

15 July 2015. 7:00 pm Tywardreath Trotte 7 Mile Race

txtPlace	txtTime	txtName	txtTeam	txtCat2	txtGrad	txtEntr	txtPosn
1	0:42:16	BATEMAN, Dominic	Bodmin Road Runners	Male under 35	06:02.2	313	1
2	0:42:33	HUMPHREY, Thomas	Plymouth Harriers	Male under 35	06:04.6	600	2
3	0:42:41	DANIELS, Alex	Newquay Road Runners	Male 40-44	06:05.7	538	3
4	0:42:48	LUXMOORE, Jamie	Mile High	Male 35-39	06:06.7	557	4
5	0:42:59	PRICE, Tim	Knowle and Dorridge	Male 35-39	06:08.3	446	5
6	0:43:15	CARTHEY, Tom	Falmouth Road Runners	Male under 35	06:10.6	590	6
7	0:44:42	LONGHORN, Jason	Falmouth Road Runners	Male 40-44	06:23.0	578	7
8	0:44:45	MCWILLIAMS, John	Mounts Bay Harriers	Male under 35	06:23.5	541	8
9	0:44:53	YOULDEN, Jamie	St Austell RC	Male 35-39	06:24.6	520	9
10	0:45:05	SAWFORD, Paul	Carn Runners	Male 45-49	06:26.3	564	10
11	0:45:40	MASTERS, Jamie	St Austell RC	Male under 35	06:31.3	406	11
12	0:45:53	HOWES, Dan		Male 40-44	06:33.2	67	12
13	0:46:10	HALL, Craig	Carn Runners	Male 40-44	06:35.6	373	13
14	0:46:17	WISNER, John		Male 45-49	06:36.6	504	14
15	0:46:43	STRACHAN, Stephen	Falmouth Road Runners	Male 40-44	06:40.3	529	15
16	0:46:50	HANDS, Stephen	St Austell RC	Male 45-49	06:41.3	375	16
17	0:47:09	KOTWINSKI, David		Male 35-39	06:44.0	46	17
18	0:47:29	VARKEER, Darren	St Austell RC	Male 40-44	06:46.9	487	18
19	0:47:58	PAINE, Jamie		Male under 35	06:51.0	539	19
20	0:48:16	LOBB, Joe	PL24	Male under 35	06:53.6	589	20
21	0:48:18	CURTIS, Matt	Hayle Runners	Male 35-39	06:53.9	342	21
22	0:48:19	MANCER, Lucy	St Austell RC	Female 40-44	06:54.0	602	22
23	0:48:35	LITTLEJOHNS, Mark	Falmouth Road Runners	Male 40-44	06:56.3	598	23
24	0:48:40	HUGHES, Joe	PL24	Male under 35	06:57.0	73	24
25	0:48:50	ULLMAN, Chris	East Cornwall Harriers	Male 40-44	06:58.5	577	25
26	0:48:58	BARNET, James	Falmouth Road Runners	Male under 35	06:59.6	311	26
27	0:49:14	WEBB, Douglas	Plymouth Triathlon Club	Male 45-49	07:01.9	601	27
28	0:49:18	TAPHOUSE, Joshua	Newquay Par AC	Male under 35	07:02.5	474	28
29	0:49:27	PITCHER, Tom	Tamar Trotters	Male under 35	07:03.7	444	29
30	0:49:28	BRYDON, James	Bodmin Road Runners	Male under 35	07:03.9	324	30
31	0:49:32	RAGGETT, Donna	Cornwall AC	Female 40-44	07:04.5	565	31
32	0:49:49	COX, Nigel		Male 50-54	07:06.9	338	32
33	0:49:55	ABBOTT, Brian	St Austell RC	Male 50-54	07:07.7	306	33
34	0:49:59	COCKLEY, James		Male under 35	07:08.3	333	34
35	0:50:02	BLACKIE, Stuart		Male 40-44	07:08.7	42	35
36	0:50:03	VARKEER, Geoff		Male 45-49	07:08.9	486	36
37	0:50:07	REID, Steve	St Austell RC	Male 40-44	07:09.5	452	37
38	0:50:33	NASH, Jenny	East Cornwall Harriers	Female 50-54	07:13.2	420	38
39	0:50:36	WELLER, Sam		Male under 35	07:13.6	494	39
