

1	0:39:47	SNOOK, Colin	Cornwall AC	Male Vet 40-44	05:40.9
2	0:41:43	THOMAS, Justin	Cornwall AC	Male Vet 40-44	05:57.5
3	0:41:56	WHEAR, Paul	Cornwall AC	Male Vet 45-49	05:59.3
4	0:42:37	SMITH, Paul	Cornwall AC	Male Vet 40-44	06:05.2
5	0:42:39	COSTELLO, Daniel	Hayle Runners	Male under 35	06:05.5
6	0:42:48	BENNEY, Aaron	Mile High	Male Vet 35-39	06:06.7
7	0:44:04	HILL, Steven	Plymouth Harriers	Male Vet 40-44	06:17.6
8	0:44:09	MCWILLIAMS, John	Mounts Bay Harriers	Male under 35	06:18.3
9	0:44:45	COURTNEY-PINN, Bradley	Truro Running Club	Male under 35	06:23.5
10	0:44:58	ABRAHAM, Scott	Hayle Runners	Male Vet 40-44	06:25.3
11	0:45:07	STEPTO, Emma	Cornwall AC	Female Vet 45-49	06:26.6
12	0:45:13	WEBSTER, Mark	Cornwall AC	Male under 35	06:27.5
13	0:45:30	SOLE, Paul	Cornwall AC	Male Vet 35-39	06:29.9
14	0:45:31	EASTERBROOK, Roger	Teignbridge Trotters	Male Vet 40-44	06:30.0
15	0:45:54	HORN, Edward	Launceston Road Runners	Male under 35	06:33.3
16	0:46:12	PEYTON-JONES, Alex	Plymouth Harriers	Male Vet 35-39	06:35.9
17	0:46:19	ATTWOOD, Luke	Tamar Trotters	Male under 35	06:36.9
18	0:46:21	YEO, Simon	Tamar Trotters	Male under 35	06:37.2
19	0:46:24	BARNET, James	Falmouth Road Runners	Male under 35	06:37.6
20	0:46:34	GREGG, Paul	Tamar Trotters	Male Vet 50-54	06:39.0
21	0:46:35	BARKER, Christopher		Male under 35	06:39.2
22	0:46:41	FITZE, Simon	Tamar Trotters	Male Vet 40-44	06:40.0
23	0:47:16	SARA, Wayne	Truro Running Club	Male Vet 35-39	06:45.0
24	0:47:19	DITTY, Graham	Mile High	Male under 35	06:45.5
25	0:47:24	SMERDON, Marc	East Cornwall Harriers	Male under 35	06:46.2
26	0:47:31	KNOWLES, Simon	Hayle Runners	Male Vet 40-44	06:47.2
27	0:47:35	PORTER, Ed	Plymouth Harriers	Male under 35	06:47.7
28	0:47:54	WOODARD, Kevin	Teignbridge Trotters	Male under 35	06:50.5
29	0:48:08	LYNCH, Mark	Tamar Trotters	Male Vet 45-49	06:52.5
30	0:48:15	MASTERS, Jamie	St Austell Running Club	Male under 35	06:53.5
31	0:48:26	DAVIES, James	Truro Running Club	Male under 35	06:55.0
32	0:48:30	WILLIAMS, Marcus		Male Vet 40-44	06:55.6
33	0:49:10	BARRETT, Chris	Truro Running Club	Male Vet 40-44	07:01.3
34	0:49:43	AKED, John		Male Vet 35-39	07:06.0
35	0:49:46	HALL, Craig	Carn Runners	Male Vet 40-44	07:06.5
36	0:49:56	CARDEW, Barrie	Carn Runners	Male Vet 55-59	07:07.9
37	0:50:06	BUSCOMBE, Jessica	St Austell Running Club	Female under 35	07:09.3
38	0:50:30	LEE, Laurie	St Austell Running Club	Male Vet 55-59	07:12.7
39	0:50:35	EVANS, Darren	Launceston Road Runners	Male under 35	07:13.4
40	0:50:44	SWIFT, Nigel	Newquay Road Runners	Male Vet 35-39	07:14.7
41	0:51:02	FLETCHER, Steve	Plymouth Harriers	Male under 35	07:17.3
42	0:51:14	JOHNSON, Jeanette	Launceston Road Runners	Female Vet 50-54	07:19.0
43	0:51:14	WEBB, Douglas	Plymouth Harriers	Male under 35	07:19.0
44	0:51:16	HUMPHREY, Thomas	Plymouth Harriers	Male under 35	07:19.3
45	0:51:20	TOMES, Pete	Storm Running Plymouth	Male Vet 35-39	07:19.9
46	0:51:31	DAVIS, Glynn	Carn Runners	Male Vet 50-54	07:21.4
47	0:51:51	ABBOTT, Brian	St Austell Running Club	Male Vet 50-54	07:24.3
48	0:51:53	SMITH, Justin	Plymouth Harriers	Male Vet 35-39	07:24.6
