

1	0:32:13	JENKIN, Mark	Bideford AAC	Male 35-39	05:22.1	107	1
2	0:35:29	SMERDON, Marc	East Cornwall Harriers	Male 15-34	05:54.7	53	2
3	0:35:31	COLACO, Jonny	Newquay Road Runners	Male 40-44	05:55.0	301	3
4	0:35:50	MOTT, Carl	Torrington AAC	Male 15-34	05:58.2	191	4
5	0:35:59	SHAPLAND, Keith	Bideford AAC	Male 35-39	05:59.7	225	5
6	0:36:10	BARNET, James	Falmouth Road Runners	Male 15-34	06:01.5	24	6
7	0:36:23	COLWILL, Martin	Bideford AAC	Male 45-49	06:03.7	324	7
8	0:37:11	KERNAHAN, Euan	Torrington AAC	Male 15-34	06:11.7	333	8
9	0:37:14	GARRET, Mike	Outdoor Adventure	Male 15-34	06:12.2	350	9
10	0:37:15	SAWFORD, Paul	Carn Runners	Male 45-49	06:12.4	260	10
11	0:37:42	JEWELL, James	Bideford AAC	Male 40-44	06:16.9	231	11
12	0:37:47	HORN, Edward	Launceston Road Runners	Male 15-34	06:17.7	160	12
13	0:38:07	COLVIN, Brent	Bideford AAC	Male 40-44	06:21.0	232	13
14	0:38:35	TITHECOTT, Simon	Torrington AAC	Male 40-44	06:25.7	277	14
15	0:38:43	KENNEALLY, Oliver	Torrington AAC	Male 15-34	06:27.0	341	15
16	0:38:52	HALL, Craig	Carn Runners	Male 40-44	06:28.5	209	16
17	0:39:08	RADLEY, Drew	Outdoor Adventure	Male 15-34	06:31.2	114	17
18	0:39:17	SCOTTING, Dominic	Torrington AAC	Male 15-34	06:32.7	234	18
19	0:39:26	GROVES, Kelvin	Bideford AAC	Male 40-44	06:34.2	144	19
20	0:39:29	BRYDON, James	Bodmin Road Runners	Male 15-34	06:34.7	120	20
21	0:39:37	RICHARDS, Gary	Carn Runners	Male 45-49	06:36.0	207	21
22	0:40:06	CLEMENTS, Mark		Male 15-34	06:40.9	328	22
23	0:40:10	RAGGETT, Donna	Cornwall AC	Female 45-49	06:41.5	261	23
24	0:40:12	RENDLE, Steve	Newquay Road Runners	Male 45-49	06:41.9	264	24
25	0:40:23	MURRIN, Tommy	Outdoor Adventure	Male 15-34	06:43.7	349	25
26	0:40:26	BANBURY, Eevee-May	Torrington AAC	Female 15-34	06:44.2	99	26
27	0:40:33	TOMES, Pete	Storm Plymouth	Male 35-39	06:45.4	244	27
28	0:40:51	CARDEW, Barrie	Carn Runners	Male 55-59	06:48.4	212	28
29	0:41:11	BALL, Thomas	Bideford AAC	Male 15-34	06:51.7	272	29
30	0:41:14	ASTLEY, Hannah		Female 35-39	06:52.2	13	30
31	0:41:24	MARSDEN, Debbie	Okehampton R C	Female 35-39	06:53.9	278	31
32	0:41:24	KEARNEY, Peter	Carn Runners	Male 50-54	06:53.9	259	32
33	0:41:34	PEARSON, Andrew	Bideford AAC	Male 40-44	06:55.5	92	33
34	0:41:53	ABBOTT, Brian	St Austell RC	Male 50-54	06:58.7	282	34
35	0:42:10	LAMBERT, Anthony	Torrington AAC	Male 45-49	07:01.5	169	35
36	0:42:13	TAPHOUSE, Joshua	Bodmin Road Runners	Male 15-34	07:02.0	132	36
37	0:42:23	BRYDON, Jim	Bodmin Road Runners	Male 55-59	07:03.7	121	37
38	0:42:33	WILSON, Richard	Torrington AAC	Male 50-54	07:05.4	158	38
39	0:42:34	CROWLE, Revis	East Cornwall Harriers	Female 50-54	07:05.5	298	39
40	0:42:35	SWATTON, Thomas		Male 15-34	07:05.7	329	40
41	0:42:36	BLAIR, Marilyn	Torrington AAC	Female 55-59	07:05.9	217	41
42	0:42:40	CANN, Gareth		Male 45-49	07:06.5	61	42
43	0:42:45	BROWN, Jeremy	Bude RNLI	Male 45-49	07:07.4	254	43
