

Provisional Results for All Competitors in finish order.

Place	Time	Name	Team	Race Age Category	Pace min/mile	Race No	Race Place
1	0:34:41	BIRCHMORE, Michael	Newquay Road Runners	Male Under 40	05:34.8	166	1
2	0:34:42	PARSONS, Michael	Newquay Road Runners	Male Under 40	05:34.9	123	2
3	0:35:46	CARTHEY, Tom	Falmouth Road Runners	Male Under 40	05:45.2	146	3
4	0:37:10	DOBSON, Jacob	Falmouth Road Runners	Male Under 40	05:58.8	164	4
5	0:37:16	ANGELL, Dave	Mile High	Male Under 40	05:59.7	150	5
6	0:38:03	SLATTERY, Tom	Cornwall Athletic Club	Male Under 40	06:07.3	70	6
7	0:38:36	LUXMORE, Jamie	Mile High	Male Under 40	06:12.6	130	7
8	0:38:46	MURRANT, Keiran	Hayle Runners	Male Under 40	06:14.2	131	8
9	0:39:13	FLEMING, Theo	Mile High	Male Under 40	06:18.6	64	9
10	0:39:21	BARNET, James	Falmouth Road Runners	Male Under 40	06:19.8	56	10
11	0:39:27	KEEFE, Richard	Falmouth Road Runners	Male Vet 40+	06:20.8	160	11
12	0:40:25	DAVIES, James	Truro Running Club	Male Under 40	06:30.1	119	12
13	0:40:46	KLIMEK, Kristof	Cornwall Athletic Club	Male Under 40	06:33.5	112	13
14	0:41:02	SAWFORD, Paul	Carn Runners	Male Vet 40+	06:36.1	132	14
15	0:41:25	CHYNOWETH, Richard	Truro Running Club	Male Under 40	06:39.8	134	15
16	0:41:40	CAPPS, David	Falmouth Road Runners	Male Under 40	06:42.2	136	16
17	0:41:49	RAGGET, Donna	Cornwall Athletic Club	Female Vet 45+	06:43.7	133	17
18	0:41:50	WATSON, Robin	Falmouth Road Runners	Male Vet 50+	06:43.8	147	18
19	0:42:54	CHIRGWIN, Rob	Truro Running Club	Male Under 40	06:54.1	140	19
20	0:43:58	ABEL, Noel	Mile High	Male Under 40	07:04.4	144	20
21	0:44:08	BROWN, Craig		Male Vet 40+	07:06.0	159	21
22	0:44:20	LAURIE, Andrew	Falmouth Road Runners	Male Vet 50+	07:07.9	59	22
23	0:44:25	WOOD, Bill	Falmouth Road Runners	Male Vet 50+	07:08.8	97	23
24	0:44:54	RICHARDS, Stuart	St.Austell Running Club	Male Vet 40+	07:13.4	152	24
25	0:46:03	POPPERWELL, Beth	Mile High	Female Vet 35+	07:24.5	139	25
26	0:46:11	WILSON, Michael	Truro Running Club	Male Vet 50+	07:25.8	113	26
