWS, Lorraine	Looe Pioneers	Female Vet 45-49	11:37.3	405
714	1:12:16	BLUNDEN, Emma	Storm Running Plymouth	Female under 35	11:37.6	1687
715	1:12:16	PERRY, Rachel	Storm Running Plymouth	Female under 35	11:37.6	670
716	1:12:17	HOLLADAY, Michelle	WalkRun NRR	Female Vet 40-44	11:37.8	590
717	1:12:21	TRERISE, Catherine	Cornwall AC	Female Vet 45-49	11:38.4	651
718	1:12:21	THOMAS, Kathryn	Cornwall AC	Female Vet 40-44	11:38.4	647
719	1:12:23	MURLEY, Louise	Mounts Bay Harriers	Female Vet 50-54	11:38.7	581
720	1:12:32	BATEMAN, Collette	Mounts Bay Harriers	Female Vet 35-39	11:40.2	558
721	1:12:42	GREGORY, Julie	Looe Pioneers	Female Vet 45-49	11:41.8	410
722	1:13:08	SAVAGE, Suzy	Hayle Runners	Female under 35	11:46.0	302
723	1:13:08	WRIGHT, Mike	Hayle Runners	Male Vet 65-69	11:46.0	213
724	1:13:30	CAREY, Leigh-Anne		Female under 35	11:49.5	348
725	1:13:36	COOKE-DAVIES, Louise	WalkRun NRR	Female Vet 45-49	11:50.5	419
726	1:13:50	RYAN, Emily		Female under 35	11:52.7	1676
727	1:13:55	WILLIAMS, Darren	Plymouth Musketeers	Male Vet 40-44	11:53.5	54
728	1:13:58	KINSMAN, Nic	Storm Running Plymouth	Male Vet 35-39	11:54.0	711

729	1:14:18	WYATT, Liz	St Austell Running Club	Female Vet 45-49	11:57.2	162
730	1:14:23	RYAN, Christine		Female Vet 55-59	11:58.1	1677
731	1:14:26	BLIGHT, Mandy	St Austell Running Club	Female Vet 60-64	11:58.5	156
732	1:14:26	WEBBER, Sharon	St Austell Running Club	Female Vet 45-49	11:58.5	171
733	1:14:41	VISICK, Sarah	Looe Pioneers	Female Vet 45-49	12:00.9	399
734	1:14:45	PRISK, Sennen	Mounts Bay Harriers	Female Vet 40-44	12:01.6	72
735	1:15:30	BAXTER, Karen		Female Vet 40-44	12:08.8	175
736	1:15:31	MORRISSEY, Angela	Bodmin Womens RC	Female Vet 50-54	12:09.0	89
737	1:15:31	ARCHER, Helen	Bodmin Womens RC	Female Vet 50-54	12:09.0	208
738	1:16:10	DAVIS, Sarah	Storm Running Plymouth	Female under 35	12:15.3	685
739	1:16:10	JONES, Shontelle	Storm Running Plymouth	Female under 35	12:15.3	675
740	1:16:10	POWELL, Matt	Storm Running Plymouth	Male Vet 45-49	12:15.3	686
741	1:16:45	COLLINGS, Fiona	Bodmin Womens RC	Female Vet 45-49	12:20.9	82
742	1:16:50	SLATEFORD, Nicola	St Austell Running Club	Female Vet 50-54	12:21.7	132
743	1:18:18	MCNEVIN, Iva	Mounts Bay Harriers	Female Vet 60-64	12:35.9	530
744	1:18:42	GOODMAN, Emma	Falmouth Road Runners	Female Vet 45-49	12:39.7	1643
745	1:19:00	KINSMAN, Nays	Storm Running Plymouth	Male Vet 35-39	12:42.6	712
746	1:19:12	BARNES, Sarah	Launceston Road Runners	Female Vet 45-49	12:44.6	51
747	1:19:59	WESTLAKE, Louisa	Storm Running Plymouth	Female Vet 40-44	12:52.1	1699
748	1:19:59	RICHARDS, Cheri	Storm Running Plymouth	Female under 35	12:52.1	703
749	1:20:03	FORD, Rosie	Bodmin Womens RC	Female under 35	12:52.8	64
750	1:20:19	PARSONS, Janet	Bodmin Womens RC	Female Vet 50-54	12:55.3	45
751	1:20:22	GORTON, Mandy		Female Vet 45-49	12:55.8	92
752	1:20:33	MOORE-DUNSTAN, Danielle	St Austell Running Club	Female Vet 35-39	12:57.6	169
753	1:20:37	THOMAS, Emma	St Austell Running Club	Female Vet 35-39	12:58.2	168
754	1:21:14	BARNES, Sarah	Storm Running Plymouth	Female Vet 35-39	13:04.2	1690
755	1:21:15	ROSE, Carly-ann	Storm Running Plymouth	Female under 35	13:04.3	1692
756	1:21:16	WILLCOCK, Louise		Female Vet 45-49	13:04.5	190
757	1:21:29	BRAIDEN, Elizabeth		Female Vet 50-54	13:06.6	6
758	1:22:35	CRABBE, Patricia	Storm Running Plymouth	Female Vet 45-49	13:17.2	702
759	1:22:51	DEAR, Anne	Bodmin Womens RC	Female Vet 50-54	13:19.8	49
760	1:23:45	LOCKE, Hayley	Storm Running Plymouth	Female under 35	13:28.5	677
761	1:23:45	BUSFIELD, Gemma	Storm Running Plymouth	Female Vet 35-39	13:28.5	694
762	1:23:45	SMOUT, April	Storm Running Plymouth	Female under 35	13:28.5	701
763	1:23:48	BLUNDELL, Helen	Storm Running Plymouth	Female under 35	13:29.0	13
764	1:23:48	AMBROSE, Helen	Storm Running Plymouth	Female Vet 40-44	13:29.0	693
765	1:23:48	FOX, Kim	Storm Running Plymouth	Female Vet 45-49	13:29.0	1693
766	1:27:10	ORPWOOD, Jenny	Mounts Bay Harriers	Female Vet 50-54	14:01.5	527
767	1:31:06	DAYKIN, Jessica	Storm Running Plymouth	Female under 35	14:39.4	1697
768	1:31:06	WESTELL, Ashlie	Storm Running Plymouth	Female under 35	14:39.4	695
769	1:33:55	WHITE, Christine	Falmouth Road Runners	Female Vet 70-74	15:06.6	1663