

Great Flat Lode Charity Run - 11th March 2018

Position	Time	Name	Team	Category	Pace	No
1	0:36:21	THOMAS, Justin	Cornwall Athletic Club	Male Vet 40-44	05:50.9	99
2	0:37:07	WHEAR, Paul	Cornwall Athletic Club	Male Vet 50-54	05:58.3	77
3	0:37:11	YATES, Matt	Cornwall Athletic Club	Male Under 35	05:58.9	88
4	0:39:30	BARNET, James	Falmouth Road Runners	Male Under 35	06:21.3	45
5	0:39:38	MURPHY, Carl		Male Vet 40-44	06:22.6	114
6	0:40:52	KEY, Andrew	Carn Runners	Male Under 35	06:34.5	36
7	0:41:16	FENNEY, Steve		Male Vet 60-64	06:38.3	12
8	0:41:25	WARMAN, Peter		Male Under 35	06:39.8	109
9	0:41:48	O'DWYER, Catherine	Truro Running Club	Female Vet 40-44	06:43.5	91
10	0:42:28	KEEFE, Richard	Falmouth Road Runners	Male Vet 45-49	06:49.9	118
11	0:43:11	TURNER, James		Male Vet 35-39	06:56.8	82
12	0:43:22	MOORE, David	Cornwall Athletic Club	Male Vet 45-49	06:58.6	19
13	0:43:32	HEWITT, Chris		Male Under 35	07:00.2	65
14	0:44:18	TIMMS, Jake	Falmouth Road Runners	Male Under 35	07:07.6	112
15	0:44:24	CHIRGWIN, Rob		Male Under 35	07:08.6	13
16	0:44:44	COX, Chris		Male Vet 45-49	07:11.8	2
17	0:44:58	FERGUSON, Andrew	Mud Crew	Male Vet 50-54	07:14.1	111
18	0:45:22	COX, Daniel	Bodmin RoadRunners	Male Under 35	07:17.9	54
19	0:45:37	GWYNNE, Paul	Mud Crew	Male Vet 50-54	07:20.3	105
20	0:46:52	STEELE, Dan		Male Vet 35-39	07:32.4	10
21	0:47:14	ALLEN, Marc		Male Under 35	07:35.9	75
22	0:47:51	CRAZE, John		Male Vet 40-44	07:41.9	98
23	0:48:28	GEARING, Nicola	Tri Logic	Female Vet 35-39	07:47.9	39
24	0:49:13	CHAPMAN, Sam		Male Under 35	07:55.1	5
25	0:49:16	HUMPHREY, Irwin	Hayle Runners	Male Vet 55-59	07:55.6	86
26	0:49:18	FORBES, Jen	Carn Runners	Female Under 35	07:55.9	101
27	0:49:19	JULEFF, Gary		Male Vet 50-54	07:56.1	81
28	0:49:20	HUNT, Jenna	Mud Crew	Female Under 35	07:56.2	44
29	0:49:42	MENSING, Claire	Truro Running Club	Female Vet 45-49	07:59.8	59
30	0:49:53	WILSON, Michael	Truro Running Club	Male Vet 55-59	08:01.5	46
31	0:50:06	ASPDEN, Gail	Hayle Runners	Female Vet 45-49	08:03.6	35
32	0:50:39	HOLE, Nicola		Female Vet 35-39	08:08.9	92
33	0:50:55	ROWE, Chris	Carn Runners	Male Vet 50-54	08:11.5	113
34	0:51:08	STOBART, Matthew		Male Vet 55-59	08:13.6	106
35	0:51:37	KLIENMAN, Michael		Male Vet 50-54	08:18.3	1
36	0:52:00	DORIS, Mark		Male Under 35	08:22.0	93
37	0:52:09	ALLEN, Gary		Male Under 35	08:23.4	74
38	0:52:14	GALE, Dave	Tamar Trail	Male Vet 50-54	08:24.2	94
39	0:52:21	COX, Clive		Male Vet 55-59	08:25.3	55
40	0:52:47	COCKERILL, Rob		Male Under 35	08:29.5	31
41	0:53:06	COX, Jo		Female Vet 40-44	08:32.6	58
42	0:53:13	BALDWIN, Mike	Hayle Runners	Male Vet 55-59	08:33.7	15
43	0:53:27	STAPLES, Andrew		Male Vet 45-49	08:36.0	80
44	0:53:33	WARMAN, Alice		Female Under 35	08:36.9	110
45	0:53:35	OLLIVIER, Louise	Hayle Runners	Female Vet 50-54	08:37.2	22
46	0:53:56	DAYSH, Joseph		Male Under 35	08:40.6	49
47	0:54:28	CRAZE, Tamsin		Female Vet 45-49	08:45.8	97
48	0:54:49	FINCH, Kevin		Male Vet 55-59	08:49.2	33
49	0:54:49	WATTS-GREEN, Leah		Female Under 35	08:49.2	48
50	0:55:31	HELLINGS, Sally-Ann		Female Vet 45-49	08:55.9	100
51	0:55:49	Kristie		Female Under 35	08:58.8	104
52	0:55:52	STEWART, Juliet	Truro Running Club	Female Vet 50-54	08:59.3	11
53	0:55:56	LAWSON, Nick		Male Vet 40-44	08:59.9	66
54	0:55:58	HOOPER, Paul	Mounts Bay Harriers	Male Vet 55-59	09:00.3	117
55	0:56:18	SYMONS, Paula		Female Vet 35-39	09:03.5	40

