

1	1:21:34	CARTHEY, Tom	Falmouth Road Runners	Male under 35	06:13.5
2	1:22:04	KINDON, Noel		Male Vet 35-39	06:15.8
3	1:22:21	TOHER, Kevin		Male Vet 40-44	06:17.1
4	1:23:39	MARTIN, Andrew	Mile High	Male Vet 35-39	06:23.0
5	1:23:49	SMERDON, Marc	East Cornwall Harriers	Male under 35	06:23.8
6	1:24:24	HOUEL, Laurent	Imerys France	Male under 35	06:26.4
7	1:27:40	PASCOE, Richard	Mile High	Male Vet 35-39	06:41.4
8	1:29:48	LONGHORN, Jason	Falmouth Road Runners	Male Vet 40-44	06:51.2
9	1:30:19	BURNHAM, Rob	Newquay Road Runners	Male Vet 45-49	06:53.5
10	1:30:24	SAWFORD, Paul	Carn Runners	Male Vet 45-49	06:53.9
11	1:31:12	WISNER, John	Mad Hatter Sports	Male Vet 45-49	06:57.6
12	1:31:19	MILFORD, Shaun	Newquay Road Runners	Male Vet 50-54	06:58.1
13	1:32:36	DOWRICK, Mike	Cornwall AC	Male Vet 40-44	07:04.0
14	1:33:20	ANGELL, Dave	Mile High	Male under 35	07:07.4
15	1:33:33	CUTLAN, James	St Austell Running Club	Male under 35	07:08.3
16	1:34:17	HUTCHESON, Mark	Bude Rats	Male Vet 50-54	07:11.7
17	1:34:35	LITTLEJOHNS, Mark	Falmouth Road Runners	Male Vet 40-44	07:13.1
18	1:34:38	BRYDON, James	Bodmin Road Runners	Male under 35	07:13.3
19	1:35:26	HODKIN, David	Kirkstall Harriers	Male under 35	07:17.0
20	1:35:27	BARKER, Christopher		Male under 35	07:17.0
21	1:35:30	YELLAND, John	Mad Hatter Sports	Male Vet 40-44	07:17.3
22	1:36:34	WILLIAMS, Simon S	St Austell Running Club	Male Vet 40-44	07:22.2
23	1:37:02	CARDEW, Barrie	Carn Runners	Male Vet 55-59	07:24.3
24	1:37:16	BARTLETT, Paul		Male Vet 50-54	07:25.4
25	1:37:25	PHILP, David	East Cornwall Harriers	Male Vet 50-54	07:26.1
26	1:37:44	PERRY, Matt		Male Vet 40-44	07:27.5
27	1:37:48	MIDGLEY, Phil		Male Vet 50-54	07:27.8
28	1:38:41	LARGE, Iain	Bristol & West	Male under 35	07:31.9
29	1:38:45	HOWELL, Tom	Mile High	Male under 35	07:32.2
30	1:38:48	PAYTON, Alexandra	St Austell Running Club	Female under 35	07:32.4
31	1:38:50	HOLBROOK, Robbie		Male under 35	07:32.5
32	1:38:54	WATSON, Robin	Falmouth Road Runners	Male Vet 50-54	07:32.8
33	1:39:34	HOUAS, Stephane	Imerys France	Male Vet 35-39	07:35.9
34	1:40:02	KEARNEY, Peter	Carn Runners	Male Vet 50-54	07:38.0
35	1:40:08	JAMES, Sarah		Female Vet 35-39	07:38.5
36	1:40:08	ABBOTT, Brian	St Austell Running Club	Male Vet 50-54	07:38.5
37	1:40:26	GAMBLE, Matt		Male under 35	07:39.9
38	1:40:36	CARKEEK, Nick		Male Vet 50-54	07:40.6
39	1:40:41	WALSH, Hannah	Bristol & West	Female under 35	07:41.0
40	1:40:43	DORRELL, Mark	Carn Runners	Male Vet 50-54	07:41.2
41	1:40:59	DAWBER, Phil	Bodmin Road Runners	Male under 35	07:42.4
42	1:41:11	LITTLEWOOD, Ian	East Cornwall Harriers	Male Vet 35-39	07:43.3
43	1:41:25	TRUDGIAN, Andy	St Austell Running Club	Male Vet 45-49	07:44.4
44	1:41:32	CROWLE, Revis	East Cornwall Harriers	Female Vet 50-54	07:44.9