27	0:46:32	COCKCROFT, Adrian		Male Vet 40+	07:29.2	125	27
28	0:46:39	REEVE, Paul		Male Vet 40+	07:30.3	120	28
29	0:47:02	PEARCE, Julia	Cornwall Athletic Club	Female Vet 35+	07:34.0	124	29
30	0:47:10	BLACKBURN, Amy	Mile High	Female Under 35	07:35.3	138	30
31	0:47:27	FRANCE, Stephen		NDB	07:38.0	109	31
32	0:47:40	CROWLE, Jonathan		Male Vet 40+	07:40.1	161	32
33	0:47:58	FRANTZ, Derrick	Cornwall Athletic Club	Male Vet 40+	07:43.0	72	33
34	0:48:27	MARSH, Liam		Male Under 40	07:47.7	141	34
35	0:48:31	INGER, Richard		Male Vet 40+	07:48.3	135	35
36	0:48:57	RANDALL, Thomas		Male Under 40	07:52.5	148	36
37	0:49:20	SOPP, Tom	Falmouth Road Runners	Male Vet 40+	07:56.2	163	37
38	0:49:23	WARD, Gemma		Female Under 35	07:56.7	156	38
39	0:49:24	GEARING, Nicola		Female Under 35	07:56.9	102	39
40	0:49:27	PICKFORD, Ryan		Male Under 40	07:57.3	88	40
41	0:49:33	JAIPAUL, Ravi		Male Under 40	07:58.3	51	41
42	0:50:10	MITCHELL, Jon		Male Vet 40+	08:04.3	154	42
43	0:50:17	SLATTERY, Jason	Cornwall Athletic Club	Male Under 40	08:05.4	71	43
44	0:50:27	BENNETT, Luke		Male Vet 50+	08:07.0	86	44
45	0:50:51	FOY, Hannah	Mile High	Female Vet 35+	08:10.9	143	45
46	0:50:57	WOOD, Julianne	Falmouth Road Runners	Female Vet 45+	08:11.8	96	46
47	0:51:20	STEWART, Juliet	Truro Running Club	Female Vet 45+	08:15.5	155	47
48	0:51:44	SOMERS, Nigel		Male Vet 40+	08:19.4	111	48
49	0:51:55	BURROWS, Max	Falmouth Road Runners	Male Vet 50+	08:21.2	98	49
50	0:52:05	PARSONS, Faye		Female Under 35	08:22.8	122	50
51	0:52:26	UREN, Lisa	Carn Runners	Female Vet 35+	08:26.1	107	51
52	0:52:32	WILKES, Judith	Falmouth Road Runners	Female Vet 45+	08:27.1	151	52
53	0:52:53	MACKENZIE, Alan	Falmouth Road Runners	Male Vet 50+	08:30.5	92	53
54	0:53:00	SYKES, Sue		Female Vet 55+	08:31.6	110	54
55	0:53:10	HOLDING, Ruth		Female Vet 45+	08:33.2	137	55
56	0:53:14	HEMSWORTH, Kim	Falmouth Road Runners	Male Vet 60+	08:33.9	126	56
57	0:53:23	GRIFFITHS-CLARE, Scott		Male Under 40	08:35.3	100	57

