

ProvisionRun 2018 Sunday 11 November 2018. 11:05 am

1	0:30:52	MCWILLIAMS, John	Mounts Bay Harriers	Male 20-34	06:10.3	156	1
2	0:31:42	MARPLES, Alex	Truro Running Club	Male 40-44	06:20.3	314	2
3	0:32:06	KIRTON, James	Truro Running Club	Male 20-34	06:25.1	419	3
4	0:32:21	SAWFORD, Paul	Carn Runners	Male 50-54	06:28.1	436	4
5	0:32:22	BARNET, James	Falmouth Road Runners	Male 20-34	06:28.3	332	5
6	0:32:26	BALL, Adrian	Cornwall AC	Male 50-54	06:29.1	421	6
7	0:34:03	ANNEAR, Chris	Vegan Runners	Male 20-34	06:48.5	431	7
8	0:34:05	HARVEY, Darren	East Cornwall Harriers	Male 40-44	06:48.9	477	8
9	0:34:12	PARKS, Jason	St Austell RC	Male 35-39	06:50.3	176	9
10	0:34:22	SOLE, Paul	Cornwall AC	Male 35-39	06:52.3	192	10
11	0:34:32	FOX, Danny	Truro Running Club	Male 40-44	06:54.3	277	11
12	0:34:37	HALL, Craig	Carn Runners	Male 40-44	06:55.3	405	12
13	0:34:45	SANDERCOCK, Damian	Storm Plymouth	Male 45-49	06:56.9	126	13
14	0:34:46	SOLE, Amy	Cornwall AC	Female 20-34	06:57.1	193	14
15	0:34:48	TWIGGS, Tim	Mounts Bay Harriers	Male 50-54	06:57.5	349	15
16	0:34:56	STAFF, Dale	Looe Pioneers	Male 40-44	06:59.1	166	16
17	0:34:57	HARDING, Ben	East Cornwall Harriers	Male 35-39	06:59.3	464	17
18	0:34:59	ST AUBYN, Hugh		Male 35-39	06:59.7	458	18
19	0:35:02	DOWRICK, Mike	Cornwall AC	Male 45-49	07:00.3	492	19
20	0:35:03	KEY, Andrew	Carn Runners	Male 20-34	07:00.5	138	20
21	0:35:05	CHIRGWIN, Robert	Truro Running Club	Male 20-34	07:00.9	178	21
22	0:35:06	LITTLEJOHNS, Mark	Falmouth Road Runners	Male 45-49	07:01.1	181	22
23	0:35:32	SQUIRE, Morgan	Newquay Par AC	Male 15-19	07:06.2	325	23
24	0:35:38	SOPP, Tom	Falmouth Road Runners	Male 40-44	07:07.4	134	24
25	0:35:48	WATSON, Robin	Falmouth Road Runners	Male 50-54	07:09.4	486	25
26	0:35:54	BERRYMAN, Tom	Mounts Bay Harriers	Male 20-34	07:10.6	348	26
27	0:35:57	TOSSELL, Michael	Storm Plymouth	Male 20-34	07:11.2	43	27
28	0:36:22	MORRIS, Tony	St Austell RC	Male 55-59	07:16.2	253	28
29	0:36:26	JINMAN, Rob		Male 20-34	07:17.0	9	29
30	0:36:32	HOWARD, Carl		Male 50-54	07:18.2	491	30
31	0:36:38	KEARNEY, Peter	Carn Runners	Male 55-59	07:19.4	437	31
32	0:36:52	SPENCER, Julian	Truro Running Club	Male 50-54	07:22.2	195	32
33	0:37:11	ROBINSON, Joanne	Looe Pioneers	Female 40-44	07:26.0	83	33
34	0:37:18	PICK, Robert	East Cornwall Harriers	Male 60-64	07:27.4	426	34
35	0:37:33	KING, Russell	Falmouth Road Runners	Male 35-39	07:30.4	308	35
36	0:37:45	EDWARDS, Glynn	Truro Running Club	Male 20-34	07:32.8	300	36
37	0:37:54	SOLE, John	Cornwall AC	Male 35-39	07:34.6	475	37
38	0:37:57	MCLEAN, Dee	Mounts Bay Harriers	Female 35-39	07:35.2	50	38
39	0:37:58	LAURIE, Andrew	Falmouth Road Runners	Male 55-59	07:35.4	323	39
40	0:38:00	WOOD, Bill	Falmouth Road Runners	Male 55-59	07:35.8	246	40
41	0:38:02	COX, Chris		Male 45-49	07:36.2	150	41
42	0:38:08	ALDIS, Philip	Bude Rats	Male 55-59	07:37.4	235	42
43	0:38:10	GRASSAM, Mark	Looe Pioneers	Male 45-49	07:37.8	400	43
44	0:38:14	FINNEGAN, Sarah	Truro Running Club	Female 35-39	07:38.6	427	44
45	0:38:19	LAMERTON, Ian	South West Vets AC	Male 50-54	07:39.6	265	45
46	0:38:20	CARTER, Steven	Truro Running Club	Male 45-49	07:39.8	316	46
47	0:38:27	KILGORE, David	Storm Plymouth	Male 40-44	07:41.2	342	47
48	0:38:36	HARTILL, Gail	Bodmin Road Runners	Female 40-44	07:43.0	159	48
49	0:38:49	GWYNNE, Paul	Falmouth Road Runners	Male 50-54	07:45.6	229	49
50	0:38:54	POOLEY, Robert	Carn Runners	Male 40-44	07:46.6	462	50
51	0:38:57	MORSE, Helen	East Cornwall Harriers	Female 20-34	07:47.2	480	51
52	0:38:58	LAWRY, Ross	St Austell RC	Male 40-44	07:47.4	443	52
53	0:39:11	FERGUSON, Andrew	Mud Crew	Male 50-54	07:50.0	442	53
54	0:39:12	BACKHOUSE, Stuart	Mounts Bay Harriers	Male 45-49	07:50.2	369	54
55	0:39:16	FOY, David	Falmouth Road Runners	Male 45-49	07:51.0	493	55
56	0:39:16	ALLEN, Peter	Newquay Road Runners	Male 60-64	07:51.0	214	56
57	0:39:17	HENDERSON, Mathew	St Austell RC	Male 20-34	07:51.2	336	57
58	0:39:21	SKEA, Katie	Bodmin Road Runners	Female 40-44	07:52.0	267	58
59	0:39:22	JONES, Mark	Plymouth Harriers	Male 40-44	07:52.2	438	59
60	0:39:23	BATHE, Colin	Truro Running Club	Male 45-49	07:52.4	326	60
61	0:39:29	GIBSON, Mandy	Looe Pioneers	Female 40-44	07:53.6	211	61