49	0:52:00	RENDLE, Steve	Newquay Road Runners	Male Vet 45-49	07:25.6
50	0:52:06	PETERSON, Guy	Tamar Trotters	Male Vet 45-49	07:26.4
51	0:52:20	WALLER, Anne	Mounts Bay Harriers	Female Vet 45-49	07:28.4
52	0:52:29	ANDREWARTHA, David	Bude Rats	Male under 35	07:29.7
53	0:52:33	ULLMAN, Chris	East Cornwall Harriers	Male Vet 45-49	07:30.3
54	0:52:34	HANSEN, Mike	Erme Valley Harriers	Male Vet 55-59	07:30.4
55	0:52:48	PICKERING, Stuart	Hayle Runners	Male Vet 50-54	07:32.4
56	0:52:56	MULLANS, Jody	Tamar Trotters	Male Vet 40-44	07:33.6
57	0:53:01	ROBERTS, Malcolm	St Austell Running Club	Male Vet 60-64	07:34.3

58	0:53:15	SMITH, Nicola	St Austell Running Club	Female under 35	07:36.3
59	0:53:24	HERDMAN, Allan	Tavistock AC	Male Vet 60-64	07:37.6
60	0:53:37	BAILEY, Ross	Plymouth Harriers	Male Vet 35-39	07:39.4
61	0:53:44	CROWLE, Revis	East Cornwall Harriers	Female Vet 50-54	07:40.4
62	0:53:59	DOYLE, Marc	East Cornwall Harriers	Male Vet 35-39	07:42.6
63	0:54:05	MURRAY, Emma	St Austell Running Club	Female Vet 50-54	07:43.4
64	0:54:06	BERRY, Daniel		Male under 35	07:43.6
65	0:54:07	MAMUREKLI, Cansu	Storm Running Plymouth	Female under 35	07:43.7
66	0:54:14	MILBOURN, Lloyd		Male under 35	07:44.7
67	0:54:18	HUNTER, Robin		Male under 35	07:45.3
68	0:54:19	SMITH, Ed	Plymouth Harriers	Male under 35	07:45.4
69	0:54:19	HEWLETT, Darren		Male under 35	07:45.4
70	0:54:22	SOLE, John	Bodmin Road Runners	Male Vet 35-39	07:45.9
71	0:54:27	COOMBES, Elizabeth	Plymouth Harriers	Female under 35	07:46.6
72	0:54:28	GILL, James	Tamar Trotters	Male under 35	07:46.7
73	0:54:34	ARROWSMITH, Paul	East Cornwall Harriers	Male Vet 35-39	07:47.6
74	0:54:36	MANNING, James	Hayle Runners	Male Vet 35-39	07:47.9
75	0:54:39	LITTLEWOOD, Ian	East Cornwall Harriers	Male Vet 35-39	07:48.3
76	0:54:41	CAVES, Matt	Tamar Trotters	Male under 35	07:48.6
77	0:54:44	CROWLE, Ian		Male Vet 55-59	07:49.0
78	0:55:00	O'SHEA, Steve	Mud Crew Trail Runners	Male Vet 55-59	07:51.3
79	0:55:16	MILLWARD, Andy	Carn Runners	Male Vet 55-59	07:53.6
80	0:55:17	NUGENT, Debbie	Carn Runners	Female Vet 50-54	07:53.7
81	0:55:19	COX, Daniel		Male under 35	07:54.0
82	0:55:25	CLEWLEY, Daniel		Male under 35	07:54.9
83	0:55:26	SKINNER, Derek	Teignbridge Trotters	Male Vet 50-54	07:55.0
84	0:55:36	SMITH, Richard	Plymouth Harriers	Male Vet 40-44	07:56.4
85	0:55:37	WATERS, Claire	Launceston Road Runners	Female Vet 45-49	07:56.6
86	0:55:42	ROGERS, Laura	Cornwall AC	Female under 35	07:57.3
87	0:55:45	LEETON, Russell	Launceston Road Runners	Male Vet 45-49	07:57.7
88	0:55:50	WITHAM, Neville	Cornwall AC	Male Vet 60-64	07:58.4
89	0:56:03	JAYCOCK, Nathan		Male under 35	08:00.3
90	0:56:17	MAVIN, Daniel		Male under 35	08:02.3
91	0:56:31	HUNNINGS, Luke		Male under 35	08:04.3
92	0:56:38	CHANNON, Lee	Cornwall AC	Male Vet 40-44	08:05.3
93	0:56:40	DAVIES, Richard	Newquay Road Runners	Male Vet 45-49	08:05.6
94	0:56:42	BRADNER, Crispin	Tamar Trotters	Male Vet 45-49	08:05.9
95	0:56:42	TUCKER, David	Tamar Trotters	Male Vet 35-39	08:05.9
96	0:56:47	SPENCER, Julian		Male Vet 45-49	08:06.6