44	0:42:47	EMMERTON, Kevin	Newquay Road Runners	Male 50-54	07:07.7	347	44
45	0:42:51	CLEMENTS, Colette	Newquay Road Runners	Female 35-39	07:08.4	302	45
46	0:42:52	DAVIS, Andrew	Bude RNLI	Male 35-39	07:08.5	35	46
47	0:42:53	YEARLING, Michael		Male 40-44	07:08.7	32	47
48	0:42:54	GOUNDRY, Andrew	Truro Running Club	Male 50-54	07:08.9	8	48
49	0:42:55	AVERY, Jason	Torrington AAC	Male 40-44	07:09.0	275	49
50	0:42:58	WOLFENDEN-BROWN, Lewis	Outdoor Adventure	Male 15-34	07:09.5	138	50
51	0:43:02	REDDICLIFFE, Nigel	Launceston Road Runners	Male 50-54	07:10.2	142	51
52	0:43:03	BRIGHT, Clive	Bideford AAC	Male 50-54	07:10.4	273	52
53	0:43:05	KENNEALLY, Shaun		Male 45-49	07:10.7	342	53
54	0:43:08	ULLMAN, Chris	East Cornwall Harriers	Male 45-49	07:11.2	303	54
55	0:43:13	STAPLETON, Wayne	Torrington AAC	Male 40-44	07:12.0	88	55
56	0:43:14	LEE, David	Southill RC	Male 45-49	07:12.2	190	56
57	0:43:15	RAPSON, Nigel	St Austell RC	Male 50-54	07:12.4	286	57
58	0:43:16	THOMAS, James		Male 45-49	07:12.5	148	58
59	0:43:17	WILSON, Oonag		Female 45-49	07:12.7	159	59
60	0:43:18	GILBERT, Michael	Launceston Road Runners	Male 15-34	07:12.9	196	60
61	0:43:19	KINSMAN, Paul	Bude Rats	Male 45-49	07:13.0	101	61
62	0:43:24	ALLEN, Peter	Newquay Road Runners	Male 55-59	07:13.9	69	62
63	0:43:32	CROCKER-WHITE, Daniel		Male 15-34	07:15.2	227	63
64	0:43:33	PENBERTHY, Michael	Hayle Runners	Male 55-59	07:15.4	104	64
65	0:43:37	CROWLE, Ian	East Cornwall Harriers	Male 55-59	07:16.0	299	65
66	0:44:00	HARVEY, Richard	Carn Runners	Male 40-44	07:19.9	295	66

67	0:44:06	KERNAHAN, Nick	Torrington AAC	Male 65-69	07:20.9	334	67
68	0:44:09	PERRETT, Simon	South West Road Runners	Male 40-44	07:21.4	17	68
69	0:44:20	DAW, Sharon	East Cornwall Harriers	Female 50-54	07:23.2	323	69
70	0:44:23	CROWLE, Jonathan	Truro Running Club	Male 40-44	07:23.7	258	70
71	0:44:27	NEWCOMBE, Michael	Torrington AAC	Male 40-44	07:24.4	289	71
72	0:44:34	NEWTON, Helen		Female 40-44	07:25.5	220	72
73	0:44:40	COLWILL, Helen	Bideford AAC	Female 45-49	07:26.5	325	73
74	0:44:44	KENNEALLY, Lorraine	Torrington AAC	Female 45-49	07:27.2	340	74
75	0:44:49	MCLAREN, Alec	Bideford AAC	Male 55-59	07:28.0	156	75
76	0:44:50	LAW, Dan	Crediton Running Neywork	Male 15-34	07:28.2	93	76
77	0:44:53	WRIGHT, John		Male 15-34	07:28.7	73	77
78	0:45:01	HAIGH, Toby	Bude Rats	Male 45-49	07:30.0	62	78
79	0:45:08	WOOD, Sam	Torrington AAC	Male 35-39	07:31.2	247	79
80	0:45:13	HARRISON, Julie		Female 40-44	07:32.0	186	80
81	0:45:14	ANDERTON, Graeme	Budeiful Runners	Male 45-49	07:32.2	213	81
82	0:45:18	LITTLEWOOD, Louise	East Cornwall Harriers	Female 45-49	07:32.9	52	82
83	0:45:27	SPENCER, Julian		Male 45-49	07:34.4	154	83
84	0:45:31	BROOKS, Martin		Male 50-54	07:35.0	3	84
85	0:45:33	HARDING, Ben	East Cornwall Harriers	Male 15-34	07:35.4	179	85
86	0:45:37	BOARDMAN, Alex		NDB	07:36.0	9	86
87	0:45:38	FINNEY, Jasmine	Bude RNLI	Female 15-34	07:36.2	136	87