45	1:42:32	BOWER, Josh		Male under 35	07:49.5
46	1:42:37	WARREN, Jeremy	St Austell Running Club	Male Vet 45-49	07:49.9
47	1:42:40	COX, David	Carn Runners	Male Vet 35-39	07:50.1
48	1:42:59	QUENEL, Erik	Imerys France	Male Vet 50-54	07:51.5
49	1:43:05	SQUIRE, Darren	St Austell Running Club	Male Vet 45-49	07:52.0
50	1:43:25	GILES, Alan		Male under 35	07:53.5
51	1:43:28	ALLEN, Peter	Newquay Road Runners	Male Vet 55-59	07:53.8
52	1:43:31	PEARSON, Karl	Plymouth Musketeers	Male Vet 45-49	07:54.0
53	1:43:35	SOLE, John	Bodmin Road Runners	Male Vet 35-39	07:54.3
54	1:43:42	TALLEN, Patrick	St Austell Running Club	Male Vet 35-39	07:54.8
55	1:44:05	GOUNDRY, Andrew	Truro Running Club	Male Vet 50-54	07:56.6
56	1:44:31	KEMPNY, Jiri	St Austell Running Club	Male Vet 40-44	07:58.6
57	1:44:47	COMBS, Alex		Male under 35	07:59.8

58	1:44:56	RAGGETT, Donna	Cornwall AC	Female Vet 45-49	08:00.5
59	1:45:24	HICKS, Nigel		Male Vet 50-54	08:02.6
60	1:45:47	BRAY, Vivian	Cornwall AC	Male Vet 50-54	08:04.4
61	1:45:59	RICHARDS, Stuart	St Austell Running Club	Male Vet 40-44	08:05.3
62	1:46:18	HEWLETT, Jake		Male under 35	08:06.7
63	1:46:28	POWELL, Simon	Erme Valley Harriers	Male Vet 35-39	08:07.5
64	1:46:48	ALDIS, Phil	Bude Rats	Male Vet 50-54	08:09.0
65	1:46:54	COCKCROFT, Adrian		Male Vet 40-44	08:09.5
66	1:46:56	STEVENS, Dan	Falmouth Road Runners	Male Vet 45-49	08:09.6
67	1:46:57	DAVIES, Richard	Newquay Road Runners	Male Vet 45-49	08:09.7
68	1:47:46	THOMAS, Adam	St Austell Running Club	Male under 35	08:13.4
69	1:47:50	JOHNS, Chris		Male Vet 45-49	08:13.8
70	1:48:10	BRAY, Daniel		Male under 35	08:15.3
71	1:48:22	ROACH, Dan		Male under 35	08:16.2
72	1:48:25	STREET, Jacob		Male under 35	08:16.4
73	1:48:29	BOULET, Jean Claude	Imerys France	Male Vet 55-59	08:16.7
74	1:48:35	DUCKWORTH, Jim		Male Vet 50-54	08:17.2
75	1:48:38	REDDICLIFFE, Nigel	Launceston Road Runners	Male Vet 50-54	08:17.4
76	1:48:57	PARKS, Jason		Male Vet 35-39	08:18.9
77	1:49:02	WILLIAMS, Amy	East Cornwall Harriers	Female under 35	08:19.2
78	1:49:10	COULSON, Lee		Male Vet 45-49	08:19.9
79	1:49:20	ROGERS, Laura	Cornwall AC	Female under 35	08:20.6
80	1:49:24	GREER, Mike		Male under 35	08:20.9
81	1:49:29	JAMES, Mark		Male Vet 35-39	08:21.3
82	1:50:34	PICK, Robert	East Cornwall Harriers	Male Vet 60-64	08:26.3
83	1:50:47	CLARKE, Ray		Male Vet 45-49	08:27.3
84	1:50:47	YEARLING, Michael		Male Vet 40-44	08:27.3
85	1:51:01	BUCKINGHAM, Edward	Tamar Trotters	Male Vet 40-44	08:28.3
86	1:51:10	STAFFORD, Nicholas		Male under 35	08:29.0
87	1:51:40	HARDING, Ben	East Cornwall Harriers	Male under 35	08:31.3
88	1:52:15	JAIPAUL, Ravi		Male under 35	08:34.0
89	1:52:19	PROUSE, Martyn		Male Vet 35-39	08:34.3
90	1:52:36	WILSON, Chris		Male Vet 45-49	08:35.6
91	1:52:53	BROWN, David	St Petrocs Dragons Tri Club	Male Vet 45-49	08:36.9