97	0:56:53	RICHARDS, Stuart	St Austell Running Club	Male Vet 40-44	08:07.4
98	0:56:54	TULLY, Wayne	Carn Runners	Male under 35	08:07.6
99	0:56:56	WOODWARD, Kieran	Plymouth Musketeers	Male under 35	08:07.9
100	0:56:57	WILSON, Chris		Male Vet 45-49	08:08.0
101	0:57:00	WATSON, Gary	Teignbridge Trotters	Male Vet 55-59	08:08.4
102	0:57:09	DAY, James		Male under 35	08:09.7
103	0:57:11	SHARPLES, Paul	Teignbridge Trotters	Male Vet 60-64	08:10.0
104	0:57:17	GREGG, Louise	Tamar Trotters	Female Vet 45-49	08:10.9
105	0:57:24	JOSE, Amy	Hayle Runners	Female under 35	08:11.9
106	0:57:38	ALLEN, Peter	Newquay Road Runners	Male Vet 55-59	08:13.9
107	0:57:54	TREVENA, Nigel	Cornwall AC	Male Vet 45-49	08:16.2
108	0:57:56	ZURAWIK, Jaroslaw		Male under 35	08:16.4
109	0:57:58	SKEPLORN, James	Truro Running Club	Male Vet 35-39	08:16.7
110	0:58:01	WIDDICOMBE, Graydon	Teignbridge Trotters	Male Vet 40-44	08:17.2
111	0:58:09	FRITH, Anthony		Male Vet 45-49	08:18.3
112	0:58:11	CUTLAN, James	St Austell Running Club	Male under 35	08:18.6
113	0:58:13	CROSSLEY, Ian	Erme Valley Harriers	Male Vet 45-49	08:18.9
114	0:58:17	JOHNS, Chris		Male Vet 45-49	08:19.4
115	0:58:33	LOCKETT, Pat	Newquay Road Runners	Male Vet 65-69	08:21.7
116	0:58:50	WILLIAMS, Kelly	Mounts Bay Harriers	Female under 35	08:24.2
117	0:58:54	GLENDINNING, Tom	Launceston Road Runners	Male under 35	08:24.7
118	0:58:57	ANGOVE, Paul	Mounts Bay Harriers	Male Vet 50-54	08:25.2

119	0:59:00	ALLBUTT, Gary		Male Vet 50-54	08:25.6
120	0:59:01	GOULD, Marie	Cornwall AC	Female Vet 40-44	08:25.7
121	0:59:23	COOPER, Shane	St Austell Running Club	Male under 35	08:28.9
122	0:59:24	BURNS, Julia	Hayle Runners	Female Vet 50-54	08:29.0
123	0:59:37	MACE, Stephen	Plymouth Musketeers	Male Vet 50-54	08:30.9
124	0:59:42	FOSTER, Mark	Plymouth Musketeers	Male Vet 40-44	08:31.6
125	0:59:44	ANDREWS, Mark	East Cornwall Harriers	Male Vet 55-59	08:31.9
126	0:59:46	TAYLOR, Catherine		Female under 35	08:32.1
127	0:59:48	DEZORZI, Dino	St Austell Running Club	Male Vet 45-49	08:32.4
128	0:59:49	HITCHENS, Wietske	Carn Runners	Female Vet 45-49	08:32.6
129	0:59:56	BUSH, Steve	Plymouth Musketeers	Male Vet 40-44	08:33.6
130	1:00:12	BURDEN, Brian		Male Vet 40-44	08:35.9
131	1:00:20	PEARCE, Julia	Cornwall AC	Female Vet 40-44	08:37.0
132	1:00:26	ELLIS, Andrew	Hayle Runners	Male Vet 40-44	08:37.9
133	1:00:29	JENKINS, Fred	Instinctive Sports	Male Vet 55-59	08:38.3
134	1:00:43	SARGENT, Pete	Newquay Road Runners	Male Vet 70-74	08:40.3
135	1:00:47	BRAY, Vivian	Cornwall AC	Male Vet 50-54	08:40.9
136	1:00:49	THOMAS, Rachael	Cornwall AC	Female Vet 40-44	08:41.1
137	1:00:55	MOORE, Kelly	Hayle Runners	Female under 35	08:42.0
138	1:00:59	TALLING, Glyn	Newquay Road Runners	Male Vet 45-49	08:42.6
139	1:01:01	KERSHAW, David	Hayle Runners	Male Vet 45-49	08:42.9
140	1:01:02	RYAN, Simon	Tamar Trotters	Male Vet 40-44	08:43.0
141	1:01:04	MURRANT, Kieran	Hayle Runners	Male under 35	08:43.3
142	1:01:20	FRANTZ, Derrick	Cornwall AC	Male Vet 45-49	08:45.6
143	1:01:22	STEPHENS, Richard		Male under 35	08:45.9
144	1:01:22	ARUNDEL, Jack	Storm Running Plymouth	Male under 35	08:45.9