62	0:39:30	HAYNES, Janet	Mounts Bay Harriers	Female 50-54	07:53.8	432	62
63	0:39:32	MACMILLAN, Andy	South West Road Runners	Male 50-54	07:54.2	321	63
64	0:39:33	SQUIRE, Darren	St Austell RC	Male 45-49	07:54.4	324	64
65	0:39:39	COLLIER, Steven	Storm Plymouth	Male 50-54	07:55.6	228	65
66	0:39:42	ANGOVE, Paul	Mounts Bay Harriers	Male 50-54	07:56.2	199	66
67	0:39:44	HARTILL, Spencer		Male 15-19	07:56.6	162	67

68	0:40:12	STEPHENS, Emma	Bodmin Road Runners	Female 20-34	08:02.2	463	68
69	0:40:12	QUEEN, Stuart	Plymouth Musketeers	Male 45-49	08:02.2	466	69
70	0:40:13	COATSWORTH, Robyn	Mounts Bay Harriers	Female 15-19	08:02.4	47	70
71	0:40:15	CHASE, Andy	St Austell RC	Male 20-34	08:02.8	71	71
72	0:40:18	MARRS, Tony		Male 60-64	08:03.4	490	72
73	0:40:24	HARGREAVES, Pez	Falmouth Road Runners	Male 50-54	08:04.6	416	73
74	0:40:30	MILLWARD, Andy	Carn Runners	Male 55-59	08:05.8	478	74
75	0:40:32	THOMAS, Mark	Truro Running Club	Male 45-49	08:06.2	240	75
76	0:40:41	VOSPER, Andrew	Bodmin Road Runners	Male 55-59	08:08.0	209	76
77	0:40:45	MOUNTFORD, Frazer	Newquay Road Runners	Male 35-39	08:08.8	261	77
78	0:40:46	STALLARD, Andrew		Male 50-54	08:09.0	445	78
79	0:40:51	HORTON, John	Newquay Par AC	Male 70-74	08:10.0	489	79
80	0:40:59	FLEET, Vicky	Falmouth Road Runners	Female 40-44	08:11.6	347	80
81	0:41:02	EGGINTON, Mike	East Cornwall Harriers	Male 50-54	08:12.2	401	81
82	0:41:04	SOLOMON, Pam	Bodmin Road Runners	Female 55-59	08:12.6	137	82
83	0:41:08	TUCKFIELD, Leslie		Male 55-59	08:13.4	93	83
84	0:41:10	LUCAS, Andrew	Mud Crew	Male 50-54	08:13.8	409	84
85	0:41:14	CRABB, Sally	Looe Pioneers	Female 40-44	08:14.6	76	85
86	0:41:23	WILSON, Michael	Truro Running Club	Male 60-64	08:16.4	233	86
87	0:41:42	HARTILL, Taylor	Bodmin Road Runners	Male 20-34	08:20.2	160	87
88	0:41:47	MOORE, Thomas	Truro Running Club	Male 35-39	08:21.2	334	88
89	0:41:52	JAGO, Ben		Male 35-39	08:22.2	484	89
90	0:42:04	ABBOTT, Brian	St Austell RC	Male 55-59	08:24.6	212	90
91	0:42:10	JENKIN, Steven	Cornwall AC	Male 45-49	08:25.8	305	91
92	0:42:10	WELCH, Adam	lonely Goat RC	Male 55-59	08:25.8	379	92
93	0:42:15	CHURCH, Jo	Tamar Trotters	Female 50-54	08:26.8	197	93
94	0:42:19	DALE, Steve	Newquay Road Runners	Male 40-44	08:27.6	460	94
95	0:42:24	BURROWS, Robert	Mounts Bay Harriers	Male 60-64	08:28.6	382	95
96	0:42:25	MATTHEWS, Ian	Mounts Bay Harriers	Male 50-54	08:28.8	281	96
97	0:42:26	SPITERI, Dawn	St Austell RC	Female 45-49	08:29.0	407	97
98	0:42:27	GOUNDRY, Andy	Mud Crew	Male 50-54	08:29.2	315	98
99	0:42:43	COX, Clive		Male 55-59	08:32.4	128	99
100	0:42:46	WHITE, Charlotte	UK Run Chat	Female 35-39	08:33.0	449	100
101	0:42:48	CHISWELL, Kevin	Storm Plymouth	Male 50-54	08:33.4	116	101
102	0:43:09	LAWCOCK, Paul	Hayle Runners	Male 45-49	08:37.6	145	102
103	0:43:10	WANGSTAFF, Emma	Looe Pioneers	Female 40-44	08:37.8	165	103
104	0:43:12	PAUL, Suzanne	Storm Plymouth	Female 45-49	08:38.2	4	104
105	0:43:19	ELDON, Jonathan		Male 55-59	08:39.6	182	105
106	0:43:49	MARQUIS, Peter		Male 60-64	08:45.6	399	106
107	0:43:56	CATNACH, Alison	Looe Pioneers	Female 40-44	08:47.0	389	107
108	0:44:00	CORNISH, Debora	Storm Plymouth	Female 50-54	08:47.8	272	108
109	0:44:03	BALDWIN, Mike	Hayle Runners	Male 55-59	08:48.4	398	109
110	0:44:05	GILLESPIE, Ayesha	Bodmin Womens RC	Female 20-34	08:48.8	205	110
111	0:44:08	WILLIAMS, Amy	East Cornwall Harriers	Female 35-39	08:49.4	350	111
112	0:44:09	CAREY, Nicholas	Bodmin Road Runners	Male 40-44	08:49.6	157	112
113	0:44:14	COX, Jo		Female 40-44	08:50.6	151	113
114	0:44:15	HILL, Sarah	Newquay Road Runners	Female 45-49	08:50.8	327	114
115	0:44:19	RANDALL, Chris		Male 55-59	08:51.6	418	115
116	0:44:19	BYRNE, Lee		Male 40-44	08:51.6	459	116
117	0:44:24	LONGMAN, Claire	Truro Running Club	Female 40-44	08:52.6	385	117
118	0:44:32	STEDMAN, Jane	100 Marathon Club	Female 55-59	08:54.2	33	118
119	0:44:39	HYNES, Jaine	Launceston Road Runners	Female 50-54	08:55.6	183	119
120	0:44:40	TAMBLYN, Mark	Falmouth Road Runners	Male 60-64	08:55.8	312	120
121	0:45:04	WOOD, Jules	Falmouth Road Runners	Female 45-49	09:00.6	208	121
122	0:45:09	MARKS, Laura		Male 20-34	09:01.6	275	122