88	0:45:41	REEBY, Neil	Torrington AAC	Male 35-39	07:36.7	11	88
89	0:45:49	NUGENT, Debbie	Carn Runners	Female 50-54	07:38.0	293	89
90	0:45:50	HARVEY, Ceri	Carn Runners	Female 35-39	07:38.2	296	90
91	0:45:51	LOVEJOY, Paul		Male 40-44	07:38.4	150	91
92	0:45:53	WILLSHIRE, Simon	Bude Rats	Male 45-49	07:38.7	30	92
93	0:45:55	COLVIN, Sara	Bideford AAC	Female 45-49	07:39.0	233	93
94	0:46:01	PICK, Robert	East Cornwall Harriers	Male 60-64	07:40.0	338	94
95	0:46:08	KNIGHTS, Paul		Male 45-49	07:41.2	288	95
96	0:46:09	GLENDINNING, Tom	Launceston Road Runners	Male 15-34	07:41.4	240	96
97	0:46:11	DIFFEY, Paul	Bude Surf Life Saving Club	Male 50-54	07:41.7	151	97
98	0:46:12	MARTIN, Steven		Male 40-44	07:41.9	10	98
99	0:46:14	WATKINS, Adam		Male 35-39	07:42.2	173	99
100	0:46:15	DINNER, Dale		Male 15-34	07:42.4	172	100
101	0:46:18	HORTON, John	Newquay Par AC	Male 70+	07:42.9	164	101
102	0:46:26	LATHOM, Paul	Preston Gate	Male 15-34	07:44.2	141	102
103	0:46:27	JEANS, Kevan	Crediton Running Neywork	Male 55-59	07:44.4	23	103
104	0:46:31	OLLIFFE, Steph	Torrington AAC	Female 45-49	07:45.0	235	104
105	0:46:32	FLETCHER, Jo-Anne	Okehampton R C	Female 40-44	07:45.2	188	105
106	0:46:34	BEARD, Robert	Bodmin Road Runners	Male 50-54	07:45.5	128	106
107	0:46:35	WILLIAMS, Amy	East Cornwall Harriers	Female 15-34	07:45.7	55	107
108	0:46:39	STURTRIDGE, Paul	Bideford AAC	Male 60-64	07:46.4	291	108
109	0:46:45	ALSOP, Doug	St Austell RC	Male 65-69	07:47.4	221	109
110	0:46:52	ALLAN, Matt	Camelford Up & Running	Male 35-39	07:48.5	86	110
111	0:46:57	LOCKETT, Pat	Newquay Road Runners	Male 65-69	07:49.4	117	111
112	0:47:02	COLWILL, Robert		Male 35-39	07:50.2	287	112
113	0:47:03	EYRE, Janna	Carn Runners	Female 15-34	07:50.4	206	113
114	0:47:20	ROBERTS, Jon		Male 45-49	07:53.2	20	114
115	0:47:27	ALLAN, Sam	Camelford Up & Running	Female 15-34	07:54.4	87	115
116	0:47:30	BRIGHT, Michelle	Bideford AAC	Female 40-44	07:54.9	274	116
117	0:47:39	MOORE, Thomas	Truro Running Club	Male 35-39	07:56.4	304	117
118	0:47:53	SHUTE, Ian	Bude RNLI	Male 35-39	07:58.7	41	118
119	0:47:59	COLES, Ray	Stibb Stompers	Male 60-64	07:59.7	250	119
120	0:48:02	FORD, Paul		Male 45-49	08:00.2	109	120
121	0:48:10	BARNES, Olivia	Bodmin Road Runners	Female 15-34	08:01.5	130	121
122	0:48:20	MCGRATH, Rollo	Bude Surf Life Saving Club	Male 55-59	08:03.2	105	122
123	0:48:23	PENBERTHY, Carol	Carn Runners	Female 55-59	08:03.7	203	123
124	0:48:24	SAUNDERS, Nick		Male 35-39	08:03.9	246	124
125	0:48:25	STANFORD, Joseph		Male 40-44	08:04.0	251	125
126	0:48:26	RADNOR, Charlotte	Okehampton R C	Female 15-34	08:04.2	91	126
127	0:48:27	RICE, Mervyn	Okehampton R C	Male 60-64	08:04.4	344	127
128	0:48:29	HITCHENS, Wietske	Carn Runners	Female 45-49	08:04.7	241	128
129	0:48:33	ACASTER, Drew		Male 15-34	08:05.4	267	129
130	0:48:34	WARREN, Martin	Torrington AAC	Male 55-59	08:05.5	226	130