92	1:53:00	ALLEN, Joe		Male under 35	08:37.4
93	1:53:11	BOSWELL, Guy	Plymouth Musketeers	Male Vet 50-54	08:38.3
94	1:53:23	PERRETT, Simon	South West Road Runner	Male Vet 40-44	08:39.2
95	1:53:26	DAW, Sharon	East Cornwall Harriers	Female Vet 50-54	08:39.4
96	1:53:26	FERGUSON, Andrew	Mud Crew Trail Runners	Male Vet 50-54	08:39.4
97	1:53:41	CARTER, Sam		Male under 35	08:40.5
98	1:54:16	QUARMBY, Ann	East Cornwall Harriers	Female Vet 40-44	08:43.2
99	1:54:19	EVANS, Malcolm		Male Vet 40-44	08:43.4
100	1:54:19	CABLE, Jane		Female under 35	08:43.4
101	1:54:26	TREMLETT, Jason	Bude Rats	Male Vet 45-49	08:44.0
102	1:54:26	COTTERILL, Alex		Male under 35	08:44.0
103	1:54:42	ELLIOTT, Nick		Male under 35	08:45.2
104	1:54:44	STAVES, Jo	Truro Running Club	Female Vet 35-39	08:45.3
105	1:54:58	ANNEAR, Justin		Male Vet 40-44	08:46.4
106	1:55:01	CLITHEROW, Hana	Truro Running Club	Female Vet 50-54	08:46.6
107	1:55:14	WILLSHIRE, Simon	Bude Rats	Male Vet 45-49	08:47.6
108	1:55:29	ROWE, Kerri	Bodmin Road Runners	Female under 35	08:48.8
109	1:55:53	HOSKEN, Richard		Male Vet 35-39	08:50.6
110	1:55:53	ROWETT, Gavin		Male Vet 35-39	08:50.6
111	1:55:58	PALIN, Malcolm		Male Vet 55-59	08:51.0
112	1:55:59	SIMPSON, David		Male Vet 55-59	08:51.1
113	1:56:15	SMITH, Sharon	Carn Runners	Female Vet 40-44	08:52.3
114	1:56:22	LITTLEWOOD, Louise	East Cornwall Harriers	Female Vet 45-49	08:52.8
115	1:56:46	BEST, Rod		Male Vet 45-49	08:54.7
116	1:56:52	DODWELL, Helen	Truro Running Club	Female Vet 40-44	08:55.1
117	1:57:00	MATHIESON, Alf	St Austell Running Club	Male Vet 40-44	08:55.7
118	1:57:18	OWEN, Mark	St Austell Running Club	Male Vet 40-44	08:57.1

119	1:57:32	HODKIN, Alison		Female under 35	08:58.2
120	1:57:43	WILLS, David		Male Vet 35-39	08:59.0
121	1:57:47	COOPER, Nathan		Male Vet 40-44	08:59.3
122	1:57:55	NADAUD, Julia	St Austell Running Club	Female Vet 35-39	08:59.9
123	1:58:00	JONES, Stephen		Male Vet 35-39	09:00.3
124	1:58:04	DALE, Steve	Newquay Road Runners	Male Vet 40-44	09:00.6
125	1:58:18	HALL, Barry	Portishead RC	Male Vet 45-49	09:01.7
126	1:58:29	RINGER, Ian	Bodmin Road Runners	Male Vet 65-69	09:02.5
127	1:58:38	CLARKE, Sam		Male Vet 35-39	09:03.2
128	1:58:45	LOVATT, Sean		Male under 35	09:03.7
129	1:58:54	BRADY, Robbie		Male under 35	09:04.4
130	1:58:55	ROWETT, Gareth	St Austell Running Club	Male under 35	09:04.5
131	1:59:04	TODD, Claire	St Austell Running Club	Female Vet 40-44	09:05.2
132	1:59:06	SUTTON, Philip		Male Vet 45-49	09:05.3
133	1:59:13	SPITERI, Dawn	St Austell Running Club	Female Vet 35-39	09:05.9
134	1:59:13	GRONWALT, Ian		Male Vet 45-49	09:05.9
135	1:59:59	PHELPS, Fiona	Tamar Trotters	Female Vet 45-49	09:09.4
136	2:00:00	TREVELYAN, Steve		Male Vet 40-44	09:09.5
137	2:00:11	CUTLAN, Hannah	St Austell Running Club	Female under 35	09:10.3