123	0:45:10	STEWART, Juliet	Truro Running Club	Female 50-54	09:01.8	381	123
124	0:45:19	MATTHEWS, Leila	Plymouth Musketeers	Female 40-44	09:03.6	434	124
125	0:45:20	EDGECOMBE, Kevin	Storm Plymouth	Male 45-49	09:03.8	301	125
126	0:45:22	DINHAM, Martin		Male 45-49	09:04.2	270	126
127	0:45:25	KLEINMAN, Michael		Male 50-54	09:04.8	487	127
128	0:45:26	NICHOLLS, Tracey	Mounts Bay Harriers	Female 55-59	09:05.0	446	128
129	0:45:34	BAIRD, Glen	Storm Plymouth	Male 45-49	09:06.6	320	129
130	0:45:36	DREW, Peter	Carn Runners	Male 65-69	09:07.0	155	130
131	0:45:39	POOL, Laura		Female 35-39	09:07.6	351	131
132	0:45:43	TILLEY, John	Bodmin Road Runners	Male 65-69	09:08.4	293	132
133	0:45:44	WILTON, David	Falmouth Road Runners	Male 60-64	09:08.6	207	133
134	0:45:54	COPE, Jackie	Falmouth Road Runners	Female 60-64	09:10.6	174	134
135	0:45:58	TYLER, Jacky	Bodmin Road Runners	Female 60-64	09:11.4	194	135
136	0:46:04	DOBSON, Helen	Mounts Bay Harriers	Female 45-49	09:12.6	87	136
137	0:46:09	MARSHALL, Keith	Falmouth Road Runners	Male 70-74	09:13.6	291	137

138	0:46:13	ROWE, Christopher	Carn Runners	Male 50-54	09:14.4	169	138
139	0:46:15	GALE, Keith	Mounts Bay Harriers	Male 45-49	09:14.8	222	139
140	0:46:15	JONES, Simon MB	Mounts Bay Harriers	Male 45-49	09:14.8	221	140
141	0:46:18	JONES, Martin	Storm Plymouth	Male 50-54	09:15.4	38	141
142	0:46:22	FRIEND, Sean	Storm Plymouth	Male 40-44	09:16.2	54	142
143	0:46:23	SPENCER, Katie	Truro Running Club	Female 45-49	09:16.4	441	143
144	0:46:27	PINNICK, Mark	Falmouth Road Runners	Male 40-44	09:17.2	424	144
145	0:46:30	ELLIOTT, Tania	Looe Pioneers	Female 45-49	09:17.8	391	145
146	0:46:31	HANNS, Cheryl	Plymouth Harriers	Female 40-44	09:18.0	363	146
147	0:46:35	MARTIN, Steven	Storm Plymouth	Male 50-54	09:18.8	97	147
148	0:46:35	LEADBETTER, Nicki		Female 45-49	09:18.8	191	148
149	0:46:40	WILLCOCKS, Bob	Falmouth Road Runners	Male 55-59	09:19.8	184	149
150	0:46:43	PETT, Jane	JP Fitness	Female 40-44	09:20.4	49	150
151	0:46:46	BENDE, Cassi	Truro Running Club	Female 20-34	09:21.0	61	151
152	0:46:51	BATHE, Nicola	Truro Running Club	Female 45-49	09:22.0	406	152
153	0:46:58	MACKELLAR, Ian		Male 45-49	09:23.4	203	153
154	0:47:07	DREW, Barry	Carn Runners	Male 70-74	09:25.2	387	154
155	0:47:08	JORDAN, Robert	Hayle Runners	Male 50-54	09:25.4	476	155
156	0:47:29	PUREMONT, Katie		Female 35-39	09:29.6	470	156
157	0:47:37	FARLEY, Dan		Male 40-44	09:31.2	471	157
158	0:47:57	LEAN, David	East Cornwall Harriers	Male 55-59	09:35.2	269	158
159	0:48:07	ROWE, Sam	Mounts Bay Harriers	Female 45-49	09:37.2	51	159
160	0:48:13	RINGER, Ian	Bodmin Road Runners	Male 70-74	09:38.4	190	160
161	0:48:15	WERRAN, Louise	Launceston Road Runners	Female 40-44	09:38.8	345	161
162	0:48:18	WISE, Rebecca	Launceston Road Runners	Female 35-39	09:39.4	343	162
163	0:48:21	FARR, Georgie	Storm Plymouth	Female 20-34	09:40.0	65	163
164	0:48:22	BRUMBY, Tandy	Falmouth Road Runners	Female 55-59	09:40.2	268	164
165	0:48:23	PENTREATH, Nick	Falmouth Road Runners	Male 55-59	09:40.4	132	165
166	0:48:27	BARLOW, Claire	Bodmin Road Runners	Female 40-44	09:41.2	136	166
167	0:48:31	WALE, Jenna	JP Fitness	Female 20-34	09:42.0	393	167
168	0:48:39	CAREY, Eliza	Bodmin Road Runners	Female 45-49	09:43.6	454	168
169	0:48:44	WATSON, Janet	Falmouth Road Runners	Female 65-69	09:44.6	258	169
170	0:48:45	BADGE, Steven	Storm Plymouth	Male 50-54	09:44.8	107	170
171	0:48:47	PASCOE, Peter	Carn Runners	Male 50-54	09:45.2	223	171
172	0:48:48	ELLIOTT, Andrew	Looe Pioneers	Male 50-54	09:45.4	392	172
173	0:48:51	TAPP, Gary	Storm Plymouth	Male 45-49	09:46.0	72	173
174	0:48:55	EAGLING, Nigel	Truro Running Club	Male 65-69	09:46.8	360	174
175	0:49:04	MORSE, Nicholas	Mounts Bay Harriers	Male 60-64	09:48.6	141	175
176	0:49:05	SMITH, Graham	Falmouth Road Runners	Male 55-59	09:48.8	185	176
177	0:49:10	KITCHEN, Amelia	Hayle Runners	Female 40-44	09:49.8	140	177
178	0:49:28	WARNER, Simon		Male 45-49	09:53.4	81	178
179	0:49:28	POPE, Robert	Truro Running Club	Male 55-59	09:53.4	411	179
180	0:49:35	KENNEDY, Hilary	Brixham	Female 55-59	09:54.8	201	180
181	0:49:42	ALLEN, Sarah		Female 45-49	09:56.2	130	181
182	0:49:44	CLASSEY, Mark	Falmouth Road Runners	Male 55-59	09:56.6	252	182