131	0:48:45	BANBURY, Nat	Torrington AAC	Female 45-49	08:07.4	98	131
132	0:48:56	PYKE, Pauline	Torrington AAC	Female 45-49	08:09.2	72	132
133	0:49:00	BUCKLEY, Jack	Camelford Up & Running	Male 15-34	08:09.9	85	133
134	0:49:05	NORRIS, Gerald	Torrington AAC	Male 45-49	08:10.7	276	134
135	0:49:07	RICHARDSON, Mark	Bradworthy RG	Male 45-49	08:11.0	115	135
136	0:49:10	BATEMAN, Rebecca	Bodmin Road Runners	Female 40-44	08:11.5	126	136

137	0:49:17	MCMAHON, Ian		Male 55-59	08:12.7	34	137
138	0:49:18	HALL, Nicola	Bodmin Womens RC	Female 40-44	08:12.9	300	138
139	0:49:24	JEREMIAH, Gareth	Bude Surf Life Saving Club	Male 50-54	08:13.9	152	139
140	0:49:27	JONES, Malcolm	Launceston Road Runners	Male 55-59	08:14.4	294	140
141	0:49:35	STEPHENS, Emma	Bodmin Road Runners	Female 15-34	08:15.7	122	141
142	0:49:38	MCAUGHEY, Peter	Launceston Road Runners	Male 45-49	08:16.2	134	142
143	0:49:40	BURROWS, Robert	Mounts Bay Harriers	Male 60-64	08:16.5	222	143
144	0:49:43	WEBBER, Robert	Seaford Striders	Male 55-59	08:17.0	184	144
145	0:49:48	STACEY CHEEL, Teresa	Bradworthy RG	Female 45-49	08:17.9	269	145
146	0:49:55	GLENDINNING, Sharon	Launceston Road Runners	Female 15-34	08:19.0	239	146
147	0:50:08	BRYDON, Jackie	Bodmin Road Runners	Female 45-49	08:21.2	119	147
148	0:50:20	SHUTE, Holly	Pretty Mudders	Female 15-34	08:23.2	40	148
149	0:50:21	BINNS, Anne	Okehampton R C	Female 50-54	08:23.4	64	149
150	0:50:30	CUNNINGHAM, Thomas		Male 35-39	08:24.9	56	150
151	0:50:31	RUSSELL, Andy		Male 55-59	08:25.0	337	151
152	0:50:33	PASCOE, Anna	Carn Runners	Female 15-34	08:25.4	198	152
153	0:50:36	MORSE, Nicky	Mounts Bay Harriers	Male 55-59	08:25.9	49	153
154	0:51:00	SPITERI, Dawn	St Austell RC	Female 35-39	08:29.8	283	154
155	0:51:01	ACASTER, Dawn	Launceston Road Runners	Female 35-39	08:30.0	252	155
156	0:51:02	TREGIDGO, Steve	St Austell RC	Male 35-39	08:30.2	139	156
157	0:51:08	ROBERTS, Georgina		Female 15-34	08:31.2	348	157
158	0:51:11	TOPPING, Laura	Storm Plymouth	Female 35-39	08:31.7	245	158
159	0:51:12	HOBBS, Laura	Torrington AAC	Female 35-39	08:31.8	307	159
160	0:51:13	HARRIS, Claire	Torrington AAC	Female 15-34	08:32.0	326	160
161	0:51:15	EAGLING, Nigel	Truro Running Club	Male 65-69	08:32.3	110	161
162	0:51:19	SOUTH, Ben		Male 15-34	08:33.0	318	162
163	0:51:25	CORNISH, Nigel	Torrington AAC	Male 55-59	08:34.0	163	163
164	0:51:32	ROWE, Kerri	Bodmin Road Runners	Female 15-34	08:35.2	194	164
165	0:51:35	WHITEFIELD, Ed		Male 40-44	08:35.7	280	165
166	0:51:41	PATON, Bruce		Male 45-49	08:36.7	103	166
167	0:51:44	CHAPMAN, Amanda	Launceston Road Runners	Female 35-39	08:37.2	238	167
168	0:51:47	JACKSON, Jane	Okehampton R C	Female 60-64	08:37.7	331	168
169	0:51:54	TANNER, Anna	Pretty Mudders	Female 15-34	08:38.8	39	169
170	0:52:13	WISE, Rebecca	Launceston AC	Female 35-39	08:42.0	15	170
171	0:52:16	GARMORY, Joanne	Bude Rats	Female 40-44	08:42.5	118	171