40	0:50:41	WOOLDRIDGE, David	Newquay Road Runners	Male 50-54	07:14.3	542	40
41	0:50:46	WARD, Matt	PL24	Male 40-44	07:15.0	99	41
42	0:51:05	LUCKHURST, Will		Male 45-49	07:17.7	550	42
43	0:51:08	GURRY, Harvey	Plymstock Road Runners	Male 50-54	07:18.2	526	43
44	0:51:15	LAMPSHIRE, Trevelyan		Male under 35	07:19.2	397	44
45	0:51:17	WILSON, Chris	Real Buzz Running	Male 45-49	07:19.4	56	45
46	0:51:21	WILLIAMS, Denzil	St Austell RC	Male 40-44	07:20.0	55	46
47	0:51:22	JACKSON, Brett	St Austell RC	Male under 35	07:20.2	588	47
48	0:51:28	CHAPMAN, Chris	PL24	Male 35-39	07:21.0	61	48
49	0:51:51	ALLEN, Peter	Newquay Road Runners	Male 55-59	07:24.3	37	49
50	0:51:54	HAFFENDEN, Nigel	Harriers	Male 45-49	07:24.7	371	50
51	0:51:55	RICHMOND, Harvey	Bude Rats	Male 35-39	07:24.9	515	51
52	0:51:57	EYRE, Janna	Carn Runners	Female under 35	07:25.2	357	52
53	0:52:02	CROWLE, Ian	East Cornwall Harriers	Male 55-59	07:25.9	340	53
54	0:52:03	EMMERTON, Kevin	Newquay Road Runners	Male 50-54	07:26.0	355	54
55	0:52:05	BENNETT, Charlotte	Hayle Runners	Female 40-44	07:26.3	433	55
56	0:52:07	SAUNDRY, Ross		Male under 35	07:26.6	69	56
57	0:52:15	SIMS, Andrew	East Cornwall Harriers	Male 45-49	07:27.7	537	57
58	0:52:20	FOSTER, Mark		Male 40-44	07:28.4	523	58
59	0:52:22	MEENS, Daniel	St Austell RC	Male under 35	07:28.7	528	59
60	0:52:41	WARREN, Jeremy	St Austell RC	Male 45-49	07:31.4	535	60
61	0:53:02	GEORGE, Craig	PL24	Male 40-44	07:34.4	43	61
62	0:53:09	O'LEARY, Amanda	Knowle and Dorridge	Female 45-49	07:35.4	425	62
63	0:53:11	ABBOTT, Joshua		Male under 35	07:35.7	59	63
64	0:53:21	ANDREWARTHA, David		Male under 35	07:37.2	308	64
65	0:53:22	GOUNDRY, Andrew	Truro Running Club	Male 45-49	07:37.3	366	65
66	0:53:25	HARVEY, Richard	Carn Runners	Male 35-39	07:37.7	516	66
67	0:53:28	WILCOX, David	Truro Running Club	Male 40-44	07:38.2	496	67
68	0:53:33	WILSON, Michael	Truro Running Club	Male 55-59	07:38.9	502	68
69	0:53:36	KEATES, Nathan		Male 35-39	07:39.3	394	69
70	0:53:46	HEWITT, Chris		Male under 35	07:40.7	381	70
71	0:54:00	DUNN, Sam		Male 35-39	07:42.7	549	71
72	0:54:01	RAPSON, Nigel		Male 50-54	07:42.9	450	72
73	0:54:15	MULLIS, Adrian		Male under 35	07:44.9	48	73
74	0:54:20	LITTLEWOOD, Ian	East Cornwall Harriers	Male 35-39	07:45.6	402	74
75	0:54:23	HILDRED, Simon	Truro Running Club	Male 50-54	07:46.0	597	75
76	0:54:26	ZURAWIK, Jaroslaw		Male under 35	07:46.4	506	76
77	0:54:32	PENHALIGON, Chris		Male under 35	07:47.3	593	77
78	0:54:36	HARDING, Ben	East Cornwall Harriers	Male under 35	07:47.9	422	78
79	0:54:39	PEMBERTHY, Michael	Hayle Runners	Male 55-59	07:48.3	439	79
80	0:54:44	THOMAS, Rachael	Cornwall AC	Female 40-44	07:49.0	479	80