183	0:49:53	TRELEVEN, Sandra	Mounts Bay Harriers	Female 45-49	09:58.4	215	183
184	0:49:54	FRENCH, Daniel	Mounts Bay Harriers	Male 35-39	09:58.6	109	184
185	0:49:56	TELFORD, Wayne	Storm Plymouth	Male 35-39	09:59.0	119	185
186	0:49:57	CHELL, Nina	Falmouth Road Runners	Female 40-44	09:59.2	225	186
187	0:50:00	DUTCHAK, Hannah	JP Fitness	Female 20-34	09:59.8	280	187
188	0:50:02	UPCHURCH, Tracey	Mounts Bay Harriers	Female 45-49	10:00.2	234	188
189	0:50:03	MANICEE, Emma	Carn Runners	Male 45-49	10:00.4	313	189
190	0:50:05	MANICEE, Kevin		Male 45-49	10:00.8	310	190
191	0:50:10	WILDE, Vikki	Storm Plymouth	Female 20-34	10:01.8	11	191
192	0:50:10	GOLDSMITH, Neil		Male 45-49	10:01.8	365	192
193	0:50:19	RAWLINGS, Laura		Female 35-39	10:03.6	148	193
194	0:50:20	HICKS, Adam		Male 20-34	10:03.8	147	194
195	0:50:22	PASCOE, Anna	Mud Crew	Female 35-39	10:04.2	341	195
196	0:50:24	TIPPETT, Sarah	Mud Crew	Female 45-49	10:04.6	386	196
197	0:50:29	OSBORN, Kathryn	Hayle Runners	Female 55-59	10:05.6	304	197
198	0:50:35	KNUCKEY, Nigel	Truro Running Club	Male 60-64	10:06.8	319	198
199	0:50:40	THOMAS, Steve		Male 45-49	10:07.8	101	199
200	0:50:40	MACEY, Marcia	Bere Alston Trekkers	Female 55-59	10:07.8	276	200
201	0:50:40	MCQUARRY, Sarah	Plymouth Harriers	Female 40-44	10:07.8	439	201
202	0:50:41	NORTHEY, Jo	Launceston Road Runners	Female 45-49	10:08.0	177	202
203	0:50:42	SWIFT, Barrie	Plymouth Harriers	Male 65-69	10:08.2	422	203
204	0:50:51	THURSTON, Katie	JP Fitness	Female 40-44	10:10.0	377	204
205	0:50:52	BROWN, Lorraine	Truro Running Club	Female 45-49	10:10.2	171	205
206	0:50:52	SIMONS, Robert	Mounts Bay Harriers	Male 50-54	10:10.2	328	206
207	0:51:03	VINNICOMBE, Caroline	Carn Runners	Female 40-44	10:12.4	309	207

208	0:51:11	COUSINS, Tom		Male 50-54	10:14.0	271	208
209	0:51:20	CARTER, Catherine		Female 50-54	10:15.8	311	209
210	0:51:20	LEE, Lucy	Tamar Trotters	Female 55-59	10:15.8	474	210
211	0:51:27	LEO, Cas	Hayle Runners	Male 55-59	10:17.2	248	211
212	0:51:28	FROST, Amy	Mounts Bay Harriers	Female 20-34	10:17.4	355	212
213	0:51:30	BISPHAM, Amelia		Female 15-19	10:17.8	256	213
214	0:51:32	BLACKWOOD, Katie	Storm Plymouth	Female 20-34	10:18.2	48	214
215	0:51:32	BARWICK, Nigel		Male 55-59	10:18.2	113	215
216	0:51:35	WOLANIEC, Sonia		Female 40-44	10:18.8	114	216
217	0:51:37	BUSCOMBE, Lisa	Truro Running Club	Female 45-49	10:19.2	232	217
218	0:51:39	DAVIES, Jemma	Storm Plymouth	Female 35-39	10:19.6	84	218
219	0:51:41	EGGINTON, Liz	East Cornwall Harriers	Female 50-54	10:20.0	402	219
220	0:51:42	ANDREWS, Tim	Falmouth Road Runners	Male 55-59	10:20.2	425	220
221	0:51:46	MULLEN, Shona	Truro Running Club	Female 55-59	10:21.0	397	221
222	0:51:50	HAM, Neil	Cornwall AC	Male 50-54	10:21.8	394	222
223	0:51:57	BROOKS, Stuart	Storm Plymouth	Male 20-34	10:23.2	188	223
224	0:52:01	MINERS, Jo	JP Fitness	Female 40-44	10:24.0	196	224
225	0:52:06	KEENS, Demelza		Female 45-49	10:25.0	395	225
226	0:52:07	LONG, Fran	Hayle Runners	Female 55-59	10:25.2	152	226
227	0:52:08	MURCH, Stephen	Storm Plymouth	Male 55-59	10:25.4	104	227
228	0:52:09	DOWRICK, Jane	Storm Plymouth	Female 50-54	10:25.6	420	228
229	0:52:09	BERRY, Tony	Truro Running Club	Male 80+	10:25.6	344	229
230	0:52:15	MOLE, Linda	Plymouth Harriers	Female 40-44	10:26.8	30	230
231	0:52:17	BENT, David	Plymouth Harriers	Male 80+	10:27.2	367	231
232	0:52:19	COOKSLEY, Sara	Plymouth Harriers	Female 45-49	10:27.6	249	232
233	0:52:22	HALLIBONE, Hollie	JP Fitness	Female 20-34	10:28.2	396	233
234	0:52:25	MULLARKEY, Mary	East Cornwall Harriers	Female 70-74	10:28.8	236	234
235	0:52:26	BUTLER, Ian		Male 45-49	10:29.0	374	235
236	0:52:33	HARVEY, Georgia		Female 20-34	10:30.4	457	236
237	0:52:34	KEOGH, Natalie		Female 35-39	10:30.6	135	237
238	0:52:37	MOORE, Anne-Marie	Truro Running Club	Female 35-39	10:31.2	335	238
239	0:52:45	THOMAS, Hannah	Truro Running Club	Female 40-44	10:32.8	239	239
240	0:53:01	WILCOX, David	Truro Running Club	Male 40-44	10:36.0	74	240
241	0:53:03	BILLS, Kelly	Carn Runners	Female 40-44	10:36.4	111	241
242	0:53:06	MATTHEWS, Susan	Mounts Bay Harriers	Female 55-59	10:37.0	329	242
243	0:53:11	COX, Alison	Bodmin Womens RC	Female 55-59	10:38.0	127	243
