

1	1:01:47	THOMAS, Justin	Cornwall AC	Male Vet 40-44	06:10.6
2	1:02:20	SMERDON, Marc	East Cornwall Harriers	Male under 35	06:13.9
3	1:02:24	CULLINGFORD, Declan		Male under 35	06:14.3
4	1:03:29	JONES, Oliver	East Cornwall Harriers	Male Vet 40-44	06:20.8
5	1:05:31	ROBINSON, Tim	Launceston Road Runners	Male under 35	06:33.0
6	1:07:04	ORCHARD, Darren	St Petrocs Dragons Tri Club	Male Vet 40-44	06:42.3
7	1:07:19	SAWFORD, Paul	Carn Runners	Male Vet 45-49	06:43.8
8	1:08:01	BARNET, James	Falmouth Road Runners	Male under 35	06:48.0
9	1:08:30	WEBSTER, Mark	Cornwall AC	Male under 35	06:50.9
10	1:08:35	DOWRICK, Mike	Cornwall AC	Male Vet 40-44	06:51.4
11	1:08:40	BRYDON, James	Bodmin Road Runners	Male under 35	06:51.9
12	1:08:45	HALL, Craig	Carn Runners	Male Vet 40-44	06:52.4
13	1:10:33	WILLIAMS, Marcus		Male Vet 35-39	07:03.2
14	1:10:41	WHITFORD, Andrew		Male Vet 50-54	07:04.0
15	1:10:58	RICHARDS, Gary	Carn Runners	Male Vet 45-49	07:05.7
16	1:11:03	CARDEW, Barrie	Carn Runners	Male Vet 55-59	07:06.2
17	1:11:21	WYKES, Isobel	Truro Running Club	Female Vet 35-39	07:08.0
18	1:13:04	ARROWSMITH, Paul	East Cornwall Harriers	Male Vet 35-39	07:18.3
19	1:13:19	DOYLE, Marc	East Cornwall Harriers	Male Vet 35-39	07:19.8
20	1:13:43	KEARNEY, Peter	Carn Runners	Male Vet 50-54	07:22.2
21	1:14:09	ROBBINS, Paddy	Bournemouth AC	Male Vet 40-44	07:24.8
22	1:14:35	WARREN, Jeremy	St Austell Running Club	Male Vet 45-49	07:27.4
23	1:14:51	ABBOTT, Brian	St Austell Running Club	Male Vet 50-54	07:29.0
24	1:15:19	ALDIS, Phil	Bude Rats	Male Vet 50-54	07:31.8
25	1:15:46	PICKERING, Stuart	Hayle Runners	Male Vet 50-54	07:34.5
26	1:15:56	ULLMAN, Chris	East Cornwall Harriers	Male Vet 40-44	07:35.5
27	1:16:17	DANIELL, Jamie		Male under 35	07:37.6
28	1:16:21	PAYTON, Alexandra	St Austell Running Club	Female under 35	07:38.0
29	1:16:25	GOUNDRY, Andrew	Truro Running Club	Male Vet 45-49	07:38.4
30	1:16:26	LEETON, Russell	Launceston Road Runners	Male Vet 40-44	07:38.5
31	1:16:33	ROBERTS, Malcolm	St Austell Running Club	Male Vet 60-64	07:39.2
32	1:16:54	COLEY, Alexander	East Cornwall Harriers	Male under 35	07:41.3
33	1:17:18	MUNN, Patrick	Mud Crew Trail Runners	Male Vet 50-54	07:43.7
34	1:17:29	HILSDON, Linda		Female Vet 45-49	07:44.8
35	1:17:35	HOWELL, Tom	Mile High	Male under 35	07:45.4
36	1:17:43	WATSON, Robin	Falmouth Road Runners	Male Vet 50-54	07:46.2
37	1:17:48	BEACH, Tamara		Female under 35	07:46.7
38	1:17:50	EMMERTON, Kevin	Newquay Road Runners	Male Vet 50-54	07:46.9
39	1:18:07	WILSON, Michael	Truro Running Club	Male Vet 55-59	07:48.6
40	1:18:10	DAVIES, Richard	Newquay Road Runners	Male Vet 45-49	07:48.9
41	1:18:29	ROY, Diane	East Cornwall Harriers	Female Vet 50-54	07:50.8
42	1:18:36	ALLEN, Peter	Newquay Road Runners	Male Vet 55-59	07:51.5