145	1:01:27	WAUDBY-WEST, David		Male Vet 50-54	08:46.6
146	1:01:29	ORCHARD, Mike	Hayle Runners	Male Vet 55-59	08:46.9
147	1:01:31	MARTIN, Colin	Newquay Road Runners	Male Vet 60-64	08:47.1
148	1:01:37	BEARD, Robert	Bodmin Road Runners	Male Vet 50-54	08:48.0
149	1:01:42	LITTLEWOOD, Louise	East Cornwall Harriers	Female Vet 45-49	08:48.7
150	1:01:46	ANDREWS, Jim		Male Vet 50-54	08:49.3
151	1:02:05	ELSTONE, Meryl	Carn Runners	Female Vet 45-49	08:52.0
152	1:02:13	YEARLING, Michael		Male Vet 40-44	08:53.1
153	1:02:19	SZYMANSKI, Pawel	Launceston Road Runners	Male under 35	08:54.0
154	1:02:20	STARKIE, Andrew	Truro Running Club	Male Vet 35-39	08:54.1
155	1:02:30	BULLOCK, Katie	Newquay Road Runners	Female under 35	08:55.6
156	1:02:31	MARTIN, Steve	St Austell Running Club	Male Vet 40-44	08:55.7
157	1:02:44	WOODARD, Stephen	East Cornwall Harriers	Male Vet 55-59	08:57.6
158	1:02:51	GERRARD, Corrine	Hayle Runners	Female Vet 45-49	08:58.6
159	1:02:59	WISE, Rebecca	Launceston Road Runners	Female Vet 35-39	08:59.7
160	1:03:05	WARRINGTON, Trystan	St Austell Running Club	Male Vet 40-44	09:00.6
161	1:03:11	PASCOE, Anna	Carn Runners	Female under 35	09:01.4
162	1:03:12	COOPER, Ivan		Male Vet 55-59	09:01.6
163	1:03:36	PAGE, Julie	Bere Alston Trekkers	Female Vet 45-49	09:05.0
164	1:03:43	DALE, Steve	Newquay Road Runners	Male Vet 40-44	09:06.0
165	1:03:51	MOULSON, Stuart	Teignbridge Trotters	Male Vet 45-49	09:07.1
166	1:04:02	DUNCAN, Jeanette	Newquay Road Runners	Female Vet 55-59	09:08.7
167	1:04:05	LOBB, Mark		Male Vet 45-49	09:09.1
168	1:04:08	HEYWOOD, Peter	Looe Pioneers	Male Vet 70-74	09:09.6
169	1:04:26	WILLIAMS, Tracey		Female Vet 40-44	09:12.1
170	1:04:32	GIBSON, Amanda	Looe Pioneers	Female Vet 40-44	09:13.0
171	1:04:37	DREW, Peter	Carn Runners	Male Vet 65-69	09:13.7
172	1:04:41	ROBINS, Sara	Newquay Road Runners	Female under 35	09:14.3
173	1:04:43	ELLIOTT, Kathy	Newquay Road Runners	Female Vet 45-49	09:14.6
174	1:04:48	CHAPMAN, Peter	Carn Runners	Male Vet 60-64	09:15.3
175	1:04:51	LACKEY, Michael	Newquay Road Runners	Male Vet 45-49	09:15.7
176	1:04:55	LEAN, David	East Cornwall Harriers	Male Vet 55-59	09:16.3
177	1:04:57	PALMER, Colin	Storm Running Plymouth	Male under 35	09:16.6
178	1:05:03	ANDERSON, Jon	Plymouth Musketeers	Male Vet 45-49	09:17.4
179	1:05:19	GUMMOW, Katie	Looe Pioneers	Female Vet 35-39	09:19.7

180	1:05:22	FLETCHER, Stewart	Plymouth Musketeers	Male under 35	09:20.1
181	1:05:27	DOWN, Kirsty-Louise		Female under 35	09:20.9
182	1:05:30	SAUNDERS, Mike	Plymouth Musketeers	Male under 35	09:21.3
183	1:05:33	CAVES, Trevor		Male Vet 55-59	09:21.7
184	1:05:34	HORTON, Catherine	Falmouth Road Runners	Female Vet 40-44	09:21.9
185	1:05:45	TALLING, Lisa	Newquay Road Runners	Female Vet 45-49	09:23.4
186	1:05:48	PATTEN, Lucinda		Female under 35	09:23.9
187	1:06:00	LAPTHORNE, Robert		Male under 35	09:25.6
188	1:06:00	GOODRIGHT, Ray	East Cornwall Harriers	Male Vet 65-69	09:25.6
189	1:06:02	MARSHALL, Nigel	St Austell Running Club	Male Vet 40-44	09:25.9
190	1:06:09	HOATSON, Chloe	Plymouth Musketeers	Female Vet 35-39	09:26.9