138	2:00:29	O'NEILL, Liam		Male under 35	09:11.7
139	2:00:47	BALDWIN, Mike	Hayle Runners	Male Vet 50-54	09:13.1
140	2:01:04	SAUNDERS, Nick		Male Vet 35-39	09:14.4
141	2:01:12	TANK, Gavin		Male Vet 50-54	09:15.0
142	2:01:12	TANK, Henry		Male under 35	09:15.0
143	2:01:25	LOCKYER, Jane	East Cornwall Harriers	Female Vet 55-59	09:16.0
144	2:01:28	BELLINGHAM, David		Male Vet 50-54	09:16.2
145	2:01:32	ROBERTS, Daniel		Male under 35	09:16.5
146	2:01:33	TOHER, Sandra		Female Vet 35-39	09:16.6
147	2:01:57	LEA, Adrian		Male Vet 45-49	09:18.4
148	2:02:11	OSWALD, Gary		Male Vet 60-64	09:19.5
149	2:02:27	SOUTHGATE, Martin		Male Vet 40-44	09:20.7
150	2:02:29	TRAVIS, Luke		Male under 35	09:20.8
151	2:02:47	FRANCOM, Claire	Carn Runners	Female Vet 40-44	09:22.2
152	2:02:53	ELSTONE, Meryl	Carn Runners	Female Vet 45-49	09:22.7
153	2:02:58	WILLIAMS, Lee		Male Vet 40-44	09:23.1
154	2:03:07	CHAPMAN, Joanna	St Austell Running Club	Female under 35	09:23.7
155	2:03:34	JONES, Joe		Male Vet 35-39	09:25.8
156	2:03:41	GIBBENS, Gordon		Male under 35	09:26.3
157	2:03:51	HAWKE-PERRY, Soraya	Newquay Road Runners	Female Vet 35-39	09:27.1
158	2:04:16	PRIDHAM, Sarah	Launceston Road Runners	Female Vet 50-54	09:29.0
159	2:04:22	TAMBLYN, Mark	Falmouth Road Runners	Male Vet 55-59	09:29.5
160	2:05:11	BAKER, Stuart		Male Vet 40-44	09:33.2
161	2:05:19	WORTH, Emily		Female under 35	09:33.8
162	2:05:24	CROWLE, Jonathan	Truro Running Club	Male Vet 40-44	09:34.2
163	2:05:27	HEGARTY, Tara		Female under 35	09:34.4
164	2:05:47	JAY, Andrew	St Austell Running Club	Male Vet 40-44	09:35.9
165	2:05:49	DREW, Peter	Carn Runners	Male Vet 65-69	09:36.1
166	2:05:52	PASCOE, Anna	Carn Runners	Female under 35	09:36.3
167	2:06:06	BRYDON, Jackie	Bodmin Road Runners	Female Vet 45-49	09:37.4
168	2:06:28	BARLOW, Phil	St Austell Running Club	Male Vet 45-49	09:39.1
169	2:06:28	PHILLIPS, Matt	St Austell Running Club	Male Vet 50-54	09:39.1
170	2:06:49	COPLEY, Brian	Crediton Running	Male Vet 65-69	09:40.7
171	2:07:06	UREN, Lisa	Carn Runners	Female Vet 35-39	09:42.0
172	2:07:26	FORSTER, Shelly	Avon Valley Runners	Female Vet 40-44	09:43.5
173	2:07:30	BURROWS, Robert	Mounts Bay Harriers	Male Vet 60-64	09:43.8
174	2:07:42	FIELD, Daniel		Male under 35	09:44.7
175	2:07:43	ROBERTS, Jack		Male under 35	09:44.8
176	2:07:51	SQUIBB, Carl		Male under 35	09:45.4
177	2:07:55	HILL, Charlie		Male under 35	09:45.7
178	2:08:16	KEEN, Jonathan		Male under 35	09:47.3
179	2:08:28	PARSONS, Steven		Male Vet 35-39	09:48.2

180	2:08:32	HALL, Nicola	Bodmin Womens RC	Female Vet 40-44	09:48.5
181	2:08:32	CARTHEW, Elizabeth	Bodmin Womens RC	Female Vet 40-44	09:48.5
182	2:08:47	HITCHEN, Lesley	Plymouth Musketeers	Female Vet 45-49	09:49.7
183	2:09:01	MEDLEN, Jamie		Male under 35	09:50.8