244	0:53:11	WADE, Margaret	Carn Runners	Female 65-69	10:38.0	204	244
245	0:53:15	MUNDAY, Caleb	Mounts Bay Harriers	Male 35-39	10:38.8	455	245
246	0:53:16	MUNDAY, Terri	Mounts Bay Harriers	Female 40-44	10:39.0	456	246
247	0:53:19	JOHNS, Sue	Mounts Bay Harriers	Female 60-64	10:39.6	354	247
248	0:53:26	DYMOND, Stephanie	Mounts Bay Harriers	Female 50-54	10:41.0	353	248
249	0:53:26	HARVEY, Rebecca	Mounts Bay Harriers	Female 45-49	10:41.0	410	249
250	0:53:30	KINSELLA, Sharon	JP Fitness	Female 40-44	10:41.8	210	250
251	0:53:37	WILLIAMS, Wendy	JP Fitness	Female 55-59	10:43.2	331	251
252	0:53:46	JAMES, Joyce	Mounts Bay Harriers	Female 60-64	10:45.0	357	252
253	0:53:51	PUREMONT FARLEY, Claire		Female 35-39	10:46.0	469	253
254	0:53:54	WORTHY, Amanda		Female 50-54	10:46.6	380	254
255	0:54:00	TAMBLYN, Sharon	Bodmin Womens RC	Female 55-59	10:47.8	479	255
256	0:54:10	HORTON, Ann		Female 70-74	10:49.8	488	256
257	0:54:10	CATNACH, Peter	Looe Pioneers	Male 55-59	10:49.8	390	257
258	0:54:12	REEKS, Kayleigh	PB Running Club	Female 20-34	10:50.2	62	258
259	0:54:15	GARLAND, Tracey	Storm Plymouth	Female 45-49	10:50.8	94	259
260	0:54:22	BLUNDELL, Helen	Storm Plymouth	Female 35-39	10:52.2	121	260
261	0:54:23	RAPIER, Jacqueline	Falmouth Road Runners	Female 55-59	10:52.4	180	261
262	0:54:24	HACKER, Maggie		Female 35-39	10:52.6	56	262
263	0:54:25	THOMSON, Rachel	Mounts Bay Harriers	Female 50-54	10:52.8	59	263
264	0:54:26	WALLACE, Geraldine	Mounts Bay Harriers	Female 60-64	10:53.0	200	264
265	0:54:27	FREEMAN, Samuel		Male 20-34	10:53.2	189	265
266	0:54:28	JENKINS, Ellen		Female 20-34	10:53.4	413	266
267	0:54:29	BROWN, Rosie		Female 20-34	10:53.6	483	267
268	0:54:32	HOLT, Victoria	Launceston Road Runners	Female 35-39	10:54.2	294	268
269	0:54:50	WHITE, Tom		Male 40-44	10:57.8	27	269
270	0:54:51	HICKS, Jonathan	PB Running Club	Male 45-49	10:58.0	371	270
271	0:54:51	SAMUELS, Paul		Male 50-54	10:58.0	361	271
272	0:54:59	MARSH, Kathryn	Carn Runners	Female 40-44	10:59.6	77	272
273	0:54:59	SULLIVAN, Sharon	Carn Runners	Female 45-49	10:59.6	340	273
274	0:54:59	WIDDERSHOVEN, Demelza	Carn Runners	Female 35-39	10:59.6	415	274
275	0:55:07	JONES, Shontelle	Storm Plymouth	Female 20-34	11:01.2	8	275
276	0:55:10	RUSSELL, Fiona	Truro Running Club	Female 50-54	11:01.8	444	276
277	0:55:14	CANN, Marie	Mounts Bay Harriers	Female 45-49	11:02.6	295	277

278	0:55:18	STEDMAN, John		Male 55-59	11:03.4	32	278
279	0:55:19	DILLON, Kay	Storm Plymouth	Female 35-39	11:03.6	12	279
280	0:55:21	CANN, Angela		Female 45-49	11:04.0	279	280
281	0:55:22	GODFREY, Michael	Storm Plymouth	Male 35-39	11:04.2	95	281
282	0:55:23	KNIGHT, Kath	Storm Plymouth	Female 35-39	11:04.4	254	282
283	0:55:24	MERRIN, Mike	Storm Plymouth	Male 45-49	11:04.6	89	283
284	0:55:24	COLTON, Dawn	Storm Plymouth	Female 35-39	11:04.6	6	284
285	0:55:24	BOWDEN, Jemma	Storm Plymouth	Female 35-39	11:04.6	408	285
286	0:55:27	TAPP, Paula	Storm Plymouth	Female 50-54	11:05.2	73	286
287	0:55:29	SOUTHERN, Jane	Storm Plymouth	Female 55-59	11:05.6	75	287
288	0:55:30	POWELL, Matt		Male 45-49	11:05.8	14	288
289	0:55:30	MCFARLAND, Jenny		Female 20-34	11:05.8	450	289
290	0:55:31	GREEN, Marie	Falmouth Road Runners	Female 40-44	11:06.0	370	290
291	0:55:34	FLOWER, Naomi	Newquay Road Runners	Female 20-34	11:06.6	133	291
292	0:55:37	MCKINLEY, Glennie	JP Fitness	Female 50-54	11:07.2	289	292
293	0:55:37	NICHOLSON, Diana	Tamar Trotters	Female 55-59	11:07.2	468	293
294	0:55:51	FOX, Karrie	Falmouth Road Runners	Female 65-69	11:10.0	250	294
295	0:55:52	FOX, Simon		Male 55-59	11:10.2	290	295
296	0:55:52	WHEELER, Becky		Female 45-49	11:10.2	53	296
297	0:55:53	TAPP, Holly	Storm Plymouth	Female 20-34	11:10.4	373	297
298	0:55:53	TAPP, Nicki	Storm Plymouth	Female 50-54	11:10.4	358	298
299	0:55:53	TAPP, Andy	Storm Plymouth	Male 45-49	11:10.4	359	299
300	0:55:56	BOLT, Adrian	Truro Running Club	Male 50-54	11:11.0	80	300
301	0:56:12	HAMMOND, Gillian		Female 40-44	11:14.2	317	301
302	0:56:12	WOTTON, Nicola	Falmouth Road Runners	Female 40-44	11:14.2	368	302
303	0:56:17	SALTER, T J	Storm Plymouth	Female 35-39	11:15.2	273	303
304	0:56:20	PERONA-WRIGHT, Laura		Female 20-34	11:15.8	282	304