191	1:06:11	HATREY, John		Male Vet 35-39	09:27.1
192	1:06:13	DAY, Jackie	Mud Crew Trail Runners	Female Vet 45-49	09:27.4
193	1:06:16	MCKEEVER, Alan	Instinctive Sports	Male Vet 50-54	09:27.9
194	1:06:16	WINNALL, Ian	Plymouth Musketeers	Male Vet 35-39	09:27.9
195	1:06:20	GRIFFITHS, Melvyn		Male Vet 35-39	09:28.4
196	1:06:20	LANE, Richard	Erme Valley Harriers	Male Vet 45-49	09:28.4
197	1:06:25	CROWLE, Jonathan	Truro Running Club	Male Vet 40-44	09:29.1
198	1:06:27	LOTON, Andrew	Tamar Trotters	Male Vet 35-39	09:29.4
199	1:06:31	HOCKEY, Michael	Plymouth Musketeers	Male Vet 35-39	09:30.0
200	1:06:33	KENT, Mele	Newquay Road Runners	Female Vet 40-44	09:30.3
201	1:06:36	TAYLOR, Sue	Mounts Bay Harriers	Female Vet 60-64	09:30.7
202	1:06:59	WERRAN, Louise	Launceston Road Runners	Female Vet 40-44	09:34.0
203	1:07:06	GIBBONS, Alex		Male under 35	09:35.0
204	1:07:06	RICKARD, Annette		Female Vet 40-44	09:35.0
205	1:07:09	HASTINGS, Christopher	Plymouth Coasters	Male under 35	09:35.4
206	1:07:17	O'SHEA, Tina	Mud Crew Trail Runners	Female Vet 50-54	09:36.6
207	1:07:25	BREAKWELL, Curtis	Hayle Runners	Male under 35	09:37.7
208	1:07:29	ELLIS, Alistair		Male Vet 35-39	09:38.3
209	1:07:34	TAYLOR, Sam		Male under 35	09:39.0
210	1:07:40	PAYNE, Holly	St Austell Running Club	Female under 35	09:39.9
211	1:07:40	OSWALD, Gary		Male Vet 60-64	09:39.9
212	1:07:50	CAULFIELD, Paul	Tamar Trotters	Male Vet 50-54	09:41.3
213	1:07:53	WARNE, Hannah		Female under 35	09:41.7
214	1:08:09	NORRIS, Chris	Launceston Road Runners	Male Vet 40-44	09:44.0
215	1:08:13	ELLISON, Eleanor	Newquay Road Runners	Female Vet 60-64	09:44.6
216	1:08:29	COOPER, Jonathan		Male Vet 40-44	09:46.9
217	1:08:35	MCKENZIE, Tracy	Newquay Road Runners	Female Vet 35-39	09:47.7
218	1:08:37	KINCH, Marc		Male Vet 45-49	09:48.0
219	1:08:40	NETTING, Edwin		Male Vet 35-39	09:48.4
220	1:08:45	HANSEN, Carol	Erme Valley Harriers	Female Vet 50-54	09:49.1
221	1:08:47	COWBURN, Sarah		Female Vet 40-44	09:49.4
222	1:08:48	WOODFINE-BEARD, Kelly	Newquay Road Runners	Female Vet 35-39	09:49.6
223	1:08:49	PITMAN, Vinny	Tamar Trotters	Male Vet 50-54	09:49.7
224	1:09:02	MCHALE, Phil	Tamar Trotters	Male Vet 55-59	09:51.6
225	1:09:02	WATERFALL, Ian	Tamar Trotters	Male Vet 45-49	09:51.6
226	1:09:18	DEMOSTHENOU, Nikki		Female Vet 45-49	09:53.8
227	1:09:22	GARRAGHTY, Dave	Lincoln & District	Male Vet 40-44	09:54.4
228	1:09:30	PIPET, Martin	Bodmin Road Runners	Male Vet 40-44	09:55.6
229	1:09:36	WILSON, Laura		Female under 35	09:56.4
230	1:09:50	SWIFT, Sarah	Launceston Road Runners	Female under 35	09:58.4
231	1:09:52	RUSS, Phil		Male Vet 50-54	09:58.7
232	1:09:54	MATTHAMS, David		Male Vet 50-54	09:59.0
233	1:10:13	EDWARDS, Neil		Male Vet 35-39	10:01.7
234	1:10:13	GALE, Dave		Male Vet 50-54	10:01.7
235	1:10:15	HOARE, Cheryl		Female Vet 40-44	10:02.0
236	1:10:16	WILLIAMS, Matt		Male under 35	10:02.1
237	1:10:18	GARDINER, Michelle		Female under 35	10:02.4
238	1:10:21	MARSHALL, Debbie	St Austell Running Club	Female Vet 40-44	10:02.8
239	1:10:25	ROSKILLY, Michelle	Hayle Runners	Female Vet 45-49	10:03.4
240	1:10:26	COZENS, Hayley	Plymouth Harriers	Female under 35	10:03.6