184	2:09:07	STEWART, Doug		Male Vet 40-44	09:51.2
185	2:09:19	TRUDGEON, Steve		Male Vet 35-39	09:52.1
186	2:09:25	PASCOE, Christopher		Male Vet 50-54	09:52.6
187	2:09:32	BYRNE, Lee	Newquay Road Runners	Male under 35	09:53.1
188	2:09:33	JONES, Adam		Male under 35	09:53.2
189	2:09:53	GRAY, David		Male Vet 35-39	09:54.7
190	2:10:07	EVA, Emma	Falmouth Road Runners	Female under 35	09:55.8
191	2:10:28	GIBBS, Clive	St Austell Running Club	Male Vet 50-54	09:57.4
192	2:10:29	LAMMERS, Wiebke	Falmouth Road Runners	Female Vet 40-44	09:57.5
193	2:10:29	HUNT, Jenna	Falmouth Road Runners	Female under 35	09:57.5
194	2:10:36	WOODFINE-BEARD, Kelly	Newquay Road Runners	Female Vet 35-39	09:58.0
195	2:10:37	GOWARD, Agata		Female Vet 40-44	09:58.1
196	2:10:38	SHAW, Sian	Newquay Road Runners	Female Vet 35-39	09:58.2
197	2:10:50	SHAW, Stuart		Male Vet 40-44	09:59.1
198	2:10:55	DENNE, Oliver		Male Vet 45-49	09:59.5
199	2:11:05	WILCOX, David	Truro Running Club	Male Vet 40-44	10:00.2
200	2:11:23	STEPHENS, Emma	Bodmin Road Runners	Female under 35	10:01.6
201	2:11:30	GIBBONS, Rebekah		Female under 35	10:02.1
202	2:11:43	PAYNE, Holly	St Austell Running Club	Female under 35	10:03.1
203	2:11:54	KEAST, James		Male under 35	10:04.0
204	2:12:03	SMITH, Daniel		Male under 35	10:04.6
205	2:12:28	SIMPSON, Dave		Male Vet 50-54	10:06.6
206	2:12:30	PAYNE, Samantha	Mud Crew Trail Runners	Female under 35	10:06.7
207	2:12:49	NICHOLAS, Toby		Male under 35	10:08.2
208	2:12:50	LEON, Octavio		Male Vet 35-39	10:08.2
209	2:13:14	COWBURN, Sarah		Female Vet 40-44	10:10.1
210	2:13:23	LANE, Samantha	East Cornwall Harriers	Female under 35	10:10.8
211	2:13:25	LYDALL, Denise	Falmouth Road Runners	Female Vet 45-49	10:10.9
212	2:14:02	IRWIN, Karen		Female Vet 45-49	10:13.7
213	2:14:02	IRWIN, Mike		Male Vet 50-54	10:13.7
214	2:14:22	TREGIDGO, Steve	St Austell Running Club	Male Vet 35-39	10:15.3
215	2:14:41	BRADLEY, James		Male under 35	10:16.7
216	2:14:43	HIGGINS, Antony		Male Vet 35-39	10:16.9
217	2:14:51	ANTONIOU, Ioannis		Male Vet 35-39	10:17.5
218	2:15:21	LONG, Fran	Hayle Runners	Female Vet 55-59	10:19.8
219	2:15:25	MACEY, Marcia	Bere Alston Trekkers	Female Vet 55-59	10:20.1
220	2:15:29	WILTON, David	Falmouth Road Runners	Male Vet 60-64	10:20.4
221	2:15:39	WILLIAMS, David		Male under 35	10:21.1
222	2:15:40	BARBER, Luke		Male under 35	10:21.2
223	2:15:40	BAZELEY, Sarah	St Austell Running Club	Female Vet 45-49	10:21.2
224	2:15:50	TURNER, Clare		Female Vet 35-39	10:22.0
225	2:15:53	COPE, Jackie	Falmouth Road Runners	Female Vet 60-64	10:22.2
226	2:16:11	WHITE, Karen	Bodmin Womens RC	Female Vet 45-49	10:23.6
227	2:16:14	DYMOND, Amanda	Bodmin Womens RC	Female Vet 40-44	10:23.8
228	2:16:41	PATTEN, Lucinda	East Cornwall Harriers	Female under 35	10:25.9
229	2:16:44	TAPSELL, Joanne	Bodmin Womens RC	Female Vet 40-44	10:26.1