305	0:56:25	PERONA-WRIGHT, Adam		Male 35-39	11:16.8	283	305
306	0:56:33	CARTER, Rachel		Female 50-54	11:18.4	149	306
307	0:56:33	RANDALL, Chrissie		Female 55-59	11:18.4	417	307
308	0:56:40	ARMSTRONG, Justine	Tamar Trotters	Female 50-54	11:19.8	473	308
309	0:56:45	DUDMAN, Kate	Bodmin Womens RC	Female 40-44	11:20.8	453	309
310	0:56:46	RESCORL, Susan	Bodmin Womens RC	Female 55-59	11:21.0	461	310
311	0:56:59	MAY, Josephine		Female 35-39	11:23.6	384	311
312	0:57:13	HOGG, Lorna	Mud Crew	Female 45-49	11:26.4	96	312
313	0:57:24	BROWN, Andrew		Male 50-54	11:28.6	172	313
314	0:57:30	KEMP, Mandy	Looe Pioneers	Female 60-64	11:29.8	227	314
315	0:57:31	DORMER, Kathran	Falmouth Road Runners	Female 65-69	11:30.0	218	315
316	0:57:46	DALTON, Martin	Falmouth Road Runners	Male 65-69	11:33.0	372	316
317	0:57:48	EGGINTON, Nicki		Female 20-34	11:33.4	403	317
318	0:58:04	HODGES, Caroline	Falmouth Road Runners	Female 60-64	11:36.6	333	318
319	0:58:08	BLOOMFIELD, Jacqueline	Storm Plymouth	Female 20-34	11:37.4	264	319
320	0:58:13	TEFT, Becky		Female 40-44	11:38.4	103	320
321	0:58:20	MARSHALL, Terry	Falmouth Road Runners	Female 65-69	11:39.8	292	321
322	0:58:22	MASSEY, Jennie	Hayle Runners	Female 55-59	11:40.2	44	322
323	0:58:24	BOLITHO, Julie	Mounts Bay Harriers	Female 50-54	11:40.6	217	323
324	0:58:26	SMITH, Mandy	Mud Crew	Female 55-59	11:41.0	106	324
325	0:58:29	WELCH, Craig	Bodmin Road Runners	Male 35-39	11:41.6	118	325
326	0:58:32	TAPHOUSE, Lesley	Bodmin Road Runners	Female 55-59	11:42.2	100	326
327	0:58:51	PHILLIPS, Sarah	Storm Plymouth	Female 20-34	11:46.0	46	327
328	0:58:52	HOCKING, Darren	Storm Plymouth	Male 45-49	11:46.2	45	328
329	0:58:59	ATHERTON, Julie	Bodmin Road Runners	Female 50-54	11:47.6	266	329
330	0:59:13	COUCH, Michael	Storm Plymouth	Male 40-44	11:50.4	18	330
331	0:59:35	FALCK, Jonathan		Male 50-54	11:54.8	110	331
332	0:59:57	FALCIONE, Marisa	Falmouth Road Runners	Female 50-54	11:59.2	186	332
333	1:00:07	ROSEWARNE, Lisa	Storm Plymouth	Female 45-49	12:01.2	23	333
334	1:00:08	THOMSON, Stuart	Mounts Bay Harriers	Male 40-44	12:01.4	60	334
335	1:00:09	ELDRIDGE, Natalie		Female 35-39	12:01.6	378	335
336	1:00:11	WORTHINGTON, Rachel		Female 35-39	12:02.0	88	336
337	1:00:16	BLUNDEEN, Emma	Storm Plymouth	Female 20-34	12:03.0	297	337
338	1:00:28	WIFFILL, Richard	Storm Plymouth	Male 40-44	12:05.4	383	338
339	1:00:36	CUTTS, Rita	Falmouth Road Runners	Female 65-69	12:07.0	257	339
340	1:00:37	WICK, Kirsty	Storm Plymouth	Female 35-39	12:07.2	40	340
341	1:00:38	OATWAY, Jennifer	Plymouth Harriers	Female 35-39	12:07.4	241	341
342	1:00:49	JONES, Carrie		Female 35-39	12:09.6	430	342
343	1:00:50	JAMES, Georgina		Female 35-39	12:09.8	125	343
344	1:00:59	KINGTON, Norris	Cornwall AC	Male 75-79	12:11.6	440	344
345	1:00:59	STURGES, Deborah	Mounts Bay Harriers	Female 55-59	12:11.6	318	345
346	1:01:05	CRAIG, Abbie	Storm Plymouth	Female 20-34	12:12.8	154	346
347	1:01:12	QUANT, Victoria	Storm Plymouth	Female 45-49	12:14.2	435	347

348	1:01:22	CORBYN BROWN, Alison	Chippenham Harriers	Female 45-49	12:16.2	146	348
349	1:01:33	OLIVER, Kevin	Storm Plymouth	Male 50-54	12:18.4	153	349
350	1:01:38	WOLSTENCROFT, Zoe	Carn Runners	Female 40-44	12:19.4	112	350
351	1:01:46	HODGES, Tracey	Falmouth Road Runners	Female 40-44	12:21.0	364	351
352	1:01:46	ANDREWS, George	Mounts Bay Harriers	Male 65-69	12:21.0	142	352
353	1:01:52	BOOKER, Sarah	Falmouth Road Runners	Female 45-49	12:22.2	337	353
354	1:01:52	STEVENS, Kelly	Falmouth Road Runners	Female 45-49	12:22.2	465	354
355	1:02:01	STEABLER, Michele		Female 55-59	12:24.0	302	355
356	1:02:22	BRAY, Nicola		Female 40-44	12:28.2	303	356
357	1:02:24	WEBBER, Sharon	St Austell RC	Female 45-49	12:28.6	219	357
358	1:02:27	PAIKER, Diana	Falmouth Road Runners	Female 20-34	12:29.2	284	358
359	1:02:30	RENTREATH, Jackie	Falmouth Road Runners	Female 55-59	12:29.8	131	359
360	1:02:48	MACMILLAN, Karen	South West Road Runners	Female 55-59	12:33.4	322	360
361	1:02:51	CHOAK, Sarah	Falmouth Road Runners	Female 50-54	12:34.0	330	361
362	1:02:55	TUCKER, Jill	Storm Plymouth	Female 70-74	12:34.8	485	362
363	1:02:56	BISPHAM, Rebecca		Female 45-49	12:35.0	255	363
364	1:02:57	WONG, Lai-Yin	Plymouth Musketeers	Female 45-49	12:35.2	244	364