43	1:19:21	HEWITT, Wayne	Truro Running Club	Male Vet 40-44	07:56.0
44	1:19:24	FITKIN, Chris	Mounts Bay Harriers	Male Vet 55-59	07:56.3
45	1:19:34	BURDON, Gary		Male under 35	07:57.3
46	1:19:35	HARDING, Ben	East Cornwall Harriers	Male under 35	07:57.4
47	1:19:48	MORSE, Helen	East Cornwall Harriers	Female under 35	07:58.7
48	1:19:58	BEVERLY, Alice		Female under 35	07:59.7
49	1:20:08	LLOYD, James	Truro Running Club	Male Vet 40-44	08:00.7
50	1:20:10	HALL, Daniel	Eton Manor AC	Male Vet 40-44	08:00.9
51	1:20:18	DAW, Sharon	East Cornwall Harriers	Female Vet 45-49	08:01.7
52	1:20:32	DAPSON, Nigel	St Austell Running Club	Male Vet 50-54	08:03.1
53	1:20:34	ROGERS, Laura	Cornwall AC	Female under 35	08:03.3
54	1:20:47	REEVE, Paul	Mud Crew Trail Runners	Male Vet 45-49	08:04.6
55	1:20:50	WIDDERSHOVEN, Tim	Carn Runners	Male under 35	08:04.9
56	1:21:02	HARDWICK, Shelley		Female Vet 35-39	08:06.1
57	1:21:12	BREMNER, Jane	Tamar Trotters	Female Vet 55-59	08:07.1
58	1:21:23	NUGENT, Debbie	Carn Runners	Female Vet 50-54	08:08.2

59	1:21:29	BUXTON, Jazmin	Tamar Trotters	Female under 35	08:08.8
60	1:21:46	GREER, Mike		Male under 35	08:10.5
61	1:21:54	LAMPSHIRE, Trevelyan	Mud Crew Trail Runners	Male under 35	08:11.3
62	1:22:55	BASTERFIELD, Ben		Male Vet 35-39	08:17.4
63	1:23:06	DE ZORZI, Dino	St Austell Running Club	Male Vet 45-49	08:18.5
64	1:23:14	YOUNG, Andy	St Austell Running Club	Male Vet 50-54	08:19.3
65	1:23:16	PERRETT, Simon	South West Road Runner	Male Vet 40-44	08:19.5
66	1:23:18	WILLIAMS, Amy	East Cornwall Harriers	Female under 35	08:19.7
67	1:23:35	HAMBLY, Jason	St Petrocs Dragons Tri Club	Male Vet 35-39	08:21.4
68	1:23:43	BEARD, Robert	Bodmin Road Runners	Male Vet 50-54	08:22.2
69	1:23:47	GRONWALT, Ian	Mud Crew Trail Runners	Male Vet 45-49	08:22.6
70	1:24:07	PROUSE, Martyn		Male Vet 35-39	08:24.6
71	1:24:16	MEDLOCK, Kirsty		Female Vet 35-39	08:25.5
72	1:24:20	BROWN, David	St Petrocs Dragons Tri Club	Male Vet 45-49	08:25.9
73	1:24:25	QUARMBY, Ann	East Cornwall Harriers	Female Vet 40-44	08:26.4
74	1:24:40	EYRE, Janna	Carn Runners	Female under 35	08:27.9
75	1:24:44	PUTTICK, Stephen		Male Vet 40-44	08:28.3
76	1:24:51	HARVEY, Ceri	Carn Runners	Female Vet 35-39	08:29.0
77	1:24:52	HARVEY, Richard	Carn Runners	Male Vet 35-39	08:29.1
78	1:25:13	LAW, Sharon	North Ayres Athletic	Female Vet 40-44	08:31.2
79	1:25:27	FRANCOM, Claire	Carn Runners	Female Vet 40-44	08:32.6
80	1:25:39	MOORE, Thomas	Truro Running Club	Male under 35	08:33.8
81	1:25:44	JEANS, Kevan	Crediton Running	Male Vet 55-59	08:34.3
82	1:26:00	BAYLIS, Nick		Male Vet 35-39	08:35.9
83	1:26:03	HOSKEN, Richard		Male Vet 35-39	08:36.2
84	1:26:07	SARGENT, Pete	Newquay Road Runners	Male Vet 65-69	08:36.6