81	0:54:47	COOPER, Shane	St Austell RC	Male under 35	07:49.4	336	81
82	0:54:47	LORD, OLLIE	East Cornwall Harriers		07:49.4	576	82
83	0:54:48	BRYDON, Jim	Bodmin Road Runners	Male 50-54	07:49.6	326	83
84	0:54:49	HARRIS, Geoff	Newquay Road Runners	Male 50-54	07:49.7	546	84
85	0:55:01	CROWLE, Jonathan	Truro Running Club	Male 40-44	07:51.4	339	85
86	0:55:07	ADIE, Gordon	Truro Running Club	Male 50-54	07:52.3	307	86
87	0:55:09	HUTCHINSON, Stephen	Bude Run & Tri	Male 60-64	07:52.6	387	87
88	0:55:13	SHARMAN, Patrick		Male 35-39	07:53.2	461	88
89	0:55:20	NUGENT, Debbie	Carn Runners	Female 50-54	07:54.2	584	89
90	0:55:20	DOWRICK, Mike	Cornwall AC	Male 40-44	07:54.2	585	90
91	0:55:29	GOLLEY, Paul	Mud Crew	Male 35-39	07:55.4	531	91

Tabitha

under 35

92	0:55:30	MCDONAGH, Lynn	Hardley Runners	Female 45-49	07:55.6	309	92
93	0:55:37	COLEY, ALEX	East Cornwall Harriers	Male under 35	07:56.6	334	93
94	0:55:42	CIANO, Phillip	Newquay Road Runners	Male 50-54	07:57.3	332	94
95	0:55:51	DAW, Sharon	East Cornwall Harriers	Female 45-49	07:58.6	344	95
96	0:56:23	BREEN, Donal	Truro Running Club	Male 45-49	08:03.2	405	96
97	0:56:31	POWELL, Simon	UK Net Runners	Male under 35	08:04.3	445	97
98	0:56:31	JEFFERIS, Gary	UK Net Runners	Male 35-39	08:04.3	391	98
99	0:56:37	BERRYMAN, Fred	PL24	Male under 35	08:05.2	41	99
100	0:56:42	PALIN, Malcolm	Looe Pioneers	Male 55-59	08:05.9	428	100
101	0:56:43	KING, Kevin	Hayle Runners	Male 55-59	08:06.0	395	101
102	0:56:49	HARRISON, Matthew	Bodmin Road Runners	Male 35-39	08:06.9	377	102
103	0:56:50	JORDAN, Peter	Hayle Runners	Male under 35	08:07.0	393	103
104	0:56:52	CAMBORIEUX, Catheryn	St Austell RC	Female 45-49	08:07.3	596	104
105	0:56:55	GRIGG, Mark		Male under 35	08:07.7	369	105
106	0:56:59	LITTLEWOOD, Louise	East Cornwall Harriers	Female 45-49	08:08.3	403	106
107	0:57:00	PAUL, Kerry	Lanhydrock Wheelers	Female 40-44	08:08.4	435	107
108	0:57:00	WARWICK, Rupert	East Cornwall Harriers	Male 45-49	08:08.4	555	108
109	0:57:02	RINGER, Ian	Bodmin Road Runners	Male 65-69	08:08.7	454	109
110	0:57:03	GRONWALT, Ian		Male 45-49	08:08.9	44	110
111	0:57:15	ANNEAR, Justin		Male 35-39	08:10.6	38	111
112	0:57:18	CHERRY, Rob	St Austell RC	Male 45-49	08:11.0	331	112
113	0:57:23	SAEBBOE, Jone		Male 40-44	08:11.7	512	113
114	0:57:37	PICK, Rob	East Cornwall Harriers	Male 55-59	08:13.7	575	114
115	0:57:43	CLEMENTS, Colette	Newquay Road Runners	Female 35-39	08:14.6	568	115
116	0:57:56	HAFFENDEN, Sally	Harriers	Male 45-49	08:16.4	372	116
117	0:58:00	GEORGE, William		Male under 35	08:17.0	605	117
118	0:58:11	HARVEY, Ceri	Carn Runners	Female 35-39	08:18.6	378	118
119	0:58:19	MAURIER, Wesley		Male under 35	08:19.7	524	119