241	1:10:31	CRABB, Sally	Looe Pioneers	Female Vet 40-44	10:04.3
242	1:10:35	STUTHRIDGE, Helen	St Austell Running Club	Female Vet 45-49	10:04.8
243	1:10:37	WILLIS, Katharine		Female Vet 40-44	10:05.1
244	1:10:42	WILKINS, Rebecca		Female under 35	10:05.8
245	1:10:47	BULLOCK, Matthew	Tamar Trotters	Male Vet 40-44	10:06.6
246	1:10:55	RINGER, Ian	Bodmin Road Runners	Male Vet 65-69	10:07.7
247	1:10:55	GARD, Michael		Male Vet 55-59	10:07.7
248	1:10:59	LAMMERS, Wiebke	Falmouth Road Runners	Female Vet 40-44	10:08.3
249	1:11:00	WAUDBY-WEST, Felix		Male under 35	10:08.4
250	1:11:03	WILLIAMS, Lisa	Plymouth Musketeers	Female Vet 35-39	10:08.8
251	1:11:06	CARVETH, Debbie	Hayle Runners	Female Vet 40-44	10:09.3
252	1:11:18	BOWMAN, Sharon	Teignbridge Trotters	Female Vet 50-54	10:11.0
253	1:11:19	BARRIBALL, Julie	Launceston Road Runners	Female Vet 50-54	10:11.1
254	1:11:36	BOWKER, Rachel	Hayle Runners	Female Vet 45-49	10:13.6
255	1:11:39	PASKINS, Paul	Plymouth Harriers	Male Vet 55-59	10:14.0
256	1:12:00	PAYNE, Lucy		Female Vet 60-64	10:17.0
257	1:12:14	COPE, Jackie	Falmouth Road Runners	Female Vet 60-64	10:19.0
258	1:12:16	WILTON, David	Falmouth Road Runners	Male Vet 60-64	10:19.3
259	1:12:19	GREEN, Julie	Carn Runners	Female Vet 50-54	10:19.7
260	1:12:30	DYER, Paul		Male Vet 35-39	10:21.3
261	1:12:32	LILLIS, John	Newquay Road Runners	Male Vet 70-74	10:21.6
262	1:12:36	POLLARD, Simon		Male Vet 35-39	10:22.1
263	1:12:42	BETTEY, Denise	Instinctive Sports	Female under 35	10:23.0
264	1:12:51	JOHNS, Darren	Truro Running Club	Male Vet 40-44	10:24.3
265	1:13:00	LAMERTON, Maggie	Plymouth Musketeers	Female Vet 40-44	10:25.6
266	1:13:00	SAUNTER, Jenny	Bodmin Womens RC	Female Vet 50-54	10:25.6
267	1:13:02	BILLINGTON, Melanie	Hayle Runners	Female Vet 45-49	10:25.8
268	1:13:24	RALLS, Patsy	St Austell Running Club	Female Vet 50-54	10:29.0
269	1:13:31	BARRETT, Simon	Instinctive Sports	Male Vet 55-59	10:30.0
270	1:13:35	LEE, Lucy		Female Vet 40-44	10:30.6
271	1:13:37	JAMIESON, Sandy	Carn Runners	Female Vet 60-64	10:30.8
272	1:13:48	STEEMSON, Kathryn	Teignbridge Trotters	Female Vet 40-44	10:32.4
273	1:13:55	POWELL, Cherry	Plymouth Musketeers	Female Vet 50-54	10:33.4
274	1:13:59	HIBBERT, Vic	Plymouth Musketeers	Male Vet 60-64	10:34.0
275	1:14:26	MILLS, Carl		Male Vet 40-44	10:37.8
276	1:14:30	SPICER, Caren		Female Vet 45-49	10:38.4
277	1:14:46	TAMBLYN, Sharon	Bodmin Womens RC	Female Vet 50-54	10:40.7
278	1:14:52	SPEAKE, Georgina	St Austell Running Club	Female Vet 35-39	10:41.6
279	1:15:11	DAVISON, Mick	Newquay Road Runners	Male Vet 40-44	10:44.3
280	1:15:14	CAFF, Wayne	Newquay Road Runners	Male Vet 40-44	10:44.7
281	1:15:17	MCFADDEN, Tracy	Bodmin Womens RC	Female Vet 50-54	10:45.1
282	1:15:21	PROUDFOOT, Julia	Plymouth Coasters	Female Vet 50-54	10:45.7
283	1:15:22	CAUNTER, Tina	Teignbridge Trotters	Female Vet 55-59	10:45.8
284	1:15:23	GOATMAN, Charlotte	Bodmin Womens RC	Female under 35	10:46.0
285	1:15:23	THOMAS, Louise	Bodmin Womens RC	Female under 35	10:46.0
286	1:15:29	NEWMAN, James	Plymouth Musketeers	Male under 35	10:46.8