85	1:26:24	LEE, Timothy		Male under 35	08:38.3
86	1:26:34	DODWELL, Helen	Truro Running Club	Female Vet 35-39	08:39.3
87	1:26:37	HUNTER, Colin		Male Vet 45-49	08:39.6
88	1:26:55	BARNES, Olivia	Bodmin Road Runners	Female under 35	08:41.4
89	1:27:17	LITTLEWOOD, Louise	East Cornwall Harriers	Female Vet 45-49	08:43.6
90	1:27:21	WEBSTER, David		Male Vet 45-49	08:44.0
91	1:27:34	FERGUSON, Andrew	Mud Crew Trail Runners	Male Vet 45-49	08:45.3
92	1:28:02	ELLIS, Andrew	Hayle Runners	Male Vet 40-44	08:48.1
93	1:28:23	CROWLE, Jonathan	Truro Running Club	Male Vet 40-44	08:50.2
94	1:28:45	BYRNE, Lee	Newquay Road Runners	Male under 35	08:52.4
95	1:28:55	MYFORD, Sarah	Newquay Par AC	Female Vet 50-54	08:53.4
96	1:29:03	CHENEY, Rebecca		Female under 35	08:54.2
97	1:29:14	STEPHENS, Emma	Bodmin Road Runners	Female under 35	08:55.3
98	1:29:16	MCCOY, Sophie		Female under 35	08:55.5
99	1:29:25	SAUNDERS, Nicholas		Male under 35	08:56.4
100	1:29:45	PIPET, Martin	Bodmin Road Runners	Male Vet 35-39	08:58.4
101	1:29:46	STAVES, Jo	Truro Running Club	Female Vet 35-39	08:58.5
102	1:29:50	PASCOE, Anna	Carn Runners	Female under 35	08:58.9
103	1:30:13	STANFORD, Joseph		Male Vet 40-44	09:01.2
104	1:30:19	MACKENZIE, Duncan		Male Vet 45-49	09:01.8
105	1:30:23	MILLARD, Andrew		Male Vet 50-54	09:02.2
106	1:30:26	SUTTON, Tom		Male under 35	09:02.5
107	1:30:39	BRYDON, Jackie	Bodmin Road Runners	Female Vet 45-49	09:03.8
108	1:30:44	ROWE, Kerri	Bodmin Road Runners	Female under 35	09:04.3
109	1:31:03	BINNS, Anne	Okehampton RC	Female Vet 45-49	09:06.2
110	1:31:05	DAVISON, Angeline		Female Vet 35-39	09:06.4
111	1:31:15	DREW, Barry	Carn Runners	Male Vet 65-69	09:07.4
112	1:31:23	DREW, Peter	Carn Runners	Male Vet 65-69	09:08.2
113	1:31:25	SPITERI, Dawn	St Austell Running Club	Female Vet 35-39	09:08.4
114	1:31:37	ELSTONE, Meryl	Carn Runners	Female Vet 45-49	09:09.6
115	1:31:52	COWBURN, Sarah		Female Vet 40-44	09:11.1
116	1:32:04	WARRINGTON, Trystan	St Austell Running Club	Male Vet 40-44	09:12.3
117	1:32:23	BARNFIELD, Marty		Male Vet 40-44	09:14.2
118	1:32:25	CARTHEW, Elizabeth	Bodmin Womens RC	Female Vet 35-39	09:14.4
119	1:32:26	WILLIAMS, Darren		Male under 35	09:14.5

120	1:32:28	DAY, Tristan		Male under 35	09:14.7
121	1:32:35	LEE, Simon		Male under 35	09:15.4
122	1:33:13	DAVIS, Jason		Male Vet 40-44	09:19.2
123	1:33:35	JONES, Malcolm	Launceston Road Runners	Male Vet 55-59	09:21.4
124	1:34:10	LONGMAN, Claire	Truro Running Club	Female Vet 35-39	09:24.8
125	1:34:18	SCARBOROUGH, Beth		Female Vet 50-54	09:25.6
126	1:34:18	MILLS, Carl		Male Vet 40-44	09:25.6
127	1:34:32	TAYLOR, Jeff		Male Vet 50-54	09:27.0
128	1:34:35	MARSHALL, Nigel	St Austell Running Club	Male Vet 40-44	09:27.3