120	0:58:28	MOORE, Andy	Hayle Runners	Male 55-59	08:21.0	412	120
121	0:58:29	THOMAS, Helen	Carn Runners	Female 40-44	08:21.2	477	121
122	0:58:39	BULLEY, Jamie		Male 35-39	08:22.6	327	122
123	0:58:42	WALLBANK, Rob	St Austell RC	Male under 35	08:23.0	489	123
124	0:58:42	MORCOM, Ross		Male 35-39	08:23.0	414	124
125	0:58:47	MILES, Tom		Male 35-39	08:23.7	534	125
126	0:58:48	QUANTICK, Martin		Male 35-39	08:23.9	447	126
127	0:58:50	GIBBONS, Alex		Male under 35	08:24.2	362	127
128	0:58:58	JONES, Malcolm	Launceston Road Runners	Male 55-59	08:25.3	571	128
129	0:59:02	STEPHENS, Emma	Bodmin Road Runners	Female under 35	08:25.9	470	129
130	0:59:06	BARLOW, Phil		Male 45-49	08:26.4	58	130
131	0:59:16	DENNE, Oliver		Male 40-44	08:27.9	533	131
132	0:59:16	BEST, Andy		Male 45-49	08:27.9	587	132
133	0:59:24	GOUDIE, James		Male 35-39	08:29.0	364	133
134	0:59:26	BRAY, Daniel		Male under 35	08:29.3	321	134
135	0:59:30	SWEET, Kerry	St Austell RC	Female under 35	08:29.9	471	135
136	0:59:37	LONG, Simon	East Cornwall Harriers	Male 45-49	08:30.9	556	136
137	0:59:42	TAGNEY, Gregory	Dallam Runners	Male 60-64	08:31.6	472	137
138	0:59:45	EAGLING, Nigel	Truro Running Club	Male 60-64	08:32.0	352	138
139	0:59:47	WARRINGTON, Trystan		Male 40-44	08:32.3	74	139
140	0:59:50	ROWE, Kerri	Bodmin Road Runners	Female under 35	08:32.7	532	140
141	0:59:57	BOWKER, Rachel	Hayle Runners	Female 45-49	08:33.7	318	141
142	1:00:01	HILL, Nick		Male under 35	08:34.3	384	142
143	1:00:02	GREET, Pete	St Austell RC	Male 40-44	08:34.4	63	143
144	1:00:03	TAYLOR, Josh		Male under 35	08:34.6	54	144
145	1:00:08	BEARD, Robert	Bodmin Road Runners	Male 50-54	08:35.3	508	145
146	1:00:17	BURNS, Julia	Hayle Runners	Female 50-54	08:36.6	328	146
147	1:00:26	JAY, Andrew	St Austell RC	Male 40-44	08:37.9	390	147
148	1:00:30	BRYDON, Jackie	Bodmin Road Runners	Female 45-49	08:38.4	325	148
149	1:00:31	O'LEARY, Ryan	Knowle and Dorridge	Male 40-44	08:38.6	426	149
150	1:00:32	BARNETT, Karen		Male 35-39	08:38.7	40	150
151	1:00:34	VAN DER EYKEN, Robin	Bahrain Roadrunners	Male 45-49	08:39.0	485	151
152	1:00:50	TRETHEWEY, Martin	St Austell RC	Male 45-49	08:41.3	484	152
153	1:01:01	WILLIAMS, Amy	East Cornwall Harriers	Female under 35	08:42.9	498	153
154	1:01:03	SCRACE, Shaun	St Austell RC	Male 40-44	08:43.1	569	154
155	1:01:05	MOORE, Thomas	Truro Running Club	Male under 35	08:43.4	411	155
156	1:01:09	ROWETT, Gavin		Male 35-39	08:44.0	458	156
157	1:01:10	NORMAN, Joeli		Female under 35	08:44.1	423	157
158	1:01:14	LONGHORN, Monica	Falmouth Road Runners	Female 40-44	08:44.7	521	158
159	1:01:17	MCGUFFIE, Laura		Female under 35	08:45.1	47	159