365	1:02:58	BOXALL, Mel	Falmouth Road Runners	Female 55-59	12:35.4	230	365
366	1:02:58	COX, Steven		Male 50-54	12:35.4	429	366
367	1:03:03	ANDREWS, Jilaine	Storm Plymouth	Female 45-49	12:36.4	10	367
368	1:03:04	LEWIS-CLARK, Becky	Storm Plymouth	Female 50-54	12:36.6	7	368
369	1:03:05	ANDERSON, Graham	Storm Plymouth	Male 50-54	12:36.8	22	369
370	1:03:06	COATH, Martin	Storm Plymouth	Male 35-39	12:37.0	102	370
371	1:03:06	CHELLEW, Andy		Male 55-59	12:37.0	238	371
372	1:03:06	BLADEN, Charlotte	Storm Plymouth	Female 40-44	12:37.0	5	372
373	1:03:12	STARK, Roisin	Storm Plymouth	Female 20-34	12:38.2	376	373
374	1:03:12	BAXTER, Karen		Female 45-49	12:38.2	375	374
375	1:03:20	MYERS, Chloe		Female 20-34	12:39.8	428	375
376	1:03:20	HEMENS, Claire	Falmouth Road Runners	Female 55-59	12:39.8	274	376
377	1:03:23	FLANAGAN, Rachel	Falmouth Road Runners	Female 50-54	12:40.4	213	377
378	1:03:23	DYER, Jennifer	Plymouth Harriers	Female 35-39	12:40.4	346	378
379	1:03:32	HUGHES, Michelle	Storm Plymouth	Female 50-54	12:42.2	67	379
380	1:03:58	HUGHES, Michael	Storm Plymouth	Male 55-59	12:47.4	68	380
381	1:04:07	JENKINS, Alison		Female 55-59	12:49.2	433	381
382	1:04:32	RICHARDSON, Teresa	Falmouth Road Runners	Female 50-54	12:54.2	362	382
383	1:04:32	THORNE, Keristina	Storm Plymouth	Female 45-49	12:54.2	78	383
384	1:04:34	OXLEY, Dawn		Female 50-54	12:54.6	129	384
385	1:04:34	TYSON, Susan	Storm Plymouth	Female 55-59	12:54.6	85	385
386	1:05:02	BROWN, Sarah	Storm Plymouth	Female 35-39	13:00.2	1	386
387	1:05:02	GRACE, Neil	Storm Plymouth	Male 35-39	13:00.2	352	387
388	1:05:04	CHOWN, Elisabeth		Female 65-69	13:00.6	167	388
389	1:05:06	BAILEY, Rachel	Storm Plymouth	Female 40-44	13:01.0	122	389
390	1:05:13	PENGELLY, Shaun		Male 50-54	13:02.4	237	390
391	1:05:13	COOPER, Guy	Looe Pioneers	Male 45-49	13:02.4	198	391
392	1:05:13	DREW, Carole	Carn Runners	Female 70-74	13:02.4	388	392
393	1:06:03	TOY, Jeanette	Carn Runners	Female 45-49	13:12.4	224	393
394	1:06:12	BOWDEN, Ian	Carn Runners	Male 45-49	13:14.2	187	394
395	1:06:14	OSTENFELDT, Mandy	Storm Plymouth	Female 55-59	13:14.6	90	395
396	1:06:33	GARRARD, David	Falmouth Road Runners	Male 70-74	13:18.4	175	396
397	1:06:52	LAWRENCE, Steve	Falmouth Road Runners	Male 60-64	13:22.2	173	397
398	1:06:54	OSTENFELDT, Kev		Male 50-54	13:22.6	296	398
399	1:07:03	TRERISE, Catherine	Cornwall AC	Female 45-49	13:24.4	472	399
400	1:07:19	THOMAS, Kathryn	Cornwall AC	Female 40-44	13:27.6	144	400
401	1:07:28	ANDREWS, Greta	Mounts Bay Harriers	Female 40-44	13:29.4	143	401
402	1:07:28	BROWN, Ruth		Female 35-39	13:29.4	243	402
403	1:07:38	HILL, Claire	Storm Plymouth	Female 20-34	13:31.4	26	403
404	1:07:38	WRIGHT, Mike	Hayle Runners	Male 70-74	13:31.4	216	404
405	1:08:02	BREEZE, Alison	Storm Plymouth	Female 45-49	13:36.2	42	405
406	1:08:07	WILLIAMS, David		Male 45-49	13:37.2	423	406
407	1:08:10	NORTHCOTT, Sandra	Looe Pioneers	Female 40-44	13:37.8	414	407
408	1:08:17	WOOD, Lorna	Falmouth Road Runners	Female 65-69	13:39.2	251	408
409	1:08:34	TYE, Lesley-Anne	Storm Plymouth	Female 55-59	13:42.6	31	409
410	1:08:34	JAGO, Lisa	Looe Pioneers	Female 45-49	13:42.6	412	410
411	1:09:03	BAINES, Tracie		Female 50-54	13:48.3	163	411
412	1:09:03	SULLIVAN, Paul		Male 50-54	13:48.3	164	412
413	1:09:21	WILKINS, Natalie	Storm Plymouth	Female 35-39	13:51.9	91	413
414	1:09:21	CHURCHILL, Chantal	Storm Plymouth	Female 35-39	13:51.9	338	414
415	1:09:36	MILAN, Stephanie	Storm Plymouth	Female 20-34	13:54.9	245	415
416	1:09:38	COLLINGS, Clare	Storm Plymouth	Female 20-34	13:55.3	92	416
417	1:09:41	FREEMAN, Susan		Female 50-54	13:55.9	36	417

418	1:09:41	WESTLAKE, Louisa	Storm Plymouth	Female 45-49	13:55.9	69	418
419	1:09:57	WARREN, Janice	Cornwall AC	Female 65-69	13:59.1	481	419
420	1:10:09	PARR, Lisa	Plymouth Harriers	Female 40-44	14:01.5	242	420
421	1:10:21	ROWE, Tracey	Carn Runners	Female 50-54	14:03.9	168	421
422	1:10:24	PARKER, Lisa		Female 45-49	14:04.5	339	422
423	1:10:38	OLDHAM, Wendy	Storm Plymouth	Female 60-64	14:07.3	179	423
424	1:10:39	HORTON, Louise	Storm Plymouth	Female 20-34	14:07.5	55	424
425	1:11:14	WILLS, Janet		Female 65-69	14:14.5	220	425