172	0:52:31	LEAN, David	East Cornwall Harriers	Male 55-59	08:45.0	28	172
173	0:52:32	JOLLOW, Jeremy	Bradworthy RG	Male 50-54	08:45.2	95	173
174	0:52:33	NEWTON, Roy	Falmouth Road Runners	Male 65-69	08:45.3	315	174
175	0:52:34	NORRIS, Chris	Launceston Road Runners	Male 40-44	08:45.5	175	175
176	0:52:35	ZAHARIA, Margaret	Torrington AAC	Female 45-49	08:45.7	157	176
177	0:52:43	UREN, Lisa	Carn Runners	Female 35-39	08:47.0	200	177
178	0:52:46	THOMAS, Kerry		Female 35-39	08:47.5	147	178
179	0:53:06	ROGERS, Kate	Tavistock AC	Female 55-59	08:50.8	268	179
180	0:53:17	GROVES, Katie	North Devon Tri Club	Female 15-34	08:52.7	145	180
181	0:53:24	SHAW, Sian	Newquay Road Runners	Female 35-39	08:53.8	5	181
182	0:53:24	BOLDING, Keith	Budeiful Runners	Male 60-64	08:53.8	332	182
183	0:53:25	HOLT, Victoria	Launceston Road Runners	Female 35-39	08:54.0	178	183
184	0:53:27	KNIGHT, Huw		Male 50-54	08:54.3	44	184
185	0:53:32	VENNING, Martin	Launceston Road Runners	Male 65-69	08:55.2	255	185
186	0:53:41	BEARD, Sharon	Bodmin Road Runners	Female 40-44	08:56.7	129	186
187	0:53:42	DEVOY, Stephanie		Female 15-34	08:56.8	230	187
188	0:53:58	WEBBER, Jackie	Bude Rats	Female 50-54	08:59.5	185	188
189	0:54:01	BOLT, Karen	Bude Rats	Female 45-49	09:00.0	97	189
190	0:54:04	JENKIN, Doug	Bideford AAC	Male 55-59	09:00.5	279	190
191	0:54:11	TEAGUE, Michelle	Bude Surf Life Saving Club	Female 45-49	09:01.7	66	191
192	0:54:12	FORD, Lesley		Female 45-49	09:01.8	108	192
193	0:54:15	O'HARE, Ian		Male 55-59	09:02.3	345	193
194	0:54:16	GLOVER, Ruth	Mounts Bay Harriers	Female 15-34	09:02.5	113	194
195	0:54:17	FINCH, Lauren	Camelford Up & Running	Female 35-39	09:02.7	162	195
196	0:54:21	WILSON, Rowena	Bude Rats	Female 50-54	09:03.3	63	196
197	0:54:24	JOLLOW, Hayley	Bradworthy RG	Female 40-44	09:03.8	94	197
198	0:54:27	GOODING, Stephen	Crediton Running Nework	Male 50-54	09:04.3	21	198
199	0:54:31	POCOCK, Polly		Female 45-49	09:05.0	89	199
200	0:54:32	BROWN, Roger	Mud Crew	Male 45-49	09:05.2	306	200
201	0:54:33	CAPSTACK, Paul		Male 55-59	09:05.3	218	201
202	0:54:35	LOVEJOY, Rachel		Female 35-39	09:05.7	149	202
203	0:54:38	LYDALL, Denise	Falmouth Road Runners	Female 45-49	09:06.2	290	203
204	0:54:42	LONG, Fran	Hayle Runners	Female 55-59	09:06.8	100	204
205	0:54:44	POMEROY, Rachael	Bradworthy RG	Female 35-39	09:07.2	336	205
206	0:54:58	STEPHENS, Jane	Bodmin Road Runners	Female 45-49	09:09.5	127	206

207	0:55:07	NEWBERRY, Ray	Bude Surf Life Saving Club	Male 50-54	09:11.0	133	207
208	0:55:13	MORSE, Jackie	Mounts Bay Harriers	Female 55-59	09:12.0	48	208
209	0:55:13	TAME, Lisa	Bude RNLI	Female 35-39	09:12.0	71	209
210	0:55:14	MCCOLL, Debbie	Falmouth Road Runners	Female 45-49	09:12.2	314	210
211	0:55:20	PARSONS, Alison	Bodmin Womens RC	Female 45-49	09:13.2	155	211
212	0:55:21	LAMMERS, Wiebke	Falmouth Road Runners	Female 40-44	09:13.3	312	212
213	0:55:32	HODGES, Fiona		Female 45-49	09:15.2	177	213