56	0:56:22	BLACKMORE, Jo		Female Vet 35-39	09:04.1	41
57	0:56:25	SYKES, Sue	Truro Running Club	Female Vet 55-59	09:04.6	24
58	0:56:29	FOREMAN, Lia		Female Under 35	09:05.2	85
59	0:56:34	FOREMAN, Michelle		Female Vet 50-54	09:06.0	84
60	0:57:20	KNUCKEY, Nigel	Truro Running Club	Male Vet 60-64	09:13.5	60
61	0:57:37	BATHE, Nicola	Truro Running Club	Female Vet 40-44	09:16.2	51
62	0:57:49	PELLOWE, Olivia	Carn Runners	Female Vet 40-44	09:18.1	89
63	0:58:12	WILLCOCKS, Robert	Falmouth Road Runners	Male Vet 55-59	09:21.8	29
64	0:58:32	MARSHALL, Keith	Falmouth Road Runners	Male Vet 65+	09:25.0	9
65	1:00:12	CARTER, Catherine		Female Vet 50-54	09:41.1	34
66	1:00:51	ROBERTS, Helen	Tamar Trotters	Female Vet 45-49	09:47.4	95
67	1:01:18	WILTON, David	Falmouth Road Runners	Male Vet 60-64	09:51.7	62
68	1:01:28	GOWER, Lisa	Carn Runners	Female Vet 45-49	09:53.4	17
69	1:01:30	TAMBLYN, Sharon	Club	Female Vet 55-59	09:53.7	63
70	1:01:37	BAWDEN, Mike	Cornwall Athletic Club	Male Vet 55-59	09:54.8	73
71	1:01:43	BOWER, Russell		Male Vet 50-54	09:55.8	119
72	1:02:17	JOHNS, Tina		Female Vet 40-44	10:01.2	52
73	1:02:52	TAYLOR, Martin		Male Vet 55-59	10:06.9	16
74	1:02:54	NEWTON, Roy	Falmouth Road Runners	Male Vet 65+	10:07.2	23
75	1:02:59	MOUNTER, David	Carn Runners	Male Vet 65+	10:08.0	14
76	1:03:59	HOLT, Jilly		Female Vet 55-59	10:17.7	102
77	1:03:59	JENKINS, Gemma		Female Vet 40-44	10:17.7	103
78	1:04:33	COX, Alison	Club	Female Vet 50-54	10:23.1	56
79	1:05:19	DAYSH, Hannah		Female Under 35	10:30.5	69
80	1:06:11	ANDREWS, Sarah		Female Vet 35-39	10:38.9	27
81	1:06:11	MINERS, Jo		Female Vet 40-44	10:38.9	26
82	1:06:20	BUSCOMBE, Lisa	Truro Running Club	Female Vet 45-49	10:40.3	116
83	1:06:33	MERCER, Andrew		Male Vet 35-39	10:42.4	28
84	1:07:47	DALTON, Martin	Falmouth Road Runners	Male Vet 65+	10:54.3	76
85	1:07:52	LUMB, Rachael	Harliegh Vets	Female Under 35	10:55.1	4
86	1:07:52	HOWARD, Charlotte	Harliegh Vets	Female Under 35	10:55.1	6
87	1:07:53	RHODES, Catherine		Female Vet 45-49	10:55.3	20
88	1:09:01	KINGTON, Norris	Cornwall Athletic Club	Male Vet 65+	11:06.2	61
89	1:09:07	BOASE, Katherine		Female Vet 35-39	11:07.2	79
90	1:09:08	ROBERTSON, Rachel		Female Under 35	11:07.4	78
91	1:10:00	DERRY, Linda		Female Vet 50-54	11:15.7	107
92	1:10:00	THOMAS, Gayle		Female Vet 45-49	11:15.7	3
93	1:10:00	GALLOWAY, Alison	Carn Runners	Female Vet 50-54	11:15.7	71
94	1:14:56	MARSHALL, Terry	Falmouth Road Runners	Female Vet 60+	12:03.4	8
95	1:14:56	ABBOTT, Samantha	Bungay Black Dogs	Female Vet 45-49	12:03.4	32
96	1:15:28	RADLEY, Tracey	Carn Runners	Female Vet 45-49	12:08.5	30
97	1:15:50	OLVER, Gordon		Male Vet 45-49	12:12.1	70
98	1:15:54	WILD, Lois		Female Under 35	12:12.7	96
99	1:15:54	WILLS, Mo		Female Under 35	12:12.7	90
100	1:16:35	PASCOE, Jaqueline	JP Fitness	Female Vet 60+	12:19.3	25
101	1:16:36	PETT, Jane	JP Fitness	Female Vet 40-44	12:19.5	83
102	1:17:49	HARRIS, Rebecca		Female Vet 35-39	12:31.2	50
103	1:19:02	WRIGHT, Michael	Hayle Runners	Male Vet 65+	12:42.9	18
104	1:22:12	THOMAS, Kathryn	Cornwall Athletic Club	Female Vet 40-44	13:13.5	47
105	1:22:12	WHITRIDGE, Tilly	Cornwall Athletic Club	Female Vet 45-49	13:13.5	42
106	1:31:44	WALTERS, Kathryn		Female Vet 35-39	14:45.5	37
107	1:31:51	CLARK, Lisa Marie	Carn Runners	Female Vet 35-39	14:46.7	108
108	1:33:10	TURNER, Jolene	Falmouth Road Runners	Female Vet 40-44	14:59.4	87
109	1:33:36	FRANCIS, Donna	Newquay Road Runners	Male Vet 65+	15:03.6	115
110	1:44:02	SAVERTON, Debra	Falmouth Road Runners	Female Vet 60+	16:44.3	68
111	1:44:03	WHITE, Christine	Falmouth Road Runners	Female Vet 60+	16:44.5	67