160	1:01:24	LUXMOORE, Michael		Male 65-69	08:46.1	540	160
161	1:01:29	HARRIS, Shona	Truro Running Club	Male under 35	08:46.9	376	161
162	1:01:29	MOORE, Kelly	Hayle Runners	Female under 35	08:46.9	413	162
163	1:01:52	SHAW, Sian	Newquay Road Runners	Female 35-39	08:50.1	462	163
164	1:01:53	WILLIAMS, Lee		Male 40-44	08:50.3	497	164
165	1:02:01	PEMBERTHY, Carol	Carn Runners	Female 55-59	08:51.4	438	165
166	1:02:08	BURROWS, Robert	Mounts Bay Harriers	Male 60-64	08:52.4	329	166
167	1:02:09	DUNKLEY, Marc		Male 40-44	08:52.6	351	167
168	1:02:13	FRITH, Ray	Newquay Road Runners	Male 65-69	08:53.1	360	168
169	1:02:15	WATSON, Janet	Falmouth Road Runners	Female 50-64	08:53.4	552	169
170	1:02:20	THOMAS, Fiona	St Austell RC	Female under 35	08:54.1	478	170
171	1:02:23	UREN, Lisa	Carn Runners	Female 35-39	08:54.6	561	171
172	1:02:27	BATE, Geoff	St Austell RC	Male 50-54	08:55.1	312	172
173	1:02:31	SUTTON, Andrew	Newquay Road Runners	Male 40-44	08:55.7	554	173
174	1:02:34	SMITH, Sam	Mud Crew	Female 35-39	08:56.1	599	174
175	1:02:39	WARD, James		Male under 35	08:56.9	490	175
176	1:02:39	BATEMAN, Rebecca	Bodmin Road Runners	Female 35-39	08:56.9	314	176
177	1:02:40	PALMER, Stefan	Bodmin Road Runners	Male 40-44	08:57.0	429	177
178	1:02:41	BASTYNS, Nele		Female 35-39	08:57.1	606	178
179	1:02:55	LAWRY, Ross	St Austell RC	Male 35-39	08:59.1	399	179
180	1:02:56	PICKARD, Linda	Launceston Road Runners	Female 50-54	08:59.3	443	180
181	1:03:01	IGOE, Haley		Female under 35	09:00.0	66	181
182	1:03:02	TAGNEY, Simon	PL24	Male 50-54	09:00.1	65	182
183	1:03:03	DOWDESWELL, Gavin		Male 40-44	09:00.3	346	183
184	1:03:22	MIDDLETON, Paul	Truro Running Club	Male 40-44	09:03.0	408	184

185	1:03:24	MORGAN, Joanna		Female under 35	09:03.3	62	185
186	1:03:44	BINNEY, Jonathon		Male 45-49	09:06.1	547	186
187	1:04:12	RICHIE, Janet	Carn Runners	Female 50-54	09:10.1	453	187
188	1:04:18	PICKARD, Dave	Launceston Road Runners	Male 55-59	09:11.0	442	188
189	1:04:31	WEBB, Mark		Male under 35	09:12.9	594	189
190	1:04:32	HILL, Charles		Male under 35	09:13.0	385	190
191	1:04:45	PINCKSTON, Sharon	St Austell RC	Female 35-39	09:14.9	68	191
192	1:05:02	MARSHALL, Nigel	St Austell RC	Male 40-44	09:17.3	400	192
193	1:05:04	BEDFORD, Penny		Female 35-39	09:17.6	522	193
194	1:05:16	DAVEY, Tamsin	Cornwall AC	Female 45-49	09:19.3	343	194
195	1:05:17	TAGNEY, Luke		Male 35-39	09:19.4	530	195
196	1:05:20	SIM, Michael		Male 45-49	09:19.9	573	196
197	1:05:26	WARREN, Diane	Hayle Runners	Female 50-64	09:20.7	491	197
198	1:05:34	MCNEILLY, Harry		Male 35-39	09:21.9	579	198
199	1:05:44	PATTEN, Lucinda	East Cornwall Harriers	Female under 35	09:23.3	434	199
200	1:05:44	COVUS, Steven	St Austell RC	Male 40-44	09:23.3	72	200