287	1:15:35	DAY, Amy	Plymouth Musketeers	Female under 35	10:47.7
288	1:15:39	ROWSELL, John		Male Vet 35-39	10:48.3
289	1:15:44	NOBLE, Tracey	Tamar Trotters	Female Vet 45-49	10:49.0
290	1:15:44	JAMESON, Judy	Carn Runners	Female Vet 55-59	10:49.0
291	1:15:44	MACK, Mike	Carn Runners	Male Vet 65-69	10:49.0
292	1:15:47	BEARD, Sharon	Bodmin Road Runners	Female Vet 40-44	10:49.4
293	1:15:50	MILLWARD, Laura	Carn Runners	Female Vet 50-54	10:49.8
294	1:15:53	KENNY, Georgina		Female under 35	10:50.3
295	1:15:53	WATTS, Ben		Male Vet 35-39	10:50.3
296	1:16:35	TONKINS, Richard	St Austell Running Club	Male Vet 45-49	10:56.3
297	1:16:57	SMITH, Jenny		Female Vet 35-39	10:59.4
298	1:16:57	GODFREY, Catherine	Tamar Trotters	Female Vet 45-49	10:59.4
299	1:17:39	CAULFIELD, Trudy	Tamar Trotters	Female Vet 45-49	11:05.4
300	1:17:40	GREAVES, Alison	Bere Alston Trekkers	Female Vet 35-39	11:05.6
301	1:17:40	BIRCH, Lisa	Bere Alston Trekkers	Female Vet 45-49	11:05.6

302	1:17:41	MORGAN, Frances	Bere Alston Trekkers	Female Vet 50-54	11:05.7
303	1:17:43	PRUTTON, Kelly	Looe Pioneers	Female under 35	11:06.0
304	1:17:55	BRENNAN, Rachel	St Austell Running Club	Female under 35	11:07.7
305	1:18:00	JOHNSON, Bevan		Male Vet 40-44	11:08.4
306	1:18:26	NEIL, Jennifer	Plymouth Coasters	Female under 35	11:12.1
307	1:18:39	PADDON, Alison		Female Vet 50-54	11:14.0
308	1:18:39	ANTOLIC, Samantha		Female Vet 40-44	11:14.0
309	1:18:58	EVANS, Des	Newquay Road Runners	Male Vet 65-69	11:16.7
310	1:18:59	KAYE, Emma	Newquay Road Runners	Female under 35	11:16.8
311	1:18:59	MAURIER, Wesley		Male under 35	11:16.8
312	1:19:12	SETTINGTON, Julian	Bere Alston Trekkers	Male Vet 50-54	11:18.7
313	1:19:23	RICKWOOD, Sally		Female Vet 40-44	11:20.3
314	1:19:37	WIERNY, Szymon		Male Vet 35-39	11:22.3
315	1:19:47	HIRST, Sarah		Female Vet 35-39	11:23.7
316	1:20:02	SCOTT, Rachel	Plymouth Musketeers	Female Vet 45-49	11:25.8
317	1:20:10	DRANSFIELD, George		Male Vet 75+	11:27.0
318	1:20:11	SWEETNAM, Jim	Hayle Runners	Male Vet 35-39	11:27.1
319	1:20:21	PEARCE, Deborah	Hayle Runners	Female Vet 45-49	11:28.5
320	1:20:28	PHILLIPS, Claire		Female Vet 40-44	11:29.5
321	1:20:32	IACONIANNI, Gennara	St Austell Running Club	Female under 35	11:30.1
322	1:20:32	BOWDEN, Geraldine	Looe Pioneers	Female Vet 55-59	11:30.1
323	1:20:46	BOWDEN, John	Looe Pioneers	Male Vet 55-59	11:32.1
324	1:20:54	TRICKER, Kate		Female under 35	11:33.3
325	1:21:15	MAYWOOD, Bryan	Looe Pioneers	Male Vet 50-54	11:36.3
326	1:21:31	CORDNER, David		Male Vet 45-49	11:38.5
327	1:21:49	PRESCOTT, Kay	St Austell Running Club	Female Vet 40-44	11:41.1
328	1:21:50	PAYNE, Rod		Male Vet 60-64	11:41.3
329	1:21:53	SHAPLAND, Ron	Newquay Road Runners	Male Vet 70-74	11:41.7
330	1:22:02	RALLS, David	St Austell Running Club	Male Vet 50-54	11:43.0
331	1:22:08	BEAZLEY, Steve	East Cornwall Harriers	Male Vet 55-59	11:43.8
332	1:22:17	WILSON, Dawn		Female Vet 50-54	11:45.1
333	1:22:20	BARRETT, Liz	St Austell Running Club	Female Vet 55-59	11:45.5
334	1:22:39	CARTER, Catherine		Female Vet 50-54	11:48.3
335	1:22:48	DALTON, Martin	Falmouth Road Runners	Male Vet 65-69	11:49.5