129	1:35:02	SHAW, Sian	Newquay Road Runners	Female Vet 35-39	09:30.0
130	1:35:02	SHAW, Stuart		Male Vet 40-44	09:30.0
131	1:35:16	CAWLEY, Ian		Male Vet 35-39	09:31.4
132	1:35:16	GARROD, Zoe	Bodmin Road Runners	Female under 35	09:31.4
133	1:35:16	PERRIN, Tom		Male under 35	09:31.4
134	1:35:22	TAPSELL, Joanne	Bodmin Womens RC	Female Vet 40-44	09:32.0
135	1:35:28	DAVIES, Gwen		Female under 35	09:32.6
136	1:35:37	VAUGHNLEY, Craig	East Cornwall Harriers	Male Vet 40-44	09:33.5
137	1:35:46	BURNETT, Kevin	Newquay Road Runners	Male Vet 60-64	09:34.4
138	1:36:11	TALLING, Lisa	Newquay Road Runners	Female Vet 45-49	09:36.9
139	1:36:29	HANDLEY, Emma	East Cornwall Harriers	Female under 35	09:38.7
140	1:36:34	SUTTON, Andrew	Newquay Road Runners	Male Vet 40-44	09:39.2
141	1:36:42	HEARNE, Stuart		Male Vet 40-44	09:40.0
142	1:37:24	STEVENS, Natasha		Female Vet 40-44	09:44.2
143	1:37:24	SAUNTER, Jenny	Bodmin Womens RC	Female Vet 45-49	09:44.2
144	1:37:42	EAGLING, Nigel	Truro Running Club	Male Vet 60-64	09:46.0
145	1:37:50	RICHARDS, Emma	Carn Runners	Female Vet 35-39	09:46.8
146	1:37:50	UREN, Lisa	Carn Runners	Female Vet 35-39	09:46.8
147	1:37:53	MARRISON, Lucy	Okehampton RC	Male under 35	09:47.1
148	1:37:56	WILLS, Heidi	Okehampton RC	Female Vet 35-39	09:47.4
149	1:38:29	GREENWOOD, Amanda		Female Vet 40-44	09:50.7
150	1:38:43	WALLACE, Victoria		Female Vet 35-39	09:52.1
151	1:38:59	HAIMES, Jack		Male under 35	09:53.7
152	1:39:26	PARSONS, Alison	Bodmin Womens RC	Female Vet 45-49	09:56.4
153	1:39:31	WIDDERSHOVEN, Demelza	Carn Runners	Female under 35	09:56.9
154	1:40:00	GOATMAN, Charlotte	Bodmin Womens RC	Female under 35	09:59.8
155	1:40:03	TREGIDGO, Steve	St Austell Running Club	Male Vet 35-39	10:00.1
156	1:40:30	FISHER, Kirsty		Female Vet 40-44	10:02.8
157	1:40:42	MILLWARD, Laura	Carn Runners	Female Vet 50-54	10:04.0
158	1:41:43	LONG, Fran	Hayle Runners	Female Vet 55-59	10:10.1
159	1:41:44	SPINKS, Trevor		Male Vet 40-44	10:10.2
160	1:42:11	SMITH, Donna	South West Road Runner	Female Vet 50-54	10:12.9
161	1:42:11	PRICE, Anna	South West Road Runner	Female Vet 60-64	10:12.9
162	1:42:30	HAGHANI, Laura		Female under 35	10:14.8
163	1:43:04	HILSDON, Dan		Male Vet 45-49	10:18.2
164	1:43:26	WISNER, Kath		Female Vet 40-44	10:20.4
165	1:44:26	BROWN, Roger	Mud Crew Trail Runners	Male Vet 45-49	10:26.4
166	1:44:51	LANE, Samantha	East Cornwall Harriers	Female under 35	10:28.9
167	1:45:09	ROSS, Sarah	Tamar Trotters	Female Vet 50-54	10:30.7
168	1:45:15	KENT, Bridie		Female Vet 50-54	10:31.3
169	1:45:43	BATTY, Amy		Female under 35	10:34.1
170	1:45:47	LAMMERS, Wiebke	Falmouth Road Runners	Female Vet 35-39	10:34.5
171	1:46:07	MCBAIN, Vanessa May	Newquay Road Runners	Female under 35	10:36.5
172	1:46:13	HALL, Jennifer	Eton Manor AC	Female under 35	10:37.1