201	1:05:44	ROWE, Melissa	St Austell RC	Female 40-44	09:23.3	457	201
202	1:05:50	WILLSON, Richard	Truro Running Club	Male 60-64	09:24.1	501	202
203	1:05:58	BLACKBEARD, Marie	St Austell RC	Female 45-49	09:25.3	519	203
204	1:05:59	WILLIAMS, Maria	Hayle Runners	Female 50-54	09:25.4	500	204
205	1:06:16	BOARDMAN, Diane	Truro Running Club	Female under 35	09:27.9	583	205
206	1:06:16	DREW, Barry	Carn Runners	Male 65-69	09:27.9	350	206
207	1:06:24	BROWN, Jon	Team Bath	Male 50-54	09:29.0	322	207
208	1:06:40	TREGIDGO, Steve	St Austell RC	Male 35-39	09:31.3	525	208
209	1:06:43	BRADY, Jeanette	Bodmin Womens RC	Female 45-49	09:31.7	320	209
210	1:06:44	PARSONS, Alison	Bodmin Womens RC	Female 45-49	09:31.9	431	210
211	1:06:58	SAUNTER, Jenny	Bodmin Womens RC	Female 45-49	09:33.9	459	211
212	1:07:32	RICHARDS, Nicola		Female 40-44	09:38.7	517	212
213	1:07:39	TRETHEWEY, Charlie	St Austell RC	Female 35-39	09:39.7	483	213
214	1:07:41	PENHALIGON, John		Male 50-54	09:40.0	71	214
215	1:07:55	RATCLIFFE, Daniel		Male 40-44	09:42.0	51	215
216	1:07:55	SHUTT, Penny		Female under 35	09:42.0	464	216
217	1:08:01	HALEY, Adam		Male under 35	09:42.9	511	217
218	1:08:03	PHILLIPS, Matt	St Austell RC	Male 50-54	09:43.1	441	218
219	1:08:29	BATCHELOR, Kristin		Female 45-49	09:46.9	536	219
220	1:08:30	WARD, Steve		Male 40-44	09:47.0	70	220
221	1:08:39	SENIOR, Anne	Hayle Runners	Female 55-59	09:48.3	582	221
222	1:08:41	SPARGO, Philip	Truro Running Club	Male 55-59	09:48.6	468	222
223	1:09:02	GURRY, Thomas	Plymstock Road Runners	Male under 35	09:51.6	527	223
224	1:09:06	BROWN, Teresa		Female 40-44	09:52.1	323	224
225	1:09:11	HAY, Adam	Truro Running Club	Male under 35	09:52.8	380	225
226	1:09:16	THOMAS, Lewis		Male under 35	09:53.6	480	226
227	1:09:17	PARISH, David	PL24	Male 50-54	09:53.7	50	227
228	1:09:27	PAYNE, Holly	St Austell RC	Female under 35	09:55.1	437	228
229	1:09:29	BROWN, Roger	Falmouth Road Runners	Male 45-49	09:55.4	604	229
230	1:09:29	PAYNE, Samantha	Falmouth Road Runners	Female under 35	09:55.4	436	230
231	1:09:29	FERGUSON, Ian	Falmouth Road Runners	Male 35-39	09:55.4	358	231
232	1:09:34	NEWTON, Roy	Falmouth Road Runners	Male 65-69	09:56.1	421	232
233	1:09:38	KINGTON, Norris	Cornwall AC	Male 70-74	09:56.7	396	233
234	1:09:49	PORT, Rory		Male 35-39	09:58.3	591	234
235	1:10:03	ROBSON, Tim		Male 45-49	10:00.3	456	235
236	1:10:08	SMITH, Leanne		Female 35-39	10:01.0	57	236
237	1:10:08	JOHNSON, Sarah		Female 35-39	10:01.0	64	237
238	1:10:08	APPLETON, Jane	St Austell RC	Female 35-39	10:01.0	39	238
239	1:10:08	DAVEY, Katie		Female under 35	10:01.0	60	239
240	1:10:28	MORSE, Jackie	Mounts Bay Harriers	Female 55-59	10:03.8	514	240