336	1:23:20	MASON, Susan	Tamar Trotters	Female Vet 65-69	11:54.1
337	1:23:26	BURNS, Donna		Female Vet 35-39	11:55.0
338	1:23:27	WILSON, Sam		Male under 35	11:55.1
339	1:23:34	JENKIN, Jacqueline	Cornwall AC	Female Vet 65-69	11:56.1
340	1:23:35	JENKIN, Richard	Cornwall AC	Male Vet 70-74	11:56.3
341	1:23:41	THORNE, Brenda		Female Vet 55-59	11:57.1
342	1:24:41	DOUGHTY, Louise	Tamar Trotters	Female Vet 50-54	12:05.7
343	1:24:54	HORNER, Tipichar		Female Vet 45-49	12:07.5
344	1:25:14	MARTIN, Jacqui	St Austell Running Club	Female Vet 45-49	12:10.4
345	1:25:14	ADAMS, Hannah	St Austell Running Club	Female Vet 35-39	12:10.4
346	1:25:15	ADAMS, Tim	St Austell Running Club	Male Vet 45-49	12:10.5
347	1:25:35	ANDERSON, Mandy		Female Vet 45-49	12:13.4
348	1:26:31	WADE, Margaret	Carn Runners	Female Vet 60-64	12:21.4
349	1:27:25	HORNER, Charles		Male Vet 50-54	12:29.1
350	1:27:35	HOGG, Lorna	St Austell Running Club	Female Vet 45-49	12:30.5
351	1:27:35	SMITH, Mandy	St Austell Running Club	Female Vet 55-59	12:30.5
352	1:28:07	CAFF, Jane	Newquay Road Runners	Female Vet 55-59	12:35.1
353	1:28:49	TREWEEK, Paul	Truro Running Club	Male Vet 55-59	12:41.1
354	1:30:38	MARSH, Kathryn	Carn Runners	Female Vet 40-44	12:56.7
355	1:30:38	HALL, Zoe	Carn Runners	Female Vet 45-49	12:56.7
356	1:30:47	DAVIES, Tara		Female Vet 40-44	12:58.0
357	1:30:50	SLATER, Kirstie	Truro Running Club	Female Vet 40-44	12:58.4
358	1:31:04	FOX, Andrew		Male Vet 60-64	13:00.4
359	1:31:04	BURT, Jo		Female Vet 40-44	13:00.4
360	1:31:07	PERRY, Rachel	Storm Running Plymouth	Female under 35	13:00.8
361	1:31:07	SHERRIFF, Amanda	Storm Running Plymouth	Female Vet 45-49	13:00.8
362	1:31:07	LIZUT, Bianca	Storm Running Plymouth	Female Vet 40-44	13:00.8

363	1:31:30	RUSSELL, Claire		Female under 35	13:04.1
364	1:31:57	TAPHOUSE, Lesley	Bodmin Road Runners	Female Vet 50-54	13:08.0
365	1:33:37	DUKE, Jan	Tamar Trotters	Male Vet 65-69	13:22.2
366	1:33:38	RYAN, Karen	Tamar Trotters	Female Vet 40-44	13:22.4
367	1:34:11	WILSON, Peter	Tamar Trotters	Male Vet 50-54	13:27.1
368	1:34:22	EASTERBROOK, Liz	Mounts Bay Harriers	Female Vet 65-69	13:28.7
369	1:35:38	MATTHEWS, William		Male Vet 40-44	13:39.5
370	1:35:40	ROBERTS, Nigel	Falmouth Road Runners	Male Vet 35-39	13:39.8
371	1:36:06	HADFIELD-BENNETT, Penny	Plymouth Harriers	Female Vet 45-49	13:43.5
372	1:36:06	BAXTER, Hollie	Plymouth Harriers	Female under 35	13:43.5
373	1:36:06	JOHNSON, Andrea	Plymouth Harriers	Female Vet 40-44	13:43.5
374	1:36:32	SROCZYNSKI, Jan	East Cornwall Harriers	Male Vet 65-69	13:47.2
375	1:36:40	NEAL, Steve	Plymouth Musketeers	Male Vet 55-59	13:48.4
376	1:38:18	WEBBER, Sharon	St Austell Running Club	Female Vet 40-44	14:02.4
377	1:38:18	BLIGHT, Mandy	St Austell Running Club	Female Vet 60-64	14:02.4
378	1:38:25	HEWLETT-ELLIOTT, Aimi		Female under 35	14:03.4
379	1:47:17	SLATEFORD, Nicola	St Austell Running Club	Female Vet 50-54	15:19.4
380	1:47:17	WYATT, Liz	St Austell Running Club	Female Vet 45-49	15:19.4
381	1:58:29	COURTS, Victoria		Female under 35	16:55.3
382	2:00:20	SYMONS, Marcus		Male Vet 65-69	17:11.2