230	2:16:46	ALEXANDER, Tanya		Female Vet 35-39	10:26.2
231	2:16:49	CLEMENCE, Sarah	Carn Runners	Female Vet 45-49	10:26.5
232	2:17:05	WATSON, Jackie		Female under 35	10:27.7
233	2:17:21	MCCOLL, Debbie	Falmouth Road Runners	Female Vet 45-49	10:28.9
234	2:17:22	NEWTON, Roy	Falmouth Road Runners	Male Vet 65-69	10:29.0
235	2:17:52	LENCZUK, Ashley		Male Vet 35-39	10:31.3
236	2:18:39	LUCAS, Andrew	St Austell Running Club	Male Vet 50-54	10:34.9
237	2:18:52	JAMES, Jodie	Mad Hatter Sports	Female Vet 40-44	10:35.9
238	2:18:52	GRAY, Helen	Mad Hatter Sports	Female under 35	10:35.9
239	2:19:00	MUNRO, Clare		Female Vet 35-39	10:36.5
240	2:19:23	BOADEN, Lisa	Carn Runners	Female Vet 45-49	10:38.2

241	2:19:24	RODDA, Joanne		Female Vet 45-49	10:38.3
242	2:19:43	TYM, Laura	Ealing Eagles	Female under 35	10:39.8
243	2:19:57	BARKHUYSEN, Lucy		Female under 35	10:40.8
244	2:20:01	OUTTEN, Simon		Male Vet 60-64	10:41.1
245	2:20:03	CURNOW, Janie		Female Vet 40-44	10:41.3
246	2:20:20	CHADWICK, Kim		Female Vet 40-44	10:42.6
247	2:20:30	WALLENS-HANCOCK, Philip	Mud Crew Trail Runners	Male under 35	10:43.3
248	2:20:33	IRVING, Angela		Female Vet 35-39	10:43.6
249	2:20:33	DAVEY, Tamzin	Cornwall AC	Female Vet 45-49	10:43.6
250	2:21:04	WATTS, Debbie	St Austell Running Club	Female Vet 45-49	10:45.9
251	2:21:42	DALES, Emma	East Cornwall Harriers	Female Vet 50-54	10:48.8
252	2:21:47	POWELL, Jenny		Female under 35	10:49.2
253	2:21:58	LONGMAN, David		Male Vet 40-44	10:50.1
254	2:22:24	SPEAKE, Georgina	St Austell Running Club	Female Vet 35-39	10:52.0
255	2:22:27	HOGG, Lerryn	Bodmin Road Runners	Female under 35	10:52.3
256	2:22:36	WALLACE, Victoria		Female Vet 40-44	10:53.0
257	2:23:12	JEWELS, Lucy	St Austell Running Club	Female Vet 45-49	10:55.7
258	2:24:27	ROBERTS, Helen	Tamar Trotters	Female Vet 40-44	11:01.4
259	2:25:07	KINGTON, Norris	Cornwall AC	Male Vet 70+	11:04.5
260	2:25:15	WHITEMAN, David		Male Vet 40-44	11:05.1
261	2:25:15	BIRD, Michael		Male Vet 45-49	11:05.1
262	2:25:21	GAMBLE, Natalie		Female under 35	11:05.6
263	2:25:56	WHETTER, Emily		Female Vet 35-39	11:08.2
264	2:26:34	SEMONIN, Damian	Launceston Road Runners	Male Vet 40-44	11:11.1
265	2:26:49	BAILEY, Michelle		Female Vet 35-39	11:12.3
266	2:26:49	ROCHESTER, Gary		Male Vet 40-44	11:12.3
267	2:27:17	BARHAM, Natalie		Female under 35	11:14.4
268	2:27:29	BRENNAN, Rachel	St Austell Running Club	Female under 35	11:15.3
269	2:28:01	BROWN, Roger	Mud Crew Trail Runners	Male Vet 45-49	11:17.8
270	2:28:40	BARHAM, Georgina		Female under 35	11:20.7
271	2:29:24	JAMIESON, Sandy	Carn Runners	Female Vet 60-64	11:24.1
272	2:30:29	DAVIES, Kelly		Female under 35	11:29.1
273	2:30:31	HEARN, Abi		Female under 35	11:29.2
274	2:31:44	HOLT, Caroline	Portishead RC	Female Vet 50-54	11:34.8