241	1:10:31	BEARD, Sharon	Bodmin Road Runners	Female 40-44	10:04.3	509	241
242	1:10:34	GARRETT, Jo		Female under 35	10:04.7	341	242
243	1:10:37	RALLS, Patsy	St Austell RC	Female 50-54	10:05.1	448	243
244	1:10:58	EVANS, Des	Newquay Road Runners	Male 65-69	10:08.1	356	244
245	1:11:06	EAREE, Sally		Female 45-49	10:09.3	353	245
246	1:11:09	MCFADDEN, Tracy	Bodmin Womens RC	Female 50-54	10:09.7	563	246
247	1:11:10	FLOYD-NORRIS, Sue	St Austell RC	Female 40-44	10:09.8	543	247
248	1:11:22	WEEKS, Rebecca		Female 40-44	10:11.6	560	248
249	1:11:29	JEWELS, Lucy	St Austell RC	Female 40-44	10:12.6	392	249
250	1:11:34	Margrethe		Female 40-44	10:13.3	513	250
251	1:11:35	HEYWOOD, Steve	Bideford AAC	Male 60-64	10:13.4	383	251
252	1:11:36	DOWLING, John		Male 65-69	10:13.6	348	252
253	1:12:08	WILLIAMS, Sue	St Austell RC	Female 65-69	10:18.1	499	253
254	1:12:09	TRAVERS, Pippa	Hayle Runners	Female under 35	10:18.3	482	254
255	1:12:10	WISNER, Kath		Female 40-44	10:18.4	505	255
256	1:12:23	PALK, Verity		Female 35-39	10:20.3	548	256
257	1:12:24	KIMPTON, Fred		Male 45-49	10:20.4	518	257
258	1:12:26	SMITH, Joe		Male 65-69	10:20.7	467	258
259	1:12:37	PAGANO, Angelina	St Austell RC	Female 45-49	10:22.3	559	259
260	1:12:38	DEZORZI, Dino	St Austell RC	Male 45-49	10:22.4	558	260
261	1:12:53	BILLINGTON, Melanie	Hayle Runners	Female 45-49	10:24.6	581	261
262	1:13:02	ROLLS, Victoria		Female 35-39	10:25.8	53	262
263	1:13:30	WATTS, Debra	St Austell RC	Female 45-49	10:29.8	570	263
264	1:13:37	BOLT, Adrian	Truro Running Club	Male 45-49	10:30.8	316	264
265	1:13:40	GREENWOOD, Nicholas	Newquay Road Runners	Male under 35	10:31.3	368	265
266	1:13:59	GREEN, Liz		Female 35-39	10:34.0	367	266
267	1:14:10	JAMESON, Judy	Carn Runners	Female 55-59	10:35.6	388	267
268	1:14:25	GROSE, Darren	PL24	Male 45-49	10:37.7	45	268
269	1:14:40	THOMAS, Louise	Bodmin Womens RC	Female under 35	10:39.8	574	269
270	1:14:59	PASCOE, Anna	Carn Runners	Female under 35	10:42.6	432	270
271	1:15:17	MULLIS, Katherine		Female under 35	10:45.1	49	271
272	1:16:25	PEPPIATT, Boff	St Austell RC	Female 55-59	10:54.8	440	272
273	1:16:39	NICHOLAS, Hilary	St Austell RC	Female 55-59	10:56.8	544	273
274	1:16:39	HOAR, Nicola	St Austell RC	Female 45-49	10:56.8	551	274
275	1:16:53	DELBRIDGE, Emma		Female under 35	10:58.8	345	275
276	1:17:03	EDWARDS, Sara	St Austell RC	Female 45-49	11:00.3	354	276
277	1:17:07	MITCHELL, Dan		Male 35-39	11:00.8	572	277

278	1:17:39	TUCKER, Richard		Male 45-49	11:05.4	586	278
279	1:17:39	ROBINSON, Nigel		Male 45-49	11:05.4	580	279
280	1:18:31	JAMIESON, Sandy	Carn Runners	Female 50-64	11:12.8	389	280
281	1:18:58	WADE, Margaret	Carn Runners	Female 50-64	11:16.7	488	281