173	1:46:29	SHARMAN, Gemma		Female under 35	10:38.7
174	1:46:42	MCFADDEN, Tracy	Bodmin Womens RC	Female Vet 50-54	10:40.0
175	1:47:07	JEWELS, Lucy	St Austell Running Club	Female Vet 40-44	10:42.5
176	1:47:36	RAYMENT, Claire		Female under 35	10:45.4
177	1:47:39	CHICK, Allana		Female under 35	10:45.7
178	1:48:26	DE BARROS, Sara	Hayle Runners	Female Vet 40-44	10:50.4
179	1:48:44	JAMESON, Judy	Carn Runners	Female Vet 55-59	10:52.2
180	1:49:15	YOUNG, Rachael		Female Vet 40-44	10:55.3

181	1:49:15	BROWN, Tracey		Female under 35	10:55.3
182	1:51:17	LUCAS, Andrew	St Austell Running Club	Male Vet 50-54	11:07.5
183	1:51:26	KNIGHT, Anne Marie	St Austell Running Club	Female Vet 40-44	11:08.4
184	1:51:27	MCCULLOUGH, Lyndsey		Female under 35	11:08.5
185	1:51:38	GOODMAN, Andrew	Birstall Running Club	Male Vet 65-69	11:09.6
186	1:51:45	HEYWOOD, Steve	Bideford AAC	Male Vet 60-64	11:10.3
187	1:52:42	BALLANCE, Jeff		Male Vet 60-64	11:16.0
188	1:53:39	WADE, Margaret	Carn Runners	Female Vet 60-64	11:21.7
189	1:54:26	PLAYER, Lisa	Newquay Road Runners	Female Vet 50-54	11:26.4
190	1:54:51	NUGENT, Kirsty		Female under 35	11:28.9
191	1:55:43	SIMS, Richard		Male under 35	11:34.1
192	1:55:46	MANKEE, Emma	Carn Runners	Female Vet 45-49	11:34.4
193	1:55:46	HOCKING, Deborah	Carn Runners	Female Vet 45-49	11:34.4
194	1:55:47	HADFIELD, Dawn	St Austell Running Club	Female Vet 45-49	11:34.5
195	1:57:14	MCLOUGHLIN, Sarah		Female Vet 40-44	11:43.2
196	1:57:24	BRYANT, Sally	Crediton Running	Female Vet 55-59	11:44.2
197	1:57:33	BEEVER, Emma	Carn Runners	Female Vet 40-44	11:45.1
198	1:57:44	HILLIER, Sally	Falmouth Road Runners	Female Vet 50-54	11:46.2
199	2:00:22	BENNER, Gillian		Female Vet 50-54	12:02.0
200	2:02:43	SAVAGE, Wendy	Carn Runners	Female Vet 50-54	12:16.1
201	2:03:44	DREW, Carole	Carn Runners	Female Vet 65-69	12:22.2
202	2:03:44	VINNICOMBE, Caroline	Carn Runners	Female Vet 40-44	12:22.2
203	2:05:46	POLLARD, Donna	Carn Runners	Female Vet 40-44	12:34.4
204	2:05:46	CAMPBELL, Alison	Carn Runners	Female Vet 35-39	12:34.4
205	2:05:46	HALL, Zoe	Carn Runners	Female Vet 45-49	12:34.4
206	2:05:53	RUSSELL, Claire	Storm Running Plymouth	Female under 35	12:35.1
207	2:08:22	BAXTER, Hollie	Plymouth Musketeers	Female under 35	12:50.0
208	2:08:22	QUEEN, Stuart	Mud Crew Trail Runners	Male Vet 40-44	12:50.0
209	2:10:09	CHANNING, Abi		Female under 35	13:00.7
210	2:10:09	WHEATCROFT, Lizzie		Female Vet 45-49	13:00.7
211	2:14:13	TOY, Jeanette	Carn Runners	Female Vet 40-44	13:25.1
212	2:14:13	MARSH, Kathryn	Carn Runners	Female Vet 40-44	13:25.1
213	2:19:12	TAYLOR, Sandra	Bodmin Womens RC	Female Vet 45-49	13:55.0
214	2:19:13	EASTERBROOK, Liz	Mounts Bay Harriers	Female Vet 60-64	13:55.1