275	2:31:56	DE BARROS, Sara	Hayle Runners	Female Vet 40-44	11:35.7
276	2:33:27	KNIGHT, Anne Marie	St Austell Running Club	Female Vet 40-44	11:42.6
277	2:33:27	MCCULLOUGH, Lyndsey		Female under 35	11:42.6
278	2:33:43	JAY, Nadia	St Austell Running Club	Female Vet 40-44	11:43.9
279	2:33:53	FLANAGAN, Rachel	Falmouth Road Runners	Female Vet 50-54	11:44.6
280	2:34:26	CAFF, Wayne	Newquay Road Runners	Male Vet 40-44	11:47.1
281	2:35:56	SCHOLES, Claire	Truro Running Club	Female Vet 35-39	11:54.0
282	2:36:28	HILLIER, Sally	Falmouth Road Runners	Female Vet 50-54	11:56.5
283	2:36:54	KHAN, Babs		Female Vet 50-54	11:58.4
284	2:37:04	SIMPSON, Chris		Male Vet 45-49	11:59.2
285	2:37:24	ILIFF, Lauren		Female under 35	12:00.7
286	2:37:24	ATHERTON-JULIAN, Liam		Male under 35	12:00.7
287	2:38:07	TURNER, Mark		Male Vet 40-44	12:04.0
288	2:38:09	HOCKING, Deborah	Carn Runners	Female Vet 45-49	12:04.2
289	2:38:26	SMITH, Mandy	St Austell Running Club	Female Vet 55-59	12:05.5
290	2:38:29	HODKIN, John David		Male Vet 55-59	12:05.7
291	2:40:04	VAN RENSBERG, Susan	Bude Rats	Female Vet 55-59	12:12.9
292	2:40:04	HUTCHESON, Jane	Bude Rats	Female Vet 55-59	12:12.9
293	2:40:18	WADE, Margaret	Carn Runners	Female Vet 60-64	12:14.0
294	2:40:34	HOGG, Lorna	St Austell Running Club	Female Vet 45-49	12:15.2
295	2:40:34	BEAZLEY, Steve	East Cornwall Harriers	Male Vet 55-59	12:15.2
296	2:43:43	JAMESON, Judy	Carn Runners	Female Vet 55-59	12:29.7
297	2:44:39	CHAPMAN, Jackie	Launceston Road Runners	Female Vet 50-54	12:33.9
298	2:50:15	DREW, Carole	Carn Runners	Female Vet 65-69	12:59.6
299	2:50:15	SAVAGE, Wendy	Carn Runners	Female Vet 50-54	12:59.6
300	2:50:15	VINNICOMBE, Caroline	Carn Runners	Female Vet 40-44	12:59.6
301	2:51:08	GRIFFITHS, Mitch		Male under 35	13:03.6

302	2:52:09	WHITE, Tom		Male Vet 40-44	13:08.3
303	2:52:09	BARDSLEY, David		Male under 35	13:08.3
304	2:53:07	ARLETTE, Matthew		Male under 35	13:12.7
305	2:53:12	COOK, Bill	Tamar Trotters	Male Vet 50-54	13:13.1
306	2:54:58	CAFF, Jane	Newquay Road Runners	Female Vet 55-59	13:21.2
307	2:55:12	BURROWS, Jade		Female Vet 40-44	13:22.2
308	3:01:06	MEEK, Rachael	Tamar Trotters	Female under 35	13:49.3
309	3:01:22	SHAWYER, Emily		Female under 35	13:50.5
310	3:02:51	MARSH, Kathryn	Carn Runners	Female Vet 40-44	13:57.3
311	3:08:39	STAFFORD, Andrew		Male Vet 55-59	14:23.8
312	3:11:42	WYATT, Liz	St Austell Running Club	Female Vet 45-49	14:37.8
313	3:11:42	MACLAREN, Leslie	St Austell Running Club	Female under 35	14:37.8
314	3:12:49	WONG-BROOKS, Lai-yin	Bats	Female Vet 45-49	14:42.9
315	3:12:49	WEAVER-GORE, Kathryn	Plymouth Musketeers	Female Vet 55-59	14:42.9
316	3:13:16	BOWDEN, Jenny	Newquay Road Runners	Female Vet 50-54	14:45.0
317	3:13:18	JANE, Gary	St Austell Running Club	Male Vet 45-49	14:45.1