282	1:19:07	SIMMONS, Ruth	St Austell RC	Female 45-49	11:18.0	465	282
283	1:19:11	TAPPIN, Anna		Female 50-64	11:18.5	476	283
284	1:19:21	STAFF, Rachael	St Austell RC	Female 40-44	11:20.0	52	284
285	1:19:21	TALBOT, Bev	St Austell RC	Female 50-54	11:20.0	545	285
286	1:19:52	BIGGS, Matthew	Newquay Road Runners	Male 45-49	11:24.4	315	286
287	1:19:52	COURTNEY, Stacey		Female under 35	11:24.4	337	287
288	1:19:54	CHAPMAN, Jackie	Launceston Road Runners	Female 50-54	11:24.7	330	288
289	1:19:59	DEBARROS, Sara	Hayle Runners	Female 45-49	11:25.4	492	289
290	1:20:27	RALLS, David	St Austell RC	Male 60-64	11:29.4	449	290
291	1:20:42	ROBSON, Charm	St Beos Triers	Female 70+	11:31.5	455	291
292	1:20:46	PARKER, Debi	Hayle Runners	Female 45-49	11:32.1	430	292
293	1:20:46	WILSON, Lucy	Hayle Runners	Female 40-44	11:32.1	503	293
294	1:20:55	TAGNEY, Maggie	St Austell RC	Female 50-64	11:33.4	473	294
295	1:21:35	DREW, Carole	Carn Runners	Female 65-69	11:39.1	349	295
296	1:22:06	RANKIN, Amanda	Storsley Striders	Female 45-49	11:43.5	566	296
297	1:22:15	GOUDIE, Nicola		Female under 35	11:44.8	365	297
298	1:22:17	HEWITT, Nicola		Female under 35	11:45.1	382	298
299	1:22:19	TRACE, Lester	Plymouth Triathlon Club	Male 70+	11:45.4	481	299
300	1:22:48	WEBB, Tabitha		Female under 35	11:49.5	495	300
301	1:22:48	MCCAY-HINES, Roisin		Female under 35	11:49.5	407	301
302	1:23:51	ROBERTS, Nigel	Falmouth Road Runners	Male 35-39	11:58.5	553	302
303	1:24:06	RAUE, Lindsey		Female 50-64	12:00.7	451	303
304	1:24:07	MASSEY, Jennie	Bodmin Womens RC	Female 50-54	12:00.8	567	304
305	1:24:14	MARSH, Kathryn	Carn Runners	Female 40-44	12:01.8	404	305
306	1:24:24	LAWRENCE, Steve	Falmouth Road Runners	Male 60-64	12:03.3	398	306
307	1:24:39	SAVAGE, Wendy	Carn Runners	Female 50-54	12:05.4	460	307
308	1:24:45	BOWDEN, Jenny	Newquay Road Runners	Female 50-54	12:06.3	317	308
309	1:25:03	COLLEDGE, Helina		Female under 35	12:08.8	335	309
310	1:25:06	HALL, Zoe	Carn Runners	Female 45-49	12:09.3	374	310
311	1:25:08	VINNICOMBE, Caroline	Carn Runners	Female 40-44	12:09.5	562	311
312	1:25:11	GARRARD, David	Falmouth Road Runners	Male 65-69	12:10.0	361	312
313	1:25:45	PAINTER, Sarah	Hayle Runners	Female under 35	12:14.8	427	313
314	1:27:35	TAPHOUSE, Lesley	Bodmin Road Runners	Female 50-54	12:30.5	475	314
315	1:29:42	MORGAN, David		Male 65-69	12:48.7	415	315
316	1:32:41	NANCARROW, Karen	Hayle Runners	Female 45-49	13:14.2	418	316
317	1:32:42	NANCARROW, David	Hayle Runners	Male 45-49	13:14.4	419	317
318	1:34:26	BOYES, Angie	Falmouth Road Runners	Female 40-44	13:29.2	319	318
319	1:34:27	BROWN, Helen	Falmouth Road Runners	Female 45-49	13:29.4	603	319