214	0:55:39	CARDEW, Denise	Carn Runners	Female 50-54	09:16.3	204	214
215	0:55:49	VEALE, Derek	Launceston Road Runners	Male 70+	09:18.0	327	215
216	0:55:53	ANDERSON, David	Torrington AAC	Male 60-64	09:18.7	26	216
217	0:55:55	CREO, Annie	Budeiful Runners	Female 45-49	09:19.0	214	217
218	0:56:11	BENFORD, Kirsty		Female 40-44	09:21.7	281	218
219	0:56:22	ROBERTS, Mary	Launceston Road Runners	Female 45-49	09:23.5	19	219
220	0:56:23	HOOKWAY, Verity	Torrington AAC	Female 45-49	09:23.7	182	220
221	0:56:33	MARTIN, Sue	Torrington AAC	Female 50-54	09:25.3	187	221
222	0:56:40	SPEAKE, Georgina	St Austell RC	Female 35-39	09:26.5	284	222
223	0:56:42	HART, Michelle	Carn Runners	Female 15-34	09:26.8	202	223
224	0:56:44	WALTERS, Karen	Newquay Road Runners	Female 40-44	09:27.2	236	224
225	0:56:45	PAYNE, Matthew		Male 40-44	09:27.3	57	225
226	0:56:53	POOLE, Andrew		Male 35-39	09:28.7	343	226
227	0:57:06	HICKS, Sabrina	Bodmin Road Runners	Female 35-39	09:30.8	131	227
228	0:57:28	HAISMAN, Matthew	Launceston Road Runners	Male 45-49	09:34.5	65	228
229	0:57:58	JAMIESON, Sandy	Carn Runners	Female 60-64	09:39.5	27	229
230	0:58:01	MARTIN, George	Bude ACF	Male 15-34	09:40.0	321	230
231	0:58:02	ELLMER, Alex	Bude ACF	Male 15-34	09:40.2	320	231
232	0:58:03	SILLIFANT, Jack	Bude ACF	Male 15-34	09:40.3	322	232
233	0:58:04	BOUNDY, Katie	Camelford Up & Running	Female 15-34	09:40.5	79	233
234	0:58:11	RATHBONE, Lauren	Camelford Up & Running	Female 15-34	09:41.7	83	234
235	0:58:18	LATHOM, Janet	Launceston Road Runners	Female 60-64	09:42.8	140	235
236	0:58:28	RICHARDSON, Sarah	Bradworthy RG	Female 35-39	09:44.5	116	236
237	0:58:29	BRUMBY, Tandy	Falmouth Road Runners	Female 50-54	09:44.7	310	237
238	0:58:33	JARDINE, John		Male 45-49	09:45.3	346	238
239	0:58:36	SHADRICK, Keith		Male 65-69	09:45.8	237	239
240	0:58:39	HEARD, Simon		Male 40-44	09:46.3	58	240
241	0:58:40	STEELE, Gemma	Bideford AAC	Female 15-34	09:46.5	224	241
242	0:58:49	JAMESON, Judy	Carn Runners	Female 55-59	09:48.0	31	242
243	0:59:05	CRYER, Jon		Male 60-64	09:50.7	166	243
244	0:59:06	BOUNDY, Nick	Camelford Up & Running	Male 15-34	09:50.8	80	244
245	0:59:16	HEYWOOD, Steve	Bideford AAC	Male 60-64	09:52.5	45	245
246	0:59:31	HOUGHTON, Sheila	Tavistock AC	Female 65+	09:55.0	297	246
247	0:59:34	PEARSE, Derek		Male 70+	09:55.5	253	247
248	0:59:46	CROTHALL, Hatty		Female 15-34	09:57.5	266	248
249	0:59:47	WARDLAW, Jane	Bude Rats	Female 50-54	09:57.7	111	249
250	0:59:53	BOYD, Ian		Male 45-49	09:58.7	51	250
251	0:59:56	JEFFREYS, Sophie	Launceston Road Runners	Female 15-34	09:59.2	219	251
252	1:00:05	JULEFF, Steve	Camelford Up & Running	Male 15-34	10:00.7	161	252
253	1:00:06	PITCHER, Dave	Tamar Trotters	Male 55-59	10:00.8	25	253
254	1:00:11	HUNTER, Louise	Torrington AAC	Female 35-39	10:01.7	12	254
255	1:00:17	DE BARROS, Sara	Hayle Runners	Female 40-44	10:02.7	330	255