426	1:11:14	EWART, Sam	St Austell RC	Female 40-44	14:14.5	307	426
427	1:12:14	COUCH, Debbie	Storm Plymouth	Female 40-44	14:26.5	17	427
428	1:12:19	KEAN, Claire	Storm Plymouth	Female 45-49	14:27.5	3	428
429	1:12:32	WARE, Daryll	PB Running Club	Male 50-54	14:30.1	288	429
430	1:12:33	LIDIARD, Sandra	Bodmin Womens RC	Female 45-49	14:30.3	287	430
431	1:12:45	ROCKEY, Michelle	Storm Plymouth	Female 45-49	14:32.7	286	431
432	1:13:01	ROCKEY, Dean	Storm Plymouth	Male 50-54	14:35.9	285	432
433	1:13:02	HARTILL, Mark		Male 45-49	14:36.1	161	433
434	1:13:27	WILLCOCK, Louise	PB Running Club	Female 45-49	14:41.1	79	434
435	1:13:27	BRADY, Hazel	Carn Runners	Female 50-54	14:41.1	52	435
436	1:13:36	MCCARTHY, Laura		Female 20-34	14:42.9	41	436
437	1:13:36	AMBROSE, Helen	Storm Plymouth	Female 45-49	14:42.9	20	437
438	1:13:37	LUPTON, Lesley-Anne	Storm Plymouth	Female 35-39	14:43.1	13	438
439	1:13:37	PRIZEMAN, Emma	Storm Plymouth	Female 20-34	14:43.1	260	439
440	1:13:41	WESTERN, Gregory	Storm Plymouth	Male 40-44	14:43.9	2	440
441	1:13:41	WESTERN, Oliver		Male 15-19	14:43.9	158	441
442	1:14:16	HONEYCHURCH, Susan	Carn Runners	Female 60-64	14:50.9	117	442
443	1:15:16	MOUNTCASTLE, Graham		Male 65-69	15:02.9	467	443
444	1:15:17	BONNEY, Cathryn	Storm Plymouth	Female 40-44	15:03.1	66	444
445	1:15:18	WILSON, Samantha	Storm Plymouth	Female 20-34	15:03.3	139	445
446	1:15:18	FARR, Susan	Storm Plymouth	Female 55-59	15:03.3	63	446
447	1:15:19	FREER, Carol	Storm Plymouth	Female 50-54	15:03.5	82	447
448	1:15:19	LOCKE, Hayley	Storm Plymouth	Female 35-39	15:03.5	262	448
449	1:15:26	LOCKE, Justin	Storm Plymouth	Male 40-44	15:04.9	263	449
450	1:15:32	PRISK, Sennan		Female 45-49	15:06.1	231	450
451	1:15:32	JONES, Michelle	Storm Plymouth	Female 45-49	15:06.1	39	451
452	1:15:37	BRANDON, Tanisha	Storm Plymouth	Female 20-34	15:07.1	98	452
453	1:15:42	DIXON, Emma	Storm Plymouth	Female 15-19	15:08.1	19	453
454	1:16:11	FARR, James	Storm Plymouth	Male 60-64	15:13.9	64	454
455	1:16:12	DYMOND, Amy	Plymouth Harriers	Female 20-34	15:14.1	306	455
456	1:17:00	CARTER, Tracey	Storm Plymouth	Female 55-59	15:23.7	366	456
457	1:17:01	SELBY, Kathy	Carn Runners	Female 45-49	15:23.9	120	457
458	1:17:54	BURTON, Lorna	Carn Runners	Female 45-49	15:34.5	447	458
459	1:17:58	GOTHAM, Simon	Storm Plymouth	Male 20-34	15:35.3	298	459
460	1:18:02	WILKES, Jennifer	Storm Plymouth	Female 20-34	15:36.1	299	460
461	1:18:02	BALSDON, Rebecca		Female 20-34	15:36.1	356	461
462	1:18:02	EVANS, Andrea	Storm Plymouth	Female 50-54	15:36.1	170	462
463	1:18:02	ROBERTSHAW, Nadine	Storm Plymouth	Female 35-39	15:36.1	16	463
464	1:18:36	ALLEN, Scott	Storm Plymouth	Male 35-39	15:42.9	37	464
465	1:18:36	GILBERT, Amanda	Storm Plymouth	Female 55-59	15:42.9	124	465
466	1:19:01	LIZUT, Bianca	Storm Plymouth	Female 40-44	15:47.9	86	466
467	1:19:01	ROBBINS, Kelly	Storm Plymouth	Female 35-39	15:47.9	28	467
468	1:19:01	LEIGH, Jo	Storm Plymouth	Male 50-54	15:47.9	108	468
469	1:19:55	LANE, Becki	Storm Plymouth	Female 40-44	15:58.7	58	469
470	1:21:59	GRADON, Sue	Storm Plymouth	Female 20-34	16:23.5	15	470
471	1:22:02	BUSCOMBE, Kayleigh		Female 20-34	16:24.1	451	471
472	1:22:09	BUSCOMBE, Ross	St Austell RC	Male 20-34	16:25.5	452	472
473	1:23:57	JOHNS, Mel		Female 50-54	16:47.1	448	473
474	1:23:57	CHISWELL, Yvette	Storm Plymouth	Female 50-54	16:47.1	115	474
475	1:23:57	OSBORNE, Karen	Storm Plymouth	Female 35-39	16:47.1	123	475
476	1:23:57	WATKINS, Kim	Storm Plymouth	Female 45-49	16:47.1	57	476
477	1:24:04	DAY, Nicky	Storm Plymouth	Female 45-49	16:48.5	247	477
478	1:24:04	HILLIER, Sally	Falmouth Road Runners	Female 50-54	16:48.5	206	478
479	1:24:04	SAVERTON, Debra	Falmouth Road Runners	Female 60-64	16:48.5	278	479
480	1:28:51	WHITE, Chris	Falmouth Road Runners	Female 70-74	17:45.9	259	480
481	1:29:13	BELL, Jennifer		Female 20-34	17:50.3	35	481
482	1:29:13	SANDERCOCK, Justin	Storm Plymouth	Male 45-49	17:50.3	226	482
483	1:29:32	HOWES, Nicola	Storm Plymouth	Female 40-44	17:54.1	99	483
484	1:29:33	MUDFORD, Tracey	Storm Plymouth	Female 40-44	17:54.3	29	484
485	1:29:43	YOUNG, Deborah		Female 50-54	17:56.3	21	485
486	1:29:43	LORD, Julie	Storm Plymouth	Female 55-59	17:56.3	105	486