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Place	Time	Name	Team	Race Age Category	Pace min/mile	Race No	Race Place
58	0:53:33	KNUCKEY, Nigel	Truro Running Club	Male Vet 60+	08:36.9	149	58
59	0:53:37	QUEST, Lucie		Female Under 35	08:37.6	116	59
60	0:53:49	SLY, Sandra	Truro Running Club	Female Vet 45+	08:39.5	142	60
61	0:54:49	DUNFORD, Rosie		Female Under 35	08:49.2	90	61
62	0:54:49	DUNFORD, Robert		Male Vet 50+	08:49.2	89	62
63	0:54:52	STUART, Nigel		Male Vet 50+	08:49.6	55	63
64	0:55:04	SHARPE, Bill		Male Vet 50+	08:51.6	108	64
65	0:55:07	COPE, Jackie	Falmouth Road Runners	Female Vet 60+	08:52.1	53	65
66	0:55:18	JENKIN, Steven	Cornwall Athletic Club	Male Vet 40+	08:53.8	84	66
67	0:56:02	HOUGHTON, Dom		Male Vet 50+	09:00.9	82	67
68	0:57:05	ALLEN, Emma		Female Vet 45+	09:11.0	158	68
69	0:57:10	WILTON, David	Falmouth Road Runners	Male Vet 60+	09:11.8	75	69
70	0:57:15	NEWTON, Roy	Falmouth Road Runners	Male Vet 65+	09:12.6	99	70
71	0:57:22	SEWARD-ADAMS, Emma		Female Vet 35+	09:13.8	83	71
72	0:57:44	WALLIS, Nicola	Plymouth Musketeers	Female Vet 35+	09:17.3	91	72
73	0:57:51	BROWN, Joanne		Female Vet 35+	09:18.4	157	73
74	0:57:57	ROWE, Philip	Hayle Runners	Male Vet 65+	09:19.4	61	74
75	0:58:09	RICKARD, Chloe		Female Under 35	09:21.3	106	75
76	0:58:10	HADFIELD, Angeline	Truro Running Club	Female Under 35	09:21.5	77	76
77	0:59:00	HILTON, Glen		Male Under 40	09:29.5	80	77
78	0:59:07	ASHTON, Lucy		Female Vet 35+	09:30.7	115	78
79	0:59:07	O'NEILL, Brian		Male Vet 50+	09:30.7	65	79
80	0:59:13	BRADSHAW, Verity		Female Vet 35+	09:31.6	67	80
81	0:59:14	LATHOM, Janet	Launceston Road Runners	Female Vet 60+	09:31.8	73	81
82	0:59:23	MITCHELL, Dan		Male Vet 40+	09:33.2	153	82
83	0:59:30	BOARDMAN, Diane	Truro Running Club	Female Under 35	09:34.4	127	83
84	1:00:08	MOUNTER, David	Carn Runners	Male Vet 65+	09:40.5	58	84
85	1:01:01	BROUGHTON, Sharon	Falmouth Road Runners	Female Vet 45+	09:49.0	105	85
86	1:01:29	BEEVER, Emma		Female Vet 35+	09:53.5	121	86
87	1:02:44	HILL, Clare		Female Under 35	10:05.6	145	87
88	1:02:50	MITCHELL, Sam		Female Vet 45+	10:06.5	81	88
89	1:02:53	CORTES, Deborah		Female Under 35	10:07.0	101	89
90	1:03:02	RAPIER, Jaqueline	Truro River Rowing Club	Female Vet 55+	10:08.5	54	90
91	1:04:26	ASPINALL, Louise		Female Vet 35+	10:22.0	79	91
92	1:04:30	CARTER, Catherine		Female Vet 45+	10:22.6	74	92
93	1:04:47	BROWN, Sally		Female Vet 35+	10:25.4	52	93
94	1:06:32	LAWRENCE, Trudi	Falmouth Road Runners	Female Under 35	10:42.3	165	94
95	1:07:15	BRADWOOD, Laura	Falmouth Road Runners	Female Vet 35+	10:49.2	128	95
96	1:07:15	WALL, Ashley	Falmouth Road Runners	Female Vet 45+	10:49.2	129	96
97	1:07:38	MITCHELL, Denise		Female Vet 35+	10:52.9	62	97
98	1:08:41	TRERISE, Catherine		Female Vet 45+	11:03.0	87	98
99	1:10:16	HICKS, Laura		Female Under 35	11:18.3	57	99
100	1:10:21	BOXALL, Melanie	Falmouth Road Runners	Female Vet 45+	11:19.1	78	100
101	1:10:59	LAWRENCE, Steve	Falmouth Road Runners	Male Vet 60+	11:25.2	76	101
102	1:12:08	HOCKING, Deborah	Carn Runners	Female Vet 45+	11:36.3	93	102
103	1:12:08	SAVAGE, Wendy	Carn Runners	Female Vet 45+	11:36.3	103	103
104	1:12:08	PHILLIPS, Caroline	Carn Runners	Female Vet 45+	11:36.3	104	104
105	1:12:11	VINNECOMBE, Caroline	Carn Runners	Female Vet 35+	11:36.8	68	105
106	1:12:26	SLATER, Kirstie		Female Vet 35+	11:39.2	162	106
107	1:14:08	LAWSON, Claire		Female Under 35	11:55.6	118	107
108	1:14:10	PENTREATH, Jackie	Falmouth Road Runners	Female Vet 55+	11:56.0	117	108
109	1:14:42	GUDZIJ, Vicki		Female Under 35	12:01.1	94	109
110	1:14:42	COCKS, Clare	Falmouth Road Runners	Female Vet 35+	12:01.1	95	110

There were 110 finishers in the All Competitors category.

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