256	1:00:18	SNOWSILL, Tammy	Pretty Mudders	Female 35-39	10:02.8	68	256
257	1:00:19	BELLEW, Amy	Bradworthy RG	Female 15-34	10:03.0	195	257
258	1:00:22	FINDING, Annie	Stibb Stompers	Female 60-64	10:03.5	249	258
259	1:00:28	LATHAM, Jim		Male 50-54	10:04.5	50	259
260	1:00:30	PRESCOTT, Kay	St Austell RC	Female 40-44	10:04.8	285	260
261	1:00:33	PENN, Rachel		Female 40-44	10:05.3	54	261
262	1:00:42	CHOULES, Rose		Female 15-34	10:06.8	319	262
263	1:00:49	WESTAWAY, Mark		Male 40-44	10:08.0	181	263
264	1:00:50	ELCOME, Robert		Male 40-44	10:08.2	215	264
265	1:01:10	CLARKE, Ray		Male 45-49	10:11.5	38	265
266	1:01:23	CHAPMAN, Jackie	Launceston Road Runners	Female 50-54	10:13.7	223	266
267	1:01:41	MARSH, Rachel	Torrington AAC	Female 45-49	10:16.7	292	267
268	1:01:44	GRILLS, Shirley	Bradworthy RG	Female 50-54	10:17.2	335	268
269	1:01:45	BOLT, Adrian	Truro Running Club	Male 45-49	10:17.3	216	269
270	1:02:06	WADE, Margaret	Carn Runners	Female 60-64	10:20.8	46	270
271	1:02:11	PETTIFER, Catherine	Chaty Paces	Female 55-59	10:21.7	229	271
272	1:02:25	CROCKER-WHITE, Sue	Bude Rats	Female 50-54	10:24.0	193	272
273	1:02:26	BASSETT, Georgina		Female 15-34	10:24.2	197	273
274	1:02:27	CORNWALL, Carole	Okehampton R C	Female 45-49	10:24.3	189	274
275	1:02:29	KINSMAN, Emma	Pretty Mudders	Female 15-34	10:24.7	102	275
276	1:02:44	WATTON, Tanya	Launceston Road Runners	Female 15-34	10:27.2	106	276

277	1:02:44	COLLINS, Glenn		Male 15-34	10:27.2	168	277
278	1:02:50	HUNT, Louise	Camelford Up & Running	Female 15-34	10:28.2	77	278
279	1:02:57	FORD, Sarah	Crediton Running Neywork	Female 45-49	10:29.3	18	279
280	1:03:02	BOX, Sharon		Female 45-49	10:30.2	135	280
281	1:03:03	BRYANT, Sally	Crediton Running Neywork	Female 55-59	10:30.3	22	281
282	1:03:09	STYLES-POWER, Sarah	Bradworthy RG	Female 50-54	10:31.3	339	282
283	1:03:29	HORTON, Ann		Female 65+	10:34.7	165	283
284	1:03:30	ROBSON, Rebecca	Camelford Up & Running	Female 35-39	10:34.8	143	284
285	1:03:31	CHAPMAN, Sam		Male 15-34	10:35.0	4	285
286	1:03:38	CHALCRAFT, Peggy		Female 35-39	10:36.2	170	286
287	1:03:42	WHITE, Janet	Okehampton R C	Female 65+	10:36.8	256	287
288	1:03:44	RIDLEY, Zoe	Camelford Up & Running	Female 35-39	10:37.2	84	288
289	1:03:45	POOLE, Christine	Launceston Road Runners	Female 15-34	10:37.3	270	289
290	1:03:46	MAY, Abby	Launceston Road Runners	Female 15-34	10:37.5	271	290
291	1:03:48	PIKE, Terry	North Devon RR	Male 55-59	10:37.8	14	291
292	1:04:00	SYCAMORE, Grace	Hayle Runners	Female 15-34	10:39.8	60	292
293	1:04:07	HUBBER, Eric	Bideford AAC	Male 70+	10:41.0	228	293
294	1:04:15	STAPLE, Lucy		Female 35-39	10:42.3	16	294
295	1:04:19	MORGAN, Janet	Plymouth Muskateers	Female 55-59	10:43.0	67	295
296	1:04:19	SOUTHALL, Lynne	Plymouth Muskateers	Female 50-54	10:43.0	75	296
297	1:04:23	TURNER, Mel		Female 15-34	10:43.7	176	297
298	1:04:24	PEARSON, Genevieve		Female 35-39	10:43.8	183	298
299	1:04:40	MASON, John	Launceston Road Runners	Male 50-54	10:46.5	167	299
300	1:04:45	HILLIER, Sally	Falmouth Road Runners	Female 50-54	10:47.3	265	300
301	1:05:00	WILLIAMS, Sarah-Jane	Camelford Up & Running	Female 15-34	10:49.8	263	301
302	1:06:08	VINNICOMBE, Caroline	Carn Runners	Female 40-44	11:01.2	211	302
303	1:06:36	WEBSTER, Claire		Female 35-39	11:05.8	29	303
304	1:06:47	SAVAGE, Wendy	Carn Runners	Female 50-54	11:07.7	199	304
305	1:07:08	TAPHOUSE, Lesley	Bodmin Road Runners	Female 50-54	11:11.1	125	305
306	1:07:09	PAGE, Annie	Bodmin Road Runners	Female 40-44	11:11.3	123	306
307	1:07:20	TOWNSEND, Mark	Moorhaven RC	Male 40-44	11:13.1	242	307
308	1:07:21	LAWRENCE, Steve	Falmouth Road Runners	Male 60-64	11:13.3	313	308
309	1:07:25	JULEFF, Holly	Camelford Up & Running	Female 15-34	11:14.0	59	309
310	1:07:26	HILL, Kelly	Camelford Up & Running	Female 15-34	11:14.1	76	310
311	1:07:59	TOY, Jeanette	Carn Runners	Female 45-49	11:19.6	205	311
312	1:08:00	ASHFOLD, Simon	Moorhaven RC	Male 45-49	11:19.8	243	312
313	1:08:51	MARSH, Kathryn	Carn Runners	Female 40-44	11:28.3	201	313
314	1:09:02	SPRAGUE, Claire	Okehampton R C	Female 40-44	11:30.1	146	314
315	1:09:02	BELL, Sarah	Okehampton R C	Female 55-59	11:30.1	171	315
316	1:09:43	HALL, Zoe	Carn Runners	Female 45-49	11:37.0	210	316
317	1:09:43	CAMPBELL, Alison	Carn Runners	Female 35-39	11:37.0	208	317
318	1:09:46	SLATER, Kirstie		Female 40-44	11:37.5	257	318
319	1:10:05	GARRARD, David	Falmouth Road Runners	Male 65-69	11:40.6	311	319
320	1:10:18	YATES, Viv	North Devon RR	Female 65+	11:42.8	7	320
321	1:10:53	ROWLAND, Sally	Launceston Road Runners	Female 60-64	11:48.6	248	321
322	1:11:12	COLE, Carol	North Devon RR	Female 60-64	11:51.8	96	322
323	1:11:38	PENTREATH, Jackie	Falmouth Road Runners	Female 55-59	11:56.1	316	323
324	1:11:51	WALKER, Belinda	Bradworthy RG	Female 50-54	11:58.3	70	324
325	1:11:53	COLEMAN, Rebecca	Camelford Up & Running	Female 35-39	11:58.6	137	325
326	1:11:58	PARSONS, Amy	Camelford Up & Running	Female 15-34	11:59.5	82	326
327	1:13:19	COURTNEY, James		Male 45-49	12:13.0	1	327
328	1:13:19	COURTNEY, Sharon	Bodmin Womens RC	Female 45-49	12:13.0	2	328
329	1:13:25	DALTON, Beverley	Falmouth Road Runners	Female 60-64	12:14.0	317	329
330	1:14:04	BOYES, Angie	Falmouth Road Runners	Female 40-44	12:20.5	308	330
331	1:14:27	WARREN, Janice	Bideford AAC	Female 65+	12:24.3	180	331
332	1:14:41	JONES, Margaret	North Devon RR	Female 65+	12:26.6	36	332
333	1:14:43	GUTTERIDGE, Anita	North Devon RR	Female 45-49	12:27.0	6	333
334	1:16:34	PINCH, Jenny	Camelford Up & Running	Female 15-34	12:45.5	78	334
335	1:16:34	KIRK, Sarah	Camelford Up & Running	Female 35-39	12:45.5	81	335
336	1:20:06	HODGE, Terry		Male 50-54	13:20.8	33	336
337	1:31:54	BROWN, Helen	Falmouth Road Runners	Female 45-49	15:18.8	309	337
338	1:40:53	BIDGWAY, Julie	Bodmin Womens RC	Female 40-44	16:48.6	305	338